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Childhood and Adolescent Obesity and Weight Management

Guest Editor:

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Message from the Guest Editor

Obesity is a leading preventable cause of morbidity and mortality worldwide, with rapidly and unrelentingly increasing rates in children and adolescents. It is strongly related to chronic stress and associated with insulin resistance, metabolic syndrome, type 2 diabetes mellitus and hypertension.

The goal of this Special Issue of *Children* is to highlight recent data pertaining to the diagnosis, prevalence, etiology, treatment, and prevention of childhood and adolescent obesity and its short- and long-term sequelae. In addition, it will review the methods and outcomes of multidisciplinary body weight management programs in this age group. We welcome original research papers, meta-analyses, and reviews filling gaps in our knowledge in the above domains, as well as describing novel treatment and prevention approaches. We also encourage submissions that explore how chronic stress and physical, cognitive, developmental, and mental health conditions may impact on childhood and adolescent body weight and relate to obesity complications.



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Special Issue