

Article

Survey on Antibiotic Residues in Egg Samples in Italy

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Abstract: The presence of antibiotic residue in eggs is a current issue due to the increasingly important phenomenon of antibiotic resistance. A multiclass, confirmatory method for the determination of seventy-three antimicrobial agents (amphenicols, cephalosporins, diaminopyrimidines, lincosamides, macrolides, penicillins, pleuromutilins, quinolones, sulfonamides, and tetracyclines) with liquid chromatography high-resolution mass spectrometry was applied to 200 egg samples collected from 119 Italian farms during the years 2018–2021.

Keywords: antibiotics; multiclass; eggs; survey; risk exposure; LC-HRMS



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1. Introduction

For the last few decades, antibiotics have been widely administered in animal husbandry to treat and prevent diseases and to act as growth-promoting agents. Their residues can become part of the food chain through various environmental pathways (i.e., water, soil, plant, and aquaculture), affecting human health [1]. Particularly, sub-therapeutic consumption of drugs can activate allergic reactions and antibiotic resistance phenomena. However, it is noteworthy that in some European countries, a decline in antibiotics sales has been observed from 2010 to 2018 [2]. The European Food Safety Authority (EFSA) and the European Centre for Disease Prevention and Control (ECDC) analyze annual data collected by the EU Member States on antimicrobial resistance in zoonotic and indicator bacteria. The last summary report of 31 January 2020 pointed out the growth of this issue [3]. For these reasons, the European Union has established maximum residue limits (MRLs) on animal-origin matrices and foodstuffs such as eggs [4]. Eggs are one of the most representative foods of the European diet due to their affordability and nutritive properties. For some antibiotics such as tetracyclines, i.e., chlortetracycline, oxytetracycline and tetracycline, the MRL in eggs is set at 200 $\mu\text{g kg}^{-1}$; and 50, 25, and 1000 $\mu\text{g kg}^{-1}$ for lincomycin (lincosamide), penicillin V (penicillin), and tiamulin (pleuromutilin), respectively. For erythromycin A, 150 $\mu\text{g kg}^{-1}$ has been established, 200 $\mu\text{g kg}^{-1}$ for tylvalosin and tylosin A (macrolides), and finally, the MRL of neomycin B (aminoglycoside) is set at 500 $\mu\text{g kg}^{-1}$. Other regulated antibiotics such as amphenicols, cephalosporins, doxycycline (tetracyclines), several β -lactams, some macrolides, quinolones, and sulfonamides are prohibited in laying hens. The EU Member States implement yearly official monitoring programs in order to ensure the MRLs and the regular use of antimicrobial agents in farming are observed. Therefore, sensitive and reliable methods for the determination of antibiotics in eggs are required. To date, liquid chromatography coupled with tandem mass spectrometry and high-resolution mass spectrometry techniques (especially referring to hybrid instruments) represent the gold standards for the development of multiclass methods due to the selectivity and sensitivity that they can offer, despite generic sample preparation, which is mandatory for wide ranges of analytes [5]. Several research studies [5–13] have reported antibiotic residues in eggs. To the best of our knowledge, surveys with more than

150 samples have not previously been conducted. Thus, the aims of this study were to develop a confirmatory multiclass method for more than 70 of the regulated and most used antibiotics (except for aminoglycosides and colistin) in eggs, and apply it to 200 Italian, commercial egg samples produced with conventional and organic approaches, collected during the years 2018–2021. Moreover, an exposure assessment of Italian public health was evaluated based on the most recent survey of Italian food consumption [14–16].

2. Materials and Methods

2.1. Chemicals, Reagents, Stock, and Intermediate Solutions

Acetonitrile (ACN), LC-MS-grade methanol, EDTA disodium salt dihydrate, and ammonium acetate were supplied by Merck KGaA (Darmstadt, Germany). LC-MS-grade deionized water was purchased from Biosolve Chimie (Dieuze, France). Formic acid $\geq 98\%$ was provided by Carlo Erba Reagents (Milano, Italy), and *N,N'*-dimethylformamide (DMF) was supplied by Fluka (Buchs, Switzerland). The 73 analytes are presented in Table S1. The majority were purchased from Merck KGaA. Florfenicol-d3, cefacetrile, ceftiofur-d3, cephapirin, desacetyl cephapirin, pirlimycin, neospiramycin, spiramycin I-d3, tildipirosin, tulathromycin A, tulathromycin marker (CP60,300), tylvalosin, penicillin G-d7, enrofloxacin-d5, and sulfachloropyridazine were obtained from TRC Inc. (Toronto, ON, Canada); ceftazidime and lincomycin from USP Reference Standards (Maryland, USA). Ciprofloxacin, difloxacin, enrofloxacin, marbofloxacin, nalidixic acid, norfloxacin, oxolinic acid, sarafloxacin, tylosin-3-acetate, ampicillin, cloxacillin, nafcillin, sulfadiazine, sulfamerazine, sulfadimethoxine, sulfathiazole, chlortetracycline, doxycycline, methacycline, and tetracycline were provided by LGC Standards (London, UK). Sulfamethazine-13C6 was purchased from Cambridge Isotope Laboratories Inc. (Tewksbury, MA, USA). Lastly, 4-epichlortetracycline and 4-epioxytetracycline were provided by ACROS ORGANICS (Geel, Belgium). The details about the preparation of stock and intermediate solutions were reported elsewhere [17] and the stability of stock is shown in Table S2 [18,19].

2.2. Chromatographic Conditions

Chromatography was performed on a Thermo Ultimate 3000 High Performance Liquid Chromatography system (San Jose, CA, USA). Analytes were separated on a Poroshell 120 EC-C18 column (100 \times 3.0 mm; 2.7 μm ; Agilent Technologies, Santa Clara, CA, USA), connected to a Poroshell guard column (5 \times 3.0 mm). HPLC eluent A was an aqueous solution containing 0.1% (*v/v*) formic acid and eluent B was methanol. The gradient was set as described elsewhere [17]. The injection volume was 5 μL .

2.3. MS Conditions

A Q-Orbitrap mass spectrometer (Thermo Scientific, San Jose, CA, USA) was equipped with a heated electrospray ionization (HESI-II) source. The parameters were set similarly to previously published work [17]. Particularly, the HESI-II and capillary temperatures were set at 320 and 300 $^{\circ}\text{C}$, respectively, and the electrospray voltage at 3.60 kV (positive ionization mode). Sheath and auxiliary gas were 35 and 15 arbitrary units, respectively. The mass spectrometer was controlled by Xcalibur 3.0 software (Thermo Fisher Scientific, San Jose, CA, USA). The exact mass of the compounds was calculated using Qualbrowser in Xcalibur 3.0. Instrument calibration was performed for every analytical batch with a direct infusion of an LTQ Velos ESI Positive Ion Calibration Solution (Pierce Biotechnology Inc., Rockford, IL, USA). The individual compounds were infused with a syringe through a T union connected to an LC system with a mobile phase flow rate of 0.1 mL min^{-1} (50% eluent A). The product ions were found by increasing the collision energy (CE) using Q-Exactive Tune 2.3 software (Thermo Fisher Scientific, Waltham, MA, USA). After choosing the more intense product ions, fragmentation energies were optimized with spiked samples at 10 $\mu\text{g kg}^{-1}$ using the selected gradient program. All Q Exactive parameters (resolution, AGC, and IT) were optimized to improve sensitivity and selectivity. MS acquisition was performed as described elsewhere [17], with some modifications to obtain the best

instrumental signal mixing full scan/dd-MS² and SIM experiments. The monitored adducts and product ions such as the collision energies are presented in Table S3.

2.4. Sample Preparation

One-half gram of homogenized eggs was weighed in a Falcon tube. The sample was spiked with internal standards (ISs), particularly, 15 µL of a solution containing the two labelled beta-lactams at 1 µg mL⁻¹ (ceftiofur-d3 and penicillin G-d7), 15 µL of a solution of all other antibiotics ISs (florfenicol-d3, enrofloxacin-d5, spiramycin I-d3, sulfamethazine-d5 and methacycline) at the same concentration. Later, 900 µL of 0.15 M EDTA was added and the sample was extracted with 2.4 mL of acetonitrile. After shaking and centrifugation, a second extraction with 3 mL of acetonitrile was performed. The reunited extracts were evaporated and then redissolved in 1.5 mL of 200 mM ammonium acetate. After centrifugation, the sample was injected.

2.5. Method Validation

A full validation study was carried out in accordance with the performance criteria required by Commission Decision 2002/657/EC [20] and SANTE/12682/2019 [21] for quantitative confirmatory methods. The approach followed was based on [5]. Briefly, the analytes were validated at the spiking concentration levels, encompassing 3.3–100 µg kg⁻¹; for tetracycline, oxytetracycline, chlortetracycline and their epimers, erythromycin A, tylosin A, tylvalosin, tylosin-3-acetate, the range was 3.3–1000 µg kg⁻¹; and finally, for tiamulin, the interval was 3.3–3330 µg kg⁻¹. Moreover, the analytes were successfully validated at the additional level of 2 µg kg⁻¹ (data not shown).

2.6. Real Samples Analysis

The validated method was applied to 200 real egg samples taken from the Italian market during October 2018–June 2021. Each sample was placed in a plastic container and stored at –20 °C after homogenization.

2.7. Risk Exposure

The risk for Italian public health was determined based on food consumption data of [14]. The daily intake for the detected substance in eggs is related to the acceptable daily intake (ADI). To calculate the ADI percentage, the following Equation (1) [22] was used:

$$\text{ADI\% (d}^{-1}\text{)} = \frac{C (\mu\text{g kg}^{-1}) \cdot E (\text{kg d}^{-1})}{w (\text{kg}) \cdot \text{ADI} (\mu\text{g kg}^{-1} \text{ bw})} \cdot 100 \quad (1)$$

where C is the detected concentration of the antibiotic residue during the real sample analysis, E is the egg consumption per day, and w is the mean weight of the people. The updated ADI for the detected analyte was provided by [23].

3. Results and Discussion

3.1. Sample Preparation

The sample extraction was optimized starting from [5,17] with some modifications. Despite the good performances of [5], a strong matrix effect was evident for several analytes. Therefore, the intent was the development of a sample protocol able to achieve a compromise between performance and cleanliness of the final extract. Due to the high concentrations of minerals in the matrix and the well-known chelating properties of quinolones, sulfonamides, and tetracyclines, three variables that affect the yield of extraction were investigated: volume of acetonitrile and volume and concentration of the EDTA solution. For reducing the concentration of the extracted interferent substances, the preliminary experiment was reducing the volume of acetonitrile during the first extraction, but more crucial (and just cited) substances demonstrated poor recoveries (data not shown). Consequently, experiments were carried out to explore the effects of a higher concentration and

volume of EDTA. Particularly, Figure 1 presents the molecules for which the recoveries provided a rise $\geq 10\%$ from 300 to 900 μL of 0.15 M EDTA. The highest tested volume (i.e., 1200 μL) demonstrated probably the worst performance for several analytes for the enhancement in polarity of the extraction mixture.

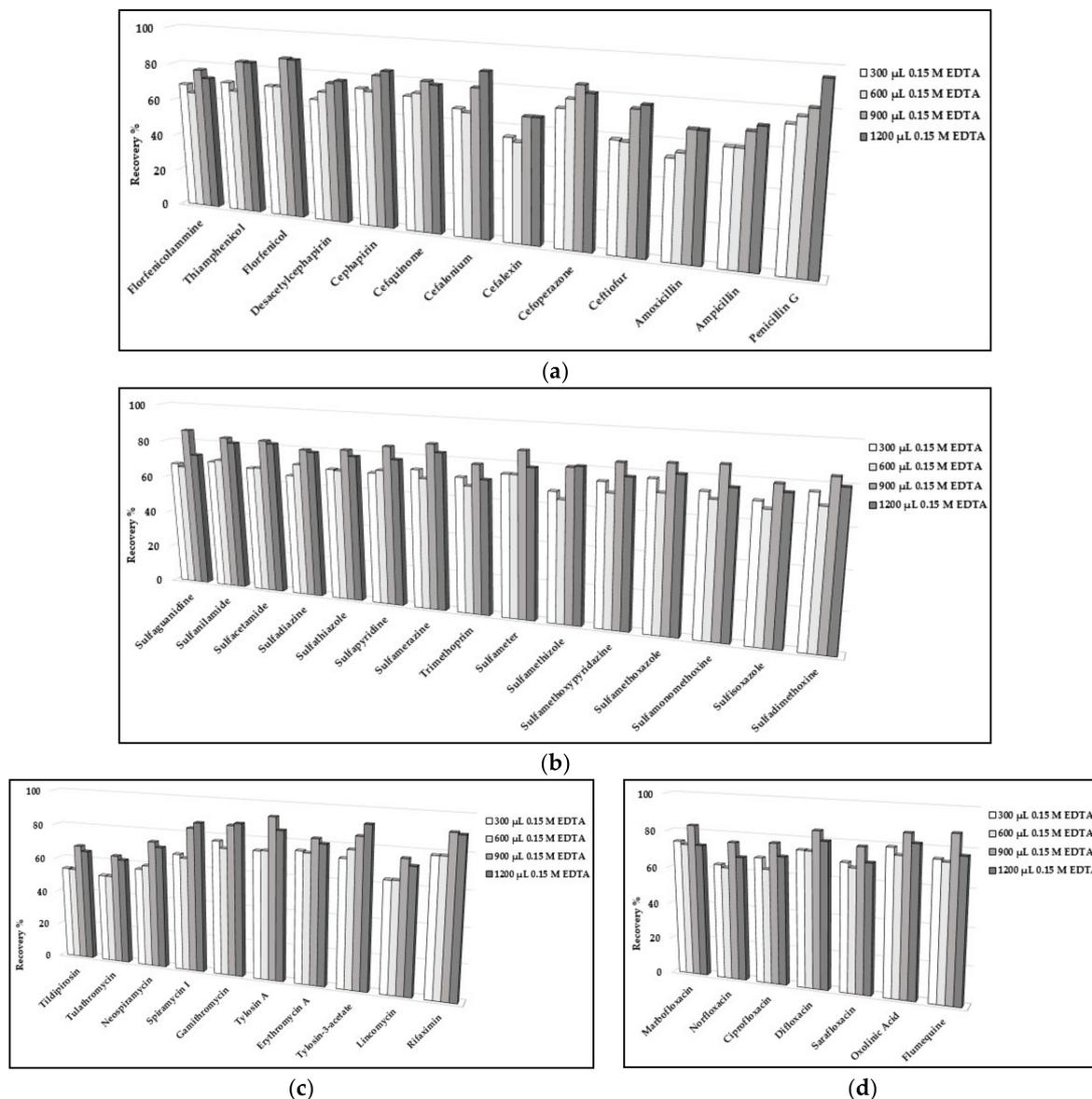


Figure 1. Extraction efficiency of different volumes of EDTA solution evaluated in egg samples ($n = 4$ per experiment) spiked at $10 \mu\text{g kg}^{-1}$ for (a) amphenicols and beta-lactams, (b) sulfonamides and trimethoprim, (c) lincomycin, rifaximin and macrolides, and (d) quinolones.

3.2. Method Validation

Method validation was based on the approach followed by Paoletti et al. [5]. Particularly, the selectivity was evaluated, analyzing more than 20 blank samples during the validation study, and no peaks were found, considering the established criteria.

Good linearity was observed for all the analytes (deviations of back-calculated concentration $\leq 20\%$) [21]. It was judged by analyzing curves in matrix-matched calibration (MMC) samples and in solvent (i.e., 200 mM ammonium acetate) in the concentration range encompassing the lowest and highest validation level ($3.3\text{--}100 \mu\text{g kg}^{-1}$), and to evaluate the matrix effect. The absolute matrix effect study demonstrated moderate ion

suppression/ion enhancement, as the differences in the slopes in MMC standard and in solvent were below 29%, except for valnemulin (40%), in absolute value (Table 1).

Table 1. Validation performances of the investigated analytes, sorted by class and elution order.

Analyte	Class	Mean Recovery (%)	CV _r (%)	CV _{wR} (%)	CC _α (μg kg ⁻¹)	LOD (μg kg ⁻¹)	LOQ (μg kg ⁻¹)	ME ^a (%)
Florfenicol amine	Amphenicols	74	9.0	9.8	3.3	3.3	3.3	3
Thiamphenicol ^b		77	8.9	11	10	3.3	10	-9
Florfenicol ^b		80	8.1	11	10	3.3	10	-17
Desacetyl cephalirin	Cephalosporins	74	8.6	9.7	3.3	3.3	3.3	-5
Caphapirin		77	7.5	9.5	3.3	3.3	3.3	-2
Cefquinome		76	7.5	9.7	3.3	3.3	3.3	11
Cefacetrole		76	8.9	11	3.3	3.3	3.3	-28
Cefalonium		75	6.8	8.8	3.3	3.3	3.3	-9
Cefalexin		64	9.8	13	3.3	3.3	3.3	1
Cefazolin ^b		75	7.7	9.5	10	3.3	10	12
Cefoperazone		78	8.7	10	3.3	3.3	3.3	-12
Ceftiofur	67	9.0	13	3.3	3.3	3.3	-13	
Trimethoprim	Diaminopyrimidines	77	9.8	11	3.3	3.3	3.3	-7
Lincomycin	Lincosamides	73	9.2	11	59	3.3	3.3	-12
Pirlimycin		60	14	14	3.3	3.3	3.3	-11
Tildipirosin	Macrolides	63	8.3	11	3.3	3.3	3.3	-2
Tulatromycin marker (CP 60,300)		66	7.6	10	3.3	3.3	3.3	-5
Tulathromycin A ^b		62	8.3	9.6	3.3	3.3	10	-4
Neospiramycin		68	8.4	13	3.3	3.3	3.3	-14
Spiramycin I		75	8.7	11	3.3	3.3	3.3	-10
Gamitromycin		74	14	15	3.3	3.3	3.3	-8
Tilmicosin		77	11	13	3.3	3.3	3.3	-6
Tylosin A		82	10	13	242	3.3	3.3	-10
Erythromycin A		80	7.3	10	175	3.3	3.3	-12
Tylosin-3-acetate		85	11	13	244	3.3	3.3	-4
Tylvalosin		90	9.5	14	245	3.3	3.3	17
Amoxicillin	Penicillins	65	8.2	11	3.3	3.3	3.3	-5
Ampicillin		69	7.8	9.7	3.3	3.3	3.3	1
Penicillin G		77	9.9	13	3.3	3.3	3.3	-9
Oxacillin		77	8.8	9.8	3.3	3.3	3.3	-9
Penicillin V		76	9.1	10	29	3.3	3.3	-7
Cloxacillin		75	10	11	3.3	3.3	3.3	-8
Dicloxacillin		74	9.1	11	3.3	3.3	3.3	-18
Nafcillin		76	9.9	10	3.3	3.3	3.3	-9
Tiamulin	Pleuromutilins	79	10	12	1199	3.3	3.3	-18
Valnemulin		76	9.8	15	3.3	3.3	3.3	-40
Marbofloxacin	Quinolones	80	10	13	3.3	3.3	3.3	-13
Norfloxacin		69	7.4	13	3.3	3.3	3.3	-12
Enrofloxacin		81	8.0	7.2	3.3	3.3	3.3	-7
Ciprofloxacin		70	7.3	13	3.3	3.3	3.3	-9
Danofloxacin		76	8.8	12	3.3	3.3	3.3	10
Difloxacin		81	9.4	11	3.3	3.3	3.3	-2
Sarafloxacin		75	8.9	12	3.3	3.3	3.3	-7
Oxolinic acid		82	8.6	11	3.3	3.3	3.3	-13
Nalidixic acid		81	8.4	11	3.3	3.3	3.3	-5
Flumequine		82	9.1	10	3.3	3.3	3.3	-23

Table 1. Cont.

Analyte	Class	Mean Recovery (%)	CV _r (%)	CV _{wR} (%)	CC _α (μg kg ⁻¹)	LOD (μg kg ⁻¹)	LOQ (μg kg ⁻¹)	ME ^a (%)
Rifaximin	Rifamycins	84	7.9	13	3.3	3.3	3.3	6
Sulfaguanidine		76	8.8	12	3.3	3.3	3.3	20
Sulfanilamide		76	8.3	11	3.3	3.3	3.3	-7
Sulfacetamide ^b		76	7.3	8.1	10	3.3	10	-1
Sulfadiazine		78	8.1	10	3.3	3.3	3.3	8
Sulfathiazole		78	7.8	9.2	3.3	3.3	3.3	-9
Sulfapyridine		79	8.1	9.3	3.3	3.3	3.3	-5
Sulfamerazine ^b		76	9.0	9.9	10	3.3	10	22
Sulfamoxole		76	7.9	11	3.3	3.3	3.3	-12
Sulfameter		83	9.3	9.7	3.3	3.3	3.3	-12
Sulfamethizole	Sulfonamides	78	8.4	10	3.3	3.3	3.3	-3
Sulfamethazine		80	9.4	12	3.3	3.3	3.3	-3
Sulfamethoxyipyridazine		78	9.8	12	3.3	3.3	3.3	-6
Sulfachloropyridazine		78	9.1	11	3.3	3.3	3.3	-1
Sulfamethoxazole		81	8.6	10	3.3	3.3	3.3	-14
Sulfamonomethoxine		80	9.2	11	3.3	3.3	3.3	-3
Sulfadoxin		80	8.6	11	3.3	3.3	3.3	-12
Sulfisoxazole		79	8.1	11	3.3	3.3	3.3	-2
Sulfadimethoxine		81	7.9	9.9	3.3	3.3	3.3	-22
Sulfaquinolaxaline		80	7.7	10	3.3	3.3	3.3	-25
4-Epitetracycline		68	7.7	9.2	230	3.3	3.3	-5
4-Epioxytetracycline		64	7.1	9.0	230	3.3	3.3	3
Tetracycline		72	8.0	11	235	3.3	3.3	-1
Oxytetracycline	Tetracyclines	68	6.9	10	234	3.3	3.3	4
4-Epichlortetracycline		67	6.8	11	236	3.3	3.3	18
Chlortetracycline		73	6.3	10	233	3.3	3.3	16
Doxycycline		69	9.5	13	3.3	3.3	3.3	-12

^a Matrix effect calculated as $ME (%) = \frac{m_m - m_s}{m_s} \times 100$, where m_m and m_s are the slopes of the curve prepared in matrix-matched standard and m_s in solvent, respectively. ^b The performance parameters were calculated excluding the spiking level at 3.3 μg kg⁻¹.

Moreover, the relative matrix effect (egg to egg) was evaluated comparing the recovery of spiked samples, calculated with different matrix-matched standards, and was considered negligible. This approach compensates for the ME on completion of the results [24,25].

Validation data in terms of recovery (trueness) and precision were calculated with the analyte concentrations of spiked samples, obtained from the linear regression equation of the matrix-matched calibration standards, and are shown in Table 1. Recoveries were in the range of 62% (tulathromycin A)–90% (tylvalosin), repeatability and within-laboratory reproducibility encompass the interval of 6.3% (chlortetracycline)–14% (gamithromycin and pirlimycin) (CV_{r,pooled}), and 7.2% (enrofloxacin)–15% (gamithromycin and valnemulin) (CV_{wR,pooled}), respectively [26].

The limits of detection (LOD) and quantification (LOQ) were primarily estimated on the basis of the recovery and precision observed at the first two validation levels (3.3 and 10 μg kg⁻¹). However, prior to monitoring, an additional validation level (i.e., 2 μg kg⁻¹) was tested, with the aim of evaluating the background contamination levels. The LOD and LOQ were equal to 2 μg kg⁻¹ for all of the analytes, except for thiamphenicol, florfenicol, cefazolin, tulathromycin A, sulfacetamide, and sulfamerazine for which an LOQ of 10 μg kg⁻¹ was fixed, as they showed poor precision and/or linearity.

Consequently, the validated method was fit for purpose, and on July 2021, the laboratory accredited it [27,28].

3.3. Real Samples Analysis

The validated method was employed for the determination of antibiotic residues in 200 egg samples. They belonged to farms spread out throughout most of Italy and encompass the three farming methods, i.e., 60 organic, 73 free-range, and 67 barn. The samples were randomly collected by supermarkets during 2018 (n = 27), 2019 (n = 100),

2020 (n = 45), and 2021 (n = 28), and came from 119 farms located in 45 provinces (Figure 2).



Figure 2. Sites (provinces) of farms where no residue (grey) and one residue (black) was detected during the survey.

An internal quality control was implemented for the analytical batches by adding the internal standards solution to each sample prior to extraction. These ISs were not used with quantitative aims; rather, they were used to check the yield of the process. Moreover, a blank and at least a spiked muscle at $10 \mu\text{g kg}^{-1}$ was analyzed to verify the absence of a false positive/negative result. Lastly, a matrix-matched calibration standard was prepared, adding the analytes immediately prior to LC injection.

Suspected samples were newly analyzed by twice performing ad hoc spiked sample and matrix-matched calibration curves based on the preliminary analysis.

Among the 200 samples, antibiotic residue was detected in only one sample, collected in 2019, representing 0.5%. Particularly, doxycycline, belonging to the tetracycline family and banned in eggs, was found at $22 \mu\text{g kg}^{-1}$. Figure 3 shows the full scan chromatograms and the MS^2 spectra of the incurred and a spiked sample.

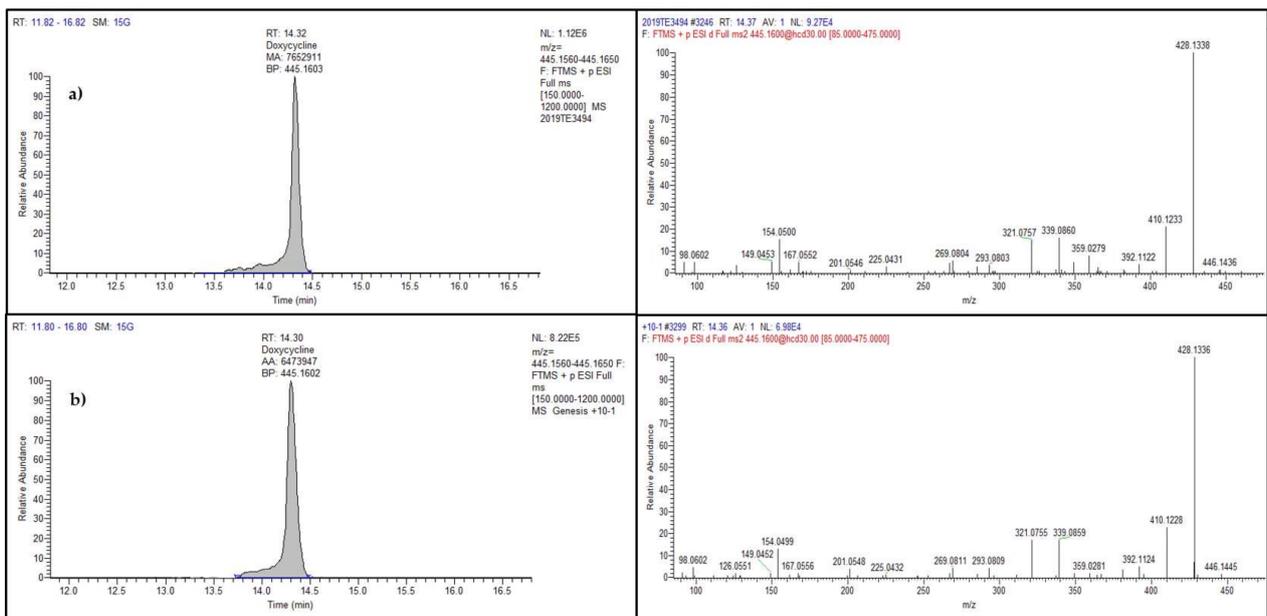


Figure 3. Chromatograms (left) and product ion spectra (right) of doxycycline in the real egg sample at $22 \mu\text{g kg}^{-1}$ (a) and in a spiked sample at $10 \mu\text{g kg}^{-1}$ (b).

Interestingly, this positive sample belonged to the free-range farming method, showing a case of illicit use.

3.4. Risk Exposure

The calculation of the daily intake and the consequent ADI percentage was based on egg consumption presented in the most recent published survey of the Italian diet [14]. Table 2 shows the data in detail: ADI percentage values were calculated on the basis of the mean and 99th percentile daily intake, encompassing age and sex categories. The ages ranged from infants (0–2.9 years), children (3–9.9 years), teenagers (10–17.9 years), and adults (18–64.9 years) to the elderly (≥ 65 years).

Table 2. Risk exposure based on the Italian diet.

Detected Analyte	Detected Concentration ($\mu\text{g kg}^{-1}$)	MRL ($\mu\text{g kg}^{-1}$)	ADI ($\mu\text{g kg}^{-1}$ b.w.)	ADI % (Mean)						ADI % (99th)													
				Infants		Children		Teenagers		Adults		Elderly		Infants		Children		Teenagers		Adults		Elderly	
				M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Doxycycline	22	Not fixed	3	0.4	0.6	0.3	0.3	0.2	0.2	0.2	0.2	2.9	3.6	1.5	1.7	1.2	1.1	1.1	0.8				

M: Male, F: Female.

The ADI values related to the contaminated sample with doxycycline did not pose any risk for human health; even taking into account the 99th percentile, the ADI percentage reached 2.9 and 3.6% for infants and children, respectively. Despite the noncompliance of the positive sample, these values are not dangerous because they are far below 100%. In fact, the sample is considered toxicologically acceptable.

4. Conclusions

The developed and validated multiclass method for the determination of 73 antibiotic residues was applied to 200 egg samples collected between 2018 and 2021 from the Italian market. The monitoring showed the presence of antibiotic residues in 0.5% of the cases and the same percentage of noncompliant samples. This value doubles (1%), when only taking 2019 into account.

Doxycycline, found in an egg sample in this survey, is more lipophilic than the other tetracyclines, and causes long-term persistence in eggs and animal tissues, which is why the EU banned its use in laying hens [4]. Nevertheless, some incidences of this antibiotic residue

in food occurred during the yearly monitoring plans of European Member States. It is important to note, in this respect, that the latest monitoring reports of veterinary medicinal products in live animals and animal products of EFSA (2018 and 2019) declared 0.19% and 0.17% of non-compliant samples as positive for the B1 substance group, respectively [29,30].

Particularly, in 2018, doxycycline was found in Italy and Spain for a total of two egg samples (2.5% and 0.4%, respectively); the Italian percentage was calculated on a limited number of samples (i.e., 40). In 2019, doxycycline was not found in European eggs and, unfortunately, the total number of egg samples analyzed was not reported in the document. However, this survey suggests that the number of the monitored samples in Italy should be increased to offer a better overview of egg contamination and, especially, to find cases of illicit use of veterinary drugs.

In conclusion, the results of this wide survey are reassuring in relation to Italian public health, considering the acceptable toxicological level.

Supplementary Materials: The following are available online at <https://www.mdpi.com/article/10.3390/separations8090148/s1>, Table S1: List of the 73 investigated analytes, Table S2: Individual stock solutions of analytes (storage temperature: -20°C), Table S3: UHPLC-Q-Orbitrap parameters of the 73 analytes and 7 ISs.

Author Contributions: G.S. (Giorgio Saluti), conceptualization, formal analysis, methodology, project administration, supervision, writing—original draft preparation, and writing—review and editing; M.N.C., validation, and investigation; F.C., validation and investigation; M.R., investigation; G.D., conceptualization, funding acquisition, methodology, project administration, and resources; G.S. (Giampiero Scortichini), conceptualization, methodology, and supervision. All authors have read and agreed to the published version of the manuscript.

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