



Proceeding Paper Classifier Module of Types of Movements Based on Signal Processing and Deep Learning Techniques [†]

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Abstract: Human Activity Recognition (HAR) has been widely addressed by deep learning techniques. However, most prior research applied a general unique approach (signal processing and deep learning) to deal with different human activities including postures and gestures. These types of activity typically have highly diverse motion characteristics, which could be captured with wearable sensors placed on the user's body. Repetitive movements such as running or cycling have repetitive patterns over time and generate harmonics in the frequency domain, while postures such as sitting or lying are characterized by a fixed position, with some positional changes and gestures or non-repetitive movements being based on an isolated movement usually performed by a limb. This work proposes a classifier module to perform an initial classification among these different types of movements, which would allow for applying afterwards the most appropriate approach in terms of signal processing and deep learning techniques for each type of movement. This classifier has been evaluated using the PAMAP2 and OPPORTUNITY datasets using a subject-wise cross-validation methodology. These datasets contain recordings from inertial sensors on hands, arms, chest, hip, and ankles, collected in a non-intrusive way. In the case of PAMAP2, the baseline approach for classifying the 12 activities using 5-s windows in the frequency domain obtained an accuracy of $85.26 \pm 0.25\%$. However, an initial classifier module could distinguish between repetitive movements and postures using 5-s windows reaching higher performances. Afterward, specific window size, signal format, and deep learning architecture were used for each type of movement module, obtaining a final accuracy of 90.09 \pm 0.35% (an absolute improvement of 4.83%).

Keywords: human activity recognition; wearable sensors; classifier module; inertial signals; convolutional neural networks; deep learning; repetitive movements; gestures; postures; PAMAP2; OPPORTUNITY

1. Introduction

Human motion modeling using wearable sensors is an important field [1,2] with different applications, such as Human Activity Recognition (HAR) [3–6], biometrics [7], or health [8]. Concerning physical activity classification, human movements are usually modeled by a system that recognizes these activities. However, each movement presents specific characteristics in terms of motion pattern and duration. A previous work [4] proposed a human motion typology to apply the most appropriate signal processing and deep learning architecture depending on the type of movement. For example, raw signals of repetitive movements such as running or cycling were processed by a Convolutional Neural Network (CNN), while raw signals of gestures such as closing a drawer were processed by a Recurrent Neural Network (RNN). This work highlighted the requirement of developing an initial module to automatically identify the type of movement before



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). selecting the best signal processing and deep learning strategy to discriminate between movements inside the same group.

The purpose of this work is to develop this initial module as a classifier of types of movements. In addition, this work compares the baseline approach of classifying all the activities in one step to the approach of using the initial classifier module to distinguish among the types of movements and, afterward, applying specific signal processing and deep learning techniques for movements inside the same group.

2. Materials and Methods

This section provides a description of the datasets used in the experiments, the signal processing, the deep learning approach, and the cross-validation methodology used in this study.

2.1. Datasets

For this work, we have used the PAMAP2 dataset [9] and the OPPORTUNITY dataset [10]. The combination of these two datasets contains a wide variety of physical activities, including repetitive movements, non-repetitive movements (gestures), and postures. Moreover, PAMAP2 includes 27 signals recorded under laboratory conditions, while OPPORTUNITY contains 113 signals recorded under wild conditions.

The PAMAP2 dataset includes recordings of 12 different physical activities: nine repetitive movements (walking, running, cycling, Nordic walking, ascending stairs, descending stairs, vacuum cleaning, ironing, and rope jumping) and three postures (lying, sitting, standing). These activities were performed by nine subjects, who wore three Inertial Measurement Units (IMUs) with a tri-axial accelerometer, gyroscope, and magnetometer. These sensors collected data sampling at 100 Hz and were placed on the dominant hand, chest, and ankle.

The OPPORTUNITY dataset contains recordings of 21 different physical activities: one repetitive movement (walking), 17 gestures (open door 1, open door 2, close door 1, close door 2, open fridge, close fridge, open dishwasher, close dishwasher, open drawer 1, close drawer 1, open drawer 2, close drawer 2, open drawer 3, close drawer 3, clean table, drink from a cup, and toggle switch) and three postures (lying, sitting, and standing). These activities were performed by four subjects, who wore five RS485-networked XSense IMUs located in a jacket, two InertiaCube3 on each foot, and 12 Bluetooth acceleration sensors on the limbs. Each IMU includes a tri-axial accelerometer, a tri-axial gyroscope, and a tri-axial magnetic sensor sampling at 32 Hz.

2.2. Signal Processing

We implemented a signal processing module to generate windows of physical activity. We divided the recordings into overlapped windows using a Hamming function and a shift of 0.25 s between consecutive windows. We evaluated the classification performance at the window level, so if an activity transition occurred within a window, the system tried to recognize the activity with the greater presence in the window. We considered different window sizes (3, 5, 10, 15, 20, and 25 s) but maintained the same shift (0.25 s). For each window size, we analyzed both time and frequency domain signals as inputs to our deep neural networks. In the first case (raw data), the time samples included in each window directly fed the deep neural network. In the second case, the inputs were the module of the Fast Fourier Transform (FFT) coefficients of each window. These coefficients represented the spectrum from 0 to 50 Hz or 16 Hz (half of the sampling frequency). We decided to limit the spectrogram to 25 Hz for PAMAP2 because the energy in human activities mostly concentrates in low frequencies. Regarding OPPORTUNITY, we considered the frequency range from 0 to 16 Hz. Figure 1 represents the signal processing performed to the acceleration signals in both time and frequency domains for 5-s windows.



Figure 1. Signal processing performed on the inertial signals.

2.3. Deep Learning

A deep learning structure with a feature learning subnet and a classification subnet was used to recognize the different types of movements. This architecture is composed of two convolutional layers with intermediate max-pooling layers for feature learning and three fully connected layers for classification. Dropout layers were included after convolutional and fully connected layers to avoid overfitting. The architecture used for the PAMAP2 classifier module is represented in Figure 2.



Figure 2. Deep learning architecture used in this work for the PAMAP2 classifier module.

In this architecture, ReLU was used as the activation function in intermediate layers to reduce the impact of the gradient vanishing effect and SoftMax is the activation function in the last layer to perform the classification task. The optimizer was fixed to the root-mean-square propagation method [11] with a learning rate of 0.001. In this work, the following hyperparameters of the architecture were optimized for each dataset using a validation subset. For the optimization process, we first evaluated the influence of the hyperparameters of the convolutional and fully connected layers. After that, we fixed those parameters and we scanned several values for the number of epochs (from 2 to 100), the batch size (50, 100 and 150) and the dropout fraction (from 0.2 to 0.5). The main hyperparameters adjusted were the number of convolutional layers (2), number (32) and size (1×5) of convolutional kernels, pooling kernel size (1×2), numbers of neurons in the fully connected layers (128 and 64), the number of epochs (14), batch size (100), and dropout fraction (0.3).

Regarding the classification of activities within each type of movement, this work applied and optimized the architectures of the previous work [4] that proposed the typology of types of movements: convolutional and fully-connected layers architecture for repetitive movements and postures and convolutional and recurrent layers architecture for gestures.

2.4. Cross-Validation

In this study, we used the Subject-Wise Cross-Validation (CV) strategy, where the recordings of each subject were included in separated subsets. This way, recordings from the same subject did not appear in training and testing subsets in the same experiment. For both datasets, we performed four folds, using two folds to train the deep learning architecture, one fold to adjust its main parameters (using the validation subset), and

the remaining fold to test the system. This strategy followed a round-robin approach to evaluate the whole dataset, and the presented results in this work are the average values obtained throughout the CV procedure. In the case of OPPORTUNITY, since there are only four subjects, the CV procedure becomes a Leave-One-Subject-Out CV strategy, where the validation and testing subsets only contain data from one subject in each iteration.

3. Results

Repetitive movements are characterized by the presence of harmonics in the frequency domain; in contrast, postures and gestures only have information at low frequencies. However, it is possible to perform a specific gesture such as drinking a cup of coffee while a subject is walking or while sitting. For these reasons, an approach consisting of two steps could be applied when dealing with gestures. The first step of the classifier should distinguish movements in a higher level between two groups: repetitive movements and gestures during repetitive movements versus postures and gestures during postures. In this step, the FFT coefficients were able to distinguish between these two groups. During the second step, a specific module could distinguish between the types of movement within each previous module. For these subgroups, the FFT coefficients could be appropriate to distinguish the gestures while performing another repetitive movement or posture using the signals from the different limbs. Afterward, for each type of movement, we followed the configurations of the previous work [4] that proposed the typology of types of movements to boost the recognition performance: raw data and long windows (25 s) for repetitive movements, raw data and short windows (3 s) for gestures and FFT and long windows (10 s) for postures. Particularizing this approach to the datasets used in this work, Figures 3 and 4 show the overview of the final systems of PAMAP2 and OPPORTUNITY, respectively, including the window size and input format for each module. These figures include the type of movement recognition performance in green boxes and the activity classification performance in orange boxes. In case of PAMAP2, since there were no gestures, an initial classifier was used to distinguish between repetitive movements and postures using FFT coefficients as inputs to the deep learning architectures. The performance of the repetitive movements module of the OPPORTUNITY dataset was the maximum since there was only examples from walking activity.





Table 1 summarizes the main results of this work for the PAMAP2 and OPPORTUNITY datasets. Final activity classification accuracy and confidence intervals (CI) are included in the tables. Baseline system (one step) performances were obtained using short windows (3–5 s) and optimized signal processing and deep learning techniques for each dataset: FFT and convolutional and fully connected layers architecture for PAMAP2 and raw data and convolutional and fully connected layers architecture for OPPORTUNITY. The performance of the proposed system with two classifiers has been obtained considering the performance of the modules and the number of examples per type of movement. For example, Equation (1) was applied for computing the final performance of the PAMAP2 dataset, where N_1 is the number of examples of repetitive movements, N_2 is the number of examples of postures and N is the total number of examples. The results suggest that it is possible to significantly

increase the recognition performance when using specific modules to distinguish the movement through the movement typology.



Figure 4. Overview of classification modules for OPPORTUNITY dataset.

Experiment —	Test Accuracy (%)	
	PAMAP2	OPPORTUNITY
Direct system	85.26 ± 0.25	67.33 ± 0.33
System with classifier	90.09 ± 0.35	68.45 ± 0.66

Table 1. Activity classification accuracy for PAMAP2 and OPPORTUNITY datasets.

4. Discussion and Conclusions

The classifier module developed in this work allows for recognizing types of movements to apply specific signal processing and deep learning techniques for each type of movement afterward. The results suggest that using short windows (3–5 s) to discriminate between different types of movements is required since a higher decision resolution might skip examples of gestures. After that, it is recommended to increase the window size when classifying repetitive movements or postures because the recognition performance will improve. In this sense, the window size becomes a crucial optimization parameter that depends on the type of movement. For example, when an athlete is performing physical exercise during lengthy series, long analysis windows could be directly used to obtain high recognition performance. However, if a person is performing unknown activities, a lower decision resolution is required to detect the type of movement beforehand. In this regard, a trade-off between decision resolution and performance is critical for leveraging the capabilities of HAR systems.

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