



Highly Sensitive Sensor for the Determination of Riboflavin Using Thionine Coated Cadmium Selenide Quantum Dots Modified Graphite Electrode

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Abstract: In this paper, the electrochemical non-enzymatic detection of Riboflavin (RF) was proposed based on its catalytic reduction in a Thionine-coated Cadmium Selenide Quantum dots (TH@CdSe QDs)-modified paraffin wax-impregnated graphite electrode (PIGE) that was prepared using a novel approach. The synthesized TH@CdSe QDs were confirmed by UV-Vis spectroscopy, Confocal Raman Microscopy and High Resolution Transmission Electron Microscopy (HRTEM) studies. The electrochemical response of the TH@CdSe QDs-modified PIGE was studied by cyclic voltammetry. The voltammetric response of RF at the TH@CdSe QDs-modified PIGE showed higher current than the bare PIGE. Under optimum conditions, the electrocatalytic reduction currents of RF was found to be linearly related to its concentration over the range of 1.6×10^{-7} M to 1.4×10^{-4} M with a detection limit of 53×10^{-9} M (S/N = 3). The TH@CdSe QDs-modified PIGE was utilized as an amperometric sensor for the detection of RF in flow systems was performed by carrying out hydrodynamic and chronoamperometric experiments. The TH@CdSe QDs-modified PIGE showed very good stability and a longer shelf life. The applicability of the fabricated electrode was justified by the quantification of RF in commercial tablets.

Keywords: amperometry; CdSe QDs; cyclic voltammetry; modified electrode; riboflavin

1. Introduction

Vitamins play a vital role in biochemistry and metabolism as they are biologically active molecules. Among all vitamins, Riboflavin (RF), also called vitamin B₂ (7,8-dimethyl-10-ribityl-isoalloxazine), is water soluble and it is important for the growth, development and function of the cells in the body by converting carbohydrates, fats and proteins into energy [1-3]. It participates in redox reactions in animal species as a hydrogen transporter in glucose, protein and fat metabolism, hemoglobin synthesis and ocular visual function maintenance. As RF is not formed in the body, it is necessary to take it through diet such as milk, dairy products, meat, eggs and green vegetables. A deficiency in RF causes anemia, digestive problems, skin disorders, catarrh and cellular growth [4,5]. Thus, a determination of RF is needed to monitor human health. In the literature, various methods were utilized to detect RF, which includes fluorescence [6], MSPE/UPLC [7], electrochemiluminescence [8], Raman spectroscopy [9] and voltammetry [10,11]. The use of miniaturized and portable sensors is only possible because electrochemical instrumentation is also miniaturized and portable [12]. Among these techniques, voltammetric detection is a promising and suitable alternative method due to its low cost of operation, fastness, high sensibility and flexibility [13].



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Quantum dots (QDs) are very small particles of semiconductors generally with few nanometer dimensions, which are often known as zero-dimensional nanomaterials [14,15]. A main advantage of QDs is the capability to decorate the surface of QDs with functional ligands through one- or two-step ligand-exchange procedures to tune the interaction of the QDs with the environment, as well as adjusting the solubility of QDs in various solvents with different polarities, modulating the electronic interaction between the QDs and the reactive molecules and varying the permeability of the ligand shell to tune the accessibility of substrates to the QD core. II–VI semiconducting quantum dots (QDs) have attracted much attention for their good properties. Owing to the quantum confinement effect, when the size of QDs is smaller than the exciton Bohr radius, the electronic states of QDs will change. Up to now, QDs have been widely investigated in the fields of optoelectronics [16], solar cells [17], lasers [18], medical and biological labels [19,20], catalysis [21] and electrochemical sensors [22].

Chemically modified electrodes fabricated with nanomaterial-integrated redox mediators show potential application for the investigation of many biomolecules [23,24]. In recent years, QDs have been extensively utilized for the construction of nano-sensors due to their optical, electronic and size-dependent properties, which are not present in other materials [25]. Cadmium Selenide (CdSe) is a significant one which possesses a direct bandgap. Redox dyes are the best candidates since they exhibit both electrochromic and electrochemical properties. Dyes have been widely applied in the field of catalysis, electrochromic devices, sensors and biosensors. The immobilization of dyes on nanomaterials such as carbon nanotubes, graphene and metal nanoparticles to fabricate modified electrodes show good electrocatalytic activity towards a variety of biologically, environmentally and industrially important compounds. Further, organic dye molecules such as Thionine [26], Azure A [23], neutral red [27] and methylene blue [28] have been used as redox mediators. Among these, Thionine, a phenothiazine dye, was one of the best redox mediators for electrochemical sensors due to their electro-active and photo-active properties. In order to improve the electron transfer kinetics, electrochemical activity, sensitivity and selectivity, organic dyes were immobilized on different nanomaterials such as carbon nanotubes, gold nanoparticles and metal oxides. The integration of redox mediators and nanomaterials in electrochemical investigations has proved to be an excellent candidate in the fabrication of electrochemical sensors [29–31]. The integration of redox mediators such as dyes, metal oxides, metal hexacyanoferrates or polymers on the surface of QDs have been used to improve the performance of the modified electrode ability by means of lowering the over-potential and enhancing the sensitivity because they provide a large surface area for them to adsorb on the surface of electrodes [24].

This paper describes the innovative and simple preparation of TH-immobilized CdSe QDs for first time. The formation of Thionine-coated CdSe QDs was investigated and it is applied as mediator for the non-enzymatic electrochemical determination of RF. The electrocatalytic reduction currents of RF were found to be linearly related to its concentration over the range of 1.6×10^{-7} M to 1.4×10^{-4} M with a detection limit of 53×10^{-9} M (S/N = 3). The amperometric determination of RF by the modified electrode was studied and its analytical efficacy towards the determination of RF in real samples was also studied.

2. Experimental

2.1. Materials and Methods

A spectroscopic-grade graphite rod (3 mm) was purchased from Sigma-Aldrich, St. Louis, MO, USA. Analytical grades of cadmium chloride, sodium borohydride, selenium, L-cysteine, thionine, riboflavin and all other chemicals were procured from Sigma-Aldrich, USA. Riboflavin tablets were purchased from a local pharmaceutical shop, Chennai, Tamil Nadu, India. All aqueous solutions were prepared using double-distilled water.

2.2. Characterization Techniques

The absorption spectra of the QDs were obtained using a UV-visible spectrophotometer model Agilent Diode Array spectrophotometer (Santa Clara, CA, USA). A quartz cuvette was used for the UV-visible spectrophotometer and the path length of the quartz cuvette is 10 mm. Raman spectra were recorded with a RAMAN-11i system (Nanophoton Corp., Osaka, Japan) for measuring the vibrational modes of the molecules. Surface topography, size and shape of the QDs were studied using HRTEM (Technai G2—model T-30 S-twin, FEI, Hillsboro, OR, USA).

2.3. Electrochemical Measurements

The electrochemical experiments were carried out using a CHI 660B electrochemical workstation (CH Instruments, Austin, TX, USA) coupled with an IBM personal computer using a conventional three-electrode cell at room temperature. A platinum electrode was used as an auxiliary electrode and a saturated calomel electrode as a reference electrode. TH@CdSe QDs-modified PIGE was used as a working electrode.

2.4. Fabrication of TH@CdSe QDs Modified PIGE

L-Cysteine-capped CdSe QDs were synthesized using the reported procedure [32]. Briefly, CdCl₂ (320 µM) and L-Cysteine ethyl ester hydrochloride (3.2 mM) was mixed with 20 mL aqueous solution in the three-necked round bottom flask, and the pH of solution was adjusted to 11 using NaOH (1.0 M). Subsequently, the addition of NaHSe (20.0 mL) was prepared by adding 0.32 mmol of selenium metal and 0.81 mmol of NaBH₄ in an N_2 atmosphere. The mixture was stirred for 30 min and then refluxed for four hours under N₂ atmosphere. After four hours an orange-red colloidal CdSe QDs was formed and stored in an air-tight glass container. In the next step, an optimized volume of 30.0 mL of prepared CdSe QDs was mixed with 5.0 mL of saturated solution of TH and was stirred continuously for four hours. The solution was then centrifuged, and the residue was washed many times with distilled water. The weakly absorbed dye molecules were removed during washing and the resulting precipitate was dried and it is used for further studies. The TH@CdSe QDs were dispersed in propanol by ultrasonication. About 5.0 µL of TH@CdSe QDs was drop casted at the PIGE and allowed to dry under room temperature. After it dried, the TH@CdSe QDs-modified PIGE was utilized for sensing applications. For comparing the electrochemical performance, bare PIGE, TH-modified PIGE and CdSe QDs modified-PIGE were fabricated.

3. Results

3.1. UV-Visible Spectroscopy

UV-vis absorption spectroscopy is a very simple method and applicable to explore the interaction between CdSe QDs and TH. Figure 1 exhibits the absorption changes observed upon the addition of various concentrations of CdSe QDs on 150 μ M cationic dye TH. With increasing CdSe QDs concentration, the absorption band of TH decreases and a new absorption band appears at shorter wavelengths. TH has a characteristic absorption maximum at 600 nm with a shoulder at 565 nm in aqueous solution [33]. Upon increasing the concentration of CdSe QDs, a new absorption peak has seen with a maximum at 520 nm. The decrease in the absorption band of the TH monomer confirms the formation of H-type aggregates with CdSe QDs. The presence of an isobestic point also authenticates the existence of two species that are responsible for the observed absorption changes [34]. Thus, with the addition of CdSe QDs, TH molecules are adsorbed on the surface of CdSe QDs due to the electrostatic attractive force between the cationic dye molecules and the negatively charged L-cysteine capped CdSe QDs surfaces aggregates, which causes a blue shift (H-type) in the absorption band [35,36]. This causes the formation of a close-packing arrangement of the dye molecules on the negatively charged particle surface [37], and thus increases the concentration of TH on particle surfaces.



Figure 1. Absorption spectra of 150 μM TH in aqueous solution at different concentration CdSe QDs (μM): (a) 0, (b) 5.3, (c) 10.6, (d) 16, (e) 21.3, (f) 26.6, (g) 37.3, (h) 48, (i) 69.3, (j) 106.6.

3.2. Confocal Raman Microscopy

The formation of TH@CdSe QDs was also confirmed with confocal Raman studies. Figure 2 displays the confocal Raman spectra of (a) TH and (b) TH-coated CdSe QDs. The Raman bands obtained for TH (a) are in good agreement with the early reports [38,39]. The Raman spectrum of Thionine displays characteristics peaks at 480 cm⁻¹, 531 cm⁻¹, 1484 cm⁻¹ and 1626 cm⁻¹, corresponding to C-S-C stretching, asymmetric ring stretching, C-N-C bending and H–plane bending vibrations. In addition, The Raman spectrum of TH@CdSe QDs (b) are considerably similar to the vibrational bands obtained for TH, indicating no significant change in the structural features of TH upon interaction with CdSe QDs. The increase in the intensity of Raman bands of TH-coated CdSe QDs was attributed to the presence of CdSe QDs. From the spectrum, it is inferred that there exists strong electrostatic interactions between the positively charged dye molecules and negatively charged CdSe QDs.



Figure 2. Confocal Raman spectra of (a) TH (b) TH@CdSe QDs.

3.3. Surface Morphology

The HRTEM images of CdSe QDs before and after the addition of TH are shown in Figure 3. The HRTEM image of CdSe QDs (a) shows the spherical shape with the size

ranges between 2–8 nm. After the addition of TH, (b) it was found that the CdSe QDs exhibits similar particle shape and size, with some aggregation. The formation of TH@CdSe QDs further supports the above absorption spectra changes.



Figure 3. This HRTEM image of (a) CdSe QDs (b) TH@CdSe QDs.

3.4. Electrochemical Characterization of TH@CdSe QDs Modified PIGE

The electrochemical characterization of TH@CdSe QDs-modified PIGE was carried out using cyclic voltammetry in 0.1 M NH₄NO₃ and purged nitrogen. The CVs of bare PIGE (a), CdSe QDs-modified PIGE (b) TH-modified PIGE (c) and TH@CdSe QDs-modified PIGE (d) in 0.1 M NH₄NO₃ at a scan rate of 50 mV/s is shown in Figure 4. No peak was observed for the bare PIGE and CdSe QDs-modified PIGE in the potential range studied. Compared with bare PIGE, the background current for CdSe QDs-modified PIGE is apparently larger, which indicates that the electrode surface area is significantly enhanced after being modified with CdSe QDs. The TH-modified PIGE shows the cathodic and anodic peaks at potentials of -0.32 V and -0.21 V, respectively, and the peak-to-peak separation (ΔE_p) is found to be 0.11 V. On the other hand, TH@CdSe QDs-modified PIGE exhibited a pair of well-defined redox peaks with cathodic and anodic peak potentials of -0.2260 V and -0.1547 V, respectively. The redox peaks correspond to the two-electron process of immobilized TH [40] and the ΔE_p was found to be 0.0713 V. The decrease in the ΔE_p values together with the increase in the peak current indicate the reversibility of the electrode process, and this is attributed to the synergistic effect of CdSe QDs [41,42].



Figure 4. Cyclic voltammograms of bare PIGE (a), CdSe QDs (b), TH (c) and TH@CdSe QDs-modified PIGEs (d) in 0.1 M NH₄NO₃; scan rate of 50 mV/s.

3.5. Effect of Supporting Electrolyte

The effect of varying the supporting electrolytes on the electrochemical performance of the modified electrode was evaluated. Figure 5 compares the CV response of TH@CdSe QDs-modified PIGE in 0.1 M solutions of Ba(NO₃)₂, BaCl₂, NH₄NO₃, NH₄Cl, KNO₃, KCl, NaCl, NaNO₃ and PBS. It was observed that the modified electrode exhibits a relatively better CV response in NH₄NO₃. The ammonium ions are favorable for the proton transfer (redox reaction) of Thionine molecules in the electrode surface compared to other K⁺, Na⁺ or Ba²⁺. Hence, 0.1 M NH₄NO₃ was chosen as the background electrolyte for further electrochemical studies.



Figure 5. Cyclic voltammograms of the TH@CdSe QDs-modified PIGE in the presence of different supporting electrolytes (0.1 M) of (a) NH_4NO_3 , (b) PBS, (c) KNO_3 , (d) NH_4Cl , (e) NaCl, (f) KCl, (g) $NaNO_3$, (h) $Ba(NO_3)_2$ and (i) $BaCl_2$ at a scan rate of 50 mV/s.

3.6. Effect of Scan Rate and pH

The electrochemical behaviour of the modified electrode at different scan rates from 10-100 mV/s was studied using cyclic voltammetry and the results are shown in Figure 6a. It was observed that on increasing the scan rate from 2-100 mV/s in 0.1 M NH₄NO₃, the peak currents also increased. When the peak currents were plotted against the scan rate, there was a linear increase, which suggests that the redox process is surface-confined (Figure 6b) [43].

The electrochemical rugosity (Γ) or surface concentration of TH was estimated [44] according to the Equation (1):

$$\Gamma = Q/nFA \tag{1}$$

where Q is the integrated charge passed through the modified electrode, A is the area of the electrode, and n, F have their usual meaning. The Γ of the modified electrode was calculated to be 2.77×10^{-10} mol/cm² at a scan rate of 50 mV/s. The increase in the surface concentration could be attributed to the large surface area provided by the CdSe QDs, where more TH molecules were adsorbed effectively.

The electrochemical behaviour of the modified electrode was also investigated by CV in 0.1 M NH_4NO_3 in the pH range of 4–9. It was found that the current response of the TH@CdSe QDs-modified PIGE increases from 4.0 to 7.0 and reaches a maximum response at a pH of 7.0. Then, the peak current starts to decrease. Thus, a working pH of 7.0 was chosen for further measurements.



Figure 6. (a) Cyclic voltammograms of TH@CdSe QDs modified PIGE at different scan rates in 0.1 M NH_4NO_3 from 2–100 mV/s (inner to outer). (b) Calibration plot of peak current vs scan rate.

3.7. Electrocatalytic Behavior of TH@CdSe QDs Modified PIGE for the Reduction in RF

The electrocatalytic activity of the TH@CdSe QDs-modified PIGE for the reduction in RF was examined by cyclic voltammetric experiments in 0.1M NH₄NO₃ in the absence and presence of RF. The reduction in RF under similar conditions with the bare electrode was also tested. Figure 7A shows the CV response of the bare electrode (curve a and b) and TH@CdSe QDs-modified PIGE (curve c and d) in the absence and in the presence of 6.25×10^{-5} M RF, respectively. As can be seen from the figure, the current response for the reduction in RF at the bare electrode was poor, but the modified electrode showed a better and considerable increase in the current response at -0.52 V. The oxidation and reduction potentials of RF are -0.44 V and -0.52 V, respectively, and show a quasi-reversible system. The presence of CdSe QDs in the modified electrode influenced the electrocatalytic activity in terms of peak potential and increased current response. Under optimal conditions, the cyclic voltammograms of the modified electrode were studied in the presence of an increasing concentration of RF. The TH@CdSe QDs-modified PIGE showed increased cathodic peak currents in the range of 1.6×10^{-7} M to 1.4×10^{-4} M (R² = 0.9940) with a detection limit of 53×10^{-9} M (S/N = 3) with various additions of RF using the cyclic voltammetry technique (Figure 7B). The above result indicates that the TH@CdSe QDsmodified PIGE exhibits an improved analytical performance for the determination of RF. The mechanism for electrocatalytic reduction in RF can be represented as shown in Scheme 1. The linear working range and detection limit obtained with the present sensor are better or comparable with earlier reports, as shown in Table 1.

The effect of solution pH on the electrochemical behavior of TH@CdSe QDs-modified PIGE in the presence of 1.6×10^{-5} M RF was investigated by CV at various pHs (4–9) in 0.1 M NH₄NO₃ and the current response was plotted against pH, as shown in Figure 8. It was observed that the modified electrode exhibits maximum and a stable peak current response at pH 7.0. Hence, the determination of RF is well favored at the modified electrode at a physiological pH, and it is suitable for real time applications.



Figure 7. (A) Cyclic voltammograms of (a) bare PIGE, (b) bare PIGE with 6.25×10^{-5} M RF, (c) TH@CdSe QDs-modified PIGE and (d) TH@CdSe QDs modified PIGE with 6.25×10^{-5} M RF in 0.1 M NH₄NO₃. [Scan rate: 50 mV/s]. (B) Calibration plot.



Scheme 1. Electrocatalytic reduction mechanism of RF at TH@CdSe QDs-modified PIGE.

3.8. Hydrodynamic and Chronoamperometric Studies

Hydrodynamic voltammetric studies were performed to optimize the working potential of RF determination in flow systems. The cathodic current was measured at constant intervals of applied potential, for 3.2×10^{-5} M RF in the potential range of 0 to -0.8 V. The curves a and b of Figure 9 show the HDVs of the TH@CdSe QDs-modified electrode in the presence and absence of RF, respectively. As can be seen from the figure, the current response for the reduction in RF starts at a potential of -0.4 V and exhibits a maximum response at -0.55 V. Hence, a potential of -0.6 V was chosen as the working potential for the amperometric determination of RF. Figure 10A shows the amperogram obtained for the addition of 1.6×10^{-5} M RF in a stirred solution of 0.1 M NH₄NO₃. A step-wise increase in the cathodic current was observed for every addition of RF at an applied potential of -0.6 V. For repeated additions of RF, the electrode gave a sharp increase in current and attained a steady state condition within 6 s. The corresponding calibration plot of catalytic current versus the concentration of RF is shown in Figure 10B, and it is observed that the modified electrode exhibits a linear current response with correlation coefficient of 0.9910. The result indicates that the modified electrode exhibited good sensitivity and has a stable amperometric response under dynamic conditions.

Table 1. Comparison of the performance of the proposed TH@CdSe QDs-modified PIGE with the reported methods.

Electrode	Electrolyte	Linear Range (µM)	Detection Limit	Ref.
Ag-sparked/SPE	PBS	0.0019–0.1	0.56 nM	[45]
D-MoS ₂ -MoO ₃ -CC/SPCE	PBS	2.0-40.0	1.5 μM	[46]
Fe ₃ O ₄ NPs-ePADs	BR buffer	2.0–20.0	0.25 μΜ	[47]
N,S-GQD-CS/GCE	BR buffer	0.001-8.0	0.30 µM	[48]
PGI/PGE	PBS	0.002–0.45	1.24 nm	[49]
TH coated CdSe QDs	NH ₄ NO ₃	0.16–140	53 nM	this work



Figure 8. Effect of pH on the reduction of 1.6×10^{-5} M RF at TH@CdSe QDs-modified PIGE.



Figure 9. Hydrodynamic voltammograms for the TH@CdSe QDs-modified PIGE in the (a) absence and (b) presence of 3.2×10^{-5} M RF. [Stirring rate: 300 rpm].



Figure 10. (A) Amperometric response of the TH@CdSe QDs-modified PIGE for the successive additions of 1.6×10^{-5} M RF. [Stirring rate: 300 rpm; Operating potential: -0.6 V] (B) Calibration plot.

3.9. Interference Studies

The anti-interference ability of the TH@CdSe QDs-modified PIGE towards the determination of RF was tested by DPV in the presence of various common ions such as Fe^{3+} , Mg^{2+} , Na^+ , K^+ , Ca^{2+} , NO^{3-} and SO_4^{2-} and some physiological interferents such as AA and UA. No change in the DPV current response was observed for 10 mM RF in the presence of a 100-fold excess of these metal ions and 50-fold excess of AA and UA. The results showed that the present modified electrode is highly selective towards the determination of RF.

3.10. Stability of TH@CdSe QDs Modified PIGE towards RF

The working stability of the TH@CdSe QDs-PIGE-modified PIGE towards the determination of RF was investigated by cycling the modified electrode in the presence of 3.2×10^{-5} M RF in 0.1 M NH₄NO₃ at a scan rate of 50 mV/s for 50 continuous cycles. The results showed only a 1.5% loss from the initial peak current value after 50 cycles. This indicates that the modified electrode has good stability and does not undergo surface fouling. The long-term stability of the modified electrode was also studied for a period of 45 days. The modified electrode was stored in an airtight container when not in use. The modified electrode was used to determine the same concentrations of RF, which showed 97% of initial current, indicating that the electrode had excellent long-term stability.

3.11. Determination of RF in Commercial Tablets

The practical application of the modified electrode was studied by the determination of RF in two different commercially available tablets. The tablets were finely ground, and they were dissolved with distilled water and made into a known volume. Then a known volume of the prepared samples was spiked, and the results obtained are shown in Table 2. The recovery results allowed us to use the proposed sensor in the determination of RF in pharmaceutical tablets.

Sample No.	Labeled Content (Mg/Tablet)	Observed Content (Mg/Tablet)	Recovery (%)
1	25	24.9	99.6
	25	24.7	98.8
2	50	49.8	99.6
	50	50.1	100.2

Table 2. Determination of RF in pharmaceutical tablets.

4. Conclusions

In summary, we have achieved a non-enzymatic TH-coated CdSe QDs-modified electrode for the determination of RF in nM levels. The prepared TH-coated CdSe QDs were characterized and confirmed by UV-Vis spectroscopy, Raman spectroscopy and HRTEM studies. Cyclic voltammetry and chronoamperometry studies confirm the excellent electrochemical behaviour of the modified electrode. The incorporation of CdSe QDs in TH reveals the better electrocatalytic performance of the modified electrode with very high sensitivity and with a very low detection limit. The proposed sensor is a promising candidate for the determination of RF in pharmaceutical tablets with good recovery.

Author Contributions: Conceptualization, methodology, software, validation, and writing—original draft preparation, A.K., formal analysis, and writing—review and editing, R.S.B.; visualization and supervision, S.S.N. All authors have read and agreed to the published version of the manuscript.

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