

**Table S1.** Physicochemical parameters of freeze-dried fruit processing co-products used in assays to evaluate potential prebiotic properties (Araújo et al., 2020).

Parameters	Fruit processing by-products	
	Acerola	Guava
Fructose (g/100 g)	8.48 ± 0.01 <sup>A</sup>	3.92 ± 0.01 <sup>B</sup>
Glucose (g/100 g)	5.31 ± 0.01 <sup>A</sup>	3.17 ± 0.01 <sup>B</sup>
Maltose (g/100 g)	1.52 ± 0.01 <sup>A</sup>	1.53 ± 0.01 <sup>A</sup>
Soluble fiber (g/100 g)	8.09 ± 0.69 <sup>B</sup>	33.44 ± 3.63
Insoluble fiber (g/100 g)	61.16 ± 1.75 <sup>A</sup>	49.12 ± 1.58 <sup>B</sup>
Total dietary fiber (g/100 g)	69.25 ± 1.06 <sup>B</sup>	82.55 ± 2.05 <sup>A</sup>
Total flavonoids (mg EC/100 g) <sup>1</sup>	79.83 ± 0.23 <sup>A</sup>	44.09 ± 1.01 <sup>B</sup>
Total phenolics (mg EAG/100 g) <sup>2</sup>	492.107 ± 0.54 <sup>A</sup>	304.057 ± 0.94 <sup>B</sup>

A-B: Different superscript capital letters in the same row denote difference ( $p \leq 0.05$ ), based on Tukey's test. among co-products, based on Student's t-test. <sup>1</sup>The results are expressed in milligram equivalents of catechin (EC) per hundred grams of sample (mg EC/100 g). <sup>2</sup>The results are expressed in milligram equivalents of gallic acid (EAG) per hundred grams of sample (mg EAG/100 g).

**Table S2.** Identification of metabolites by  $^1\text{H}$ -NMR in media with fermented acerola and guava fruit co-products (AL10, ALA5, GL10, and GLA5) and fructooligosaccharides (FOS), as well as in negative control (NC; without fermentable substrate) at time zero (baseline), and 48 h of *in vitro* fecal fermentation.

Number	Chemical constituents	NC		FOS		ALA5		AL10		GLA5		GL10	
		0 h	48 h	0 h	48 h	0 h	48 h	0 h	48 h	0 h	48 h	0 h	48 h
1	Biliary salts	x	x	x	x	x	x	x	x	x	x	x	x
2	2-methylbutyrate	x	x	x	x	x	x	x	x	x	x	x	x
3	Valerate	x	x	x	x	x		x	x	x	x	x	x
4	N-butyrate	x	x	x	x	x		x	x	x	x	x	x
5	Leucine	x		x	x	x		x		x			x
6	Isoleucine	x		x	x	x		x		x			x
7	Valine	x		x	x	x		x		x			x
8	Propionate/ propionic acid	x		x	x	x		x		x			x
9	Isobutyrate/ butyric acid	x		x	x	x		x		x			x
10	3-methyl-2-oxoisovalerate	x		x	x	x	x	x	x	x	x		x
11	2-oxoisovalerate	x		x	x	x	x	x	x	x	x		x
12	Ethanol	x	x	x	x	x	x	x	x	x	x	x	x
13	3-hydroxybutyrate	x	x	x	x	x	x	x	x	x	x	x	x
14	Threonine					x		x		x		x	
15	Lactate/lactic acid	x	x	x	x	x	x	x		x			x
16	Alanine	x	x	x	x	x	x	x	x	x	x	x	x
17	Lysine	x	x	x	x	x	x	x	x	x	x	x	x
18	Ornithine	x	x	x	x	x	x	x	x	x	x	x	x
19	Acetate/acetic acid	x	x	x	x	x	x	x	x	x	x	x	x
20	Proline	x	x	x		x	x	x	x	x	x	x	x
21	Glutamate	x	x	x		x	x	x	x	x	x	x	x
22	5-aminopentanoate	x		x		x	x	x	x	x	x	x	x
23	Succinate/succinic acid	x			x	x	x	x	x	x	x	x	x
24	Methylamine	x	x	x	x	x	x	x	x	x	x	x	x
25	Methionine	x		x		x	x	x		x		x	x
26	Citrate/citric acid	x		x		x	x	x		x		x	x
27	Aspartate	x		x				x		x		x	x
28	Asparagine	x	x	x	x	x		x		x		x	x
29	Trimethylamine	x	x	x	x	x	x	x	x	x	x	x	
30	Putrescine	x	x	x	x	x	x	x	x	x	x	x	x

31	Malonate	X	X	X	X	X	X	X	X	X	X	X	X
32	Glycine	X	X		X								
33	Fructose	X	X	X	X	X	X	X	X	X	X	X	X
34	Dihydroxyacetone	X	X	X	X	X	X						
35	$\alpha$ -Xylose	X				X	X	X	X	X	X	X	X
36	$\beta$ -Xylose	X				X	X	X		X		X	
37	$\beta$ -Glucose	X				X	X	X		X		X	
38	$\alpha$ -Glucose	X				X		X		X		X	
39	$\beta$ -galactose	X				X	X	X		X		X	
40	UDP-glucuronate	X	X	X		X		X		X	X	X	X
41	Homovanillate	X		X	X	X	X	X	X	X	X	X	X
42	3-hydroxyphenylacetate							X		X			X
43	P-cresol	X	X	X		X	X	X	X	X	X	X	X
44	Tyrosine	X	X	X		X	X	X	X	X	X	X	X
45	5-aminosalicylate	X		X		X	X	X	X	X	X	X	X
46	Phenylalanine	XX	X	X		X	X	X	X	X	X	X	X
47	Uracil	X	X	X		X	X	X	X	X	X	X	X
48	N-acetyl-5-aminosalicylate	X	X	X		X	X	X		X			X
49	Phenylacetate	X	X	X		X	X	X		X			X
50	Tryptophan	X						X		X			X
51	Hypoxanthine	X		X		X		X		X			X
52	Formate/formic acid	X	X	X		X	X	X	X	X	X	X	X
53	Caprylate	X		X	X	X	X	X	X	X	X	X	X
54	Isocaproate	X	X	X		X	X	X	X	X	X	X	X
55	Isovalerate	X		X	X	X	X	X	X	X	X	X	X
56	3-hydroxyisovalerate						X		X		X		X
57	Total lipids	X	X	X	X	X	X	X	X	X	X	X	X
58	Gamma-aminobutyric acid (GABA)	X	X	X	X	X	X	X	X	X	X	X	X
59	Ketoisovalerate	X		X	X	X	X	X	X	X	X		X
60	Acetone	X		X		X	X	X	X	X	X	X	X