



Dream Recall and the Brain

Guest Editors:

Prof. Dr. Michele Ferrara

Department of Biotechnological
and Applied Clinical Sciences,
University of L'Aquila, Via Vetoio,
Coppito 2, 67100 L'Aquila, Italy

Dr. Serena Scarpelli

Department of Psychology,
Sapienza University of Rome,
00185 Rome, Italy

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Message from the Guest Editors

Dream experience is a fascinating form of mental activity occurring during sleep. It is a multicomponential phenomenon characterized by sensory imagery, emotional arousal, and apparent speech and motor activity. Dreams occur in any sleep stage—during REM or NREM sleep, but also during sleep onset or relaxed wakefulness. Researchers must face the difficulty of defining the time-coupling between sleep stages and the occurrence of dream experience, since the mental sleep activity is only indirectly accessible via content reports after awakening the subject. In recent decades, neuroanatomical, neuroimaging, and electrophysiological studies have tried to identify the neural basis of dream experience, showing its relationship with episodic memory and emotional processes. However, the brain mechanisms underlying dream recall and dream production are still mostly unknown.

The submission of original research articles advancing our understanding of neural correlates of dreaming are encouraged for this Special Issue. Additionally, reviews proposing new perspectives on the available literature on link dream features and brain mechanisms are welcome.





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Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience,
University of Pittsburgh,
Pittsburgh, PA 15260, USA

Message from the Editor-in-Chief

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Brain Sciences Editorial Office
MDPI, St. Alban-Anlage 66
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