



## Bridging Behavioral Sciences and Sports Sciences

Guest Editors:

**Dr. José Eduardo Teixeira**

**Dr. Luís Branquinho**

**Dr. Ricardo Ferraz**

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### Message from the Guest Editors

Human behaviour is one of the most widely studied research areas due to the interest in understanding the behavioural interaction between individuals, environments, and tasks. Specifically, science has sought answers in several knowledge areas such as psycho-science, neuroscience, physiology, biomechanics, and social sciences. Sport science encompasses all these, yet it tends to integrate them to understand learning and motor control, indicators of health and well-being, and sport performance. Therefore, it is important to build bridges between behavioural sciences and sports science in order to understand the interactions of the different factors that mediate human motor and cognitive behaviour during physical activity, exercise, and sport. This Special Issue aims to compile the latest news and advances in scientific research in the complementary areas of behavioural sciences and sports science. For more information, please visit: [Bridging Behavioral Sciences and Sports Sciences](https://www.mdpi.com/journal/behavioral-sciences/special-issues)

