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Fermentation as Tool for Enhancing the Bioactivity and Healthy Benefits of Food Products

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Message from the Guest Editors

The food demands of consumers are directed towards the development of fermented foods capable of not only improving the quality and safety of food but also providing in healthy properties to the consumer. Hence, the main topic of this Special Issue is directed towards the application of fermentation processes in any foods, using any technological microorganism, and through processes that exclusively involve enzymes of microbial origin that are capable of producing, improving, and increasing the availability of various compounds whose presence in food may lead to improving the health of consumers—including the description of new probiotics. Short communications, original articles, and reviews are welcome.

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Message from the Editor-in-Chief

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