



children



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Arts Therapies with Children and Adolescents

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Message from the Guest Editor

Dear Colleagues,

Art therapy is a form of psychotherapy that uses artistic media, the creative process, and artwork as its primary forms of communication. Art therapies cover six areas of specialization: visual arts, music, dance and movement, drama, psychodrama, and bibliotherapy. A number of studies and reviews have demonstrated its effectiveness for both adult populations (e.g., Regev and Cohen-Yatziv, 2018) and children as well as adolescents (e.g., Cohen-Yatziv and Regev, 2019). Academic writing and research, both of which have evolved extensively in recent decades, have highlighted the considerable significance of art therapies, especially for young people.

This Special Issue, “Art Therapies with Children and Adolescents”, is dedicated to presenting research and clinical writing on the implementation of art therapies in a variety of settings, including hospitals, the education system, and mental health clinics, as well as others. Original research, including reviews and in-depth case descriptions, will be considered for publication.

I look forward to receiving your contributions.

Sincerely,



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Special Issue