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# Advanced Research on Quality and Nutrition of Cereal-Based Foods and Beverages

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# **Message from the Guest Editors**

Dear Colleagues,

predominant ingredient in Cereals are the manufacturing staple foods. The exploitation of cerealsbased food of high quality and nutrition are pivotal for the national health. The majority of refined cereal products have low nutritional value since they are constitued of high levels of carbohydrates and fat. The balance between the quality and nutrition of cereal-based food should be comprehensively considered by incoporating functional cereal ingredent as well as introducing the innovative processing technique. Moreover, understanding the interactions of multiple cereal components at the molecular level during processing and digestion significantly advances the developing principle of cerealbased foods and allows for regulating the quality and nutrition of cereal-based foods.

Thus, the aim of the current Special Issue is to collect recent advances on the quality and nutrition of cereal-based foods. Original manuscripts, including full-length articles, short communications, and mini-reviews, are all welcome. All manuscripts will be peer-reviewed before their acceptance for publication.

Dr. Jian Cai Dr. Pei Wang *Guest Editors* 













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