



## Advances in Sport Injuries

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### Message from the Guest Editors

Dear Colleagues,

Despite the substantial positive effect of physical activities for a healthy lifestyle, sport injuries are one of the most common type of injuries, not only in athletes but also in normal healthy populations. Sport biomechanics is an essential science for avoiding sport injuries through developing a fundamental understanding of musculoskeletal system in sport movements, as well as the interactions between athletes, sport equipment, and other objects. This knowledge is essential for sport equipment designers to develop better products, as well as for athletic trainers to improve their trainees' performance. As such, this Special Issue focuses on biomechanical research in sport, gait analysis in sport, stress on musculoskeletal system during sport activities, and sport equipment design.

