



children



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Sleep Disorders in Children: Presentation, Early Identification and Treatment

Guest Editors:

Dr. Manisha Witmans

Dr. Mary Anne Tablizo

Dr. Rakesh Bhattacharjee

Dr. Darius A. Loghmanee

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Message from the Guest Editors

Dear Colleagues,

Sleep disorders are common in children. Sleep deprivation, be it from poor sleep quality or insufficient sleep, can lead to long-term consequences for a child's health and quality of life. It can significantly impact their behavior and cognitive development. Obstructive sleep apnea can affect their growth and can also lead to cardiovascular and metabolic disorders. Early identification of sleep disorders can prevent these negative sequelae.

In the first Special Issue (https://www.mdpi.com/journal/children/special_issues/obstruct) we discussed the presentation, pathophysiology, methods of diagnosis, sequelae, and management for children with OSA. In this series, we will continue with more updates in OSA and other sleep-related breathing disorders both in children who are healthy and with underlying medical disorders.



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Special Issue