

## Article

# *Toxocara canis* and *Toxocara cati* in Stray Dogs and Cats in Bangkok, Thailand: Molecular Prevalence and Risk Factors

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**Citation:** Phoosangwalthong, P.; Luong, N.H.; Wongwigkan, J.; Kamyngkird, K.; Phasuk, J.; Pattananang, K.; Thammasonthijarern, N.; Kengradomkij, C.; Chimnoi, W.; Odermatt, P.; et al. *Toxocara canis* and *Toxocara cati* in Stray Dogs and Cats in Bangkok, Thailand: Molecular Prevalence and Risk Factors. *Parasitologia* **2022**, *2*, 88–94. <https://doi.org/10.3390/parasitologia2020009>

Received: 3 March 2022

Accepted: 26 April 2022

Published: 28 April 2022

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**Abstract:** *Toxocara canis* and *Toxocara cati* are known as common roundworm in dogs and cats, respectively. The objective of the current study was to determine the molecular prevalence and risk factors associated with *T. canis* and *T. cati* infections in stray dogs and cats, respectively, in Bangkok, Thailand. In total, 1000 fecal samples (from 500 dogs and 500 cats) were collected from stray dogs and cats residing in Bangkok temples. DNA was extracted and screened for *T. canis* and *T. cati* using polymerase chain reaction (PCR) with the internal transcribed spacer (ITS) region. The overall prevalence of *T. canis* in the stray dogs was 5.4% (27/500) and 0.6% (3/500) for *T. cati* in the stray cats. *Toxocara canis* infections were detected in stray dogs from 11 out of 48 districts (22.9%), with Bang Khen district having the highest proportion of infected dogs, whereas *T. cati* infections were only detected in the stray cats in Lat Krabang district. These results indicated that stray animals residing in Bangkok temples pose a considerable public health risk due to zoonotic parasites, especially *T. canis*.

**Keywords:** Bangkok; *Toxocara canis*; *Toxocara cati*; stray dogs; stray cats; temples

## 1. Introduction

*Toxocara canis* and *Toxocara cati* are some of the most common parasitic roundworms that cause functional intestinal disorders in dogs and cats worldwide [1]. *T. canis* and *T. cati* are in the group causing larva migrans syndrome (LMS), visceral larva migrans (VLM), ocular larva migrans (OLM), neural larva migrans (NLM), and covert infection [2]. Following ingestion of the embryonated eggs by the host, the larvae hatch in the small intestine. The larvae then migrate through the intestinal mucosa to the liver and lungs, where they mature into adult worms in the small intestine [3]. Humans, who act as paratenic hosts, can become infected with these parasites through infected eggs from contaminated soil or water, unwashed hands, raw vegetables, or the ingestion of larvae in the undercooked or raw and infected organ or muscle tissues of other paratenic hosts [4].

In research on the coprological investigation of fecal samples, the identification of helminth eggs as *Toxocara* spp. is usually recorded more than the classification of the particular species [1]. Even though the differences between *Toxocara* spp. are clinically and epidemiologically important, the measurement of the egg dimensions does not allow for the differentiation between *Toxocara* spp. within the genus due to similar egg sizes [5]. A polymerase chain reaction (PCR)-based molecular approach has been demonstrated in

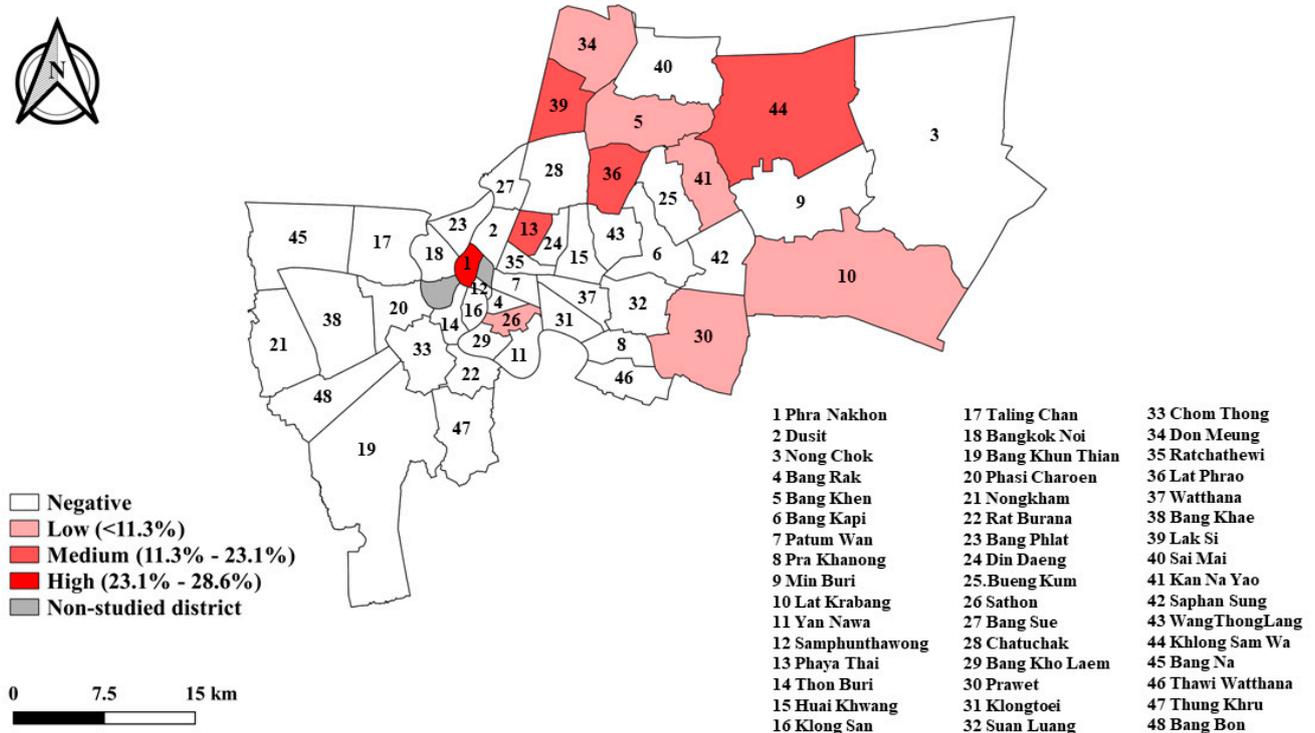
some studies and could provide reliable markers to accurately identify *Toxocara* spp. [6,7]. The eggs of *Toxocara* spp. are in the host feces and can be identified accurately using PCR with specific primers.

In Thailand, the percentage of stray dogs and cats increases each year [8]. According to the Bureau of Disease Control and Veterinary Services [9] (2016), 10.3% of dogs and 15.7% of cats are not owned. Although stray dogs and cats are potential reservoirs for zoonotic infections in humans, little data exist on the prevalence of animal infections. There have been few studies in Bangkok or other provinces [8,10–12]. Stray or neglected dogs and cats are often in poor health with several parasitic diseases and they are viewed as one of the most important sources of zoonosis. Environmental contamination with helminth eggs or protozoa (oo) cysts has been known to be associated with the prevalence of intestinal parasitic infections in animal populations [13]. The objective of the current study was to determine the molecular prevalence and risk factors associated with *T. canis* and *T. cati* in stray dogs and cats residing in Bangkok temples using a molecular technique.

## 2. Results

### 2.1. Prevalence of *Toxocara canis* in Stray Dogs

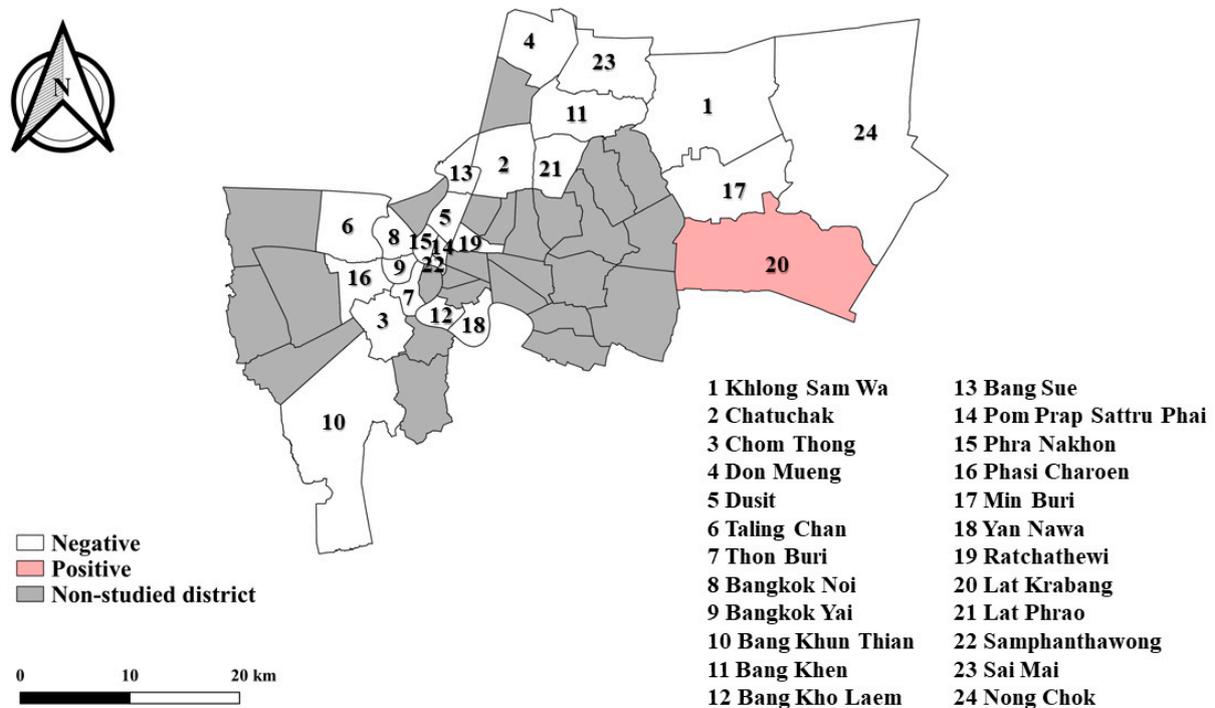
The results of the partial ITS region from the PCR-based amplification indicated that the prevalence of *T. canis* infection was 5.4% ( $n = 27$ ) in the 500 stray dogs. Moreover, *T. canis* infections were detected in temple dogs in 11 out of the 48 districts (22.9%; Figure 1), with Bang Khen district having the highest proportion of *T. canis*-infected dogs (6/27, 22.2%) followed by Lad Prao (5/27, 18.5%) and Khlong Sam Wa districts (4/27, 14.8%), as shown in Figure 1.



**Figure 1.** Map of Bangkok with *Toxocara canis* positive dogs (in red) and negative dogs (in white) by district and non-studied district (in gray).

## 2.2. Prevalence of *Toxocara cati* in Stray Cats

The prevalence of *T. cati* infection was 0.6% ( $n = 3$ ) among the 500 stray cats. All the *T. cati* infections were detected in the stray cats from Lat Krabang district (3/3, 100%), as shown in Figure 2.



**Figure 2.** Map of Bangkok with *Toxocara cati* positive cats (in red) and negative cats (in white) by district and non-studied district (in gray).

## 2.3. Risk Factors Associated with *Toxocara canis* and *Toxocara cati* Infections

*T. canis* infections were found more frequently in free-roaming, young, dewormed, male dogs from suburban areas compared to the corresponding comparison group. However, none of the observed infection rates increased and none of the increased OR were statistically significant. *T. cati*-positive cats were also of younger age (1–5 years), with no statistically significant association with potential risk factors.

## 3. Discussion

Based on other studies, the prevalence of *Toxocara* spp. in stray dogs and cats in European countries was 1.4–30.5% and 8–76%, respectively [14]. The prevalence of *T. canis* in dogs has previously been reported as higher than in the current study in Thailand, with 37.7% in Vietnam [15], 32.0% in Poland [16], and 11.4% in Brazil [17]. The prevalence of *T. cati* in cats has not been widely reported, but it has been as high as 47.8% in Vietnam [15], 16.7% in Brazil [17], and 17.8% in China [18]. The prevalence of toxocarosis in cats is high in comparison to dogs and may be caused by a reduced resistance to reinfection in adult cats, whereas other possible explanations could be the transmission route of the tranmammary in young cats and the differences in environment, food supply, and eating behavior [19,20]. Previous research in Thailand also found that the most common Ascarid nematode infections were *T. canis* in dogs and *T. cati* in cats in Bangkok and other provinces [8,11,12,21]. The current study identified the prevalence of *T. canis* at 5.4% as rather low and at about half of the global prevalence (10.6–11.7%) and estimated prevalence in Southeast Asia (6.8–18.2%) in 2020 [22,23]. However, the variations between the districts are considerable as some districts had a prevalence exceeding 20%, which is a potential infection risk if infected stray dogs near temples leave their feces on the ground where the

eggs and protozoan cysts can stay viable for a long time, posing a serious threat to public health [24].

Although previous studies found an association between *Toxocara* infection rates and risk factors such as age, sex, and location, in this study no such association could be established. This may be due to the low infection rates observed although the sampling pool size selection was based on previous studies, the relatively limited number of data points as a result of the low infection rates (and the subsequent insignificant differences among the groups defined by the risk factor variables) could lead to a low amount of data from our study. However, it is interesting to note that in our study the dewormed dogs had a statistically significant increased risk for *T. canis* infection (OR 2.2, 95% CI 1.0–4.9). This seems to be counterintuitive; however, it could be due to the fact that *T. canis*-infected dogs appear sick and hence have a higher chance of being dewormed by their owners compared to healthy, uninfected dogs.

It is commonly accepted that there is no relationship between the gender of dogs and cats and the *Toxocara* spp. infection status [14]. In our study, we observed that there was no difference between the gender groups.

The infection rates in puppies and kittens are also higher than in adult dogs and cats, and notably, the susceptibility of young animals to the infection and transmission of toxocarosis through infected mother's milk can lead to serious infections [25]. This factor was supported by the current results, with the percentage of infected dogs aged under 1 year and over 5 years being higher than that of infected adult dogs (aged 1–5 years).

A weakness of our study was that for many stray animals the data on some of the risk factors were difficult to collect, e.g., the presence of previous deworming. Hence, some misclassification could have occurred which could have contributed to the lack of statistically significant differences. Even though PCRs can detect certain parasites with high sensitivity and specificity, they are notably time-consuming and do not provide quantitative results. Furthermore, the low prevalence of *Toxocara* in stray animals might be due to the fact that endogenous controls were not included in this study. It is vital to use endogenous controls to demonstrate that the negative reactions are genuine since sometimes PCRs can be inhibited. To overcome this, it is recommended to use endogenous controls in order to verify the negative results in further studies.

Despite the absence of statistically significant differences between the risk groups, our results provided an initial insight into the infection prevalence of *Toxocara* spp. in stray dogs and cats in Bangkok, Thailand. Further studies should broaden the research parameters by comparing different animal species or different regions to provide updated information on roundworms and more broadly on endoparasites in Thailand. Such information can be used to raise public awareness and increase knowledge about zoonotic parasites. In addition, a characterization of these parasites in humans and animals living in a shared environment is needed to determine the transmission between humans and animals.

## 4. Materials and Methods

### 4.1. Ethical Approval

This study was approved by the Kasetsart University Institutional Animal Care and Use Committee under the Ethical Review Board of the Office of National Research Council of Thailand (NRCT) with approval No. ACKU60-VET-006.

### 4.2. Study Period, Sample Collection, and Study Areas

Samples were collected from June to December 2015. In total, 1000 fecal samples (500 dogs and 500 cats) were collected from stray dogs in 91 temples in 48 districts and from stray cats from 43 temples in 24 districts in Bangkok. A fecal sample was individually collected from the rectum of dogs and cats, placed into a plastic bag, and maintained in cool conditions (4 °C) during transportation within 4–6 h to the Department of Parasitology, Faculty of Veterinary Medicine, Kasetsart University, Bangkok, and screened for *T. canis* in dogs and *T. cati* in cats using molecular techniques. Moreover, for further information

about each animal, the monks or animal caretakers were interviewed for a questionnaire related to the animal's environmental and hygiene conditions. Information was recorded on sex (male or female), age (<1 year, 1–5 years, and >5 years), free-roaming status (yes or no), history of veterinary attention (yes or no), and deworming status (yes or no).

#### 4.3. DNA Extraction and Molecular Detection of *Toxocara* Species

All collected fecal samples were extracted using an E.Z.N.A.<sup>®</sup> Stool DNA kit (Omega Bio-tek Inc.; Norcross, GA, USA) according to the manufacturers' instructions with minor modifications. In general, *Toxocara* eggs have a thick eggshell that must be broken in order to obtain genomic DNA. If the procedure is insufficient, DNA cannot be obtained, resulting in a false-negative result. Therefore, samples were digested overnight at 56 °C (minimum of 16 h) with proteinase K digestion as recommended to successfully break unembryonated *Toxocara* eggs so that gDNA can be detected by PCR [26]. All gDNA samples were measured for quality at 260/280 nm and quantity at 260/230 nm using a BioSpectrometer (Eppendorf AG, Hamburg, Germany). The DNA was stored at –20 °C until further analysis. Diagnostic PCR was performed as previously described [26]. The internal transcribed spacer (ITS) regions were used to amplify 400 bp of *Toxocara* using the primers Tcan1 and NC2 for *T. canis* in dogs and the primers Tcat1 and NC2 for *T. cati* in cats. Each PCR reaction carried out with positive (DNA extracted from *T. canis* and *T. cati* eggs) and negative controls (nuclease-free water). All PCR products were run on a 1% agarose gel containing SYBR SafeGel Stain (Invitrogen; Waltham, MA, USA) and visualized using a UV transilluminator (Clare Chemical Research; Dolores, CO, USA).

#### 4.4. Statistical Analysis

Data were evaluated using version 3.6.1 of the R software package [27]. Descriptive statistics were calculated on infection and risk factors. Univariate analysis was performed to determine the association between the infection status with *Toxocara* spp. (outcome) and risk factors including sex, age, and the animal's environmental and hygiene conditions. Therefore, the odds ratio (OR) and 95% confidence interval (95% CI) were calculated. Significance was tested at  $p \leq 0.05$ .

### 5. Conclusions

The current study identified the molecular prevalence of *T. canis* in dogs as being at 5.4% and of *T. cati* in cats as being at 0.6%. These results showed that stray dogs and cats residing in Bangkok temples acted as a potential source of roundworm infection. Despite the low prevalence of these parasites, they could still pose a low-to-moderate threat to public health, especially *T. cati*. Therefore, proper control and preventive measures against these parasites must be established including the use of disinfectants in contaminated areas where animals have defecated.

**Author Contributions:** Conceptualization, T.I.; methodology, P.P., N.H.L. and J.W.; data curation, P.P., W.C., K.K., J.P., N.T. and C.K.; writing—original draft preparation, P.P. and N.H.L.; investigation, P.P., K.K., J.P., K.P., N.T., P.O. and T.I.; writing—review and editing, T.I. and P.O.; supervision, T.I. and P.O.; funding acquisition, T.I. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work was financially supported by the Office of the Ministry of Higher Education, Science, Research and Innovation; and the Thailand Science Research and Innovation through the Kasetsart University Reinventing University Program 2021 with grant no. CASAF-04. The research was supported by the Center of Excellence on Agricultural Biotechnology, Office of the Permanent Secretary, Ministry of Higher Education, Science, Research and Innovation. (AG-BIO/MHESI) with grant no. AG-BIO/60-004-002.

**Institutional Review Board Statement:** The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Animal Ethics Committee of Kasetsart University, Bangkok, Thailand (approval ID ACKU60-VET006).

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data presented in this study are available upon request from the corresponding author.

**Acknowledgments:** The authors would like to thank the staff and graduate students from the Department of Parasitology, Faculty of Veterinary Medicine, Kasetsart University, Bangkok, Thailand, and Pacharathon Simking and Sinsamuth Saengow from the Division of Animal Health Science, Faculty of Agricultural Technology, Rajamangala University of Technology Thanyaburi, Pathum Thani, Thailand, who helped during sample collection.

**Conflicts of Interest:** The authors declare that they have no personal conflicting or competing financial interest that could impact the work reported in this study.

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