

Abstract



## Exploratory Studies on Anticancer Potential of a Vernonia Species against Colorectal Adenocarcinoma: In Vitro Studies and In Silico Mechanistic Investigations <sup>†</sup>

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+ Presented at the 8th International Electronic Conference on Medicinal Chemistry, 1–30 November 2022; Available online: https://ecmc2022.sciforum.net/.

Abstract: Globally, colorectal cancer (CRC) is amongst the most prevalent cancer incidences, being the second most common amongst women and third most common amongst men as revealed by 'GLOBOCAN 2022' statistics. The projected morbidity for CRC is more than 3 million by the year 2040 according to the 'WHO Cancer Tomorrow' predictions. Surgery, chemotherapy, and radiation therapy continue to be the primary treatment options, each with particular limitations. There is a growing need for identification of alternate therapies for the treatment of colorectal cancer to overcome the shortfalls of these treatment options. Phytoconstituents offer diverse pharmacophoric scaffolds with unique chemical features. In this work, successive extracts of aerial plant parts of a Vernonia species (family Asteraceae) have been screened in vitro on colorectal adenocarcinoma cell lines Colo205 and HT-29 by MTT assay and compared with 5-Flurouracil as the reference standard. The plant is known to possess triterpenoids, quaternary alkaloids, phenolics, and sesquiterpene lactones. In silico docking studies have been carried out on the plausible phytoconstituents of the active extracts against vital protein targets involved in the progression of CRCs, such as cyclin-dependent kinases, and enzymes of apoptotic pathways, such as caspases, etc. These studies will help to discover the mechanistic details of the anticancer activity of the plant and will provide a platform for the development of novel multi-targeted small molecules.

Keywords: colorectal cancer; phytoconstituents; Vernonia; docking; proteins

**Supplementary Materials:** The presentation material of this work is available online at https://www.mdpi.com/article/10.3390/ECMC2022-13456/s1.

Author Contributions: Conceptualization, R.K.R. and A.N.A.; methodology, R.K.R.; software, A.N.A.; validation, R.K.R. and A.N.A.; formal analysis, R.K.R. and A.N.A.; investigation, R.K.R. and A.N.A.; resources, R.K.R. and A.N.A.; data curation, R.K.R. and A.N.A.; writing—original draft preparation, R.K.R. and A.N.A.; writing—review and editing, R.K.R. and A.N.A.; visualization, R.K.R. and A.N.A.; supervision, R.K.R. and A.N.A.; project administration, R.K.R. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The relevant data is available in the supporting information file.

Conflicts of Interest: The authors declare no conflict of interest.



Citation: Raheja, R.K.; Abhyankar, A.N. Exploratory Studies on Anticancer Potential of a Vernonia Species against Colorectal Adenocarcinoma: In Vitro Studies and In Silico Mechanistic Investigations. *Med. Sci. Forum* 2022, 14, 134. https://doi.org/10.3390/ ECMC2022-13456

Academic Editor: Maria Emília Sousa

Published: 1 November 2022

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