



Research Progress of the Functional Properties of Fruit and Vegetables and Their Preserves

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Deadline for manuscript submissions:

closed (15 November 2023)



mdpi.com/si/122934

Message from the Guest Editors

Dear Colleagues,

Fruits, vegetables, and their products are prized for their sensory values, and they play a very important role in our diet. The high level of biologically active compounds present in fruits and vegetables and their products can protect the human body against free radicals, eliminating the effects of oxidative stress, as well as being able to diminish non-infected chronic diseases.

A significant proportion of fruits, vegetables and their products are characterized by a high water activity, which results in their low shelf life and requires the use of a number of methods that show a different effect on their technological properties, nutritional value, content of bioactive compounds and sensory features. The use of modern preservation methods, including minimal processing methods, enables the shelf-life of fruits and vegetables to be extended while maintaining a high level of freshness, which is of increasing interest among both food producers and consumers.

Taking all of the above into account, in this Special Issue, all reviews and research articles on the functional properties of fruit and vegetables and their products will be appreciated.



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Message from the Editor-in-Chief

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