



Exercise and Health in the School Environment

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Message from the Guest Editors

Educational establishments, whatever their level (pre-school, primary, secondary or higher education), have, among their objectives, the promotion of physical activity and sport among their students. The subject of Physical Education is perhaps the clearest example of this commitment to movement in the educational context, but in recent years a multitude of proposals have emerged to develop with students in different more or less structured curricular situations.

This Special Issue will welcome work related to the promotion of physical activity and health, whenever this is carried out in an educational context, whatever the level. Original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Reviews on physical activity and health promotion in the educational context.
- Research articles showing the results of educational interventions aimed at promoting physical activity and health.
- Research articles showing the results of health and exercise promotion projects carried out in educational establishments.
- Articles showing innovative educational interventions within the field of physical activity.



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Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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