

S2. These were shown both sides of a laminated card for distribution in clinical areas.

| Range (cm) | Size |
|------------|------------------------|
| 25 – 34 | ADULT LONG 11L |
| 32 – 43 | LARGE ADULT LONG 12L |
| 40 – 55 | THIGH 13 (USED ON ARM) |

1. Measure arm length from the top of the shoulder to the tip of the elbow
2. At the halfway point of the arm length, measure the mid-arm circumference
3. Select the cuff using your measurement
4. Document measurement in chart

