

Table S1. Nutrient Quality Score (NQS) 11.1 (value $\pm$ standard deviation – SD) of three *Brassica* microgreens (micro broccoli raab, micro broccoli and micro cauliflower) grown by using three NH_4NO_3 molar ratio (5:95, 15:85, and 25:75) nutrient solutions.

Genotype	NH ₄ :NO ₃		NQS 11.1
	molar ratio	Value	
Micro broccoli raab	5:95	Mean	128.5
		SD	13.4
	15:85	Mean	112.7
		SD	6.3
	25:75	Mean	111.0
		SD	20.1
Micro broccoli	5:95	Mean	146.3
		SD	10.1
	15:85	Mean	150.6
		SD	28.2
	25:75	Mean	160.6
		SD	10.3
Micro cauliflower	5:95	Mean	142.1
		SD	55.4
	15:85	Mean	164.2
		SD	36.2
	25:75	Mean	266.1
		SD	87.6
Significance			NS

Significance: NS, not significant.