



## Article

# Variations in Essential Oil Composition and Chemotype Patterns of Wild Thyme (*Thymus*) Species in the Natural Habitats of Hungary

Zsuzsanna Pluhár <sup>1,\*</sup> , Róbert Kun <sup>2</sup>, Judit Cservenka <sup>3</sup>, Éva Neumayer <sup>4</sup>, Szilvia Tavaszi-Sárosi <sup>1</sup> , Péter Radácsi <sup>1</sup> and Beáta Gosztola <sup>1</sup>

<sup>1</sup> Department of Medicinal and Aromatic Plants, Institute of Horticultural Science, Hungarian University of Agriculture and Life Sciences, H-1118 Budapest, Hungary; tavaszi-sarosi.szilvia@uni-mate.hu (S.T.-S.); radacsi.peter@uni-mate.hu (P.R.); gosztola.beata@uni-mate.hu (B.G.)

<sup>2</sup> Department of Nature Conservation and Landscape Management, Hungarian University of Agriculture and Life Sciences, H-2100 Gödöllő, Hungary; rbert.kun@gmail.com

<sup>3</sup> Balaton Uplands National Park Directorate, H-8299 Csopak, Hungary; cservenkajudit@bfnp.hu

<sup>4</sup> Magosfa Foundation, H-2600 Vác, Hungary; eneum@magosfa.hu

\* Correspondence: pluhar.zsuzsanna@uni-mate.hu

**Abstract:** A comprehensive study was conducted on the diversity and characteristics of five *Thymus* species native to Hungary, concerning frequency of occurrence, habitat preferences, essential oil content of the dried flowering shoots, and chemotype patterns determined by GC/MS. Our main aims were to provide an overview of the essential oil diversity of thyme resources and select the best genotypes with potential for cultivation and utilization. Based on the results obtained in 74 populations of 63 localities belonging to 15 regions of the Transdanubian and Northern Hungarian Mountains, considerable essential oil diversity was found. *Thymus pannonicus* (TPA), of generalist character, was proven to be the most frequent species (38 populations), while *T. serpyllum* (TSE) occurred only in two habitats. High average amounts of essential oil (EO) were shown for *T. pannonicus* (0.46 mL/100 g DW), *T. pulegioides* (TPU: 0.47 mL/100 g DW), and *T. serpyllum* (0.59 mL/100 g DW), while low EO accumulating ability was detected in *T. glabrescens* (TGL: 0.26 mL/100 g DW) and in *T. praecox* (TPR: 0.10 mL/100 g DW). In general, the thymol chemotype was the most frequent (34 populations), found together with the related molecules (p-cymene: 26; γ-terpinene: 15), while numerous other monoterpenes (M: geraniol: 12, linalool: 7) or sesquiterpenes (S: germacrene D: 25, β-caryophyllene: 21) were dominant, as well as combined (MS) chemotypes, which were also described in the Eos of *Thymus* species in Hungary. Our findings confirmed that *T. pannonicus* shows potential for cultivation with homogenous drug quality, adequate amounts of essential oil, and stability in EO composition. Data from original habitats also supports its high tolerance and adaptability to diverse environmental conditions, which is advantageous when facing climate change and extremities.

**Keywords:** *Thymus pannonicus*; *Thymus glabrescens*; *Thymus pulegioides*; *Thymus praecox*; *Thymus serpyllum*; *Serpylli herba*; chemical diversity; thymol; monoterpenes; sesquiterpene



**Citation:** Pluhár, Z.; Kun, R.; Cservenka, J.; Neumayer, É.; Tavaszi-Sárosi, S.; Radácsi, P.; Gosztola, B. Variations in Essential Oil Composition and Chemotype Patterns of Wild Thyme (*Thymus*) Species in the Natural Habitats of Hungary. *Horticulturae* **2024**, *10*, 150. <https://doi.org/10.3390/horticulturae10020150>

Academic Editor:  
Charalampos Proestos

Received: 22 December 2023

Revised: 30 January 2024

Accepted: 2 February 2024

Published: 5 February 2024



**Copyright:** © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

The genus *Thymus* (*Lamiaceae*, *Nepetoideae*) involves diverse essential oil-bearing species with high intraspecific variability [1]. Besides garden thyme (*Thymus vulgaris* L.), further wild thyme species attract regional or broader interest, where flowering shoots are collected and used for various therapeutic purposes or applied as ornamental plants in gardens [2]. Essential oils and extracts of wild thyme species (*T. serpyllum* L. s. l.) have a long history and relevance in therapy. Active substances of expectorant and spasmolytic preparations have been used in European traditional medicine for centuries [3]. Recent findings have verified that essential oil and polyphenol-rich extracts of *Thymus* species collected in natural habitats

show significant antioxidant potential as well as antibacterial and antifungal activity against various foodborne and human pathogens, respectively. Moreover, the cytotoxic activity of *T. serpyllum* extract and the antitumor potential of the essential oil have also been proven [4–6]. Thus, wild *Thymus* species provide high-quality raw materials that can be applied in various formulations in self-medication as well as in the pharmaceutical, food, cosmetic, and chemical industries [3,6].

Dried flowering shoots of wild thyme (*Serpylli herba*) are listed in the Pharmacopoea Europaea, with a specification for the essential oil (EO) level (min. 3 mL/kg DW) [7]. In addition, bitter compounds, tannins, flavonoids, and phenolic acids have also been determined in the dried aerial parts of wild thyme [3,8]. Essential oil (*Serpylli aetheroleum*) is produced by distillation of collected flowering shoots of various native species and occurs in different parts of Europe, with two gene centers found in Turkey and in the Iberian Peninsula [9]. Monographs [3] refer to the collected plant material as *Thymus serpyllum* s. l. (sensu lato: in a broader sense), so the main terpenoid compound of the EO can also be different (p-cymene, carvacrol, thymol, linalool, or borneol) in the dried aerial parts of wild thyme plants collected. However, it is to be considered that the application of the drug in phytotherapy is attributed to the phenolic monoterpene molecules thymol and/or carvacrol [6].

According to the current taxonomic concept of Jalas (1972) [10], *Thymus* species are considered collective taxa, ‘*species aggregata*’, involving 2–3 microspecies each. Wild thyme taxa with Eurasian distribution, belonging to the Section *Serpyllum* of 120 chamaephyte species, were divided into 6 subsections and possess the highest chromosomal variability within the genus [9]. The Hungarian *Thymus* species can be classified into the following four subsections:

- Subsect. *Isolepides*: *Thymus glabrescens* Willd.—common thyme; *Thymus pannonicus* All.—Pannonian/Large/Hungarian thyme.
- Subsect. *Alternanthes*: *Thymus pulegioides* L.—broad-leaved/mountain thyme.
- Subsect. *Pseudomarginati*: *Thymus praecox* Opiz—creeping thyme.
- Subsect. *Serpyllum*: *Thymus serpyllum* L.—wild/creeping thyme [9].

Previous studies have reported a significant level of essential oil polymorphism concerning our five indigenous *Thymus* species from various habitats in Western Europe, the Nordic and Baltic countries, the Iberian and Balkan Peninsulas, Turkey, Italy, Iran, Slovakia, and Bulgaria, as well as from Ukraine. However, only sporadic data were available about the essential oil compositions of the drug collected from Hungarian wild thyme populations [11–23].

Based on the relevant literature data, considerable essential oil polymorphism could be expected for Hungary, owing to the quite variable habitat conditions, diverse plant communities, and the existence of five collective species and a few hybrids.

The main aim of our studies was to provide a general overview concerning the occurrence, environmental preference, essential oil properties, and chemotype patterns of the populations of five *Thymus* spp. occurring among diverse habitat conditions in the Hungarian Mountain Range. In addition, a general classification of EO chemotypes, their distribution, and frequency in Hungary are also discussed, along with outlines of future applications and cultivation prospects. Our further purpose was to point out the most valuable resources available in the natural habitats and select the high-yielding genotypes with excellent drug quality. With our findings, our aim was to support specific data on proper wild crafting practices, breeding, growing, and applications, as well as grounding the basis of the gene reservation of native *Thymus* taxa found in various habitats in Hungary.

## 2. Materials and Methods

**Study areas:** Samples were collected from 74 populations of 5 native *Thymus* species (Figure 1) found on different substrata of 63 natural habitats belonging to 15 regions of Hungary, as summarized in Table 1 and in Figure 2, respectively. Data obtained by

species during our studies conducted in the past twenty years (2000–2020) have partly been published [19–21]; however, numerous new findings are also included in this paper to achieve a more complete overview. Fifteen new localities (4\_14; 6\_20; 8A\_23; 8A\_28; 8B\_34; 8B\_35; 9\_36; 9\_38; 9\_39; 14\_52; 14\_53; 15B\_59; 15B\_60; 15C\_61; 15C\_63) with seventeen thyme populations (6\_20: a and b) were explored and examined in the last period (unpublished data).



Figure 1. *Thymus* species found in natural plant communities in Hungary (Photos by Zs. Pluhár).

Table 1. Summary of the geographical locations where populations of *Thymus* species were studied in Hungary with base rocks and soil types (2000–2020).

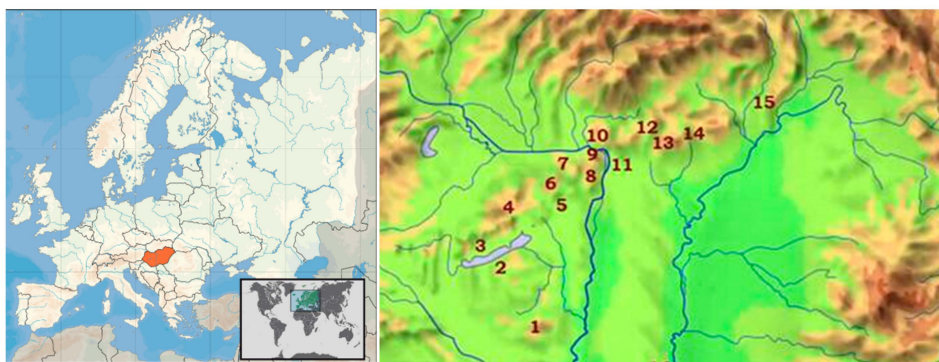
Region	Location of Model Area	Site Code Region_Location **	Species * Found	Base Rock Type	Soil Type
1 Mecsek Hills	1. Kis-Tubes Hill	1_1	TPR	gray limestone	black rendzina
2 Somogy Hills	2. Nagybajom, pasture	2_2	TSE	acidic sand	humified sand
	3. Köröshegy, loess hill	2_3	TPA	sandy loess	humified sand
3 Balaton Uplands	4. Várvolgy, Keszthely Hills	3_4	TGL	calcifereous sand	humified sand
	5. Balatonyörök, Keszthely Hills	3_5	TPA	dolomite	bare soil
	6. Zalaszentő, Pap meadows	3_6	TPU	brookside silt	meadow soil
	7. Tapolca Basin, Tapolca hillside	3_7	TPA	Dachstein limestone	black rendzina
	8. Szentbékállá, Rock Hill	3_8a 3_8b	TPU TGL	Pannonian sandstone	bare soil
	9. Balatonfüred, Tamás Hill	3_9	TPR	dolomite	black rendzina
	10. Balatonfüred, Koloska Valley	3_10	TPA	loess	humus carbonate soil
4 Bakony Hills	11. Balatonalmádi, Megye Hill	3_11	TPA	loess	bare soil
	12. Fenyőfő, Pasture Lane	4_12a 4_12b	TPA TSE	calcifereous sand	humified sand
	13. Csesznek, Castle Hill	4_13	TGL	Dachstein limestone	black rendzina
	14. Szóc, Pasture	4_14	TPA	Dachstein limestone	bare soil
	15. Várpalota, Great Meadows	4_15a 4_15b	TPR TGL	dolomite	bare soil
	16. Öskü, Péti Hill	4_16	TPA	dolomite	bare soil
	17. Litér, Mogyorós Hill	4_17	TPA	dolomite	bare soil

Table 1. Cont.

Region	Location of Model Area	Site Code Region_Location **	Species * Found	Base Rock Type	Soil Type
5 Velence Hills	18. Pákozd, Moveable Rocks	5_18	TGL	granite	bare soil
6 Vértes Hills	19. Várgesztes, Som Hill	6_19	TGL	Dachstein limestone	black rendzina
	20. Csákerény, pasture	6_20a 6_20b	TPA TGL	dolomite	black rendzina
7 Gerecse Hills	21. Tardosbánya, rock mine plateau	7_21a 7_21b	TPA TGL	Dachstein limestone	black rendzina
8A Buda Hills	22. Budaörs, Csíki Hills, Odvas Hill	8A_22a 8A_22b	TPA TPR	dolomite	black rendzina
	23. Budapest, Kálvária Hill	8A_23	TGL	Dachstein limestone	brown forest soil
	24. Budapest, Újlaki Hill	8A_24a 8A_24b	TPA TPR	Dachstein limestone	black rendzina
	25. Budapest, Vörös-Kővár Hill	8A_25	TPA	sandstone of Hárs Hill	black rendzina
	26. Budapest, Homok Hill	8A_26a 8A_26b	TPA TPR	dolomite	black rendzina
	27. Nagykovácsi, Nagy-Szénás Hill	8A_27a 8A_27b	TPA TPR	dolomite, loess	black rendzina
	28. Nagykovácsi, Dog Hill	8A_28	TGL	Dachstein limestone	black rendzina
	29. Budapest, Sas Hill	8A_29	TPR	dolomite	black rendzina
	30. Érd, Tétény Hills,	8A_30	TGL	Sarmathian limestone	black rendzina
	31. Diósd, Tétény Hills	8A_31	TPR	Sarmathian limestone	black rendzina
8B Pilis Hills	32. Dorog, Strázsa Hill	8B_32	TGL	calcifereous sand	humified sand
	33. Dorog, Park	8B_33	TPA	calcifereous sand	bare soil
	34. Pilisszentiván, Fehér Hill	8B_34	TGL	dolomite	black rendzina
	35. Pilisszántó, Pilis Hill	8B_35	TGL	dolomite	bare soil
9 Visegrádi Hills	36. Szentendre, Dobos Hill	9_36	TPA	dolomite	black rendzina
	37. Dömös, Vadálló Cliffs	9_37	TPU	andesite	bare soil
	38. Visegrád1, Nagy-Villám	9_38	TPA	andesite	black rendzin
	39. Visegrád2, Mogyoró Hill	9_39	TPA	andesite	bare soil
10 Börzsöny Hills	40. Szent Mihály Hill	10_40	TPU	andesite	erubase
11 Gödöllő Hills	41. Verezegyház	11_41	TPA	calcifereous sand	brown forest soil
	42. Szada	11_42	TPA	calcifereous sand	brown forest soil
	43. Zsófiáliget	11_43	TPA	railside soil	bare soil
	44. Ceglédbercel, loess valley	11_44	TPA	loess	humified sand
	45. Ceglédbercel, public park	11_45	TPA	calcifereous sand	humified sand
12 Medves Hills	46. Salgótarján, Salgó Hill	12_46	TGL	basalt	erubase
13 Mátra Hills	47. Pásztó: Köves Cliff	13_47	TGL	andesite	bare soil
	48. Mátrakeresztes: Great Meadows	13_48a113_48a2	TPU-L TPU-T	andesite	meadow soil
	49. Sirok, Castle Hill	13_49	TPA	rhyolite tuff	bare soil
14 Bükk Hills	50. Szarvaskő Hilltop	14_50	TGL	mudstone	bare soil
	51. Cserépváralja, rhyolit tuff cones	14_51	TPA	rhyolite tuff	bare soil
	52. Noszvaj	14_52	TPA	mudstone	bare soil
	53. Bogács	14_53	TPA	mudstone	black rendzina
15A Zemplén Hills	54. Mónosbél, Szapannos Hill	14_54	TPA	mudstone	brown rendzina
	55. Regéc, meadow	15A_55	TPU	rhyolite	bare soil
	56. Regéc, hayland	15A_56a	TPA	andesite	bare soil
	57. Bózsza, Volcanic Cliff	15A_56b 15A_57	TPU TPA	rhyolite	bare soil
	58. Vágáshuta, pasture	15A_58a 15A_58b	TPA TPU	andesite	bare soil
15B Aggtelek Hills	59. Aggtelek, pasture	15B_59	TPA	Dachstein limestone	bare soil
	60. Jósavafő, Red Lake, meadows	15B_60	TPA	Dachstein limestone	black rendzina
15C Cserehát Hills	61. Szendrőlád, Szendrő Hills	15C_61	TPA	Dachstein limestone	brown forest soil
	62. Rakaca, Szendrő Hills	15C_62	TPA	marble	bare soil
	63. Sajóalgólc, Putnok Hills	15C_63	TPA	mudstone	bare soil

Legends: \* Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*; \*\* a, b marks indicate different species belonging to the same location.





**Figure 2.** Location of Hungary in Europe (<https://en.wikibooks.org/wiki/Wikijunior:Europe/Hungary>) (accessed on 18 January 2024) and the main geographical regions involving habitats of *Thymus* spp. Populations surveyed in Hungary (2000–2020) (see legends and further details in Table 1).

A wide range of *Thymus* habitats with diverse parent rocks, soil types, and climatic conditions were designated as model areas based on floristic and coenological data recorded by botanists about the occurrence of different thyme populations. Field trips were timed to the flowering period of the species when comprehensive surveys were performed: the exact identification of species and microtaxa, sampling of flowering shoots and soils, habitat description, and preparation of herbarium specimens (Table 1).

**Plant material:** Identification of species was based on the relevant literature, reference book [24], and field data (morphological and coenological traits), as well as on accurate reviews of herbarium specimens. In general, approximately 25–30 g of fresh flowering shoots in *Thymus* populations with 3 to 6 replicates were collected per site, and essential oil data from 2 subsequent years were also evaluated in order to describe the true chemotypes of the localities. Plant samples were dried naturally under indoor conditions and shaded, where room temperature ranged between 15 and 25 °C, directly after collection into marked paper sacks, for approx. 14 days.

When evaluating the EO quality obtained from wild thyme species in our studies, the broader interpretations of *Thymus serpyllum* (s. l.) and *Serpylli herba* (s. l.) were considered, involving all the 5 taxa belonging to the Sect. *Serpyllum* in the genus *Thymus*. Voucher specimens were deposited in the Herbarium of the Department of Medicinal and Aromatic Plants, Buda Campus, Hungarian University of Agriculture and Life Sciences, Budapest.

**Isolation of essential oil:** Dried plant material was hydro-distilled using a Clevenger-type apparatus for 2 h, according to the pharmacopoeial standard, in 3–6 repetitions per population. The essential oil (EO) samples were stored in sealed vials under refrigeration prior to analysis. The EO content of each sample was expressed in ml/100 g on a dried weight basis (DW) and compared with the relevant standard for *Serpylli herba* of Ph. Eur. [7], which specified the minimum level of EO as 3 mL/kg.

**Gas chromatography:** A new analytical method was developed for identifying the exact percentage composition of the essential oil samples. A GC-FID analysis was carried out using an Agilent Technologies 6890N GC System (Santa Clara, California, USA) instrument equipped with an HP-5 (5% phenyl methyl siloxane) capillary column (30 m × d = 350 µm, film thickness: 0.25 µm), programmed as follows: initial temperature of 50 °C (10 min), from 50 to 150 °C at a rate of 4 °C min<sup>−1</sup>; from 150 to 220 °C at a rate of 12 °C min<sup>−1</sup> and 220 °C (10 min). Carrier gas: helium (constant flow rate of 0.5 mL min<sup>−1</sup>), injector and detector temperatures: 250 °C, split ratio: 22.6:1. Injected quantity: 0.2 µL. The percentage composition of the essential oil was computed from the GC peak areas.

**Gas chromatography–mass spectrometry (GC–MS) analyses** were carried out using an Agilent Technologies 6890N GC System instrument equipped with an HP-5 (5% phenyl methyl siloxane) capillary column (30 m × d = 350 µm, film thickness: 0.25 µm) and connected to an Agilent Technologies MS 5975 inert mass selective detector. The temperature program was the following: initial temperature of 60 °C, then by a rate of 3 °C/min up to 240 °C;

the final temperature was maintained for 5 min. The carrier gas was helium (1 mL min<sup>−1</sup>); injector and detector temperatures were 250 °C. Split ratio: 30:1. Injected quantity: 0.2 µL (1%, solvent: *n*-hexane). Ionization energy was 70 eV. The MS (mass spectra) were recorded in full scan mode, which revealed the total ion current (TIC) chromatograms (mass range *m/z* 50–550 *uma*). The compounds were identified by linear retention indices, which were calculated using the generalized equation of Van Den Dool and Kratz [25], literature data, and by matching their recorded mass spectra with those in mass spectral library references (NIST MS Search 2.0 library, Wiley 275, John Wiley & Sons, Inc., Hoboken, NJ, USA), as well as with a home-made database [26]. The calculations of the retention indices were made on a homologous series of alkanes. Relative percentages (%) of compounds were presented in tables and figures in their order of elution in the column.

**Chemotype determination:** In general, chemotypes were characterized on the basis of the main essential oil compounds with a relative percentage of over 10%; however, in exceptional cases, further significant compounds of slightly lower GC% (over 8%) were also indicated. In addition, chemotypes were grouped by the chemical structure of the main compounds into monoterpene (M), sesquiterpene (S), or mixed (MS) classes.

**Statistical analysis:** Data originating from 3 to 6 repetitions of collected samples by populations were involved in statistical analyses. A one-way ANOVA was applied to show significant differences among *Thymus* species concerning essential oil-producing ability as well as to evaluate the effect of habitat conditions provided by regions included in the study. The IBM SPSS Statistics 29.0 software package was used for univariate analysis, where homogeneous groups were separated using the Tukey HSD or Duncan post hoc test, and the mean difference was significant at the *p* < 0.05 level. As a multivariate method, a hierarchical cluster analysis was performed on the basis of the percentage composition of major compounds in individual volatile samples (with compounds over 8%). A dendrogram was obtained using complete linkage with Euclidean distances using the TIBCO Statistica™ 14.0.0 (TIBCO Software Inc., Palo Alto, CA, USA) software package.

3. Results

3.1. Frequency of Occurrence of *Thymus* Species

1.
- The occurrence of native *Thymus* populations was various, depending on their ecological tolerance, habitat preferences, and social behavior types. Among 74 populations of 5 species surveyed in the Hungarian Mountain Range, *T. pannonicus* (TPA) was found with the highest frequency (38 populations, 51.35%), followed by *T. glabrescens* (TGL) (17 populations, 22.98%) (Tables 1 and 2). Both species were explored at new sites in the last few years, which also verifies their broad ecological tolerance and generalist character (Tables 1 and 2).

**Table 2.** Frequency of occurrence (number, %) of *Thymus* populations surveyed in Hungary and classification of *Thymus* species according to the social behavior types, according to Borhidi, 1995 [27].

Species Name	Abbreviation	Occurrence of Populations				Social Behavior Type
		Overall		New		
		No	%	No	%	
<i>Thymus pannonicus</i> All.	TPA	38	51.35	12	16.21	generalist
<i>T. glabrescens</i> Willd.	TGL	17	22.98	5	6.76	generalist
<i>T. praecox</i> Opiz	TPR	8	10.81	-	-	specialist
<i>T. pulegioides</i> L.	TPU	9	12.16	-	-	generalist
<i>T. serpyllum</i> L	TSE	2	2.70	-	-	natural competitor
Total		74	100	17	22.87	

2.
- Populations of *T. pannonicus* were found on diverse parent rocks, mainly on limestone (e.g., Buda Hills, Tapolca Basin), dolomite (e.g., Bakony Hills, Vértes Hills), and loess (e.g., Pilis Hills, Balaton Uplands), while they were less frequent on silicate rocks such

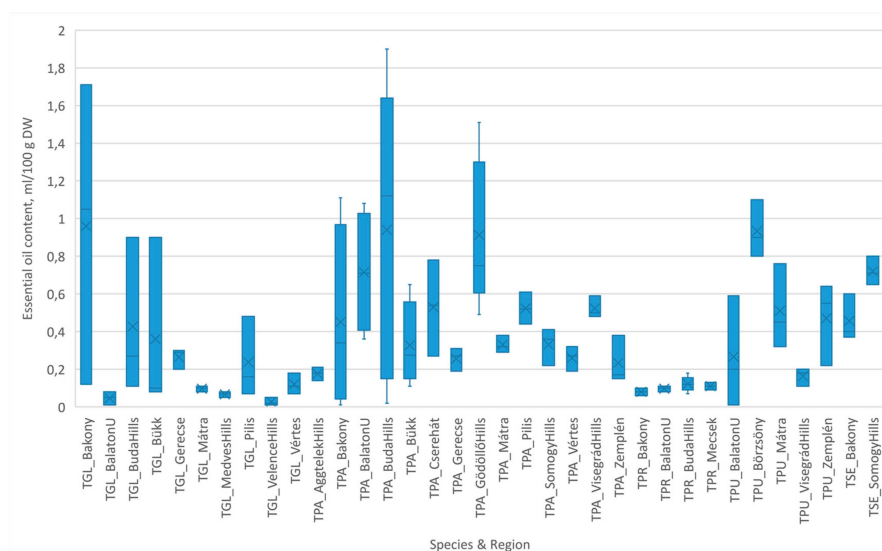
as andesite (Visegrád Hills) or rhyolite tuff (e.g., Bükk Hills), but they were also found on the rare marble substrate in the Cserhát (Table 1).

3. *T. glabrescens* samples were also collected from sites with limestone base rocks (e.g., Buda Hills), dolomite (e.g., Keszthely Hills), or sandy loess (Pilis Hills); however, this species survived in rather extreme conditions, provided by thin bare soil layers developed on basalt, granite, or sandstone rocks (Table 1).
4. *T. praecox* (TPR) and *T. pulegioides* (TPU) have special ecological preferences: the existence of TPR (specialist, eight populations, 10.81%) populations is connected to soils on calciferous base rocks (dolomite, limestone), while TPU (nine populations, 12.16%) prefers humid areas of mountain and lowland meadows (Tables 1 and 2).
5. Populations of *T. serpyllum* (TSE), however, were found only in two habitats in our studies, as natural competitor species in plant communities developed on acidic (Somogy Hills) or calciferous sandy soils (Bakony Hills) (Tables 1 and 2).
6. Where the habitat conditions were favorable, the coexistence of 1–2 thyme species was also observed in the combination of TPA/TGL/TPR (dry conditions, calciferous rocks, and grassland communities) or of TPA/TPU (humid conditions and meadows). In our studies, the most important plant communities involving wild thymes were grasslands on sand, loess, silicate stones, dolomite, and limestones (Table 1).

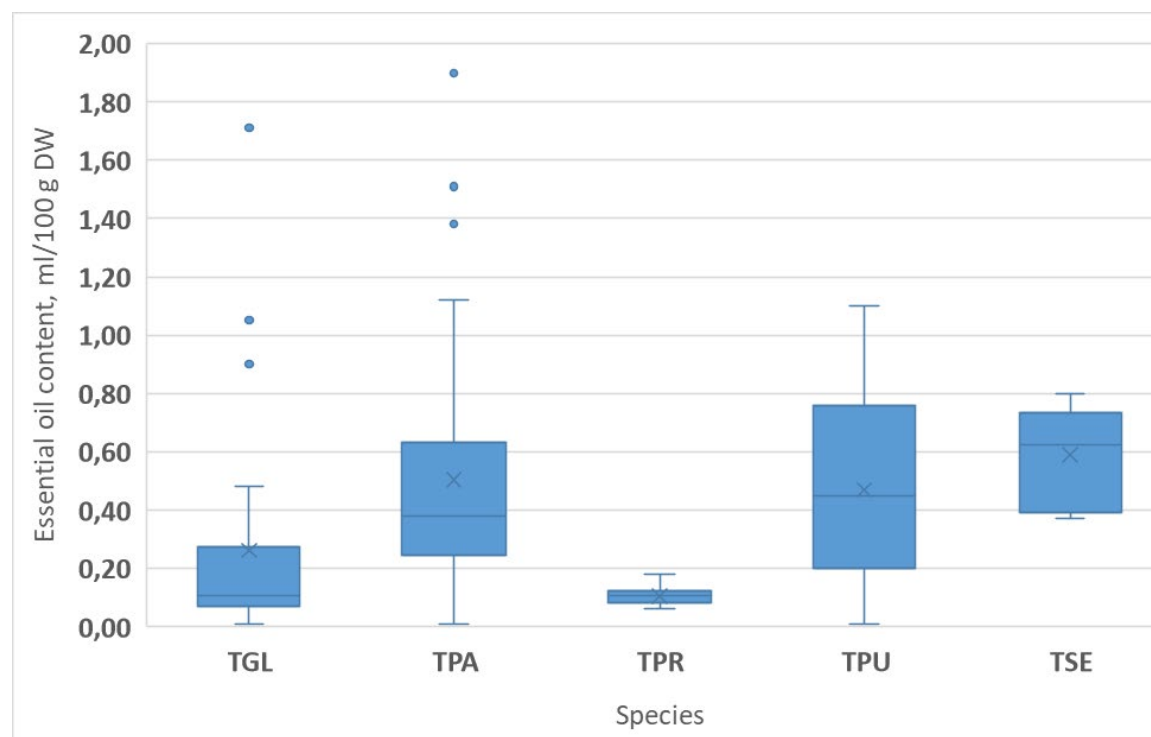
### 3.2. Essential Oil Levels in *Thymus* Populations

#### 3.2.1. Essential Oil Production of *Thymus* Species in Different Habitats

In the case of *T. pannonicus*, a high overall mean essential oil content was detected (0.46 mL/100g DW), and the values ranged between the minimum of 0.01 mL/100g (4\_14: Szóc, Bakony Hills) and the maximum of 1.90 mL/100 g (8A\_27a: Nagykovácsi, Nagy-Szénás, Buda Hills) (Figure 3, Table 3). The latter value represented the highest drug quality with respect to TPA as well as all the *Thymus* samples examined in this experiment. Considering regional mean EO values of TPA samples, almost all the study areas can be recommended for collection, with the exception of the populations surveyed in the Gerecse, Zemplén, and Aggtelek Hills, which showed lower EO values than expected by Ph. Eur. (<0.3 mL/100 g DW) (Figures 3 and 4; Table 3).



**Figure 3.** Essential oil contents (mL/100 g DW, mean±SD) of samples originating from *Thymus* spp. populations in natural habitats, sorted by different regions surveyed in Hungary. Legends: Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*.



**Figure 4.** Essential oil content (mL/100 g DW, mean $\pm$ SD) of different *Thymus* species populations surveyed in natural habitats belonging to different regions in Hungary. Legends: Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*.



**Table 3.** Essential oil content (mL/100 g) and chemotypes determined in native *Thymus* populations in Hungary (2000–2020).

Site Code, Region_Location **	Species * Found	Mean EO Content, mL/100 g DW	Relative Percentages (%) of Chief Essential Oil Compounds of Chemotypes				Terpene Class
			1st	2nd	3rd	4th	
							M/MS/S **
1_1	TPR	0.11	Caryophyllene oxide (28.50)	$\beta$ -Cubebene (18.00)			S
2_2	TSE	0.65	$\tau$ -Cadinol (11.80)	Caryophyllene oxide (11.20)	$\beta$ -Cubebene (8.10)		S
2_3	TPA	0.36	Thymol (67.50)				M
3_4	TGL	0.05	Thymol (32.88)	$\beta$ -Caryophyllene (16.50)	Germacrene D (17.62)		MS
3_5	TPA	1.08	Thymol (51.10)	<i>p</i> -Cymene (13.00)			M
3_6	TPU	0.59	Carvacrol (32.20)	Thymol methyl ether (12.10)	$\gamma$ -Terpinene (9.30)		M
3_7	TPA	0.36	Thymol (38.25)	<i>p</i> -Cymene (12.07)	$\beta$ -Bisabolene (11.43)		MS
3_8a	TPU	0.01	$\beta$ -Caryophyllene (24.50)	Thymol (17.40)	Germacrene D (16.80)		MS
3_8b	TGL	0.01	Thymol (32.90)	$\beta$ -Caryophyllene (16.50)	Germacrene D (13.50)		MS
3_9	TPR	0.08	$\beta$ -Cubebene (27.80)	Caryophyllene oxide (20.29)	$\beta$ -Caryophyllene (14.70)		S
3_10	TPA	0.87	Thymol (53.89)	<i>p</i> -Cymene (10.56)			M
3_11	TPA	0.55	Thymol (63.70)	<i>p</i> -Cymene (11.50)			M
4_12a	TPA	1.10	Thymol (40.00)	$\gamma$ -Terpinene (20.20)	<i>p</i> -Cymene (14.70)		M
4_12b	TSE	0.37	Geranyl isobutyrate (44.00)	1,8-Cineol (16.90)			M
4_13	TGL	1.71	Thymol (34.0)	<i>p</i> -Cymene (22.9)			M
4_14	TPA	0.01	Germacrene D (49.00)	$\beta$ -Farnesene (8.00)	$\delta$ -Cadinene (8.00)		S
4_15a	TPR	0.06	Germacrene D (43.90)	$\beta$ -Caryophyllene (10.60)			S
4_15b	TGL	0.12	Germacrene D (55.40)	$\beta$ -Caryophyllene (14.80)			S
4_16	TPA	0.54	Thymol (27.70)	Linalyl acetate (18.80)	$\gamma$ -Terpinene (18.60)		M
4_17	TPA	0.14	Germacrene D (43.40)	$\beta$ -Caryophyllene (15.00)			S
5_18	TGL	0.02	nd	nd	nd		nd
6_19	TGL	0.18	Geraniol (49.00)	Germacrene D (13.60)			MS
6_20a	TPA	0.32	Thymol (30.17)	<i>p</i> -Cymene (26.00)	Thymol methylether (13.38)	$\gamma$ -Terpinene (9.55)	M
6_20b	TGL	0.07	$\tau$ -Cadinol (43.20)	Germacrene D (15.55)	<i>cis</i> - $\gamma$ -Cadinene (10.41)		S
7_21a	TPA	0.27	<i>p</i> -Cymene (53.70)	Geraniol (15.80)			M
7_21b	TGL	0.30	<i>p</i> -Cymene (45.00)	Geraniol (13.60)	Linalyl acetate (9.9)		M
8A_22a	TPA	0.28	Thymol (38.30)	<i>p</i> -Cymene (17.20)			M
8A_22b	TPR	0.11	Geraniol (23.20)	Germacrene D (14.70)	$\beta$ -Caryophyllene (12.20)		MS
8A_23	TGL	0.27	Germacrene D (43.75)	Thymol (25.03)			MS
8A_24a	TPA	1.10	Thymol (41.30)	<i>p</i> -Cymene (19.20)			M
8A_24b	TPR	0.01	Geraniol (18.20)	Germacrene D (16.60)			MS
8A_25	TPA	0.22	Thymol (36.50)	<i>p</i> -Cymene (27.30)			M
8A_26a	TPA	1.37	Geraniol (25.30)	$\gamma$ -Terpinene (24.70)			M
8A_26b	TPR	0.07	Germacrene D (31.70)	$\beta$ -Caryophyllene (21.20)			S
8A_27a	TPA	1.90	Germacrene D (29.7)	$\beta$ -Caryophyllene (22.00)	Farnesol (10.40)		S
8A_27b	TPR	0.13	Germacrene D (31.90)	$\beta$ -Caryophyllene (22.30)			S
8A_28	TGL	0.90	Germacrene D (44.73)	$\beta$ -Caryophyllene (13.88)	Bicyclogermacrene (10.45)		S
8A_29	TPR	0.12	Germacrene D (39.90)	$\beta$ -Caryophyllene (21.60)			S
8A_30	TGL	0.11	Germacrene D (56.40)	$\beta$ -Caryophyllene (25.07)			S
8A_31	TPR	0.18	Caryophyllene oxide (16.00)	$\beta$ -Caryophyllene (11.70)			S
8B_32	TGL	0.16	Germacrene D (17.80)	Nerolidol (12.99)	$\beta$ -Cadinene (12.86)	$\beta$ -Bisabolene (9.19)	S
8B_33	TPA	0.52	Thymol (53.58)	<i>p</i> -Cymene (10.52)	$\gamma$ -Terpinene (9.63)		M
8B_34	TGL	0.07	$\beta$ -Caryophyllene (29.77)	Germacrene D (23.82)	$\beta$ -Cadinene (11.90)		S
8B_35	TGL	0.48	Thymol (69.28)	$\gamma$ -Terpinene (18.28)			M

Table 3. Cont.

Site Code, Region_Location **	Species * Found	Mean EO Content, mL/100 g DW	Relative Percentages (%) of Chief Essential Oil Compounds of Chemotypes				Terpene Class
			1st	2nd	3rd	4th	
9_36	TPA	0.48	<i>p</i> -Cymene (45.13)	Thymol (20.48)			M
9_37	TPU	0.11	Germacrene D (21.70)	$\beta$ -Caryophyllene (13.80)	$\gamma$ -Muurolene (10.30)		S
9_38	TPA	0.59	Thymol (52.92)	$\gamma$ -Terpinene (13.52)	<i>p</i> -Cymene (10.72)		M
9_39	TPA	0.50	Thymol (66.00)	<i>p</i> -Cymene (10.27)			M
10_40	TPU	0.80	<i>p</i> -cymene (18.70)	Spathulenol (16.10)	Geraniol (14.00)		MS
11_41	TPA	0.72	Thymol (32.00–56.00)	<i>p</i> -Cymene (9.80–21.50)	$\gamma$ -Terpinene (5.90–15.40)		M
11_42	TPA	1.15	Thymol (43.00–60.00)	<i>p</i> -Cymene (6.90–21.10)	$\gamma$ -Terpinene (7.30–18.50)		M
11_43	TPA	0.83	Thymol (38.90)	<i>p</i> -Cymene (8.90)	$\gamma$ -Terpinene (11.10)		M
11_44	TPA	1.09	Thymol (48.00–53.00)	<i>p</i> -Cymene (5.90–15.80)	$\gamma$ -Terpinene (7.10–11.00)		M
11_45	TPA	0.49	Thymol (32–56)	<i>p</i> -Cymene (2.40–6.30)	$\gamma$ -Terpinene (6.70–7.80)		M
12_46	TGL	0.05	Thymol (14.40)	Germacrene D (12.10)	Geraniol (10.80)		MS
13_47	TGL	0.08	Thymol (29.30)	Germacrene D (14.20)			MS
13_48a1	TPU-L	0.32	Geraniol (22.20)	Linalyl acetate (19.8)	Neral (14.30)	Linalool (14.20)	M
13_48a2	TPU-T	0.76	Thymol (56.20)	$\gamma$ -Terpinene (10.40)	Thymol methylether (9.90)		M
13_49	TPA	0.32	Thymol (41.9)	<i>p</i> -Cymene (20.2)	Borneol (10.30)		M
14_50	TGL	0.10	Germacrene D (9.40)	$\beta$ -Caryophyllene (6.90)	<i>cis</i> -Ocmene (6.00)		MS
14_51	TPA	0.27	$\beta$ -Cadinene (28.82)	Germacrene D (13.18)			S
14_52	TPA	0.11	Linalool (24.44)	<i>p</i> -Cymene (14.14)	Thymol (10.78)	Carvacrol (10.31)	M
14_53	TPA	0.28	Linalool (47.12)	<i>p</i> -Cymene (15.18)			M
14_54	TPA	0.65	Carvacrol (40.71)	<i>p</i> -Cymene (15.97)	$\gamma$ -Terpinene (13.67)		M
15A_55	TPU	0.22	$\beta$ -Caryophyllene (53.2)	$\beta$ -Cubebene (19.20)			S
15A_56a	TPA	0.15	$\beta$ -Caryophyllene (48.70)	$\beta$ -Cubebene (19.90)	Thymol (8.00)		MS
15A_56b	TPU	0.64	Linalool (38.1)	Geraniol (23.90)	Linalyl acetate (14.40)		M
15A_57	TPA	0.17	Caryophyllene oxide (45.10)	$\beta$ -Cubebene (15.70)	Linalool (13.80)		MS
15A_58a	TPA	0.38	$\beta$ -Cubebene (24.50)	Linalool (7.59)	Linalyl acetate (7.41)		MS
15A_58b	TPU	0.55	Geraniol (27.50)	Linalyl acetate (20.20)	Thymol methyl ether (13.50)		M
15B_59	TPA	0.14	Germacrene D (26.35)	Caryophyllene oxide (10.43)			S
15B_60	TPA	0.21	Geranyl acetate (24.08)	$\beta$ -bisabolene (16.27)	Geraniol (12.00)		MS
15C_61	TPA	0.78	<i>p</i> -Cymene (44.90)	Thymol (20.22)	$\gamma$ -Terpinene (10.12)		M
15C_62	TPA	0.54	Linalool (26.63)	Thymol (22.25)	<i>p</i> -Cymene (14.56)	$\gamma$ -Terpinene (11.05)	M
15C_63	TPA	0.27	Geraniol (12.67)	Geranyl acetate (11.58)	<i>p</i> -Cymene (11.08)	Carvacrol (8.80)	M

Legends: \* Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum* \*\* Abbreviations of chemo variant classes: M: monoterpene chief compounds only; MS: mono- and sesquiterpene chief compounds; S: sesquiterpene chief compounds only. nd: not detected.

The average essential oil content (0.26 mL/100 g) of *T. glabrescens* samples surveyed was lower than the minimum value of the pharmacopoeial standard; however, in some cases (Bakony, Gerecse, and Buda Hills), the collected drug may fulfil the requirements. The highest essential oil content (1.71 mL/100 g) of *T. glabrescens* was measured in the sample originating from Csesznek, Castle Hill (4\_13, Bakony Hills), while the poorest quality (0.01 mL/100 g) was obtained among the extreme habitat conditions of Stone Hill, Szentbékállá (3\_8B: Balaton Uplands) (Figure 3, Table 3).

Concerning the essential oil content of *T. praecox*, our results always indicated sub-standard drug quality, where the values ranged between 0.06 mL/100 g (4\_15a: Várpálotá, Bakony Hills) and 0.18 mL/100 g (8A\_31: Diósd, Buda Hills), with an average of 0.1 mL/100 g. None of these populations are suggested for collecting flowering shoots of TPR to obtain dried drugs (Figure 3, Table 3).

The essential oil content of *T. pulegioides* samples varied between very low (0.01 mL/100 g: 3\_8A, Szentbékállá, Balaton Uplands) and high (0.8 mL/100 g: 10\_40, Szent Mihály Hill, Börzsöny Hills) values (mean: 0.47 mL/100 g). The accumulation levels were usually higher than 0.3 mL/100 g, except for the sample originating from the Visegrád Hills (site no. 9\_37) (Figure 3, Table 3).

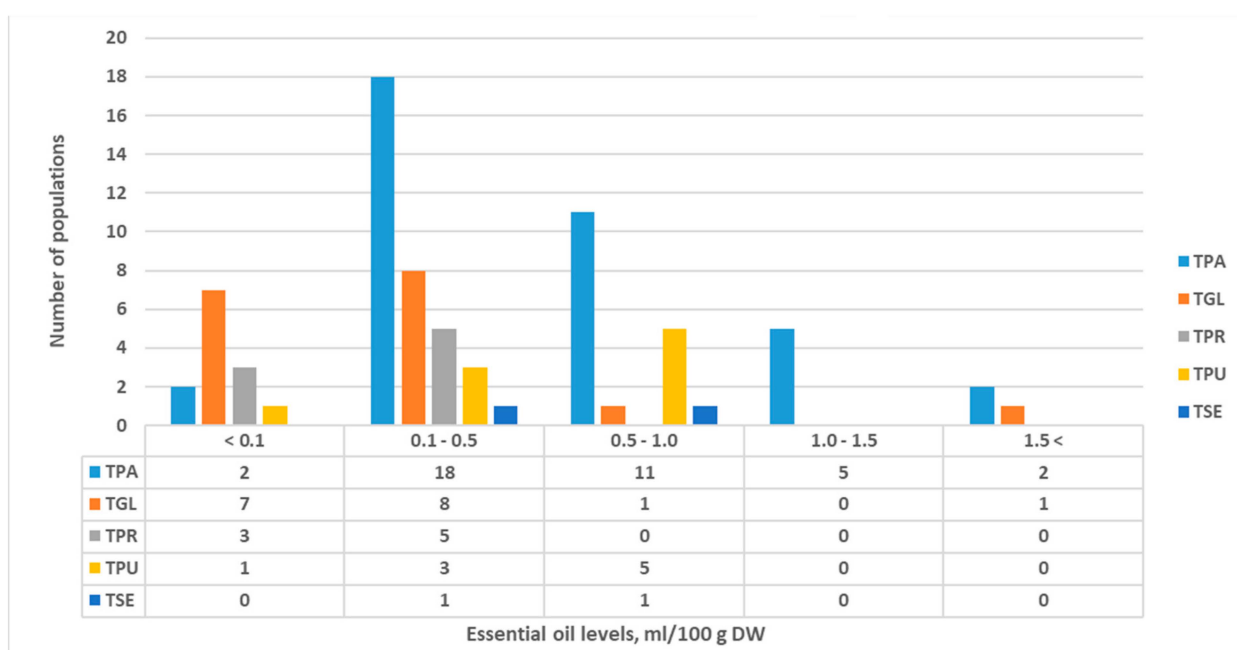
*T. serpyllum* was the only species where both samples (2\_2: Nagybjom, Somogy Hills, and 4\_12B: Fenyőfő, Bakony Hills) fulfilled the requirement of the Pharmacopoeial standard, and the average was also rather high (0.59 mL/100g) (Figure 3, Table 3).

### 3.2.2. The Role of the Genetic Factor in the Essential Oil Accumulating Ability

In our studies, the effect of the genotype was significant for the essential oil content detected in populations belonging to different wild thyme species, according to the ANOVA ( $p < 0.001$ ). This phenomenon seemed to be highly evident when 1–3 species occur among equal circumstances in the same habitat, but rather different EO levels can be detected in the drug (e.g., see Table 3: 8A\_24a: TPA: 1.10 mL/100 g; 8A\_24b: TPR: 0.01 mL/100 g). In our experiment, natural populations belonging to TSE, TPA, and TPU species provided

adequate amounts of essential oil. TSE:  $0.59 \pm 0.17$  mL/100g TPA:  $0.50 \pm 0.39$  mL/100 g, TPU:  $0.47 \pm 0.32$  mL/100 g, while TGL ( $0.26 \pm 0.28$  mL/100 g) and TPR ( $0.11 \pm 0.03$  mL/100 g) accumulated rather low levels (Figures 3 and 4). *T. praecox* showed the poorest drug quality (group ‘a’); the difference was statistically proven with respect to *T. pannonicus* and *T. serpyllum*, both of which belonged to group ‘b’. *T. glabrescens* and *T. pulegioides* represented a transitional group (‘ab’) that is quite variable in essential oil levels (Figure 4).

When comparing the performance of the 5 species studied in essential oil accumulating, we can conclude that most of the samples (35) can be categorized into the range of 0.1–0.5 mL/100 g or into the group of 0.5–1.0 mL/100 g (18) (Figure 5). Only a few populations showed excellent levels of essential oils (1.0–1.5 mL/100 g: 5;  $1.5 < \text{mL/100 g}$ : 3), while the number of cases with very low EO quantities was higher (13). As far as the species is concerned, TPA, TPU, and TSE possessed appropriate essential oil contents with higher frequency, while TGL was very diverse, and TPR can be completely excluded from collection based on low accumulation levels (Figure 5).

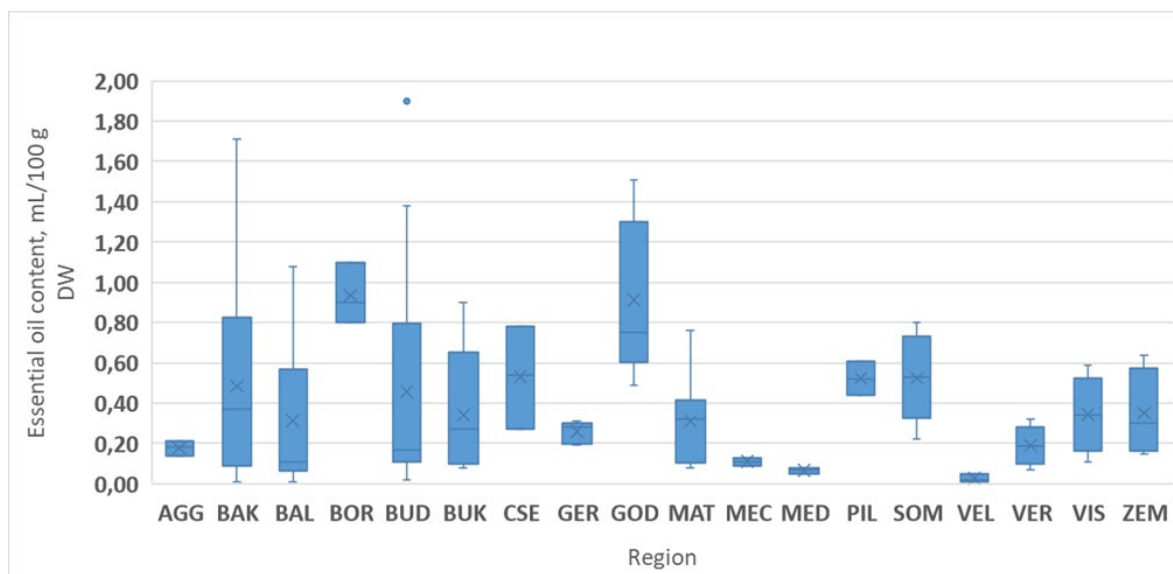


**Figure 5.** Frequency of essential oil accumulation levels (mL/100 g DW) in *Thymus* spp. Populations representing different species in Hungary. Legends: Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*.

### 3.2.3. The Role of the Environmental Factors on the Essential Oil Accumulating Ability

Environmental conditions highly affected the essential oil levels measured, as shown by the average values originating from different regions involved (Figure 6). The statistical analysis verified that the differences among the regions were significant ( $p = 0.008$ ). In general, Somogy Hills (TPA, TSE), Buda Hills (TPA), Börzsöny Hills (TPU), Gödöllő Hills (TPA), and Cserehát Hills (TPA) have proven to be the most valuable areas ( $\text{EO} > 0.50$  mL/100 g DW) to collect and produce wild thyme drugs. If considering the EO requirement of ( $>0.3$  mL/100 g DW) of the Ph. Eur. standard, seven regions (Mecsek, Velence, Vértes, Gerecse, Medves, Bükk, and Aggtelek Hills) are to be discarded according to the substandard ( $<0.30$  mL/100 g DW) mean values (Figure 6). However, the data obtained from smaller locations and populations belonging to certain thyme species may represent proper drug quality.

Very low essential oil levels have been detected in thyme populations situated on exposed rock surfaces (e.g., gray limestone in Mecsek Hills; granite rocks in Velence Hills; Pannonian sandstone rocks at Szentbékállá or andesite cliffs at Dömös, etc.), covered sometimes only by thin bare soil layers, which are considered an extreme condition. In these places, secondary metabolite production can be highly restricted.



**Figure 6.** Essential oil accumulation levels (mL/100 g DW) of *Thymus* spp. populations in different regions of Hungary. Legends: Abbreviations of region names: AGG: Aggtelek Hills; BAK: Bakony Hills; BAL: Balaton Uplands; BOR: Börzsöny Hills; BUD: Buda Hills; BUK: Bükk Hills; CSE: Cserhát Hills; GER: Gerecse Hills; GOD: Gödöllő Hills; MAT: Mátra Hills; MEC: Mecsek Hills; MED: Medves Hills; PIL: Pilis Hills; SOM: Somogy Hills; VEL: Velence Hills; VER: Vértes Hills; VIS: Visegrád Hills; ZEM: Zemplén Hills.

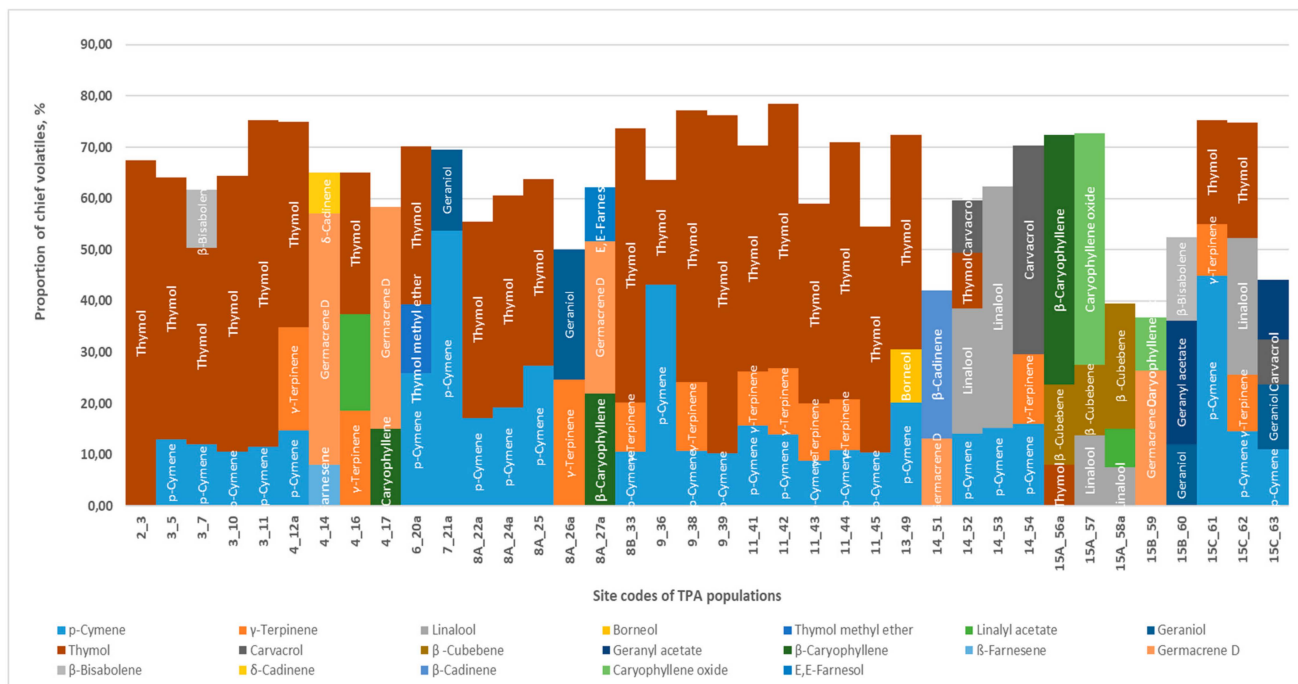
### 3.3. Essential Oil Chemotypes in Native *Thymus* Populations

#### 3.3.1. *Thymus pannonicus*

A high level of essential oil diversity in *T. pannonicus* was proven on the basis of samples collected from wild populations. According to the chief compounds of their essential oils, the Hungarian thyme populations investigated could be classified into 18 well-defined chemotypes (Figure 7, Table 3). Chemotypes were basically monoterpene-dominated (28 populations, 73.70%), while the proportions of sesquiterpene types (15.80%) and combined ones (10.53%) were rather low.

Among the monoterpenes, thymol (8.00–66.00%) played an important role in influencing the essential oil quality as the chief compound of 25 populations of different origins, especially in the Transdanubian Mountain range (W-Hungary) (Figure 7, Table 3). Other significant monoterpenes were the related *p*-cymene (8.90–43.15%; 26 sites) and  $\gamma$ -terpinene (9.63–24.70%; 12 sites); however, linalool (7.59–47.12%; 5 sites), geraniol (12.00–25.30%; 4 sites), carvacrol (10.31–40.70%; 3 sites), linalyl acetate (7.41–18.80%; 2 sites), and geranyl acetate (15.58–24.08%; 2 sites) were also found in several EOs, respectively. Of the sesquiterpenes, the highest frequency was detected at germacrene D (13.18–49.00%; five populations),  $\beta$ -caryophyllene (15.00–48.70%; three populations), and  $\beta$ -cubebene (13.80–23.40%; three populations). However, other compounds (e.g., caryophyllene oxide,  $\beta$ -bisabolene,  $\beta$ -farnesene,  $\beta$ -cadinene, and farnesol) also reached considerable levels in certain essential oil samples (Figure 7, Table 3).

Concerning TPA populations, 11 new sites were studied, and monoterpene (M) chief EO compounds were found. Among them, eight provided thymol-dominated essential oils (3\_5; 3\_10, 8B\_33; 9\_36; 9\_38; 9\_39; 14\_53; 15C\_61), while the other three (see below as four, five, and eight) could be considered new chemotypes with carvacrol (Bükk Hills, Mónosbél), geraniol+carvacrol (Cserhát Hills, Sajógalgóc), or linalool+thymol+carvacrol (Bükk Hills, Noszvaj) chief EO compounds (Figure 7, Table 3).



**Figure 7.** The chemotype pattern of *Thymus pannonicus* essential oils originating from native populations exists in different habitats in Hungary. (Legends: see site codes in Table 1).

Combined chemotypes involved thymol, geraniol, or linalool as chief monoterpene molecules, while the most frequent sesquiterpene partners were  $\beta$ -bisabolene and  $\beta$ -cubebene, respectively. In the latter group, chemotypes no. 9 and 11 showed new compositions, where  $\beta$ -bisabolene represented the S fraction, while thymol (Balaton Uplands, Tapolca) or geraniol (Aggtelek Hills, Jósvalfő) were the compounds with M structure (Figure 7, Table 3).

Germacrene D was the main non-oxygenated sesquiterpene in S-dominated chemotypes, where four new EO compositions (No. 15, 16, 17, and 18) were recorded (Figure 7, Table 3).

The chemotype patterns detected in TPA essential oil samples with the respective data are summarized as follows (new data are of bold type):

Monoterpene chemotype (M):

1. Thymol chemotype (+  $\gamma$ -terpinene + *p*-cymene) (18 sites)—limestone, loess, sand, andesite, and dolomite.
2. Thymol +  $\gamma$ -terpinene+linalyl acetate (Bakony Hills, Öskü)—dolomite.
3. Thymol + *p*-cymene +isoborneol (Mátra Hills, Sirok)—rhyolite tuff.
4. Carvacrol +  $\gamma$ -terpinene + *p*-cymene (Bükk Hills, Mónosbél)—mudstone.
5. Geraniol + geranyl acetate + *p*-cymene + carvacrol (Cserehát Hills, Sajóalgóc)—mudstone.
6. Geraniol + *p*-cymene (Gerecse Hills, Tardosbánya)—limestone.
7. Geraniol +  $\gamma$ -terpinene (Buda Hills, Homok Hill)—dolomite.
8. Linalool + *p*-cymene + thymol + carvacrol (Bükk Hills, Noszvaj)—mudstone.

Combined chemotype of mono-and sesuiterpenes (MS):

9. Thymol +*p*-cymene +  $\beta$ -bisabolene (Balaton Uplands, Tapolca)—limestone.
10. Thymol +  $\beta$ -caryophyllene +  $\beta$ -cubebene (Zemplén Hills, Regéc hayfield)—rhyolite.
11. Geraniol + geranyl acetate +  $\beta$ -bisabolene (Aggtelek Hills, Jósvalfő)—limestone.
12. Linalool + linalyl acetate +  $\beta$ -cubebene (Zemplén Hills, Vágáshuta)—andesite.
13. Linalool + caryophyllene oxide +  $\beta$ -cubebene (Zemplén Hills, Bózsava)—rhyolite.

Sesuieterpenes chemotype (S):

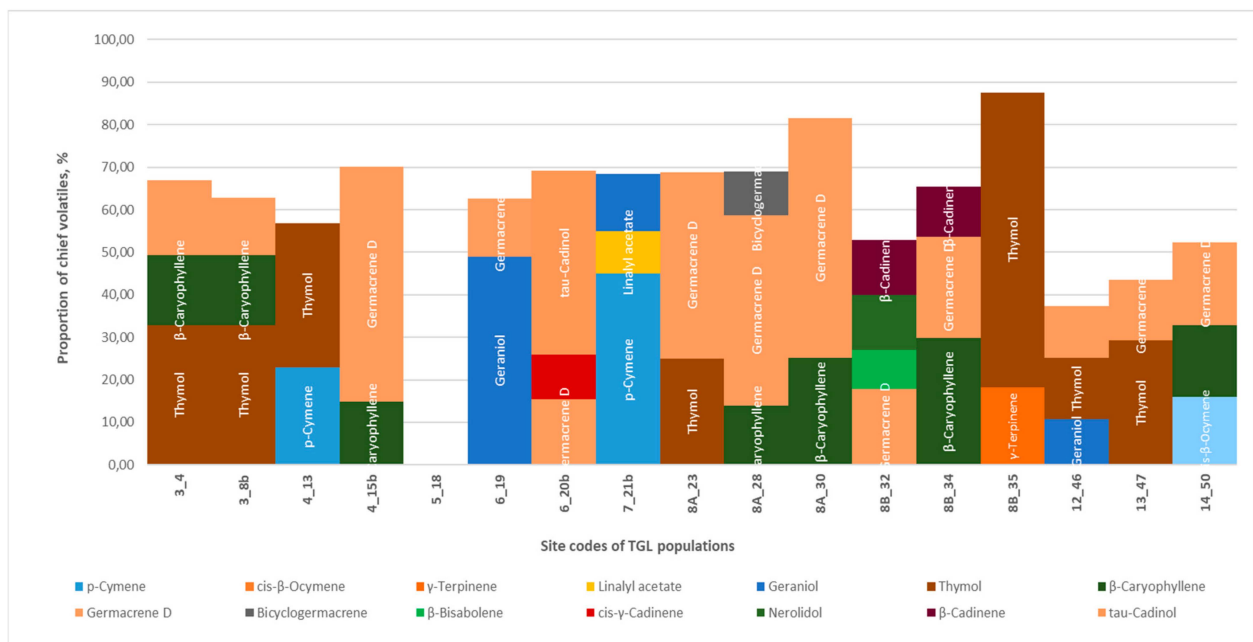
14. Germacrene D +  $\beta$ -caryophyllene (Bakony Hills, Litér)—dolomite.
15. Germacrene D +  $\beta$ -caryophyllene + farnesol (Buda Hills, Nagyszénás)—dolomite.
16. Germacrene D + caryophyllene oxide (Aggtelek Hills, Aggtelek)—limestone.



17. Germacrene D +  $\beta$ -farnesene +  $\delta$ -cadinene (Bakony Hills, Szőc)—limestone
18. Germacrene D +  $\beta$ -cadinene (Bükk Hills, Cserépvárnya)—rhyolite tuff.

### 3.3.2. *Thymus glabrescens*

In the case of *T. glabrescens*, EO samples of different origins contained a wide spectra of sesquiterpene chief compounds: germacrene D,  $\beta$ -caryophyllene,  $\tau$ -cadinol, or  $\beta$ -cadinene, respectively (Figure 5, Table 3). Among monoterpenes, thymol (7) or geraniol (3) were determined with the highest frequency, while the most abundant sesquiterpenes in the chemotype patterns were germacrene-D (13) and  $\beta$ -caryophyllene (7). Both combined (MS) and sesquiterpene (S) chemotypes occurred in 6–6 populations, while monoterpene (M) ones were detected only in four cases, respectively (Figure 8, Table 3). Thymol was detected in the range of 14.40–69.28 %, where the highest level was found at Pilis Hill at Pilisszántó (8B\_35) in a monoterpene chemotype. Geraniol was present in the EOs of monoterpene (13.60%) or in combined (49.00%; 10.80%) chemotypes, while the percentages of the generally occurring in germacrene-D varied from 12.10 to 56.40%, respectively.



**Figure 8.** Chemotype pattern of *Thymus glabrescens* essential oils originating from native populations exist in different habitats of Hungary. (Legends: see site codes in Table 1).

The following 12 chemotypes are described below (Figure 8, Table 3) (data of new surveys are of bold type):

Monoterpene chemotype (M):

1. Thymol +  $\gamma$ -terpinene (Pilis Hills, Pilisszántó)—dolomite.
2. Thymol + *p*-cymene (Bakony Hills, Csesznek)—limestone.
3. Geraniol + *p*-cymene + linalyl acetate (Gerecse: Tardosbánya)—limestone.

Combined chemotype of mono- and sesquiterpenes (MS):

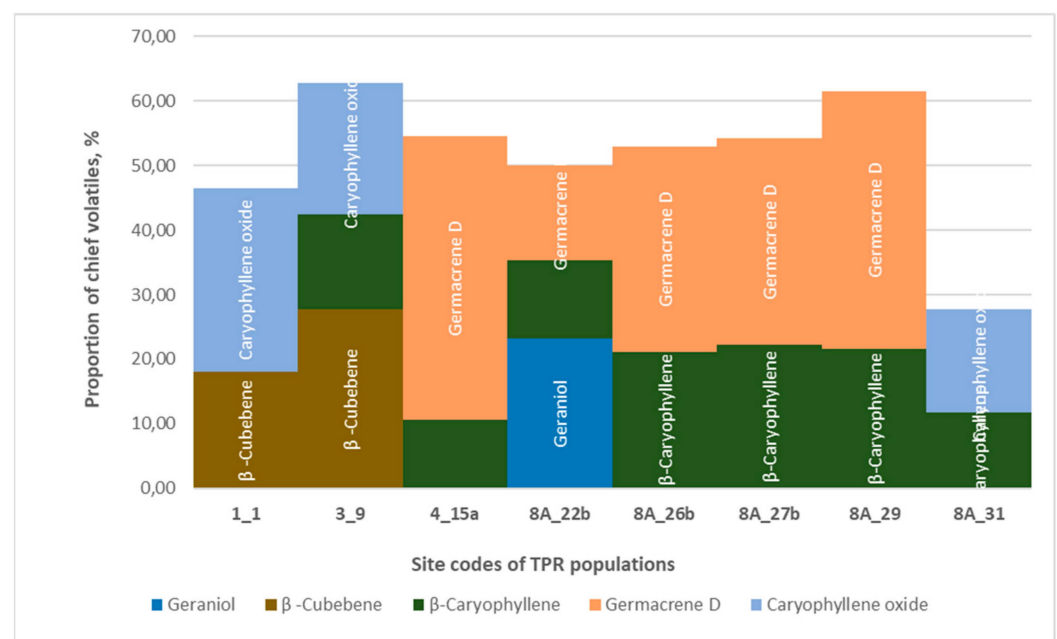
4. Thymol + geraniol + germacrene D (Medves Hills, Salgó Hill)—basalt.
5. Thymol + germacrene D (Buda Hills: Kálvária Hill; Mátra Hills: Pásztó, Köves Cliff).
6. Thymol + germacrene D +  $\beta$ -caryophyllene (Balaton Uplands, Várvolgy; Szentbékaklla)—sand; sandstone.
7. Cis- $\beta$ -Ocymene + germacrene D +  $\beta$ -caryophyllene (Bükk Hills, Szarvaskő)—mudstone.

Sesquiterpenes chemotype (S):

8. Germacrene D +  $\beta$ -caryophyllene (Bakony Hills, Várpalota; Buda Hills, Érd)—dolomite, limestone.
9. Germacrene D +  $\beta$ -caryophyllene + bicyclogermacrene (Buda Hills, Nagykovácsi Dog Hill)—limestone.
10. Germacrene D +  $\beta$ -caryophyllene +  $\beta$ -cadinene (Pilis Hills, Pilisszentiván, Fehér Hill)—dolomite.
11. Germacrene D + nerolidol +  $\beta$ -cadinene (Pilis Hills, Dorog, Strázsa Hill)—Ca-sand.
12. Germacrene D +  $\tau$ -cadinol (Vértes Hills, Csákerény)—dolomite.

### 3.3.3. *Thymus praecox*

In the essential oils of *T. praecox*, five compounds were significant, determining the chemotype patterns. The monoterpene geraniol (23.20%) and two sesquiterpene hydrocarbons (germacrene D at 14.70–43.90% and  $\beta$ -caryophyllene at 10.60–22.30%) were important constituents in the composition, along with caryophyllene oxide (16.00–28.50%) in three samples and  $\beta$ -cubebene (18.00–27.80%) in two samples (Figure 6, Table 3). Among the eight EO samples of different origins, only one could be considered a combined (MS) chemotype of mono- and sesquiterpene chief compounds (8A\_22B: Budaörs, Odvas Hill, Buda Hills). All the others belong to the sesquiterpene class (S), with the highest frequency of germacrene D +  $\beta$ -caryophyllene chemotype (Figure 9, Table 3).



**Figure 9.** Chemotype pattern of *Thymus praecox* essential oils originating from native populations exist in different habitats of Hungary. (Legends: see site codes in Table 1).

Five essential oil chemotypes of TPR are described as follows:

Sesquiterpene (S) chemotypes:

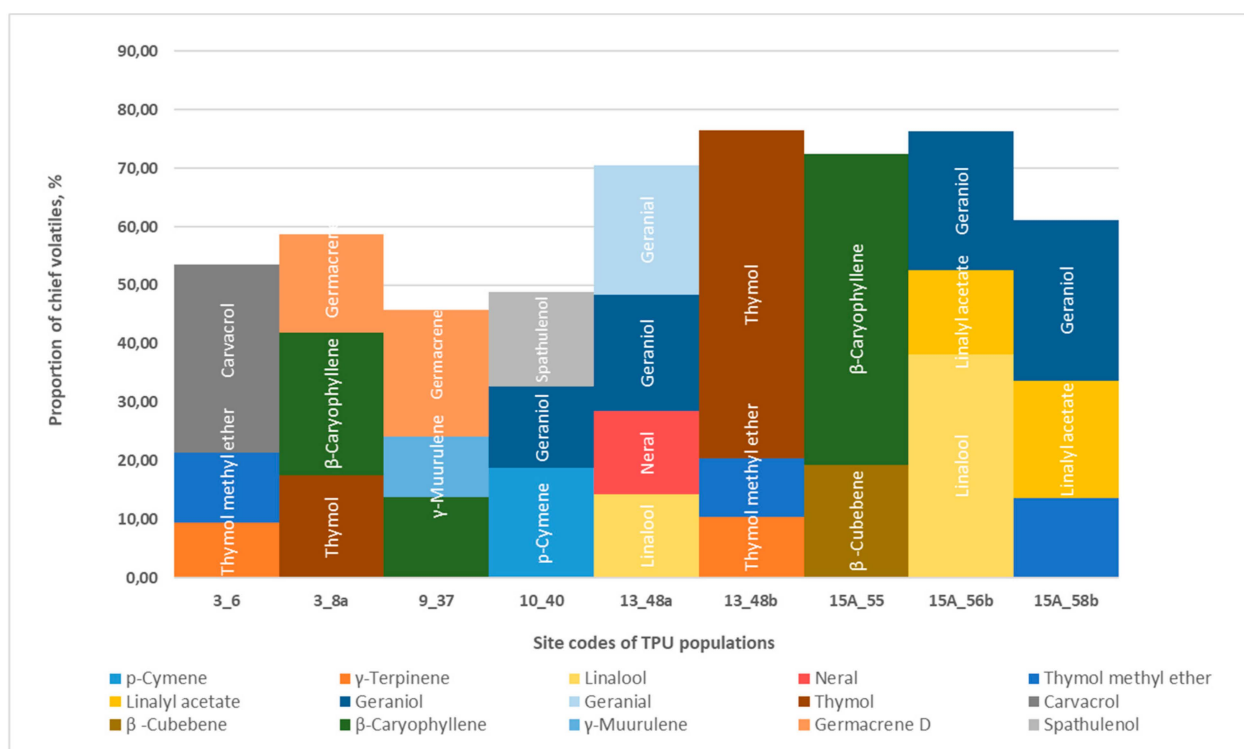
1. Germacrene D +  $\beta$ -caryophyllene (Buda Hills: Sas Hill, Nagyszénás Hill, Homok Hill; Bakony Hills: Várpalota): dolomite.
2.  $\beta$ -caryophyllene + caryophyllene oxide (Buda Hills: Tétény Hill, Diósd): Sarmathian limestone.
3.  $\beta$ -cubebene + caryophyllene oxide (Mecsek Hills: Pécs, Kis-Tubes Hill)—limestone.
4.  $\beta$ -cubebene + caryophyllene oxide +  $\beta$ -caryophyllene Balaton Uplands, Tamás Hill, Balatonfüred): dolomite.

Combined chemotype of mono- and sesquiterpenes (MS):

- Geraniol + germacrene D +  $\beta$ -caryophyllene (Buda Hills, Odvas Hill, Budaörs): dolomite.

### 3.3.4. *Thymus pulegioides*

High levels of essential oil diversity of *T. pulegioides* were proven on the basis of samples collected from wild populations (Figure 10). Fifteen distinct chief compounds were identified in the essential oils of *T. pulegioides* samples of different origins (Table 3). Among monoterpenes, thymol played an important role only in two habitats (3\_8a; 13\_48a2), while others were also significant in some populations (*p*-cymene: 10\_40;  $\gamma$ -terpinene: 3\_8a, 13\_48a2; linalool: 13\_48a1, 15a\_56b; thymol methyl ether: 3\_8a, 13\_48a2; neral: 13\_48a1; geraniol: 10\_40, 15a\_56b, 15a\_58b; linalyl acetate: 13\_48a1, 15a\_56b, 15a\_58b; geranial: 13\_48a1 and carvacrol: 3\_8a). Of the sesquiterpenes, the highest percentages were detected at  $\beta$ -caryophyllene (3\_6, 9\_37) and germacrene D (3\_6 and 9\_37). However, other compounds (e.g.,  $\gamma$ -muurulene, spathulenol) also reached considerable levels in certain essential oil samples (Figure 10).



**Figure 10.** Chemotype pattern of *Thymus pulegioides* essential oils originating from native populations exist in different habitats of Hungary. (Legends: see site codes in Table 1).

According to the chief compounds, their essential oil samples could be classified into well-defined monoterpene, sesquiterpene, and mixed chemotypes, which are closely related to the different habitats surveyed. Apart from those known from the previous literature (thymol, linalool/geraniol/linalyl acetate, and geraniol/linalyl acetate), the following five new chemotypes are described below (Figure 10):

Monoterpene chemotype (M) of phenolic character:

- Carvacrol + thymol metylether +  $\gamma$ -terpinene (Balaton Uplands, Zalaszántó)—silt.

Monoterpene chemotype (M) of lemon odour:

- Geranial + linalyl acetate + neral + linalool (Mátra Hills, Mátrakeresztes)—andesite.

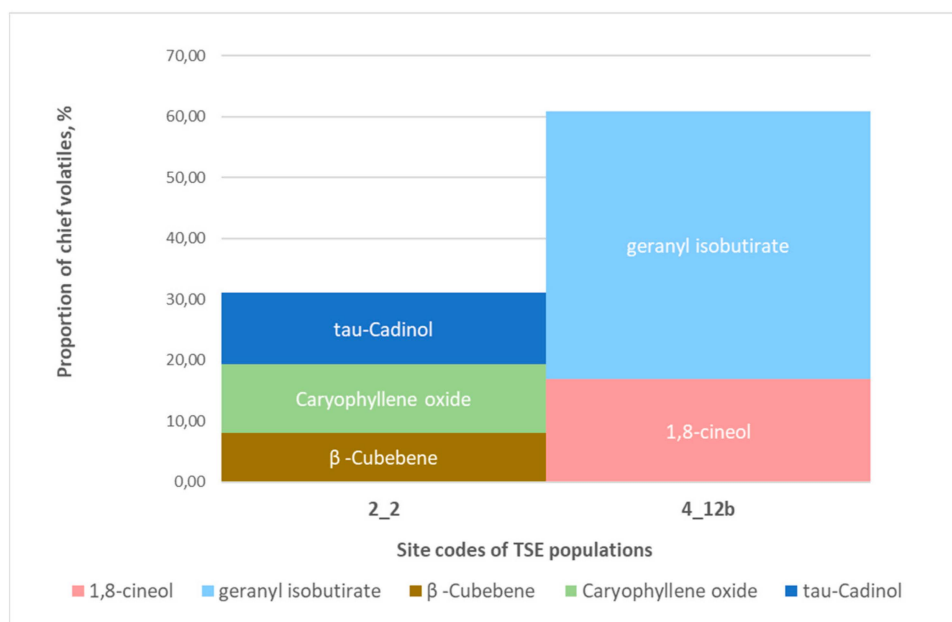
Combined chemotype of mono- and sesquiterpenes (MS):

- p*-cymene + spathulenol + geraniol (Börzsöny Hills, Szent Mihály Hill, Zebegény)—andesite.

4.  $\beta$ -caryophyllene + thymol + germacrene D (Balaton Uplands, Szentbékállya)—sandstone. Sesquiterpenes chemotype (S):
5. Germacrene D +  $\beta$ -caryophyllene +  $\gamma$ -muurulene (Visegrád Hills, Vadálló Cliffs, Dömös)—andesite.

### 3.3.5. *Thymus serpyllum*

Both of the *T. serpyllum* populations examined represent new chemotypes with special monoterpene (M) and sesquiterpene (S) composition as follows (Figure 11, Table 3):



**Figure 11.** Chemotype pattern of *Thymus serpyllum* essential oils originating from native populations exist in different habitats of Hungary. (Legends: see site codes in Table 1).

Monoterpene chemotype (M):

1. Geraniol + geranyl isobutyrate (Bakony Hills, Fenyőfő)—basic sand.

Sesquiterpenes chemotype (S):

2.  $\tau$ -cadinol + caryophyllene oxide +  $\beta$ -cubebene (Somogy Hills, Nagybjom)—acidic sand.

### Frequency of Chief Volatiles Detected in *Thymus* Chemotypes

Concerning the therapeutic aspects of the drugs collected, not only should the essential oil contents be considered, but also the appropriate proportion of effective compounds detected by GC/MS as relative percentages. In the case of the *Thymus* species, utilization of the drugs and industrial raw materials is generally based on monoterpene phenol compounds (thymol, carvacrol) and derivatives (thymol methyl ether, carvacrol methyl ether), as well as biosynthetic intermediates (*p*-cymene,  $\gamma$ -terpinene) that are detectable in typical thyme essential oils, where high thymol percentages are expected.

In the EO samples of native *Thymus* populations studied, altogether 30 terpene molecules were identified as the main compounds of essential oil constituting different chemotypes, listed in Table 4 in the order of elution (1–30) during GC analysis. Supplementary data concerning retention time (RT) and linear retention indices (LRI) are also included. Half of these terpenoid molecules (15) were found to belong to the monoterpene group (M), where a wider variability of oxygenated monoterpenes (MO: 12), including thymol, linalool, or geraniol, were detected more than in the non-oxygenated monoterpene class (MH: 3). On the contrary, most of the chemotype-determining sesquiterpenes (S) can be

grouped with the non-oxygenated sesquiterpenes (SH: 11), while fewer oxygenated (SO: 4) ones were detected in wild thyme oil. The former included the very abundant germacrene D found in 25 EOs and  $\beta$ -caryophyllene, which was present in 21 EO samples (Table 4).

**Table 4.** Frequency of occurrence, analytical data and classification of chief essential oil compounds of chemotypes found in native *Thymus* populations in Hungary.

No.	Compound	RT	LRI	Terpene Class **	Frequency of Chief Compounds by Species * (Number of Occurrence)					Overall Frequency of Compounds in EO Samples		
					TPA	TGL	TPR	TPU	TSE	Total No. of Occur.	Total Share, %	Mean %
1	<i>p</i> -Cymene	8.09	1026	MH	26	2		1		29	42.00	19.39
2	1,8-Cineol	8.38	1034	MO					1	1	1.35	16.90
3	<i>cis</i> - $\beta$ -Ocymene	8.50	1036	MH		1				1	1.35	16.00
4	$\gamma$ -Terpinene	9.20	1056	MH	12	1		2		15	20.27	13.61
5	Linalool	10.76	1097	MO	5			2		7	9.46	24.55
6	Isoborneol	13.43	1162	MO	1					1	1.35	10.30
7	Thymol methyl ether	16.20	1228	MO	1			3		4	5.41	12.23
8	Neral	16.58	1249	MO				1		1	1.35	14.30
9	Linalyl acetate	17.11	1250	MO	2	1		2		5	6.76	14.14
10	Geraniol	17.20	1252	MO	4	3	1	4		12	16.22	20.44
11	Geranial	17.86	1268	MO						1	1.35	22.20
12	Thymol	18.81	1290	MO	25	7		1		34	45.95	38.98
13	Carvacrol	19.20	1300	MO	3			1		4	5.41	23.00
14	Geranyl acetate	22.43	1388	MO	2					2	2.7	17.83
15	$\beta$ -Cubebene	22.47	1389	SH	3		2	1	1	7	9.46	18.16
16	$\beta$ -Caryophyllene	23.68	1420	SH	3	7	7	3	1	21	28.38	21.25
17	$\beta$ -Farnesene	25.27	1459	SH	1					1	1.35	8.00
18	$\gamma$ -Muurolene	25.99	1477	SH				1		1	1.35	10.30
19	Germacrene D	26.18	1482	SH	5	13	5	2		25	33.79	27.95
20	Bicyclogermacrene	26.81	1497	SH		1				1	1.35	10.45
21	$\beta$ -Bisabolene	27.23	1508	SH	2	1				3	4.05	12.30
22	<i>cis</i> - $\gamma$ -Cadinene	27.49	1515	SH		1				1	1.35	10.41
23	$\delta$ -Cadinene	27.80	1524	SH	1					1	1.35	8.00
24	Geranyl isobutyrate	29.33	1566	MO					1	1	1.35	44.00
25	Nerolidol	29.51	1570	SO		1				1	1.35	12.99
26	$\beta$ -Cadinene	29.87	1580	SH	1	2				3	4.05	17.86
27	Spathulenol	29.98	1584	SO				1		1	1.35	16.10
28	Caryophyllene oxide	30.20	1590	SO	2		3		1	6	8.11	21.92
29	$\tau$ -Cadinol	32.26	1644	SH		1			1	2	2.70	43.20
30	<i>E,E</i> -Farnesol	35.33	1728	SO	1					1	1.35	10.40
Non-oxygenated monoterpenes (MH)				3	38	4	0	3	0	45		
Oxygenated monoterpenes (MO)				12	41	11	1	14	2	73		
Total monoterpenes (M)				15	79	15	1	17	2	118		
Non-oxygenated sesquiterpenes (SH)				11	16	26	14	7	3	66		
Oxygenated sesquiterpenes (SO)				4	2	1	3	1	1	9		
Total sesquiterpenes (S)				15	18	27	17	8	4	75		

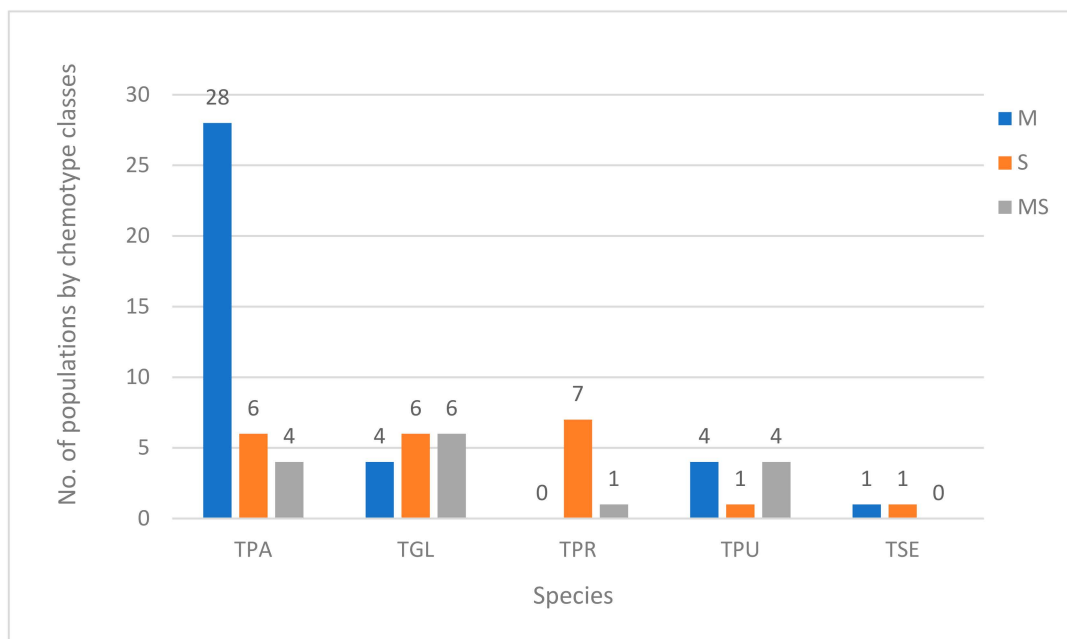
Legends: \* Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum* \*\* Abbreviations of terpene classes: M: monoterpene; MH: non-oxygenated monoterpene; MO: oxygenated monoterpene; S: sesquiterpene; SH: non-oxygenated sesquiterpene; SO: oxygenated sesquiterpene RT: retention time; LRI: linear retention index.

In our studies, thymol was the most frequent chemotype-determining monoterpene due to the wide distribution and occurrence of *T. pannonicus* populations in Hungary, where this compound dominated the essential oils. Concerning all of the EO samples, thymol (34) and the relative compounds, p-cymene (29) and  $\gamma$ -terpinene (15), could be detected with the highest frequency. Geraniol was also important among oxygenated monoterpenes, represented by three species (TPA, TPU, and TGL).  $\beta$ -caryophyllene was the only terpenoid compound that was detected as a chemotype-determining molecule in all of the five species involved in our studies (Table 4).

The widest spectrum of terpenoids, as possible molecules of the essential oil chemotypes, was found in *T. pannonicus* (19 compounds), followed by *T. pulegioides* (14 compounds), while the lowest variability of chemotypes was shown in *T. praecox* (5 compounds) (Table 4).

If considering the total number of chemotypes detected in all of the samples collected in the populations of *Thymus* species, the number of cases (28) at monoterpene-dominated chemotypes of *T. pannonicus* was proven to be outstanding (Figure 10). We can also add that this high value is principally due to the highly abundant thymol chemotype at TPA. The occurrence of monoterpene chemotypes was much lower in other species (TPU: 4; TGL: 4), while completely absent in *T. praecox*. The dominance of sesquiterpene (S) or combined (MS) chemotypes was characteristic in the samples of *T. praecox* and *T. glabrescens* (Figure 12).

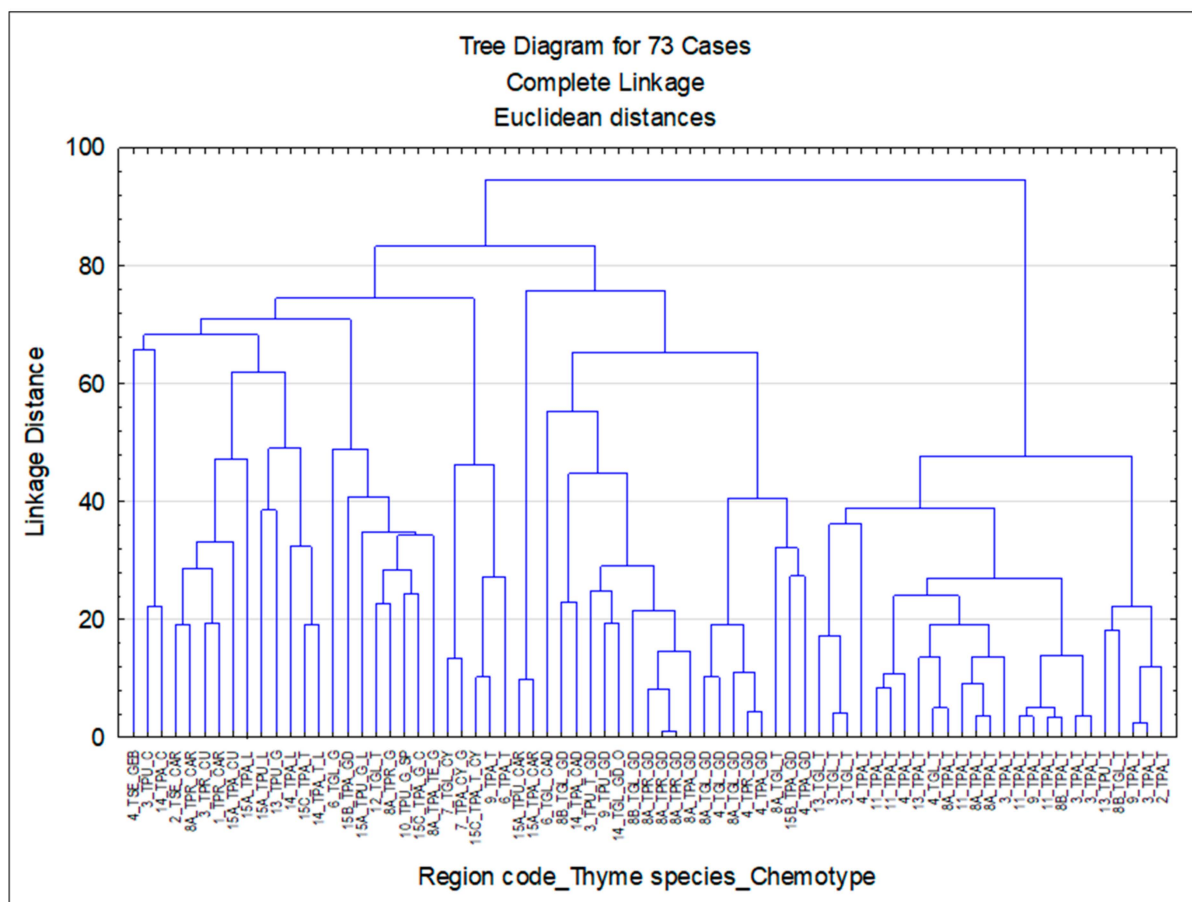




**Figure 12.** Frequency of EO chemotype classes representing different terpene structures in the populations of *Thymus* species in Hungary. Legends: Abbreviations of EO chemotypes by structure of chief compounds: M: monoterpene chief compounds only; MS: mono- and sesquiterpene chief compounds; S: sesquiterpene chief compounds only; Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*.

#### Classification of *Thymus* Chemotypes by Major Terpene Compounds

A hierarchical cluster analysis was performed on the basis of major essential oil compounds in samples belonging to seventy-three populations, resulting in nine clusters, which were primarily separated into two main groups. The first cluster included chemotypes with thymol (T) chief compounds, mainly including *T. pannonicus*; however, *T. glabrescens* and *T. pulegioides* were also represented, irrespectively of the place of origin (Figure 13). Chemotypes, where the role of sesquiterpene compounds was significant, were classified into the second-biggest cluster of the dendrogram. Non-phenolic monoterpenes and mixed chemotypes represented smaller subclasses. Germacrene D (GD) occurred in the essential oils grouped into a well-separated cluster and comprised samples belonging mainly to *T. praecox* and *T. glabrescens*. Further smaller groups could also be distinguished according to the main terpene compounds, as follows: third:  $\beta$ -caryophyllene (CAR); fourth: *p*-Cymene (CY) and thymol (T); fifth: geraniol (G); sixth: linalool (L); seventh:  $\beta$ -Cubebene (CU); and eighth: carvacrol ©. *T. serpyllum*, with its special essential oil composition (geranyl-isobutyrate: GEB), could be found in an extreme position in cluster 9 (Figure 13). Based on the classification of chemotypes shown by the dendrogram, our results on the essential oil chemotypes of *Thymus* species native to Hungary were confirmed by a cluster analysis.



**Figure 13.** Classification of *Thymus* populations found in different regions of Hungary based on the major terpene compounds detected. Legends: Abbreviations of species names: TGL: *T. glabrescens*; TPA: *Thymus pannonicus*; TPR: *T. praecox*; TPU: *T. pulegioides*; TSE: *T. serpyllum*. Region codes: see Table 1; Abbreviation of chief compounds: C: carvacrol; CAD: cadinene; CAR:  $\beta$ -caryophyllene; CU:  $\beta$ -cubebene; CY: *p*-cymene; G: geraniol; GD: germacrene-D; GEB: geranyl-isobutyrate; L: linalool; O: cis- $\beta$ -ocymene; SP: spathulenol; T: thymol; TE:  $\gamma$ -terpinene.

#### 4. Discussion

While the variability of *T. vulgaris* (garden thyme) has been extensively studied [28], less is known about the Central European wild thyme taxa. As proven in *T. vulgaris*, the chemotype patterns were a result of an adaptation process to diverse and well-defined environmental conditions [29]. According to Thompson (2002), essential oil polymorphism was considered a marker of adaptation to a particular environment. Long-term adaptation processes led to a genetically controlled essential oil biosynthesis with different monoterpenes (thymol, carvacrol, geraniol, terpineol, linalool, or thujanol) at the end of the six branches of the biosynthetic chain (regulated by the epistatic series of five loci with the following sequence:  $G > A > U > L > C > T$ ) [30]. Nevertheless, no theory for the evolution of numerous further known chemotypes of taxa belonging to the sect. *Serpyllum* has been verified yet, despite the numerous data reported on the essential oil diversity.

Based on the data presented in the literature available, a considerable level of infraspecific and interspecific diversity could be predicted for the five collective species native to Hungary as well. According to our hypothesis, the drug quality of collected wild thyme samples is likely to be variable owing to the diverse habitat conditions and plant communities distributed in our country. As the occurrence of *T. serpyllum* is rather scarce, the raw material of *Serpylli herba* is to be supplied by other, widely distributed, productive taxa with high essential levels and adequate EO compositions. Consequently, the main objectives of our experiments were to explore the native *Thymus* populations in diverse regions of Hun-

gary, record taxonomical, ecological, and coenological observations, and evaluate the drug quality with respect to the essential oil content and composition. We aimed to determine the factors influencing the occurrence of different taxa and the essential oil properties as well. Valuable areas and taxa were then selected for collection, and outstanding, productive chemotypes were subjected to gene reservation and introduction into cultivation.

The identification of the species exclusively using morphological traits was a rather difficult task in natural populations. Ontogeny (flowering period), habitat features, and the type of plant community provided additional information to recognize the existing taxa. Moreover, we observed further morphological variability in dry grassland associations where populations of the same species (e.g., *T. glabrescens*, *T. pannonicus*) may appear with hairy and naked shoots or both. Among the humid conditions of mountain meadows (Mátra Hills, Zemplén Hills, etc.), the occurrence of different odors and color varieties was detected within the same population of *T. pulegioides* or *T. pannonicus*.

Concerning the frequency of occurrence of the indigenous populations of the *Thymus* species, we could conclude that *T. pannonicus* (Hungarian thyme) was found to have the highest frequency (38 sites), followed by *T. glabrescens* (common thyme: 17 sites), *T. pulegioides* (mountain thyme: 9 sites), and *T. praecox* (creeping thyme: 8 sites), while *T. serpyllum* (wild thyme: 2 sites) was the least abundant among the model areas. The highest frequency of occurrence of TPA, TGL, and TPU in quite distinct habitats is likely to be related to the generalist character of the species, showing high adaptability to different circumstances.

Our results on the chemotype pattern of five *Thymus* species are partly in accordance with previous findings originating from diverse localities in the surrounding countries. In the case of *T. pannonicus*, previously available data indicate the existence of thymol, carvacrol, thymol/carvacrol, geraniol, and carveole chemovarieties from Ukraine [31], while thymol and  $\alpha$ -terpinyl-acetate chemotypes were reported from Bosnia [11]. Further  $\alpha$ -terpinyl-acetate, thymol, thymol/*p*-cymene and *p*-cymene/thymol, linalool, geraniol, and  $\gamma$ -muurolene/ $\beta$ -caryophyllene chemovarieties were noted in Slovakia [13,32]. A chemotype containing a high level of geranyl acetate in the essential oil was also described in a German population [33]. Moreover, Serbian authors have found a population in Vojvodina Province (Pannonian lowlands) with lemon-scented essential oil containing geraniol and nerol, and  $\alpha$ -pinene and germacrene-D were also detected as leading monoterpenes, where the role of the latter sesquiterpene in a chemotype pattern was emphasized for the first time [5,34]. Recently, a germacrene D/ $\beta$ -caryophyllene chemovariety was found in the Eastern Rodope Mountains, Bulgaria [22]. Numerous new data were found in our studies as well, where wider spectra of chief essential oil compounds have already been presented in Hungary rather than the above-mentioned sources [19,21,35]. In addition, several new chemotype patterns were detected in our studies from new locations with combinations of thymol, geraniol, geranyl acetate, *p*-cymene, and carvacrol as major monoterpenes, while sesquiterpenes were represented by germacrene D,  $\beta$ -caryophyllene, farnesol, caryophyllene oxide,  $\beta$ -farnesene, and  $\delta$ -cadinene. A special chemotype with a combination of mono- and sesquiterpenes was recorded in J3svaf3, Aggtelek Hills, including geraniol, geranyl acetate, and  $\beta$ -bisabolene as chief compounds. The wide variety in the EO composition reflects the diverse ecological conditions that exist in the mountainous areas of Hungary. Recent findings have confirmed that *T. pannonicus* has a perspective in cultivation, as promising experimental data were reported on homogenous drug quality, adequate amounts of essential oil, and stability in EO composition [36]. Our data from original habitats also supports the fact that Hungarian thyme has a high tolerance for diverse environmental conditions, which can be an advantageous trait when facing climatic changes and raising incidences of extremities.

A high diversity of major terpene compounds was also detected in the essential oils of *T. glabrescens* populations distributed widely among various habitat conditions [35]. Most of the essential oil samples contained sesquiterpenes (germacrene D,  $\beta$ -caryophyllene,  $\tau$ -cadinol or  $\beta$ -cadinene, germacrene D,  $\beta$ -caryophyllene, caryophyllene oxide, etc.), while the occurrence of

monoterpenes (thymol, geraniol) was rare, such as major compounds. Our results contradict the known data in the literature, as a geraniol/neryl acetate chemotype was recorded in Romania [37], while the major essential oil compounds of Serbian and Bulgarian *T. glabrescens* populations were found to be thymol and  $\gamma$ -terpinene [22,38], respectively.

Concerning *Thymus praecox*, our data correspond to the volatile oil composition of *T. praecox* subsp. *skorpilii* var. *skorpilii* from Turkey, where geraniol was the principal constituent (24.2%), but, in contrast to *T. praecox* in Hungary, it was accompanied by terpinyl-acetate, geranyl-acetate, linalyl-acetate, and linalool, without any important sesquiterpenes. Other authors [30] have mentioned further essential oil compositions in which  $\beta$ -caryophyllene, *cis*-nerolidol, hedycaryol, germacre-1(10),5-dien-4-ol, or germacre-1(10),4-dien-6-ol occurred as sesquiterpenes. In our studies, beside geraniol in a combined chemotype [19], a general dominance of sesquiterpenes was detected, where germacrene D,  $\beta$ -caryophyllene,  $\beta$ -cubebene, and caryophyllene oxide were found to be major compounds in the essential oil samples of different origins.

The essential oil diversity of *T. pulegioides* has already been thoroughly examined as an element of the habitats of alpine or boreal regions [36,39]. The European populations of the species are predominantly described as having phenolic (thymol/carvacrol) chemotypes. On the contrary, Bulgarian authors have found a new chemotype with  $\alpha$ -terpinyl acetate in the Vlahina Mts., while another paper recently reported a wild mountain thyme population with  $\alpha$ -terpineol, geraniol, and carvacrol as major EO compounds from the Carpathians/Ukraine [22,23]. Moreover, we have also pointed out the role of sesquiterpenes in the formation of these chemotypes. In the case of lemon-scented varieties, not only did geraniol, geranial (citral B), and neral (citral A) appear in the volatile oils, but also linalool and an ester derivative, linalyl acetate, were detected. Our data were supplemented with the literature data on mountain thyme chemotypes.

The chemotype patterns revealed that the examined *Thymus serpyllum* populations were unique because the essential oil of the Bakony (Fenyőfő) was dominated by geraniol and geranyl isobutyrate, while the others in the Somogy Hills (Nagybajom) contained  $\tau$ -cadinol, caryophyllene oxide, and  $\beta$ -cubebene, respectively. In previous studies, however, thymol and related compounds were found to be major essential oil compounds that met the requirements of the respective standards [16,18]. Recently, new chemotypes with linalool as well as  $\alpha$ -terpineol and geraniol were also found in native populations of the Carpathians in Ukraine [23].

Further research is needed to evaluate the role of different genetic and/or environmental factors in determining chemotype patterns and their distribution in different areas. Correlations between relative percentages of several essential oil compounds and edaphic conditions have already been found, but there are still open questions in this field.

## 5. Conclusions

Based on the diverse ecological conditions existing in different localities of Hungary, considerable essential oil polymorphism was found, possibly due to the outstanding adaptability of *T. pannonicus*, *T. glabrescens*, and *T. pulegioides*, respectively. Numerous chemotypes have been detected producing major volatiles of monoterpene or sesquiterpene structures. The role of sesquiterpene compounds was also proven to be important in determining the chemical character of the volatile oils, either representing independent sesquiterpenic chemovarieties or accompanying other major monoterpenes.

As the occurrence of *T. serpyllum* is rather scarce in Hungary, the raw material of *Serpylli herba* Ph. Eur. is important to be supplied by other, widely distributed, productive taxa with high essential levels and adequate EO compositions. It was established that *T. pannonicus* could be suggested for this purpose, as its essential oil content is generally high in natural habitats and, in most cases, rich in either thymol and/or its precursors (*p*-cymene/ $\gamma$ -terpinene), like those of *Thymus vulgaris*. The other species are either less abundant in the country (TSE), linked to special ecological conditions (TPU, TPR), or

provide substandard drug quality (TGL, TPR) with respect to the essential oil content and composition.

Further efforts suggested introducing the most valuable taxa into the horticultural systems where homogeneous drug quality with high amounts of thymol containing essential oil can be ensured. Chemotypes with special essential oil patterns are proposed to be subjected to gene reservation.

The summarized data on the occurrence, essential oil properties, and chemotype patterns of Hungarian *Thymus* species may serve as a supplement to the knowledge base about the chemical diversity of *Thymus* essential oils.

**Author Contributions:** Conceptualization, Z.P.; methodology, Z.P., S.T.-S., R.K. and B.G.; software, Z.P., P.R. and S.T.-S.; validation, Z.P. and S.T.-S.; formal analysis, Z.P., S.T.-S. and B.G.; investigation, Z.P., R.K., J.C. and É.N.; resources, Z.P., É.N. and J.C.; data curation, Z.P. and P.R.; writing—original draft preparation, Z.P.; writing—review and editing, Z.P. and S.T.-S.; visualization, P.R. and S.T.-S.; supervision, Z.P.; project administration, Z.P. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by the National Scientific Research Fund (Hungary), grant number OTKA F 43555, the TÁMOP-4.2.1/B-09/1/KMR-2010-0005 project, and the Bolyai János Scientific Grant (Zsuzsanna Pluhár) of the Hungarian Academy of Sciences, respectively.

**Data Availability Statement:** Data are contained within the article.

**Acknowledgments:** We would like to thank Hella Baráthné Simkó, a former Ph.D. student, for their kind assistance with the collection and processing of data, and further graduate students, in particular Emese Szabó, Adrienn Pintér, and Balázs Marton, who were involved in *Thymus* research. We also highly appreciate the continuous support of Klára Ruttner in laboratory analysis and the technical support of Péter Rajhárt and Ferenc Erdei at the experimental station of the university.

**Conflicts of Interest:** The authors declare no conflicts of interest.

## References

1. Stahl-Biskup, E. Essential oil chemistry of the genus *Thymus*—A global view. In *Thyme. The Genus Thymus*, 1st ed.; Stahl-Biskup, E., Sáez, F., Eds.; Taylor & Francis: London, UK; New York, NY, USA, 2002; pp. 75–143.
2. Trindade, H.; Costa, M.M.; Lima, S.B.; Pedro, L.G.; Figueiredo, A.C.; Barroso, J.G. Genetic diversity and chemical polymorphism of *Thymus caespititius* from Pico, São Jorge and Terceira islands (Azores). *Biochem. Syst. Ecol.* **2008**, *36*, 790–797. [\[CrossRef\]](#)
3. Mills, S.; Hutchins, R. *ESCOP Monographs: Serpylli herba—Wild Thyme*, 3rd ed.; Online series; Europaeen Scientific Cooperative on Phytotherapy (ESCOP): Exeter, UK, 2014; p. 14.
4. Kulišić, T.; Dragović-Uzelac, V.; Miloš, M. Antioxidant activity of Aqueous Tea Infusions Prepared from Oregano, Thyme and Wild Thyme. *Food Tech. Biotech.* **2006**, *44*, 485–492.
5. Maksimović, Z.; Milenković, M.; Vučičević, D.; Ristić, M. Chemical composition and anti-microbial activity of *Thymus pannonicus*, All. (Lamiaceae) essential oil. *Cent. Eur. J. Biol.* **2008**, *3*, 149–154.
6. Jovanović, A.; Balanč, B.; Petrović, P.; Djordjevic, V. Pharmacological potential of *Thymus serpyllum* L. (wild thyme) extracts and essential oil: A review. *J. Engin. Process. Manag.* **2022**, *13*, 32–41. [\[CrossRef\]](#)
7. European Pharmacopoeia 9.0. *Serpylli herba*, 9th ed.; Council of Europe: Strasbourg, France, 2016; pp. 1559–1560.
8. Boros, B.; Jakabová, S.; Dörnyei, Á.; Horváth, G.; Pluhár, Z.; Kilár, F.; Felinger, A. Determination of Polyphenolic Compounds by Liquid Chromatography-Mass Spectrometry in *Thymus* Species. *J. Chromatogr. A* **2010**, *1217*, 7972–7980. [\[CrossRef\]](#)
9. Morales, R. The history, botany and taxonomy of the genus *Thymus*. In *Thyme. The genus Thymus*, 1st ed.; Stahl-Biskup, E., Sáez, F., Eds.; Taylor & Francis: London, UK; New York, NY, USA, 2002; pp. 1–42.
10. Jalas, J. *Thymus*. In *Flora Europaea*; Tutin, T.G., Heywood, V.H., Burges, N.A., Valentine, D.H., Walters, S.M., Webb, D.A., Eds.; Cambridge University Press: Cambridge, UK, 1972; Volume 3, pp. 172–182.
11. Karuza-Stojakovic, L.; Paolovic, S.; Zivanovic, P.; Todorovic, B. Composition and yield of essential oils of various species of the genus. *Thymus Arch. Farm.* **1989**, *39*, 105–111.
12. Kustrak, D.; Martinis, Z.; Kuftinec, J.; Blazevic, N. Composition of the essential oils of some *Thymus* and *Thymbra* species. *Flav. Fragr. J.* **1990**, *5*, 227–231. [\[CrossRef\]](#)
13. Mechtler, C.; Schneider, A.; Langer, R.; Jurenits, J. Individuelle Variabilität der Zusammensetzung des Atherischen Öles von Quendel-Arten. *Sci. Pharm.* **1994**, *62*, 117.
14. Baser, K.; Kirimer, N.; Ermin, N.; Özek, T. Composition of essential oils from three varieties of *Thymus praecox* Opiz growing in Turkey. *J. Ess. Oil Res.* **1996**, *8*, 319–321. [\[CrossRef\]](#)



15. Bischof-Deichnik, C.; Stahl-Biskup, E.; Holthuijzen, J. Multivariate statistical analysis of the essential oil data from *T. praecox* ssp. *polytrichus* of the Tyrolean Alps. *Flav. Fragr. J.* **2000**, *15*, 1–6. [\[CrossRef\]](#)
16. Loziene, J.; Vaiciunienė, J.; Venskutonis, R. Chemical composition of the essential oil of creeping thyme (*Thymus serpyllum* s. l.) growing wild in Lithuania. *Planta Med.* **1998**, *64*, 772–773. [\[CrossRef\]](#) [\[PubMed\]](#)
17. Mártonfi, P.; Grejtovsky, A.; Repcák, M. Soil chemistry of *Thymus* species stands in Carpathians and Pannonia. *Thaiszia J. Bot.* **1996**, *6*, 39–48.
18. Tohidi, B.; Rahimmalek, M.; Arzani, A. Essential oil composition, total phenolic, flavonoid contents, and antioxidant activity of *Thymus* species collected from different regions of Iran. *Food Chem.* **2017**, *220*, 153–161. [\[CrossRef\]](#) [\[PubMed\]](#)
19. Pluhár, Z.; Héthelyi, É.; Kutta, G.; Kamondy, L. Evaluation of environmental factors influencing essential oil quality of *Thymus pannonicus* All., and *Thymus praecox* Opiz. *J. Herbs Spices Med. Plants* **2007**, *13*, 23–43. [\[CrossRef\]](#)
20. Pluhár, Z.; Sárosi, S.; Novák, I.; Kutta, G. Essential oil polymorphism of Hungarian common thyme (*Thymus glabrescens* Willd.) populations. *Nat. Prod. Commun.* **2008**, *3*, 1151–1154. [\[CrossRef\]](#)
21. Pluhár, Z.; Sárosi, S.; Pintér, A.; Simkó, H. Essential oil polymorphism of wild growing Hungarian thyme (*Thymus pannonicus* All.) populations in the Carpathian Basin. *Nat. Prod. Commun.* **2010**, *5*, 1681–1686. [\[PubMed\]](#)
22. Trendafilova, A.; Todorova, M.; Ivanova, V.; Zhelev, P.; Aneva, I. Essential Oil Composition of Ten Species from Sect. *Serpyllum* of Genus *Thymus* Growing in Bulgaria. *Diversity* **2023**, *15*, 759. [\[CrossRef\]](#)
23. Kryvtsova, M.; Hrytsyna, M.; Salamon, I.; Skybitska, M.; Novykevych, O. Chemotypes of Species of the Genus *Thymus* L. in Carpathians Region of Ukraine—Their Essential Oil Qualitative and Quantitative Characteristics and Antimicrobial Activity. *Horticulturae* **2022**, *8*, 1218. [\[CrossRef\]](#)
24. Simon, T. (Ed.) *Thymus*. In *A Magyar Edényes Flóra Határozója*; Nemzeti Tankönyvkiadó: Budapest, Hungary, 2001; pp. 377–379.
25. Van den Dool, H.; Kratz, P. A generalization of the retention index system including linear temperature programmed gas-liquid partition chromatography. *J. Chromatogr. A* **1963**, *11*, 463–471. [\[CrossRef\]](#)
26. Adams, R.P. Identification of essential oil components by gas chromatography/mass spectrometry. *J. Am. Soc. Mass Spectrom.* **2007**, *16*, 1902–1903.
27. Borhidi, A. Social behaviour types, the naturalness and relative ecological indicator values of the higher plants in the Hungarian Flora. *Acta Bot. Hung.* **1995**, *39*, 97–181.
28. Pluhár, Z.; Szabó, D.; Sárosi, S. Thyme oil- Essential oil properties of *Thymus vulgaris* L. *Plant Sci. Today* **2016**, *3*, 312–326. [\[CrossRef\]](#)
29. Vernet, P.; Gouyon, P.H.; Valdeyron, G. Genetic control of the oil content in *Thymus vulgaris* L.: A case of polymorphism in a biosynthetic chain. *Genetics* **1986**, *69*, 227–231. [\[CrossRef\]](#)
30. Thompson, J.D. Population structure and the spatial dynamics of genetic polymorphism in thyme. In *Thyme. The genus Thymus*, 1st ed.; Stahl-Biskup, E., Sáez, F., Eds.; Taylor & Francis: London, UK; New York, NY, USA, 2002; pp. 44–50.
31. Sur, S.V.; Tulyupa, F.H.; Tolok, A.Y.; Peresyphkina, T.N. Composition of essential oils from the aboveground part of the thyme. *Khim.-Farmatsev. Zhurn.* **1988**, *22*, 1361–1366.
32. Stahl-Biskup, E. The chemical composition of *Thymus* oils: A review of the literature 1960–1989. *J. Ess. Oil Res.* **1991**, *3*, 61–82. [\[CrossRef\]](#)
33. Maggi, F.; Caprioli, G.; Papa, F.; Sagratina, G.; Vittoria, S.; Kolarcik, V.; Mártonfi, P. Intra-population chemical polymorphism in *Thymus pannonicus* All. growing in Slovakia. *Nat. Prod. Res.* **2014**, *28*, 1557–1566. [\[CrossRef\]](#)
34. Sostarić, I.; Arsenijević, J.; Acic, S.; Dajic Stevanovic, Z. Essential oil polymorphism of *Thymus pannonicus* All. (Lamiaceae) in Serbia. *J. Essent. Oil Bear. Plants* **2012**, *15*, 237–243. [\[CrossRef\]](#)
35. Simkó, H.; Sárosi, S.; Ladányi, M.; Marton, B.; Radácsi, P.; Csontos, P.; Gosztola, B.; Kun, R.; Pluhár, Z. Studies on occurrence, essential oil data and habitat conditions of Hungarian *Thymus pannonicus* and *Thymus glabrescens* populations. *Med. Arom. Plants* **2013**, *2*, 119–125. [\[CrossRef\]](#)
36. Arsenijević, J.; Drobac, M.; Šoštarić, I.; Jevđović, R.; Živković, J.; Ražić, S.; Moravčević, Đ.; Maksimović, Z. Comparison of essential oils and hydromethanol extracts of cultivated and wild growing *Thymus pannonicus* All. *Ind. Crops. Prod.* **2019**, *130*, 162–169. [\[CrossRef\]](#)
37. Pavel, M.; Ristic, M.; Stevic, T. Essential oils of *Thymus pulegioides* and *Thymus glabrescens* from Romania: Chemical composition and antimicrobial activity. *J. Serb. Chem. Soc.* **2010**, *75*, 27–34. [\[CrossRef\]](#)
38. Dajić-Stevanović, Z.; Šoštarić, I.; Marin, P.D.; Stojanović, D.; Ristić, M. Population variability in *Thymus glarescens* Willd from Serbia: Morphology, anatomy and essential oil composition. *Arc. Biol. Sci. Belgr.* **2008**, *60*, 475–483. [\[CrossRef\]](#)
39. Loziené, K.; Venskutonis, P.R. Influence of environmental and genetic factors on the stability of essential oil composition of *Thymus pulegioides*. *Biochem. Syst. Ecol.* **2005**, *33*, 517–525. [\[CrossRef\]](#)

**Disclaimer/Publisher’s Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.