



## Dietary Antioxidants and Cardiovascular Health, 2nd Edition

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Deadline for manuscript  
submissions:

**20 May 2024**

### Message from the Guest Editors

Extensive studies have indicated that dietary antioxidants are important in the prevention and treatment of cardiovascular diseases. A large body of evidence suggests that adequate intake of various antioxidants may contribute to better clinical outcomes, including morbidity, mortality, as well as quality of life. In this Special Issue, we invite all researchers interested in sharing their latest research findings or review articles in the field of dietary antioxidants and cardiovascular health. Our aim for this Special Issue is to provide a comprehensive discussion of potential epigenetic, metabolic, and physiological mechanisms of antioxidant compounds in modifying cardiovascular risk. Due to inconsistency in findings concerning health benefits of supplements containing antioxidants, new research is of special interest. There is also a need for epidemiological data, preferably from large representative studies or prospective observations, presenting the intake of antioxidants in different sociodemographic groups in the context of cardiovascular health.





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## Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of "oxidative stress" a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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