



# **Ocular Biomechanics and Glaucoma**

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**Abstract:** Biomechanics is a branch of biophysics that deals with mechanics applied to biology. Corneal biomechanics have an important role in managing patients with glaucoma. While evidence suggests that patients with thin and stiffer corneas have a higher risk of developing glaucoma, it also influences the accurate measurement of intraocular pressure. We reviewed the pertinent literature to help increase our understanding of the biomechanics of the cornea and other ocular structures and how they can help optimize clinical and surgical treatments, taking into consideration individual variabilities, improve the diagnosis of suspected patients, and help monitor the response to treatment.

Keywords: glaucoma; hysteresis; biomechanics; ORA; Corvis

## 1. Introduction

Biomechanics is a branch of biophysics that deals with mechanics applied to biology in human or animal bodies. While biomechanics is especially concerned with the muscles and the skeleton, it is also used to refer to the functioning of any other part of the body, such as the cornea and other ocular structures [1]. The analysis of the corneal biomechanics has helped clinicians detect early or mild corneal ectasias [2–4], which can be further enhanced by integrating tomographic data acquired using the Pentacam (Oculus GmbH; Wetzlar, Germany) [3].

Corneal biomechanics also play a significant role in managing patients with glaucoma [5]. First, evidence suggests that eyes with thin and stiffer corneas are at a higher risk of developing glaucoma [6–8]. Second, corneal biomechanics affects and is affected by intraocular pressure (IOP) [9–11]. Therefore, one of the significant challenges of contemporary ophthalmology is understanding the independent contributions of corneal biomechanics and IOP to how the eye responds to mechanical stimuli and ensuring accurate measurements and proper monitoring of glaucoma patients [1].

## 2. The Ocular Response Analyzer (ORA)

The ORA (Reichert Ophthalmic Instruments, Inc., Buffalo, NY, USA) was introduced in 2005 by David Luce as the first instrument that allowed the in vivo assessment of ocular biomechanical properties (Figure 1) [12]. As a modified non-contact tonometer (NCT), it compensates for corneal biomechanics and is expected to provide a more accurate measurement of the IOP than the Goldmann applanation tonometer (GAT). The exam involves a fast jet of air that deforms the corneal curvature while the device records each moment of deformation. Initially, the cornea moves inwardly due to the pressure of the air jet until it reaches the first stage of applanation, at which point the first measurement of the IOP is taken (P1). The deformation of the cornea continues until a brief state of concavity occurs. Then the air pulse ends, and the cornea initiates the return to its normal convex shape. During this movement, the cornea passes through the second stage of applanation,



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). when the second IOP measurement is taken (P2). The corneal hysteresis (CH) is calculated by the difference between P1 and P2 (Figure 2) and is also measured in mmHg [13]. The CH corresponds to a dissipation of energy during the loading and unloading phases, representing the viscoelastic characteristics of the entire globe, not exclusively of the cornea. In normal eyes, the mean  $\pm$  SD CH is  $10.7 \pm 2.0$  mm Hg, with a range of 6.1 to 17.6 mm Hg (SHAH). Studies have shown that CH is a dynamic parameter affected directly by the IOP with an inverse correlation. An increase in IOP decreases CH, and vice versa. A loading force on the cornea generates a response from the whole eye globe. As a consequence, it dissipates energy [14]. Studies have shown that CH will decrease with the stiffening of the sclera, confirming that CH is not a local corneal parameter and has no direct correspondence to corneal stiffness [15].



**Figure 1.** Ocular Response Analyzer tonometer (Image from Reichert Ophthalmic Instruments, Inc., Buffalo, NY, USA).

Other parameters generated by the ORA software are the corneal resistance factor (CRF), the compensated intraocular pressure (IOPcc), and the Goldmann-correlated IOP (IOPg). The CRF is a theoretical measure of the corneal elastic properties, calculated with the following formula to maximize the correlation with the central corneal thickness (CCT): a [P1 - 0.7P2] + d; a and d being calibration and regression constants [16]. The advantage of the IOPcc is that, compared to the IOP measured by the GAT, there is less influence from corneal structural properties such as the CCT [17]. Zhang et al. compared the measurement of the IOP by the ORA and GAT in post-refractive surgery eyes in a systematic review of the literature and found that the IOPcc is a closer measurement of the true IOP in eyes that underwent corneal procedures [18]. Lastly, the IOPg is the mean of the applanation pressures and is given by the formula IOPg = (P1 - P2)/2.

IOP is a constant force (loading) per unit area under the globe, playing an essential role in the biomechanical response [9–11]. The IOP is the most important predictor of deformation amplitude (DA) due to the pressure load of an air jet, followed by stiffness and thickness [19]. A stiffer response is expected in eyes with a greater IOP and a weaker cornea than in eyes with a lower IOP but a stronger cornea. The cornea and sclera have a non-linear stiffening response to an increase in IOP. Stress is defined as a force per unit of the cross-sectional area of a loaded, stretched tissue. On the other hand, strain is described as the non-dimensional deformation, or percent stretch, associated with the pulling of a certain tissue. The tangent elastic moduli are defined by the stress-strain slope curve at each value of strain and are also related to stiffness. The slope has a non-linear behavior: as the load increases, the slope increases too [20]. The stress distribution in the cornea can be calculated using the Hoop stress formula,  $\sigma = P \cdot R/2t$ ;  $\sigma$  being the stress, P the IOP, R the



radius of curvature, and t the corneal thickness. We can conclude from this equation that thinner and flatter corneas are associated with more significant stress [20].

**Figure 2.** The deformation of the cornea resulting from the pressure of the air pulse as measured by the ORA. The parameters generated are corneal hysteresis (CH) and corneal resistance factor (CRF). Image from Kaushik S. et al. [21] (Creative Commons Attribution license).

The biochemical properties of the sclera also contribute to the observed deformation of the cornea as a response to the air puff [19,22]. The biomechanical resistance of the sclera occurs after the aqueous displacement during the corneal recovery on the second applanation in air jet commercial tonometry. Studies have shown that the resistance to the movement of the aqueous humor is greater in eyes with stiffer scleras, which could be wrongly interpreted as a stiffer corneal deformation [23].

## 3. The Corvis ST Dynamic Scheimpflug Analyzer

Similar to the ORA, the Corvis ST (Oculus, Wetzlar, Germany) is a non-contact tonometer device in which an air jet deforms the cornea (Figure 3). However, the Corvis ST uses a collimated air pulse with a consistent pressure. The device uses an ultra-high-speed (UHS) Scheimpflug camera to acquire 4300 frames/s, covering 8.5 mm horizontally of a single slit, allowing a dynamic assessment of the induced deformation of the cornea [24].

With the air pulse, the cornea bends inward to the point of first applanation and continues until the point of highest concavity (HC) (Figure 4). Then the cornea recovers in the outward movement, and the cornea undergoes a second applanation point until finally returning to its natural state. The IOP is measured at the moment of the first corneal applanation moment, and the anterior and posterior limits of the cornea are identified by advanced algorithms. The Corvis ST also provides an array of metrics of corneal deformation based on the dynamic inspection of the corneal movement following the external pressure of the air jet, including the parameters that are extracted at the highest concavity point, such as the HC delta arc length and the HC deflection length [16,24].



Figure 3. Oculus Corvis ST (Wetzlar, Germany).



**Figure 4.** Corneal biomechanical properties and response measured by dynamic ultra-high-speed Scheimpflug imaging. The highest point concavity (HC) is shown in the image in the lower right corner. Personal archive.

Whole-eye movement (WEM) is a measure of the resistance of other ocular tissues taken at the moment the cornea reaches its maximal deformation and the pressure of the air jet increases. The orbital soft tissue and structure limit the WEM. The dynamic corneal response (DCR) parameters associated with the loading phase are naturally elastic [25]. One of these parameters is the point of highest concavity, which represents the moment of most significant resistance to aqueous movement. The stiffness parameter at the highest concavity (SP-HC) is the moment of capture of the scleral response calculated by the load at first applanation (air pressure, IOP) divided by the displacement from first applanation (A1) to the point of highest concavity [26]. The deformation ratio of 2 mm (DA ratio) and integrated inverse radius (IIR) are DCR parameters related to the deformation of the corneal

shape during the exam, independent of IOP but associated with CCT. Other elastic DCR parameters related to the stiffness of the cornea are the stress-strain index (SSI) and the stiffness at the first applanation point (SP-A1) [26]. All the elastic parameters, such as the SSI, SP-A1, and SP-HC, are calculated with different algorithms, and their interpretation must be considered as different forms of stiffness. Decreasing the DA ratio, peak distance, and IIR is related to a higher resistance to change in the corneal shape and greater stiffness. A list of all deformation parameters that can be measured using the Corvis ST is presented in detail in Table 1.

**Corvis ST Parameter** Definition The first applanation of the cornea during the air puff (in ms). The 1st Applanation length of the applanation at this moment appears in parenthesis (in mm). The instant that the cornea assumes its maximum concavity during **Highest Concavity** the air puff (in ms). The length of the distance between the two peaks of the cornea at this moment appears in parenthesis (in mm). The second applanation of the cornea during the air puff (in 2nd Applanation milliseconds). The length of the applanation at this moment appears in parenthesis (in mm). The amount (in mm) of the maximum corneal deformation during the Maximum Deformation air puff. The length of the distance between the two peaks of the cornea at this Wing Distance instant (in mm). Maximum Velocity (in) The maximum velocity during the ingoing phase (in m/s). Maximum Velocity The maximum velocity during the outgoing phase (in m/s). Curvature Radius Normal The cornea in its natural state has a radius of curvature (in mm). The corneal radius of curvature at the time of maximum concavity Curvature Radius HC during the air puff (in mm). Cornea Thickness Measurement of the corneal thickness (in mm). IOP Measurement of the intraocular pressure (in mmHg). bIOP Biomechanically-corrected IOP. Ratio between the deformation amplitude at the apex and the average DA ratio Max (Deformation amplitude ratio max. 2 mm) deformation amplitude measured at 2 mm from the center. Describes the thickness profile in the temporal-nasal direction and is ARth (Ambrósio's relational thickness to the defined as corneal thickness from thinnest to horizontal profile) pachymetric progression. Describes corneal stiffness as defined by resultant pressure (Pr) SP-A1(Stiffness parameter at A1) divided by deflection amplitude at A1. SP-HC Corneal stiffness at the highest concavity point. Index that combines tomographic and biomechanical data for TBI (Tomographic biomechanical index) keratoconus detection. BGF (Biomechanical Glaucoma factor) Independent risk indicator for normal tension glaucoma. Index that indicates the position of the stress-strain curves. Less SSI (Stress-strain index) dependent on corneal thickness and IOP. CBI (Corvis biomechanical index) Overall biomechanical index for keratoconus detection. The entire globe's movement after the cornea passes its limits during Whole eye movement (WEM) the jet air pulse is resisted by the orbital structures. The movement of the corneal deformation from the apex to the Deformation Amplitude (DA) highest concavity. Deflection amplitude (DeflA) The difference between the DA and the WEM. Change in arc length during the highest concavity moment from the HC dArc length initial state, in a defined 7-mm zone. HC deflection length Length of the flattened cornea at its highest concavity.

**Table 1.** Corneal deformation parameters provided by the Corvis ST (adapted from Brazuna R. et al. [27], Creative Commons Attribution (CC BY) license).

The Corvis ST measures the IOP during the first applanation after the pressure from the air jet is applied [24]. The biomechanically compensated IOP (bIOP), available in the Vinciguerra Screening Report (Figure 5), includes the deformation response to provide

another parameter for the IOP corrected through a finite element method using deformation data beyond CCT and age [28]. For the development of the bIOP algorithm, the analysis considered eyes with different variations of IOP (10–30 mmHg), CCT (445–645 microns), and age (30–90 years old). The corneal deformation response was predicted in each case and taken into consideration to estimate the Corvis IOP. The final analysis allowed the development of an algorithm that calculates the real IOP adjusted for Corvis IOP, CCT, and age. Subsequently, this algorithm of predictions of the corrected IOP was tested on a clinical data set consisting of a large number of normal eyes to investigate the association with corneal stiffness parameters, age, and CCT. Results demonstrated that the uncorrected IOP has a strong correlation with CCT but a weak correlation with age. However, the application of the algorithm to the IOP measurements yielded an IOP measurement that was less correlated with either CCT or age. The Vinciguerra screen enabled the calculation of indexes, including the Ambrósio Relational Thickness over the horizontal meridian (ARTh) and the Corvis Biomechanical Index (CBI), which help to discriminate between keratoconic and normal cases [29].



**Figure 5.** The Vinciguerra screening report shows the adjusted biomechanical intraocular pressure (bIOP), the Ambrósio Relational Thickness over the horizontal meridian (ARTh), and the Corvis Biomechanical Index (CBI). Personal archive.

More recently, Ambrósio et al. applied artificial intelligence to combine tomographic and biomechanical data to develop the Tomographic Biomechanical Index (TBI). The TBI index demonstrated high sensitivity to diagnose mild or subclinical ectasia in cases of very asymmetric ectasia with normal tomographic maps (VAE-NT) (Figure 6) [30,31].

Ahmed et al. introduced a new intelligent algorithm of material stiffness for the in vivo assessment of the biomechanical characteristics of the human cornea: the Stress-Strain Index (SSI). The SSI showed a significant correlation with age but not a significant correlation with CCT or IOP [32]. Another study showed a possible association between the measurements obtained with the Corvis ST (CST) and CH. Patients with primary OAG and eyes from normal subjects were included in the study, and the patients were assessed in terms of CST metrics, ORA, axial length, average corneal curvature, CCT, and IOP with GAT. Parameters including DA (corneal softness), SP A1 (corneal stiffness), and Inverse Radius (integrated area under the curve of the inverse concave radius) were significantly correlated with CH. CST parameters were also significant but only weakly or moderately related to CH measures by ORA [33].



**Figure 6.** The ARV (Ambrosio, Roberts, and Vinciguerra) biomechanical and tomographic assessment shows the Tomographic Biomechanical Index (TBI) and the Corvis Biomechanical Index (CBI). Personal archive.

#### 4. Hysteresis and Glaucoma

#### 4.1. The Influence of Increased Stiffness of Ocular Structures in the Pathobiology of Glaucoma

Increased IOP and consequent glaucomatous damage have been associated with genetic factors, vascular abnormalities, metabolic changes, and immunologic factors [34–37]. However, the biomechanical characteristics of the ocular structures, which include the trabecular meshwork (TM), might also play a role. The juxtacanalicular connective tissue (JCT) is responsible for most of the resistance to the outflow of the aqueous humor (AH), and the inner wall endothelium pores account for only 10% at most. The spatial proximity of these two components causes a "funneling effect," as the AH preferentially flows through the region of the JCT that is nearest to the inner wall pores, increasing up to 30-fold the JCT's apparent resistance to flow. Despite the low flow resistance of the inner wall pores, alterations in the porosity of the inner wall can significantly affect the resistance to aqueous outflow [38,39]. Evidence shows that glaucomatous human trabecular meshwork (HTM) is stiffer than normal HTM, and modeling exercises suggest that it results in substantial impairment in the outflow. Biomechanical changes in the TM associated with ocular hypertension include increased rigidity, crosslinking, and extracellular matrix (ECM) deposition and may directly contribute to the onset of glaucoma and the progression of the disease [40,41].

The cellular-level deformation caused by biomechanical forces is determined by the stiffness, compressibility, and viscoelasticity of cells [42]. Compared to normal eyes, the TM of glaucomatous eyes has a 20-fold increase in stiffness, shows reduced cellularity, increased synthesis or deposition of ECM, higher actin contractility, the development of networks of cross-linked actin, and the dysregulation of multiple signaling pathways, including Wnt/ $\beta$ -catenin, TGF $\beta$ , and bone morphogenetic protein (BMP) pathways [43]. PIEZO is a stretch-sensitive ion channel present in the TM and retinal ganglion cells that aids in mechanotransduction by decreasing the contractibility of trabecular cells, facilitating AH outflow when activated [44,45]. TRV4 is another ion mechanosensitive channel that is involved in the remodeling of the TM by modulating RHO signaling [46]. Nitric oxide is a signal present in the Schlemm's canal, facilitating the AH passage [47]. Lastly, cytokines such as IL-8 and MCP-1 can cause an increase in the formation of actin stress fibers and focal

adhesions, phosphorylation of the myosin light chain, and induce the contraction of TM cells, which combined can result in increased resistance to AH outflow [48].

The biomechanics of other ocular structures also have an important contribution to the pathogenesis of glaucoma. The sclera is an anatomic link between the cornea anteriorly and the lamina cribrosa posteriorly, and has a central role in the eye's biomechanical effects [49]. The collagen in the scleral channel is distributed in a basket-weave shape, protecting the optic disc head's axon and transferring tension to the equatorial sclera [50,51]. The differences in fibroblast morphology determine the sclera's biomechanical response capacity [52]. Sulfated glycosaminoglycans (sGAGs) are related to increased scleral thickness and stiffness [53]. Although scleral stiffness is protective against glaucoma, ocular rigidity is not. Eyes with less elasticity are more susceptible to the deleterious effects of IOP variations [11,54]. The role of the sclera in glaucomatous eyes and its relationship with the lamina cribrosa are still unclear, as several studies continue to investigate whether scleral stiffness protects against IOP peaks, maintains the optic disc head and LC's integrity, or contributes to glaucoma's development [9,11,55,56].

Changes to the extracellular matrix (ECM) of the optic nerve head (ONH) and its relationship with resident axons and glial cells are associated with glaucoma, affecting the entire biomechanical response of the ONH. Therefore, the ONH is the primary site of glaucoma-related damage to axons [51,57]. Studies have shown that the radial connective fibers of the LC prevent the posterior displacement of the LC, while the circumferential and radial fibers decrease the strain inside the peripapillary scleral and neurological prelaminar tissue [50]. These biomechanical anatomic characteristics help explain why the resistance of the inner layers of the sheath of the optic nerve is superior to that of the optic disc's structures. Studies of the LC using optical coherence tomography or histology describe areas of missing connective tissue in the form of holes, gaps, pits, disinsertions, or irregularities. Since the connective tissue of the LC is believed to provide the structural support of adjacent neural tissues, its absence may increase the risk of neural tissue damage secondary to IOP fluctuations and consequent vision loss. Intriguingly, numerical models to study the effects of LC defects on neural tissue deformations caused by IOP variations showed that the partial loss of a beam can mitigate neural tissue insult related to IOP. These findings further support the idea that the architecture and biomechanics of the LC might be more multifaceted than merely protecting against IOP-induced damage to neural tissues [58]. The biological structures of the LC, episclera, and sclera are heterogeneous, which could, in part, explain the different patterns of damage in glaucoma or why different patients evolve to glaucoma at different IOP pressures [59].

The mechanisms involving fibroblastic changes, ECM remodeling, and their interplay with the biomechanical response in glaucoma are still not fully comprehended, and the field of knowledge in this area is continually growing [58].

#### 4.2. Clinical Evidence on the Relationship between Hysteresis and Glaucoma

Although it is still debatable whether a stiffer globe contributes to glaucoma or rather is a consequence of the disease [20], there is growing evidence that supports an association between stiffer corneas and OAG and that patients with thin and stiffer corneas are at a higher risk of developing glaucoma [6–8,60]. Congdon et al. investigated 230 subjects in an observational study regarding the association of CH and CCT with visual perimeter damage and glaucoma progression risk and found CH, but not CCT, to be a predictive factor for the progression of visual field defects [61]. Another study suggested that CH and CRF, associated with CCT, could be risk factors for glaucoma [62]. Suzanna et al. showed that reduced hysteresis was linked to the risk of developing OAG, even when controlling for other risk factors such as IOP, CCT, field status, age, and the use of medical therapy for glaucoma. For each 1 mmHg reduction in CH, there was an associated 21% risk of patients with ocular hypertension converting to glaucoma [63]. The CH is a parameter that can also be affected by extrinsic factors, such as an increase observed after surgeries, some medical treatments, and laser procedures [64–66]. Biomechanical properties may not only provide valuable information to predict the progression of glaucoma but also have an influence on the response to IOP-lowering medications. The Ocular Hypertension Treatment Study showed that patients with a higher CCT presented more modest IOP reductions from IOP-reducing topical therapy [67]. Although these findings could not be replicated in the study by Agarwal et al., they investigated whether CH could also be a factor predictive of response to medical therapy, specifically prostaglandin analogs. There was a linear relationship between baseline CH and the absolute (r = 0.34, p = 0.01) and percent change (r = 0.31, p = 0.02) in IOP following therapy. Moreover, higher CH quintiles showed significantly smaller reductions in IOP compared with lower CH quartiles. Since it is known that patients with lower CH are at a higher risk of glaucoma progression, it is possible that although they are more responsive to topical PGA, they might also need greater IOP reductions to avoid the progression of glaucomatous damage [64].

Unlike CCT, the CH is a dynamic parameter that changes with age, surgeries, prostaglandin treatment, and IOP [20]. While CCT and CH are positively related, there is a negative relationship between IOP and CH [68]. Specifically, thick corneas are able to dissipate energy better than thinner ones, and eyes with higher IOP tend to be less efficient at dissipating energy. The age-related thinning of the cornea happens slowly over time, which explains why it causes a lower impact on the CH than the acute variations of IOP [62,69,70]. It is also important to note that an increase in CCT caused by corneal edema is associated with a lower CH, stressing the importance of considering all parameters and not only CCT [5].

Two randomized clinical trials, the Collaborative Initial Glaucoma Treatment Study and the Advanced Glaucoma Intervention Study, have suggested that the progression of visual field defects in OAG is connected with high IOP variations [71,72]. These studies indicate that transiently high variations in IOP may expand the scleral channel, increasing strain in the lamina cribrosa and causing axon damage. The biomechanical capacity of the biomechanics properties of the entire eye, such as the optic disc and the connective tissue within the scleral channel, and the consequent ability to dissipate energy and preserve RGC axons could explain the individual variability in responding to IOP variations [55,73]. For example, age and CH are two parameters that are related to the displacement of the LC, which is known to absorb IOP fluctuations and protect eyes with glaucoma from disease progression [9]. Considering that CH is the ability of not only the cornea but the whole globe to dampen energy, a lower CH has been associated with visual field loss in OAG and normal tension glaucoma [74,75]. The CH is indeed the most important predictor compared to other metrics such as CRF, CCT, corneal-compensated IOP, Goldmann-correlated IOP, and refractive error [74].

### 5. DCR Parameters and Glaucoma

Interestingly, other studies did not show any differences in corneal mechanics between glaucoma patients and healthy controls, and some even suggested that glaucoma patients, in fact, have more deformable corneas [76–78]. A plausible explanation is using incorrect Corvis ST parameters to evaluate corneal stiffness. Another reason for these differences may be the selection bias of patients in prostaglandin treatment, which leads to the consequent lowering of the stiffness of the entire globe. The binding of analogs of prostaglandins to F-receptors on the cornea, TM, ciliary body, episclera, and sclera likely explains the increase of the CH [79–81]. This mechanism activates the F-receptors, increasing extracellular matrix expansion and reducing collagen [82]. The remodeling of these structures decreases the resistance of aqueous flow at the uveoscleral outflow pathway and possibly increases the capacity of the entire globe to dissipate energy [83,84]. The fact that the change in corneal compensated IOP from PGA therapy persists for 6 weeks after the cessation of therapy casts doubt on whether the structural alterations induced by PGA therapy are reversible [85].

One new parameter that evaluates scleral stiffness is the SP-HC, although its relationship with the risk of glaucoma is still unclear. Vinciguerra et al. showed that a low SP-HC is related to advanced visual field loss in OAG. However, one of the limitations of the study is that a significant number of glaucoma patients included in the analysis were treated with analogs of prostaglandins, which are known to decrease corneal stiffness [73,86]. Other researchers also studied patients under therapy for glaucoma but could not show a link between SP-HC and a higher risk of glaucoma [7]. For that reason, further studies are warranted to clarify the importance of SP-HC in OAG, glaucoma suspects, and healthy patients and its relationship with CH and other conditions that change ocular rigidity, like aging and race. Studies using the ORA have suggested that waveform parameters related to the shape of the second peak are associated with scleral stiffness. This new approach may help us evaluate and understand in vivo the association between scleral stiffness and glaucoma [87].

#### 6. Conclusions

Understanding the biomechanics of the eye can help clinicians detect early or mild corneal ectasias, but it can also provide valuable insights regarding the pathogenesis of glaucomatous damage, improve the diagnosis of suspected patients, and help monitor the response to IOP-lowering therapies and surgical interventions. The multitude of parameters available allows a thorough analysis and identification of the unique biomechanical characteristics of each patient and their eyes. It will also enable a clearer understanding of the effects of procedures that mechanically interact or interfere with the eye, including keratoconus risk profiling, refractive surgery planning, and optimization of different collagen crosslinking treatment protocols. Moreover, a more accurate measurement of the IOP allows for a better approach to diagnosing and managing patients with glaucoma and the optimization of clinical and surgical treatments [88,89].

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