

A Note from the Editor-in-Chief of *Physiologia*

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I am proud to call myself a physiologist, and, as such, it was my pleasure and honour (over a year ago now) to take on the role of founding Editor-in-Chief of *Physiologia*. My background, for those unfamiliar with my research, primarily relates to the molecular and metabolic regulation of the musculoskeletal system of mammals, considering both intrinsic and extrinsic influences. I have been fortunate enough to work in research pertaining to physiological regulation in both health and disease states, in animal models and in humans. My passion for physiology is grounded in the notion that it reflects the working of systems at every level.

The genesis of the journal *Physiologia* was initially based upon market research identifying the growing number of articles being published in this sphere ostensibly demonstrating the global health of physiology research. To this end, I am pleased that we have built an excellent editorial board (currently standing at 32 editors) with expertise across all areas of the scope of *Physiologia*, vis-à-vis the following: human physiology (respiration, circulation, the blood system, motor functions, digestion, and sport physiology); animal physiology (internal physical and chemical functions of animals, including animal reproduction, disease, and nutrition); plant physiology (plant biochemistry, growth and development, photosynthesis and respiration, transport and translocation, and biotic and abiotic stress); cellular physiology; and comparative physiology. Given our desire to remain a broad platform, we are very open to *any* article relevant to physiology, including, for instance, clinical physiology trials and OMICS-focused articles. We also welcome unsolicited high-quality narrative or systematic/meta-analysis review papers.

At *Physiologia*, we rely on our editorial board—and interested scientists—to recommend timely Special Issues. Indeed, if colleagues would like to suggest a Special Issue (or join the editorial board), please contact myself or the journal directly. At present, we have three active Special Issues to draw your attention to. The inaugural “Feature Papers in Human Physiology”, in addition to more recent issues, including “Bioinformatic Approaches to Understand Skeletal Muscle Adaptation” and “Molecular Adaptations to Resistance and Endurance Training” (please refer to https://www.mdpi.com/journal/physiologia/special_issues, accessed on 29 May 2022).

The journal has a rigorous review process. Articles must pass through editorial screening prior to being committed to peer review, with the journal office carefully screening for appropriate editors. Every effort is made to ensure timely reviews by a responsive journal team, and final decisions once again pass through a member of the editorial board. Rapid open access of accepted articles is assured at *Physiologia*, maximising the immediacy of public access and citations.

I hope that colleagues will join in the *Physiologia* journey, and make in it a home for your research.

Best regards and yours, Philip J Atherton, Editor-in-Chief.

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