

Supplementary file 2. The types of programs and the outcomes assessed categorized by the type of and level of outcomes

| Author(s), year | Individual level outcomes | | | | | | | Family level outcomes | | | |
|--|---------------------------|-----------------|--------------|--------|------------------------------------|-----------------------|------------------|---|--------------------------------|-------------------------------------|-----------------|
| | Dental caries | Gingival health | Oral hygiene | OHRQoL | Oral health knowledge and attitude | Oral health behaviors | Miscellaneous | Parental oral health knowledge and attitude | Parental oral health behaviors | Parent distress and family function | Parental OHRQoL |
| Oral Health Education (OHE) programs | | | | | | | | | | | |
| 1. Bizarra et al. 2019 ⁴² | | + | 0 | | | | | | | | |
| 2. Faulks et al. 2000 ⁴⁹ | | | | | + | + | | | | | |
| 3. Freeman et al. 2016 ⁴³ | | | | + | + | 0 | | | | | |
| 4. Ganss et al. 2019 ⁴⁴ | | +/- | +/- | | | | | | | | |
| 5. Henry et al. 2017 (Systematic review) ⁶¹ | + | | | | | | | | | | |
| 6. Hoeft et al. 2016 ^{*55} | | | | | | | | + | + | | |
| 7. Lambert 2019 ⁴⁵ | + | | + | | + | | | | | | |
| 8. Livny et al. 2007 ⁵² | 0 | | | | | 0 | | | | | |
| 9. Livny et al. 2008 ⁵³ | | | | | | + | | | | | |
| 10. Lopez Cazaux et al. 2019 ⁵¹ | | | | | | + | | | | | |
| 11. Mariño et al. 2013 ⁴⁶ | | + | | | | + | | | | | |
| 12. Mariño et al. 2016 ⁴⁷ | | | | | + | + | | | | | |
| 13. Nakre et al. 2013 (Systematic review) ^{*60} | +/0 | + | +/0 | | + | + | | + | + | | |
| 14. Nihtilä et al. 2017 ⁴⁸ | | | + | | | | | | | | |
| 15. Phlypo et al. 2018 ³⁷ | | 0 | 0 | | 0 | | | | | | |
| 16. Plutzer et al. 2008 ³⁶ | + | | | | | | | | | | |
| 17. Sakayori et al. 2016 ³⁵ | | | | | | | + (SF) + (OF) | | | | |

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| 18. Samson et al. 2009 ³⁴ | | | +/- | | | | | | | | |
| 19. Schulz-Weidner et al. 2021 ⁵⁶ | | + | + | | | | | | | | |
| 20. Seo and Kim 2020 (Systematic review) ⁵⁷ | | | | + | | | + | | | | |
| 21. Sfeatcu et al. 2019 ³³ | + | + | | | + | + | | | | | |
| 22. Smith et al. 2018 ⁵⁴ | + | | | | | | | | | | |
| 23. Stein et al. 2016 (Systematic review) ⁵⁸ | +/- | +/- | +/- | | + | + | | | | | |
| 24. Tubert-Jeannin et al. 2012 ⁴¹ | +/- | | | | | | | | | | |
| 25. Ueno et al. 2012 ⁴⁰ | | + | + | | | | + | | | | |
| 26. Van den Branden et al. 2014 ³⁸ | | | | | +/- | | | | | | |
| 27. Wagner et al. 2016 ³⁹ | + | | | | | | | | | | |
| 28. Wang et al. 2015 (Systematic review) ⁵⁹ | | | + | | | | | | | | |
| 29. Winter et al. 2018 ⁵⁰ | | | | | + | + | | | | | |
| Diagnostic and preventive programs | | | | | | | | | | | |
| 1. Achembong et al. 2014 ⁶⁶ | + | | | | | | | | | | |
| 2. Andruškevičienė et al. 2008 ⁷⁸ | + | | + | | | | | | | | |

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| 3. Bergström et al. 2015 ⁷⁷ | + | | | | | | | | | | |
| 4. Burgette et al. 2017* ⁹² | | | | + | | | | | | + | |
| 5. Dohnke - Hohrmann et al. 2004 ⁶⁷ | + | | | | | | | | | | |
| 6. Dudovitz et al. 2018 ⁸⁹ | + | | | | 0 | | | | | | |
| 7. Eckersten et al. 2010 ⁹⁷ | | | | | | | 0 (F) | | | | |
| 8. García-Pola et al. 2021 ⁹⁴ | + | | | | | | | | | | |
| 9. Källestål 2005 ⁶⁹ | + | | | | | | | | | | |
| 10. Kim et al. 2017 ⁹³ | | | + | | | | | | | | |
| 11. Lai et al. 2018 ⁹⁰ | + | | | | | | | | | | |
| 12. Lee et al. 2017 ⁸³ | | + | | | | | | | | | |
| 13. Lee et al. 2021 ⁹⁵ | 0 | + | + | | | | + (SF) + (QoL) | | | | |
| 14. Lin et al. 2011 ⁹¹ | | + | | | + | + | | | | | |
| 15. Macnab et al. 2008 ⁷⁶ | + | | | | | + | | | | | |
| 16. Meyer et al. 2014 ⁷⁹ | + | | | | | | | | | | |
| 17. Milsom et al. 2014 ⁶⁸ | + | | | | | | | | | | |
| 18. Sköld et al. 2005 ⁸⁴ | + | | | | | | | | | | |
| 19. Muller-Bolla et al. 2016 ⁸⁸ | + | | | | | | | | | | |
| 20. Nakamura et al. 2009 ⁸² | + | | | | | | | | | | |
| 21. Pieper et al. 2013 ⁷¹ | + | | | | | | | | | | |
| 22. Ruff et al. 2018 ⁸⁵ | + | | | | | | | | | | |
| 23. Schroth et al. 2015* ⁸⁷ | + | | | | + | + | | + | + / 0 | | |

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| 24. Simmer-Beck et al. 2015 ⁸⁶ | + | | | | | | | | | | |
| 25. Sköld et al. 2016 ⁶⁴ | + | | | | | | | | | | |
| 26. Slade et al. 2011 ⁶³ | + | | | | | | | | | | |
| 27. Sloane et al. 2013 ⁸⁰ | | + | + | | | | | | | | |
| 28. Starr et al. 2021 ⁹⁶ | + | | | | | | | | | | |
| 29. Sundell et al. 2013 ⁷⁰ | 0 | | | | | | | | | | |
| 30. Wagner et al. 2017 ⁶⁵ | + | | | | | | | | | | |
| 31. Wennhall et al. 2005 ⁸¹ | + | | | | | + | | | | | |
| 32. Wennhall et al. 2008 ⁷³ | + | 0 | 0 | | | 0 | | | | | |
| 33. Winter et al. 2016 ⁷⁵ | + | | | | | | | | | | |
| 34. Winter et al. 2018 ⁷⁴ | + | | | | | | | | | | |
| 35. Zimmer et al. 2001 ⁷² | 0/+ | | | | | | | | | | |
| Interventional programs | | | | | | | | | | | |
| 1. Alsumiat et al. 2015 ⁹⁸ | | | | 0 | 0 | 0 | | | | | |
| 2. Alsumiat et al. 2019* ⁹⁹ | + | | | 0 | | | | 0 | 0 | | 0 |
| 3. George et al. 2018 ¹⁰⁶ | + | + | + | | + | + | | | | | |
| 4. Gomez et al. 2001 ¹⁰⁵ | + | | | | | | | | | | |
| 5. Hyde et al. 2005 ¹⁰³ | | | | | | + | | | | | |
| 6. Hyde et al. 2006 ¹⁰⁴ | | | | + | | | | | | | |
| 7. Janssens et al. 2018 ¹⁰² | + | | | | | | + (OHS) | | | | |
| 8. Larsen et al. 2016 ¹⁰⁷ | + | | | | | | | | | | |

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| 9. Ortuno Borroto et al. 2021 ¹⁰⁹ | | | | + | | | | | | | |
| 10. Rong et al. 2009 ¹⁰⁸ | + | + | | 0 | | | | | | | |
| 11. Walker et al. 2007 ¹⁰¹ | | | | + | | | | | | | |
| 12. Wyatt et al. 2009 ¹⁰⁰ | | | | | | | + (COD) | | | | |

Miscellaneous outcomes include Salivary Flow/Salivary Secretion (SF), Malodor (M), Fluorosis (F), Oral Function (OF), Quality of Life (QoL), Oral Health Stability (OHS), and Clinical Oral Disorder (COD).

+ indicates a favorable outcome

- indicates an unfavorable outcome

0 indicates no change

* indicates that the study addresses a family level outcome