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## Management of Metabolic Disorders in Adolescence Update

Guest Editor:

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Deadline for manuscript submissions:  
**closed (5 December 2023)**

### Message from the Guest Editor

Dear Colleagues,

The management of metabolic disorders in adolescence is increasingly challenging. The important changes that characterize this period may significantly impact the outcome of chronic diseases such as metabolic disorders, requiring profound adjustment of healthcare and promotion of networking that involve hospital, family, school, and institutions.

This Special Issue will discuss how the physical, psychological, and social characteristics of adolescents may affect management of metabolic disorders. Special emphasis will be given to elements such as overweight tendency, food behavior disturbances, body image dissatisfaction, psychologic instability, refusal of rules, influence of social networks and internet technologies, and tendency toward anxiety and depressive disorders. The impact of the above factors on several metabolic disorders will be expanded.

It will be also emphasized how management of metabolic disorders in adolescence should include a multidisciplinary team to promote the role of adaptations of health facilities, clinical approaches, and decision making in adolescent characteristics.



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**Special** Issue