






Table S1. Polish to English translation of the information featured on each FoPL as displayed on one type of breakfast cereal.

Reference Intakes	Warning Label	Health Star Rating	Nutri-Score	Multiple Traffic Lights
 <p>Each portion of 30g contains:</p> <p>Energy value: 113kcal (6%) Sugars: 2,4g (3%) Fat: 0,2g (<1%) Saturated fat: <0,1g (<1%) Salt: 0,3g (5%)</p> <p><i>Daily reference intake for an adult</i></p>	 <p>High in calories</p>	 <p>Health value rating expressed as number of stars: 3,5</p> <p>Energy value: 378kcal Saturated fat: <0,1g Sugars: 8g Sodium: 390mg</p> <p>per 100g</p>	 <p>B</p>	 <p>Each portion of 30g contains:</p> <p>Energy value: 113kcal (6%) Sugars: 2,4g (3% - medium) Fat: 0,2g (<1% - low) Saturated fat: <0,1g (<1% - low) Salt: 0,3g (5% - medium)</p> <p><i>Daily reference intake for an adult</i> <i>Typical nutritional value per 100g: 378kcal</i></p>