



Improvement of Seed Quality by Priming: Concept and Biological Basis

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Abstract: Presoaking seeds in water (hydropriming) or in a solution, usually of polyethylene glycol (PEG) or various salts at low water potential (osmopriming), has been demonstrated to improve the germination of seeds of numerous species including vegetables (carrot, celery, leek, lettuce, tomato), floral plants (cyclamen, primrose, pansy) and others (sugar beet, rape, soybean, sunflower). This treatment allows the germination stricto sensu to occur but prevents the radicle protrusion. Germination of primed seeds is more rapid and uniform than that of unprimed ones. Primed seeds germinate in a wider range of temperatures and are less sensitive to oxygen deprivation. Interestingly, priming also improves the germination of aged seeds. The stimulatory effect of priming persists after redrying and often during storage; however, primed seeds often deteriorate faster during storage or accelerated aging than unprimed ones. A better understanding of the mechanisms involved during priming allows us to suggest markers of the effectiveness of priming. Among these markers, ethylene production during imbibition, cell-cycle processes (DNA replication, ß-tubulin), soluble sugar metabolism (raffinose family oligosaccharides, in particular), reactive oxygen species scavenging through antioxidant systems and energy metabolism are correlated to seed vigor. Global approaches (proteomic, metabolomic or transcriptomic) could also result in the identification of new markers.

Keywords: seed quality; hydropriming; osmopriming; markers of priming; energy metabolism; antioxidant defense system; cell cycle; omics

1. Introduction

Successful stand establishment requires high-quality seeds, i.e., seeds that (1) all germinate, (2) germinate quickly and simultaneously, (3) give rise to normal and vigorous seedlings, (4) display low sensitivity to external factors (temperature, oxygen availability, water potential of the soil) and lastly, (5) germinate in a wide range of environmental conditions [1–5]. It is well known that acquisition of seed quality occurs during seed development and the maturation phase [6], and that seed quality can be improved by breeding and selection, two fundamental approaches. For example, quantitative trait loci (QTLs) related to germination rate have been detected in sunflower, rape and *Medicago truncatula* seeds [7–10]. Seed companies may also enhance seed quality at different steps of the seed production, by improving the methods of harvest but often by post-harvest treatments such as cleaning, sorting, coating, priming and controlling the storage conditions [1,11–13]. The treatments can be grouped in 3 groups: (1) conditioning (cleaning, purification), (2) seed protection by applying active compounds (fungicides and/or insecticides) and (3) seed invigoration, also called physiological enhancement, such as priming. Three mains strategies are used for



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). improving seed quality by the priming technology [1,3,4,11–13]: seed hydration with water for various durations (hydropriming); submersion in solutions of osmotica (osmopriming); mixing seeds with moist solid particle materials (matrix priming).

This review will be focused mainly on hydropriming and osmopriming, but other techniques are in development such as, for example, biopriming (hydration with microorganisms) and nanopriming (hydration with agents such as nanoparticles of silver and zinc oxide) [4,5,14,15].

The objective of this review is to indicate the main priming technologies, to describe some beneficial effects of the treatment in relation to temperature and oxygen supply and to specify the influence of the priming conditions on the efficiency of the treatment. It is also to better understand the cellular, biochemical and molecular mechanisms associated with these treatments, which could suggest markers of the efficiency of priming.

2. Main Conventional Seed Priming Techniques

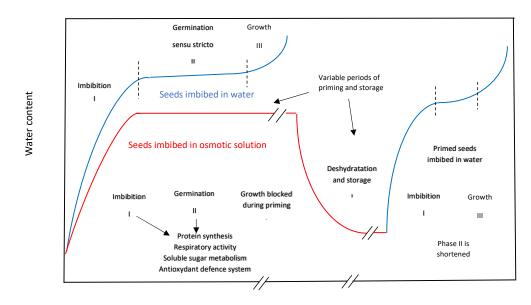
Seed priming, a technique now used commercially, has been demonstrated to improve the germination of seeds of numerous vegetable plants (leek, tomato, pepper, onion and carrot) [1,16–21] and the production of potted or bedding ornamental plants such as cyclamen, begonia, pansy and primrose, as well as for large volume of field crops such as sugar beet and turf grasses [1,3,4,22].

Hydropriming is a simple technique in which seeds are immersed in water for a specific period that does not allow radicle protrusion and permits seeds to dry back to their initial water content. However, it is difficult to avoid the radicle growth since hydropriming is a non-controlled water uptake [23]. Drum priming is a key technique that allows a controlled increase in water uptake and seed imbibition during the treatment by regularly measuring seed mass and the volume of water required to control seed hydration [24,25].

Osmopriming corresponds to seed submersion with aerated solutions of low water potential (usually -1.0 to -2.0 MPa): polyethylene-glycol (PEG), mannitol and sorbitol or different salts (NaNO₃, MgCl₂, KH₂PO₄, KH(PO₄)₂, K₃PO₄, KCl, KNO₃, Ca(NO₃)₂) [1,3,4,26,27]. The duration of priming depends on the species and varies from 1–2 days (lettuce, rice, sorghum) up to 5–7 days (tomato, sugar beet), 7–10 days (cauliflower, carrot, fennel, primrose, pansy) or 14 days (celery, leek). The seed industry generally dries back primed seeds before storage and sowing.

Figure 1 illustrates the priming process as related to water content and some metabolic changes [5,15,27,28]. Priming (hydro- or osmopriming) consists of partial hydration of the seed population, allowing the phase II of germination sensu stricto to occur but preventing the radicle emergence (phase III, growth) associated with the loss of desiccation tolerance. The seed moisture content (MC) is maintained during the priming treatment at 40–45% of the fresh weight basis which corresponds to an MC at about 90–95% that allows radicle emergence [1,3,4,26,27]. Treated seeds are redried to their initial moisture content and stored before sowing. During the imbibition phase, controlled water uptake allows the protein synthesis and induces respiration activity. Phase II, called "pregermination" or "activation", is associated with several metabolic processes including protein synthesis, respiration, metabolism of sugar, etc. Seeds are then dehydrated in order to postpone seed sowing.

Nanopriming and biopriming are advanced methods that have shown promising beneficial effects in agriculture. The nanoagents are silver and zinc oxide nanoparticles [29], and biopriming integrates biological aspects by inoculating seeds with beneficial microorganisms controlling seed-borne pathogens and biological treatment corresponding to partial seed imbibition [15,30].



Time of seed imbibition or of priming

Figure 1. Seed priming process as related to seed water content. Priming consists of partial seed imbibition to a point where germination (phase II, germination sensu stricto) occurs but is not completed by radicle growth. The moisture content of the seeds is maintained during priming at 40–45% fresh weight basis, corresponding to about 90–95% of the moisture content that allow radicle growth. During phase I (imbibition), controlled water uptake allows protein synthesis and induces respiratory activity. Phase II is associated to various physiological, biochemical and molecular activities such as protein synthesis, respiratory activity, metabolism of soluble sugars and repair processes, but the radicle emergence is prevented. In seed company, seeds are dehydrated after priming and stored in order to postpone seed sowing. After sowing, primed seed germination rate is improved and phase II is shortened. "//" indicates a change in the x-axis scale depending on the duration of priming or the duration of storage of primed seeds.

3. Beneficial Effects of Priming

3.1. Seed Sensitivity to Temperature and Oxygen

Priming strongly improves the subsequent germination of seeds in water in a wide range of temperatures (Figure 2). For example, without priming, leek seeds germinate only in a narrow range of temperatures (10–20 °C), the thermal optimum being 15–20 °C, while they germinate easily between 5 and 40 °C after osmopriming (Figure 2) [21,31]. Osmoprimed tomato seeds germinate in higher percentages at 35 °C than unprimed ones and are able to germinate at 10 °C, whereas control seeds do not germinate at low temperatures (Figure 2) [32–34]. After osmopriming, the germination of carrot seeds is improved at low temperatures (5–10 °C) (Figure 2) [17,18,31], i.e., when sowing occurs early in spring. In case of a mixture of seeds from various genotypes, Figure 3 shows that priming could homogenize the germination of *Primula* seeds from genotypes with blue, carmine and yellow flowers, which is a good tool to produce seedlings in greenhouse conditions and reduced time due to the manual planting out of seedlings in order to obtain homogeneous and simultaneous development.

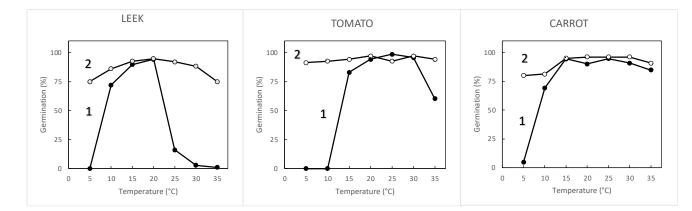


Figure 2. Effects of temperature on the germination percentages obtained after 7 days with unprimed seeds (1) and primed seeds (2) of leek, tomato and carrot. 1, control non-primed seeds; 2, seeds pretreated for 14 days (leek), 9 days (carrot) and 7 days (tomato) at 15 °C in the presence of a solution of polyethylene glycol at -1.0 MPa (tomato) or -1.5 MPa (leek, carrot). Means of 4 replicates of 50 seeds. Modified from [2,21,32,34].

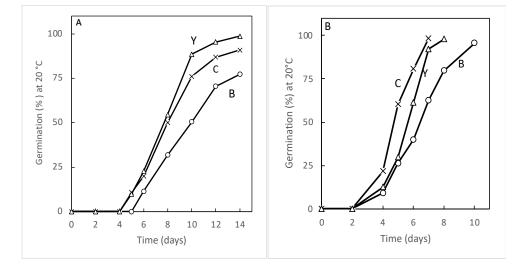


Figure 3. Germination at 20 $^{\circ}$ C of *Primula* seeds from genotype with blue (B), carmine (C) and yellow (Y) flowers. (A), seeds non-primed; (B), seeds primed on PEG solutions. Means of 4 replicates of 50 seeds. From Corbineau (unpublished data).

Primed seeds are also less sensitive to oxygen deprivation than control unprimed ones [2,21,32,34–37]. Table 1 shows that primed seeds of carrot, Lamb's lettuce, leek, sunflower and tomato germinate faster and in higher percentages in low oxygen concentrations (5–15%) than non-primed seeds.

Table 1. Effect of priming on seed sensitivity to oxygen tension. Seeds are not primed or are osmoprimed for 7 days at 15 °C in the presence of PEG-8000 solution at -1 MPa (tomato, lamb's lettuce), 5 days at 15 °C with PEG-8000 solution at -2 MPa (sunflower), 9 days (carrot) and 14 days (leek) at 15 °C in the presence of PEG-8000 solution at -1.5 MPa. Germination percentages are counted after 4 days at 20 °C (carrot, leek, lamb's lettuce), after 2 days (tomato) or 4 days (sunflower) at 25 °C. Means of four replicates. Modified from [19,21,32,34–37].

| Species | Seed Treatment | Germination (%) in Atmosphere Containing 1 to 21% Oxygen | | | | | |
|------------------------|-------------------|--|------|------|------|------|------|
| | | 1% | 3% | 5% | 10% | 15% | 21% |
| Carrot [37] | Non-primed | 0 | 0 | 0 | 13.1 | 23.0 | 70.0 |
| | Primed | 0 | 5.5 | 34.6 | 78.5 | 84.6 | 94.1 |
| Lamb's lettuce [19,34] | Non-primed | 0 | 0 | 4.2 | 5.3 | 10.5 | 51.1 |
| | Primed | 0 | 4.4 | 23.0 | 92.2 | 97.5 | 98.1 |
| L ook [01 24] | Non-primed | 0 | 0 | 3.1 | 20.2 | 52.2 | 53.2 |
| Leek [21,34] | Primed | 0 | 11.4 | 34.4 | 85.2 | 93.3 | 95.2 |
| Sumflower [25.26] | Non-primed | 4.6 | 40.7 | 55.6 | 79.6 | 92.5 | 100 |
| Sunflower [35,36] | Primed | 10.2 | 75.6 | 95.3 | 100 | 100 | 100 |
| Tomata [22 24 27] | Non-primed | 0 | 0 | 0 | 0 | 20.7 | 48.4 |
| Tomato [32,34,37] | Primed | 2.2 | 10.1 | 50.1 | 76.7 | 92.4 | 95.5 |

Experiments in field conditions have also shown that priming increases the seedling emergence in suboptimal conditions of sowing and mean plant weight [18]. The time to obtain 50% emergence was reduced by 2–4 days in Brussels sprouts and cabbage seeds [38]. Seed priming not only enhances the germination in a large range of conditions but also enhances stress tolerance of the plants [1,3,5,15].

3.2. Germination of Aged Seeds

Priming improves the germination of low vigor or aged seeds of various species such as wheat [39], cauliflower [40], tomato [41], sunflower [42], pepper [43] and rape [34,44]. For example, after aging at 45 °C and 100% relative humidity for 31 h, rape seeds are still viable, but their germination rate is reduced compared to the control unaged seeds [34]; however, osmopriming at 25 °C in a PEG solution at -2 MPa enhances the germination of aged seeds. This improving effect increases with the duration of the treatment, and, after 6 days of priming, aged seeds germinate as well as the unaged ones. The more the seeds are aged the longer they must be primed for restoring their initial germination ability [34,44]. In the case of sunflower seeds, the re-invigoration during priming of seeds aged at 45 °C for 5 days is associated with a decrease in lipid peroxidation and the recovery of the detoxifying enzyme (superoxide dismutase, catalase, glutathione reductase) activities [42].

3.3. Examples of Priming Beneficial Effects on Several Species

The stimulatory effects of priming depend on the conditions (particularly temperature, water potential and oxygen availability) and the duration of the treatment [3,5,11,12,15]. Water potential during osmopriming varies between -0.5 and -2 MPa depending on the species, but generally the moisture content of the seeds is maintained at around 40–45% fresh weight basis, which is lower than the moisture content that would allow radicle protrusion [27]. The temperature range and oxygen concentrations which are effective during priming are similar to those which allow the germination of unprimed seeds, which demonstrates that priming corresponds to the realization of the germination stricto sensu (phase II of the germination process). For example, the optimal temperature for priming and germination of unprimed seeds is around 25 °C for tomato [32,33], 20–25 °C for sunflower [34] and 10–15 °C for leek [34]. Table 2 gives various examples of the priming

treatment procedures on different species and their effects on germination and sensitivity to temperature or hypoxia.

Table 2. Optimal priming (hydropriming and osmopriming) procedures that improve the germination of vegetable, horticultural and crops species (compiled from [16–79]).

| Species | Optimum Priming Treatment | Beneficial Effects | |
|--|---|---|--|
| | Horticultural species | | |
| Primula acaulis (primrose) | 8−10 days at 20 °C with PEG-8000 at −1.5 MPa (Corbineau, unpublished) | Improvement of the germination rateGermination in a larger temperature range | |
| Primula obconica | 8−10 days at 20 °C with PEG-8000 at −1.5 MPa (Corbineau, unpublished) | Improvement of the germination rateGermination in a larger temperature range | |
| Viola x wittrockiana (pansy) | PEG-8000 at -2.5 MPa at 25 °C (Corbineau, unpublished) | - Enhancement of the germination at 5 °C | |
| | Vegetable species | | |
| Allium porrum (leek) | 14 days at 15 °C with PEG solution at -1 MPa [21,27,34] | Enhancement of the germination rate Improvement of germination at temperature higher than 20 °C | |
| Apium graveolens (celery) | 10–14 days with PEG at 15 °C at —1.2 MPa [17,18,45] | - Growth of the embryo associated with an increase in the germination rate | |
| Brassica oleracea (cauliflower) Hydropriming: incubation for 2–4 days with water content about 40% fresh matter Osmopriming: 7 days with PEG-8000 at 20 °C at –1.5 or –2 MPa [40,46]. | | Enhancement of the germination rate Improvement of the germination at 5 $^\circ\mathrm{C}$ | |
| Daucus carota (carrot) | Osmopriming: 3–7 days at 20 °C with PEG-8000 solution at –1.0 to 1.5 MPa [37,47] | - Enhancement of the germination at low temperatures | |
| Capsicum annuum (pepper) | 12 days at 20 °C with PEG-8000 solution at -1.1 to -1.5 MPa [45,48,49] | Enhancement of the germination rate Improvement of germination in a wide range of temperature | |
| Foeniculum vulgare (fennel) | 5−7 days at 20 °C with PEG-8000 solution at −1.5 MPa (Özbingöl, unpublished) | - Enhancement of the germination at low temperatures (5–10 °C) | |
| <i>Lactica sativa</i> (lettuce) | 2 days at 15 °C with PEG-8000 at −1.2 or −1.3 MPa [16,45,50–54] | Enhancement of germination rate Improvement of germination at temperature higher than 25 °C | |
| Lycopersicon esculentum (tomato) | 5–7 days at 15–25 °C with PEG-8000 solution at -1 MPa to -1.5 MPa, or in a KNO ₃ solution at -1.4 MPa [32,33,45,55,56], | Enhancement of the germination rate Improvement of germination at low temperature Reduction of the lag time Increase in water uptake Reduction of seed sensitivity to hypoxia | |
| <i>Spinacia oleracea</i> (spinach) | 8 days at 15 °C with PEG at -0.6 MPa [57,58] | - Enhancement of seed germination | |
| Valerianella olitoria (lamb's lettuce) | Hydro priming: 40 h at 20 °C [19] | - Reduction of seed sensitivity to hypoxia | |

| Species | Optimum Priming Treatment | Beneficial Effects | | | | |
|---|--|---|--|--|--|--|
| Crop species | | | | | | |
| <i>Beta vulgaris</i> (sugar beet) | Hydropriming: 2 to 5 days at 20–25 °C Osmopriming 2 to 7 days at 25 °C in PEG-8000 solution at –2 MPa [22,59–61] | - Improvement of the germination at low temperature (5–10 °C) | | | | |
| Brassica napus (rape) | PEG at -1.2 MPa at 20 °C [62,63] | - Improvement of salinity tolerance | | | | |
| <i>Glycine max</i> (soybean) | 1–2 weeks at 20 °C with PEG-8000 at –1.5 MPa [64–66] | Enhancement the tolerance to chillingReduction of chilling sensitivity | | | | |
| Helianthus annuus (sunflower)Hydropriming: 18 h at 25 °C [67] Osmopriming: 3 to 7 days at 15 °C with PEG-8000 solution at -1.5 -2.0 MPa [35,36,68,69] | | Improvement of germination at temperature lower than 10–15 °C Increase in respiration Reduction of seed sensitivity to oxygen deprivation Enhancement of the ACC conversion to ethylene Stimulation in catalase and gluthation reductase during priming | | | | |
| Hordeum vulgare (barley) | Hydropriming: 30 °C with 40–52% moisture content [70] | Induction of the cell cycleDecrease in ABA content in the embryo | | | | |
| Oryza sativa (rice) | Hydropriming: 12 h in water [71] Osmopriming 12–24 h in the presence of 50–75 mM NaCl, Salicylic acid or polyamines [72–74] | Enhancement of the oxidative and anti-oxidative mechanisms Improvement of the tolerance to salinity and drought | | | | |
| Sorghum bicolor (sorghum) | Osmopriming: 48 h with PEG solution at 18 °C [75] | Enhancement of antioxidant activities Increase tolerance of plants to drought conditions | | | | |
| Triticum aestivum (wheat)Hydropriming: 24 h in water Osmopriming: with CaCl2 or KCl solutions at -1.25 MPa [76-78] | | - Improvement of chilling tolerance | | | | |
| | Model plant | | | | | |
| Arabidopsis thaliana (arabidopsis)Hydropriming: 1 day at 25 °C Osmopriming: 5 to 7 days at 20 °C in a PEG-8000 solution at 0.75 MPa [79] | | - Enhancement of the germination rate | | | | |

Table 2. Cont.

To be efficient, the priming treatment requires more than 5% oxygen in the atmosphere (Figure 4) [33,34], indicating that metabolic processes are necessary for the syntheses associated with priming [27].

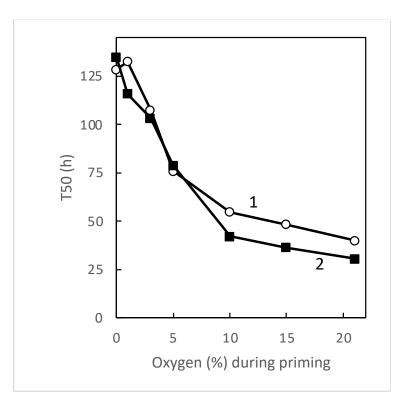


Figure 4. Effects of oxygen tension during priming for 7 days at 15 °C (1) or 25 °C (2) on a PEG solution at -1.0 MPa on the time to obtain 50% germination (T₅₀) with tomato seeds (cv Elko) transferred on water at 15 °C. Mean of 3 replicates of 50 seeds. T50 of dry non-primed seeds was 129 h. From [33,34].

4. Markers of Priming

A better understanding of the metabolic, biochemical and molecular mechanisms involved in the enhancement of germination after priming would allow us to suggest various biochemical and molecular markers of priming treatment. Among these, respiration and ethylene production during seed imbibition [80,81], protein, RNA and DNA synthesis [27,28], DNA replication [33,39,48,82] or β -tubulin accumulation [55,83] involved in the cell cycle regulation, soluble sugar metabolism and activity of the antioxidant defense systems [58,68,72,80] are promising for evaluating the efficiency of priming treatments.

4.1. Respiration and Ethylene Synthesis

The respiratory activity increases during seed priming, this effect being associated with seed imbibition. Various studies [32,35,36,81,84–86] have shown that the respiratory activity is stimulated during priming and after transfer of primed seeds onto water. Priming also stimulates ATP synthesis and the ATP/ADP ratio during the imbibition phase. This stimulatory effect rises with increasing duration of osmotic treatment. In tomato seeds [81], the beneficial effect of priming increases with increasing energy metabolism; it is optimal when the energy charge (EC) and ATP/ADP ratio are higher than about 0.75 and 1.7, respectively.

The ability of the seeds to convert 1-aminocyclopropane-1-carboxylic acid (ACC), the direct precursor of ethylene, is a good indicator of membrane properties since it is mediated by ACC oxidase, the in vivo activity of which depends on membrane integrity. It is a good marker of seed vigor in various species such as lettuce, cabbage, tomato, sweet-corn [87] and sunflower [36]. ACC-dependent ethylene production is also well correlated with the efficiency of priming treatment in sunflower [36] and carrot [2,80].

4.2. Soluble Sugars and Oxidative Status

In terms of seed vigor, soluble sugar metabolism and the capacity to scavenge reactive oxygen species (ROS) seem to be of a particular interest.

Priming is often associated with changes in soluble sugar content. There is a sublinear relationship between sucrose and oligosaccharide contents and the sucrose/oligosaccharide ratio, and the efficiency of priming evaluated by the T_{50} at 10 °C in carrot [2,80] and the germination % obtained after 4 days at 10 °C in fennel (Özbingöl, unpublished data). In tomato seeds, the ratio raffinose/sucrose is around 0.48 in dry unprimed seeds and decreases down 0.20–0.22 or 0.11–0.13 after 3 days of priming at 15 and 25 °C, respectively, and down 0.10–0.06 after 7 days of priming [88]. An increase in sucrose was also observed in impatiens and cucumber germinated seeds placed on a PEG solution at -1.5 MPa [89].

Reactive oxygen species play a critical role in sensing the environmental conditions and are key regulators of the germination process [90,91]. In rice, different priming techniques increase the metabolites/non-enzymatic antioxidant contents (total sugars, total phenolics, free amino acids, proline, ascorbate and glutathione) as well as activities of antioxidant enzymes (superoxide dismutase, catalase, ascorbate peroxidase and guaiacol peroxidase), thus reducing oxidative stress damage. The catalase activity is also sublinearly correlated with the germination rate of sunflower [42,68,69]. Osmopriming strongly enhances SOD and CAT activity and thus improves the antioxidant defense of the cells [68]. In addition, osmopriming of aged seeds completely restores the initial rate of germination [69].

4.3. Cell Cycle Regulation

Studies using flow cytometry have demonstrated that DNA replication is initiated in the radicle tip cells during osmopriming of tomato seeds [33,48,82,92,93]. An increase in 4C DNA content is also observed in sugar beet seeds [94]. The amounts of 4C nuclei reach 28.8% after 7 days of priming at 25 °C and on a PEG solution at -1.0 MPa in pepper and in several tomato cultivars, such as Elko, Agata and San Marzano [33,48,82]. The DNA synthesis is inversely related to water potential of the osmoticum [33] and Figure 5 shows that a positive linear relationship exists between temperature of priming up to 25 °C and the 4C signals or the 4C/2C ratio, and a negative linear relationship exists at higher temperatures. To promote the germination, the priming treatment requires at least 5% oxygen; similar oxygen concentration is also required for DNA replication [33].

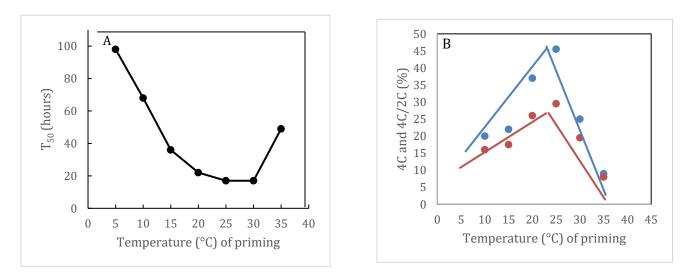


Figure 5. Effect of temperature of priming (7 days with a PEG solution at -1 MPa) on the germination rate of tomato seeds at 15 °C (expressed as the time to obtain 50% germination: T50) (**A**) and on the percentage of 4C nuclei (red) and the 4C/2C ratio (blue) (**B**). From [33,34].

4.4. Global Analyses Using Omics

Omics analyses have been extensively performed for better understanding the global process of priming. However, it is difficult to distinguish between newly synthetized priming-induced genes or proteins from those corresponding to stored mRNA or those resulting from turnover changes. mRNA and ribosome synthesis as well as translation initiation or transcription factors candidates were up-regulated during osmopriming in transcriptome in rice or Brassica oleracea seeds or during hydropriming in proteome of durum wheat, suggesting the activation of de novo transcription and translation [95–97] In response to PEG treatment, genes corresponding to structural constituents of ribosomes were not shown to be affected, but transcriptomic study revealed the up-regulation of translation initiation factors, such as EIF4A [63]. Several translation initiation factors have been characterized in response to priming in several species [79,96,98]. In fact, newly synthetized proteins have been shown in dynamic proteomic study during Arabidopsis seed imbibition [99] and by polysome activity assessment in sunflower even though protein turnover cannot be excluded as shown by the proteasome activation [100]. Moreover, genes involved in DNA methylation or acetylation were also affected in response to osmopriming, suggesting the activation of specific epigenetic modifications [97]. Such modifications may be responsible for stress tolerance of the emerging plant, according to Chen and Arora [101], who have suggested that priming induced a "memory" of priming-induced stress responses in the new plant [101]. Indeed, the epigenetic mechanisms are of great importance in plant stress memory, as reported for drought stress, for example (for review, see [102]).

"Priming memory" has been associated to oxidative stress defense [96]. They pointed out the importance of ROS-scavenging and the antioxidant defense system in improving germination and seedling growth of durum wheat under salt stress. Components of oxidative stress regulation were constantly associated with priming treatments and antioxidant priming induced germination improvement. H₂O₂ priming also has a beneficial effect on seed germination and salt tolerance associated to its signal role that triggers cell response rapidly when the emerging plant is exposed to environmental stress [103]. Enzymatic components such as CAT, PER, POX, GR, DHAR or peroxiredoxin were shown to be regulated at the transcription level in response to salt and PEG priming [63,96,104]. Non-enzymatic components represented by ASA and GSH were also affected by priming [58,66,96]. Other repair components, such as protein-L-isoaspartate O-methyltransferase (PIMT), protein disulfide isomerase-like 2–3 (PDIL2–3) and HSP7S can also operate to repair oxidized proteins [96,98]. Thus, the oxidative stress tolerance machinery set up during priming allowed the protection the seed cell from oxidative damage leading to successful germination even under stress conditions [105].

Molecular characterization of seed priming has also shown the involvement of proteins related to metabolic processes. Respiration is triggered by seed hydration and results in an increase in energy charge and then in cell activities and macromolecular biosynthesis during seed germination. It has been proposed that glycolysis-related enzymes increase in expression during the early phases of germination and the glycolysis represents the main provider of energy needs for germination [100,106–108]. Similarly to the early phases of germination, seed priming induces an increase in the abundance of proteins related to energy and carbohydrate metabolism [109,110] Additional studies on metabolites can bring new elements about the specificity of these pathways in priming induced germination performance.

Several genes and proteins belonging to cell wall, cytoskeleton or cell division classes have been characterized, such as xyloglucan endotransglucosylase/hydrolases (XTH), tubulin subunits or expansins, in response to different priming treatments, including hydro-, osmo- and PEG priming [63,79,111]. Such molecules seem to be essential for normal seed germination as they have been characterized during the imbibition phase II of germination sensu stricto [100]. They are likely associated with elongation and growth processes and more investigations are needed to understand their regulation in priming induced improvement.

Special attention was given to potential priming markers from molecular studies. Proteomic study on rice seeds, presented the α -amylase as an ideal candidate for germination performance [106]. On the other hand, according to the similarity of the pattern of expression at the gene and protein levels, Cheng et al. [97] proposed three proteins as better candidates for seed priming in rice, glucose-1-phosphate adenylyltransferase large subunit, aminotransferase and prolamin precursor. Oxidative stress [103] or protein carbonylation [112] were also proposed as good salt-priming biomarkers. In fact, there will be as many markers as the species studied or the priming protocol applied. It is therefore important to characterize the markers according to the species but also to the specific environmental conditions of field production. Such markers are very important for agriculture and will be even more so in the future due to global warming.

5. Conclusions

Primed seeds can be considered as high vigor seeds. The beneficial effects of priming are associated with numerous biochemical, cellular and molecular events including energy metabolism, sugar synthesis and synthesis of proteins, RNA and DNA, but epigenetic effects should also be considered. The priming technique is without doubt a good strategy to improve crop production, but its effects depend often on the cultivar and the initial vigor of the seeds. Moreover, large scale seed priming requires a precise control of seed imbibition in order to regulate the advancement of the physiological and cellular processes and avoid any radicle protrusion resulting in loss of desiccation tolerance, and then the inability of primed seeds to be dried.

This review was focused on conventional priming techniques such as hydro- and osmopriming, but an added benefit of this technique is that seeds can simultaneously be treated with various substances, such as hormone (gibberellins or kinetin), nutrients or H_2O_2 , that can induce the antioxidant defense machinery. Bio-priming that integrates inoculation with specific microorganisms involved in the regulation of seed pathogens is also a promising technique in agriculture.

Finally, priming is now used in seed companies to improve seed germination and crop performance, but they have to take into consideration the risk of losing the beneficial effect of priming during drying and storage. Seed companies must thus control all steps of the process, from the priming treatment itself to seed drying and storage before sowing. We lack the omics—e.g., of research on the molecular/epigenetic processes involved during priming and in primed seeds after drying and during storage—necessary to determine the long-term impact of the priming treatment. Omics approaches are expected to deliver new markers of seed vigor or of the efficiency of priming that can be used in breeding programs.

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