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Headache in Children and Adolescents

Guest Editors:

Prof. Dr. Boris Zernikow

Prof. Alyssa Lebel

Dr. Scott A. Holmes

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Message from the Guest Editors

Chronic headache in childhood is an increasing problem in our society and a challenge for our healthcare systems. Children and adolescents suffer mainly from migraines and tension-type headaches. However, increasingly, children report daily headaches with emotional co-morbidities and an overuse of analgesics. Consequences are significant for each child, their families, and for society. Children with chronic headache often miss school, which may result in their academic performance being worse than that of their classmates without headache. Healthcare systems spend a significant amount of money treating these patients. If treatment is not effective, our society bears the burden of voung adults who continue to suffer from headache. In this situation, we welcome scientific studies on therapeutic strategies, from prophylactic measures to multimodal treatment options, that can help to address this problem, relieve suffering, and stop the silent pandemic of childhood headache.



