



Lifestyle Factors in Neurological Disorders

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Message from the Guest Editors

The complex interrelationship between the social and physical environment with biological, behavioral, and psychological factors are thought to contribute to health outcomes across the lifespan. Lifestyle factors, such as diet, exercise and social activity, have been examined as potential targets for the prevention of various disorders, including neurological disorders like Alzheimer's disease, multiple sclerosis, and others. These variables may also interact with other risk and protective factors, such as cardiovascular disease, metabolic syndrome, and depression.

This Special Issue focuses on studies examining how lifestyle, metabolic, and social-behavioral factors and experiences may contribute to the development and progression of neurological disorders. Articles that advance our knowledge on topics such as nutrition, physical activity, stressful experiences, health behaviors and other risk and protective factors are of interest. Research in this area could lead to recommendations related to the prevention of disease or disability associated with these diseases. We welcome reports of observational and experimental studies, meta-analyses and review articles.





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Message from the Editor-in-Chief

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