Supplementary S3: DA Best Practice Guideline Use.

Question	Responses	Completers Only N (%)	All Respondents N (%)
Have you read and accessed the DA Best Practice Guidelines for the treatment and prevention of people with overweight and obesity in adults?	Yes, I have completely accessed and completely read the guidelines	9 (12.0)	27 (20.5)
	Yes, I have accessed and partially read the guidelines	39 (52.0)	57 (43.2)
	Yes, I have accessed but not read the guidelines	4 (5.3)	5 (3.8)
	No, I have not accessed nor read the guidelines	23 (30.7)	43 (32.6)
Did you find the DA Best Practice Guidelines for the treatment and prevention of people with overweight and obesity in adults and 10-point plan useful in your practice?	Neither	41 (56.2)	72 (56.7)
	Yes, 10-point plan only	1 (1.4)	4 (3.2)
	Yes, guidelines only	10 (13.7)	17 (13.4)
	Yes, both	21 (28.8)	34 (26.8)
Have you changed your practice as a result of the DA Best Practice Guidelines for the treatment and prevention of people with overweight and obesity in adults?	No	52 (72.2)	97 (77.0)
	Yes	20 (27.8)	29 (23.0)
Was the reason your practice was not changed because your practice was aligned with the DA Best Practice Guidelines already?	No	30 (58.8)	40 (58.8)
	Yes	21 (41.2)	28 (41.2)
In which areas have you made changes to your practice as a result of the DA Best Practice Guidelines for the Treatment and Prevention of people with Overweight and Obesity in Adults? [a]	Assessment	16 (26.7)	24 (30.4)
	Management or treatment strategies	32 (53.3)	42 (53.2)
	Monitoring and follow-up	15 (25.0)	23 (29.1)
	Evaluation	4 (6.7)	4 (5.1)
	Documentation	2 (3.3)	5 (5.1)
	Other	18 (30.0)	21 (26.6)
Which change has made the MOST improvement to your practice?	Assessment	7 (12.1)	11 (14.3)
	Management or treatment strategies	26 (44.8)	31 (40.3)
	Monitoring and follow-up	6 (10.3)	13 (16.9)
	Evaluation	2 (3.5)	2 (2.6)
	Documentation	1 (1.7)	1 (1.3)
	Other	16 (27.6)	19 (24.7)
Have you attended a DA CPD event related to the DA Best Practice Guidelines for the Treatment and	No	65 (90.3)	87 (90.6)
	Yes	7 (9.7)	9 (9.4)

Prevention of people with Overweight and Obesity in Adults?

a – multiple responses allowed and therefore result may be greater than 100%. DA – Dietitians Australia; CPD – continued professional development