



## Graphene Nanoflakes Incorporating Natural Phytochemicals Containing Catechols as Functional Material for Sensors †

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- † Presented at the 1st International Electronic Conference on Chemical Sensors and Analytical Chemistry, 1–15 July 2021; Available online: https://csac2021.sciforum.net/.

Abstract: Phytochemical products start to be employed to assist 2D nanomaterials exfoliation. However, a lack of studies regarding the molecules involved and their capacity to give rise to functional materials is evident. In this work, a novel green liquid-phase exfoliation strategy (LPE) is proposed, wherein a flavonoid namely catechin (CT) exclusively assists the exfoliation of bulk graphite in conductive water-soluble graphene nanoflakes (GF). Physicochemical and electrochemical methods have been employed to characterize the morphological, structural, and electrochemical features of the GF-CT. Surprisingly, the obtained GF-CT integrates well-defined electroactive quinoid adducts. The resulting few-layers graphene flakes intercalated with CT aromatic skeleton ensure strict electrical contact among graphene sheets, whereas the fully reversible quinoid electrochemistry ( $\Delta E = 28 \text{ mV}$ , Ip, a/Ip, c = -1) is attributed to the residual catechol moieties, which work as an electrochemical mediator. The GF-CT intimate electrochemistry is generated directly during the LPE of graphite, not requiring any modification or electro-polymerization steps, resulting in stable (8 months) and reproducible material. The electrocatalytic activity has been proven towards hydrazine (HY) and β-nicotinamide adenine dinucleotide (NADH), a pollutant and a coenzyme, respectively. High sensitivity in extended linear ranges (HY: LOD = 0.1 µM, L.R. 0.5–150 µM; NADH: LOD = 0.6 µM, L.R. 2.5–200 μM) at low overpotential (+0.15 V) was obtained using amperometry, avoiding electrodefouling. Improved performances, compared with graphite commercial electrodes and graphene exfoliated with a conventional surfactant, were obtained. The GF-CT was successfully used to perform the detection of HY and NADH (recoveries 94–107%, RSD  $\leq$  8%) in environmental and biological matrices, proving the material exploitability even in challenging analytical applications. On course studies aim to combine the intrinsic conductivity of the GF-CT with flexible substrates, in order to construct flexible electrodes/devices able to house GF-CT-exclusively composed conductive films. In our opinion, the proposed GF-CT elects itself as a cost-effective and sustainable material,

catechol-moieties; liquid-phase-exfoliation

particularly captivating in the (bio)sensoristics scenario. Keywords: nanostructured-functional-material; grapheme; 2D-materials; mediator; phytochemicals;

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iations.

Published: 6 July 2021

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updates

Citation: Silveri, F.; Pelle, F.D.; Rojas,

Phytochemicals Containing Catechols

D.; Compagnone, D. Graphene

Nanoflakes Incorporating Natural

as Functional Material for Sensors.

doi.org/10.3390/CSAC2021-10619

Academic Editor: Elisabetta Comini

Chem. Proc. 2021, 5, 14. https://

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Supplementary Materials: The following are available at https://www.mdpi.com/article/10.3390/ CSAC2021-10619/s1.