



children



an Open Access Journal by MDPI

Towards Children's Healthy Growth: Improving Children's Nutrition and Eating Behaviors

Guest Editors:

Prof. Dr. Tzuan A. Chen

1. HEALTH Research Institute, University of Houston, Houston, TX, USA
2. Department of Psychological, Health, and Learning Sciences, College of Education, University of Houston, Houston, TX, USA

Dr. Jayna Markand Dave

USDA/ARS Children's Nutrition Research Center, Baylor College of Medicine, Houston, TX 77030, USA

Deadline for manuscript submissions:

closed (1 November 2023)

Message from the Guest Editors

Dear Colleagues,

Nutrition plays a vital role in children's health. Childhood is a time of rapid growth and development with biologic, psychosocial, and emotional changes. These changes place elevated nutritional demands on children. The types of health behaviors; the influences of family and the environment; and cultural, socioeconomic, and psychological factors, can present barriers to healthy eating for children. Nutrition deficits and poor eating habits established in childhood have immediate and long-term adverse health, growth, and developmental consequences that might also be carried into adulthood.

This Special Issue of *Children* is focused on children's nutrition, feeding, and eating behaviors, and their relationship to child health outcomes. This Special Issue is designed to document and disseminate original qualitative and/or quantitative research and emerging issues and practices relevant to these issues globally.



mdpi.com/si/107429

Special Issue