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Bioactive Compounds from Fruit and Vegetable Waste: Extraction and Possible Utilization

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Message from the Guest Editors

Fruit and vegetable waste is a critical problem worldwide that can come from wasting inedible parts or even from poor food handling or preservation. Fruit and vegetable by-products are rich in bioactive compounds and can be used as novel ingredients or food fortificants. An optimal extraction of these health-promoting compounds will allow efficient use of these compounds, just as we can reduce the amount of fruit and vegetable waste. Moreover, these by-products can have numerous potential applications in different fields, favouring a circular economy. In this way, we can develop more sustainable agricultural systems and improve food security and nutrition.

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