



## Risk and Protective Factors for Neurocognitive Aging

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### Message from the Guest Editor

Dear Colleagues,

With the global demographic shift towards an older population, there is a pressing need to understand how we can maintain wellbeing, as well as work and live independently, in old age. There are many influences on successful ageing, which can be cultural, social, genetic, health and our own lifestyle decisions. These have an effect on our brain, and how well our brain works for what we call cognitive health—good memory, perception, language, judgment, and so on.

This Special Issue will present and discuss various demographic, health and lifestyle factors that have impact on the fundamental processes of neural and cognitive ageing. Contributions are encouraged that provide a bridge between modifiable risk and protective factors, brain function and cognitive ability across the healthy lifespan.

Dr. Kamen Tsvetanov

*Guest Editor*





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## Message from the Editor-in-Chief

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