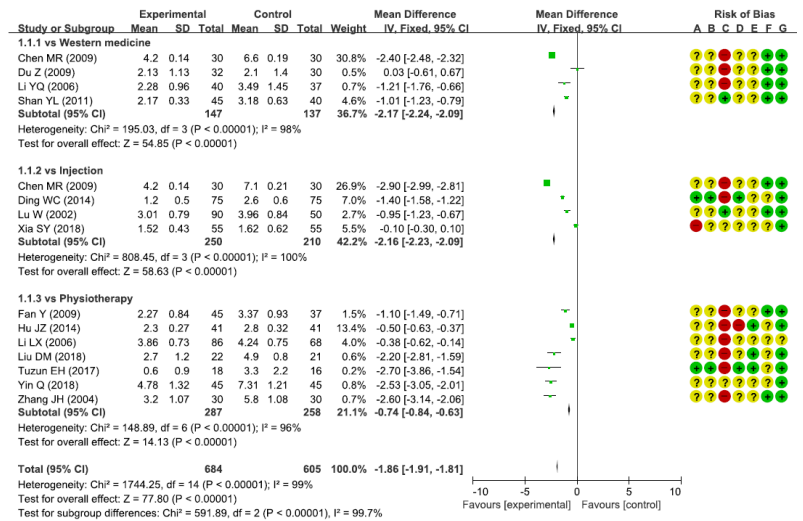
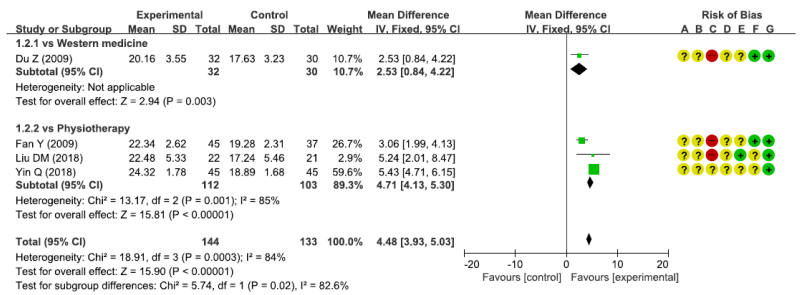


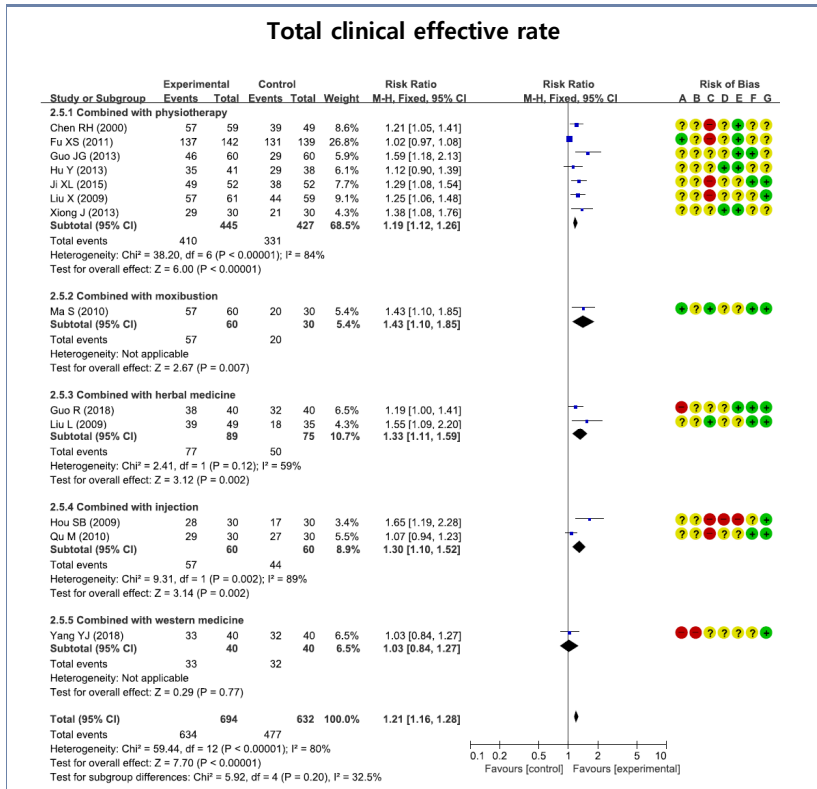
VAS



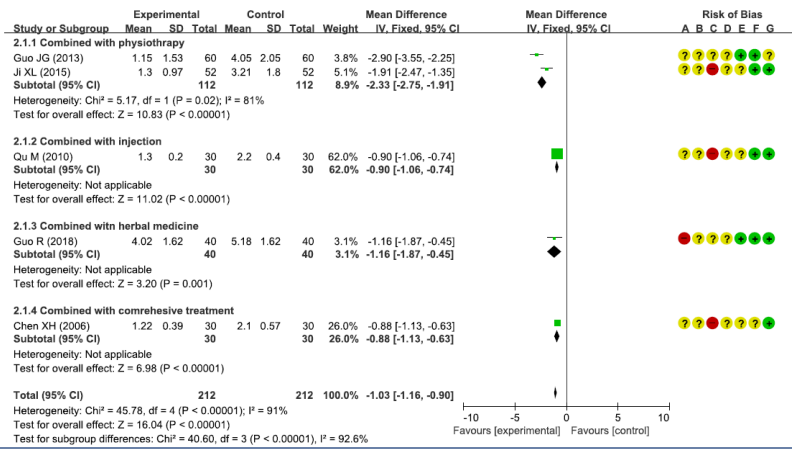
JOA



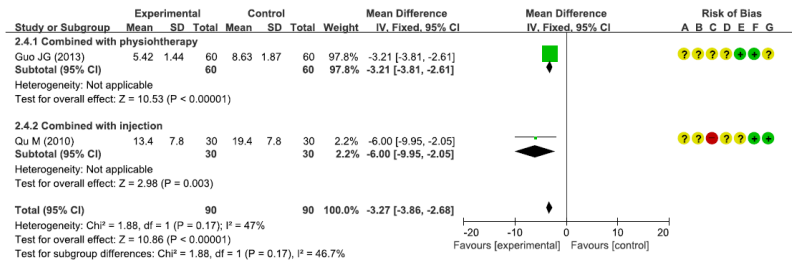
Acupuncture + usual conventional therapy vs. usual conventional therapy



VAS



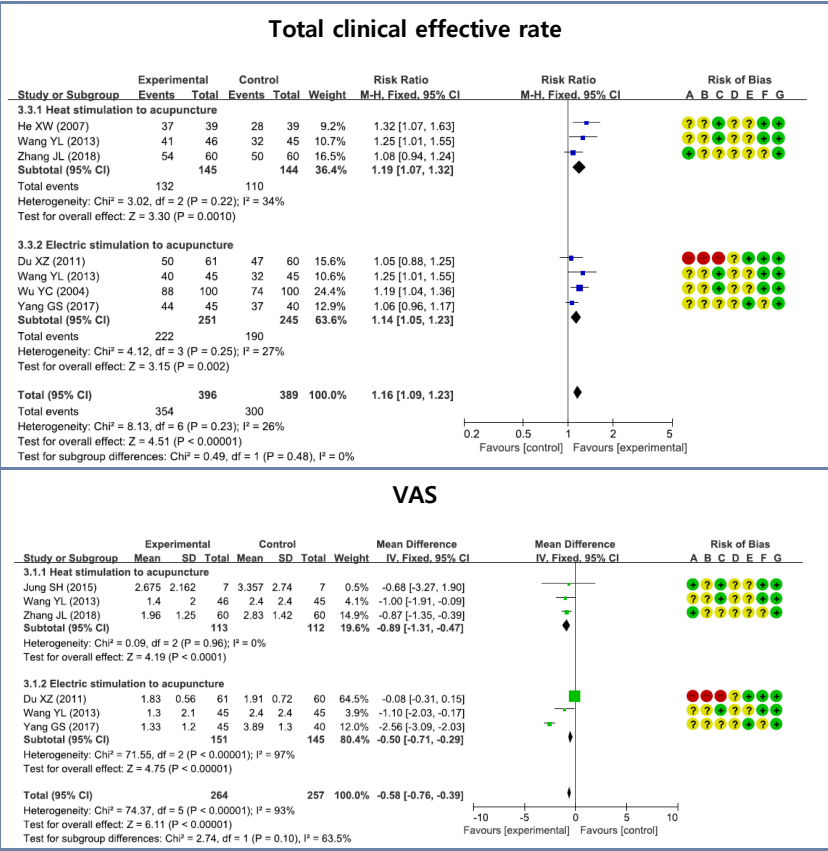
ODI



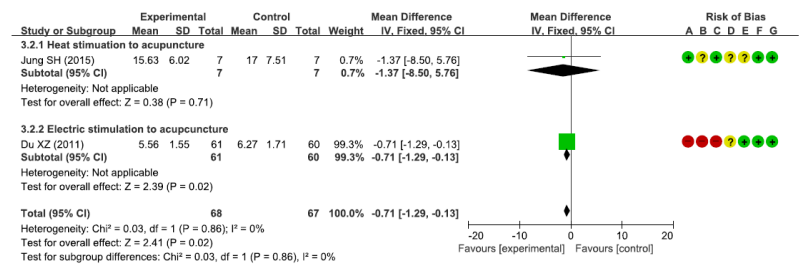
JOA

Study or Subgroup	Experimental			Control			Mean Difference		Mean Difference IV, Fixed, 95% CI	Risk of Bias A B C D E F G
	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI		
2.3.1 Combined with Physiotherapy										
Chen Y (2010)	37.1	1.56	30	33.67	1.68	30	40.3%	3.43 [2.61, 4.25]		?
Subtotal (95% CI)			30			30	40.3%	3.43 [2.61, 4.25]		?
Heterogeneity: Not applicable										
Test for overall effect: Z = 8.19 (P < 0.00001)										
2.3.2 Combined with moxibustion										
Ma S (2010)	24.9	2.7	60	17.8	4.1	30	10.4%	7.10 [5.48, 8.72]		?
Subtotal (95% CI)			60			30	10.4%	7.10 [5.48, 8.72]		?
Heterogeneity: Not applicable										
Test for overall effect: Z = 8.60 (P < 0.00001)										
2.3.3 Combined with herbal medicine										
Guo R (2018)	14.73	2.04	40	10.92	1.25	40	49.3%	3.81 [3.07, 4.55]		?
Subtotal (95% CI)			40			40	49.3%	3.81 [3.07, 4.55]		?
Heterogeneity: Not applicable										
Test for overall effect: Z = 10.07 (P < 0.00001)										
Total (95% CI)			130			100	100.0%	4.00 [3.48, 4.52]		
Heterogeneity: Chi ² = 16.20, df = 2 (P = 0.0003); I ² = 88%										
Test for overall effect: Z = 15.04 (P < 0.00001)										
Test for subgroup differences: Chi ² = 16.20, df = 2 (P = 0.0003), I ² = 87.7%										

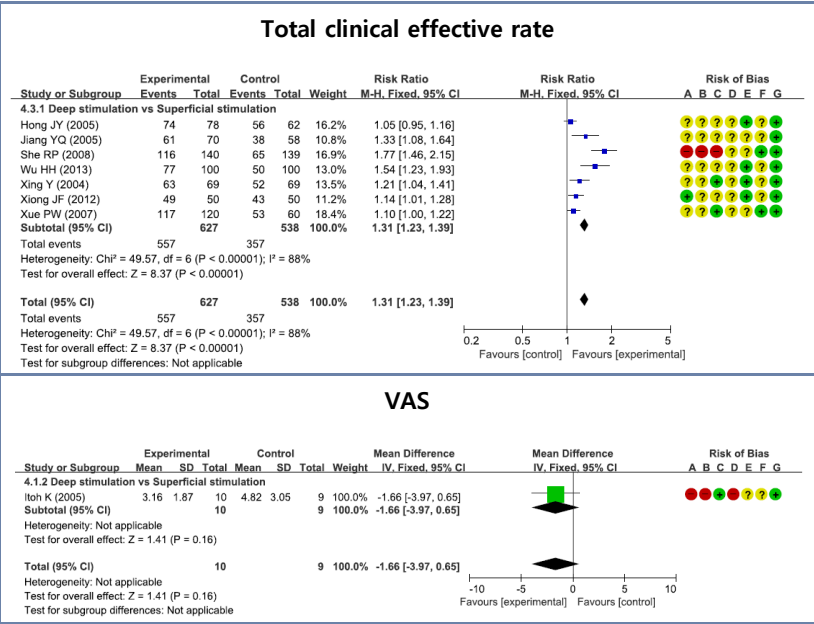
Electro-acupuncture, fire needling, or warm needling vs. acupuncture



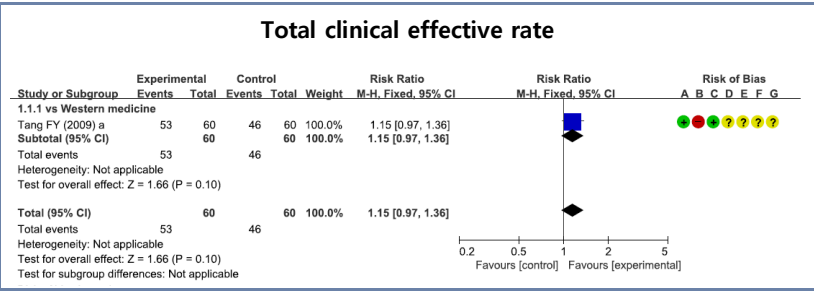
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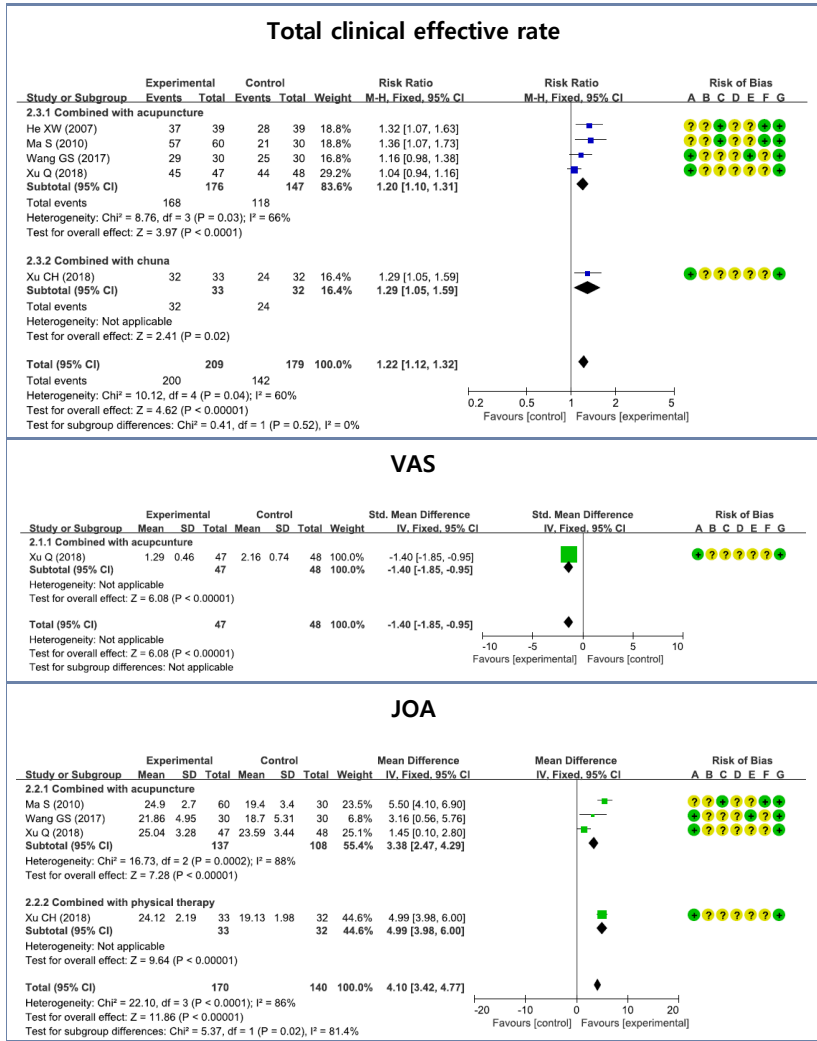
Deep insertion acupuncture vs. superficial insertion acupuncture



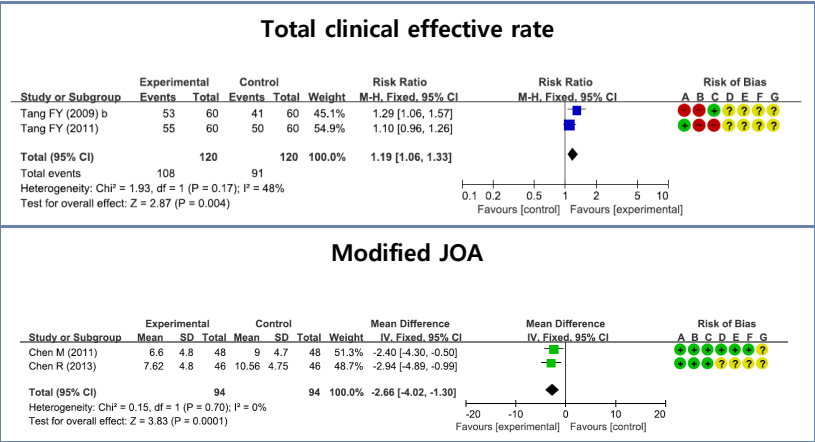
Moxibustion vs. active control group

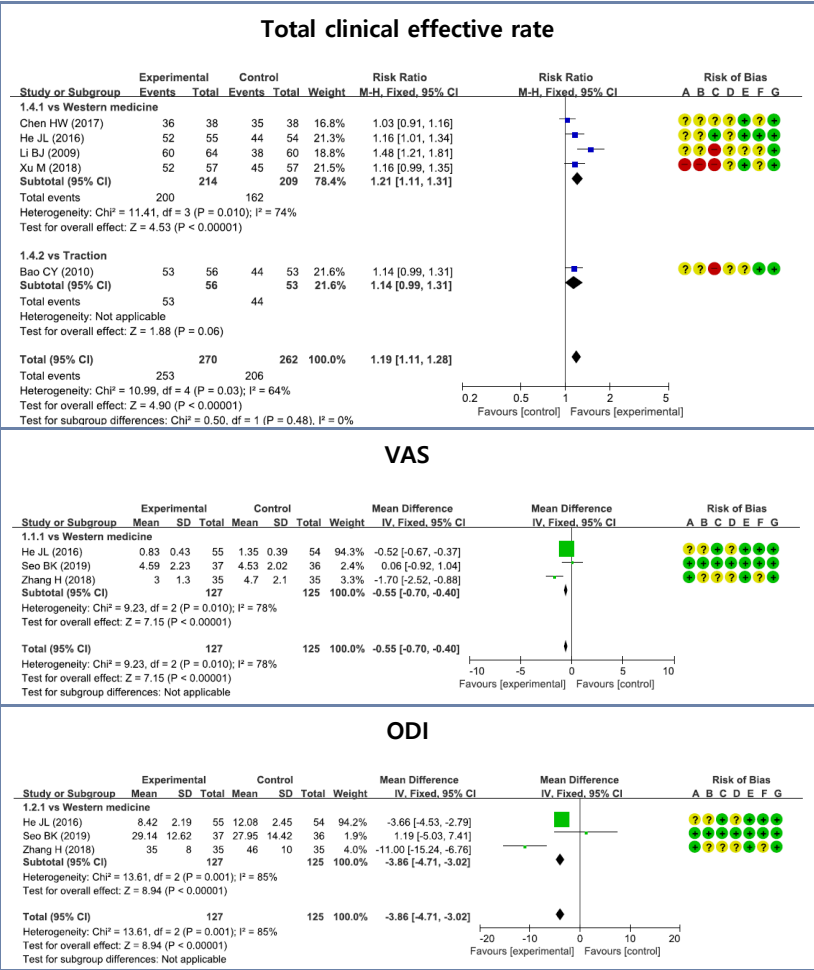


Moxibustion + usual conventional therapy vs. usual conventional therapy

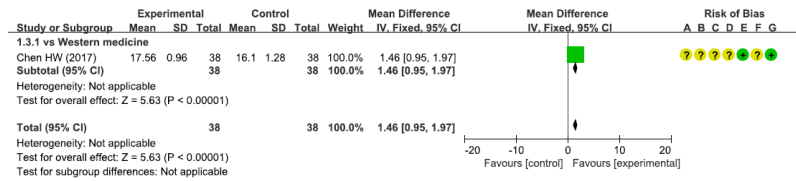


Moxibustion causing deqi sensation vs. moxibustion not causing deqi sensation

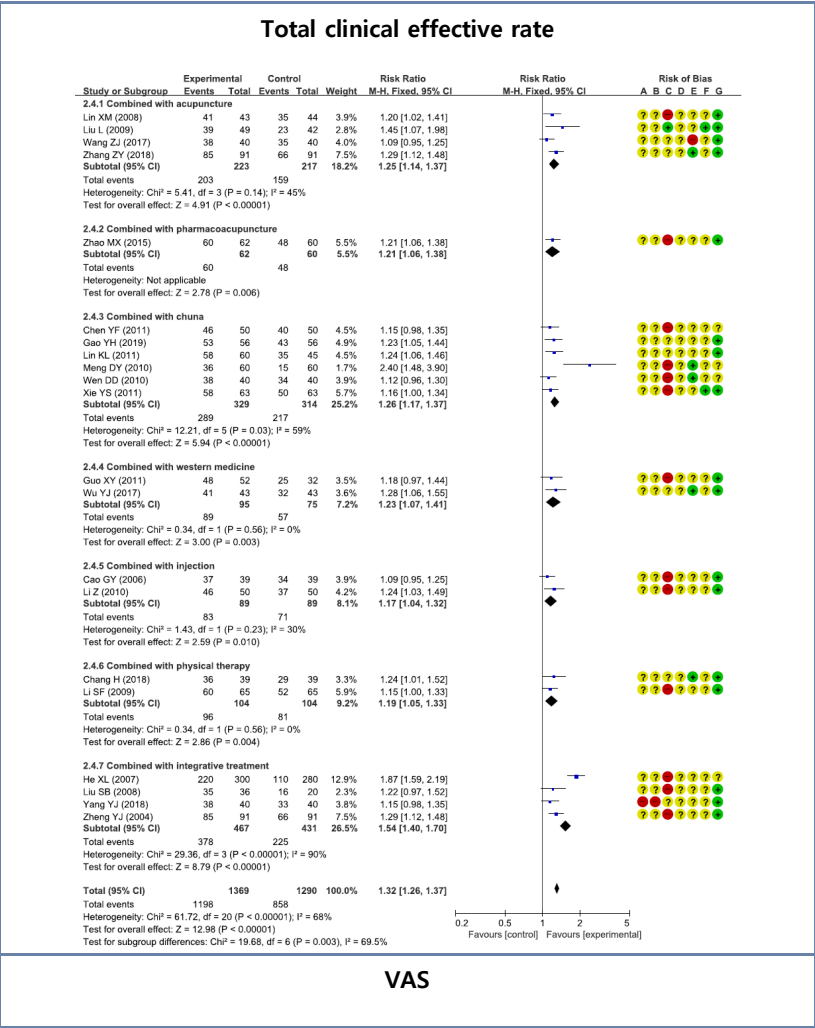


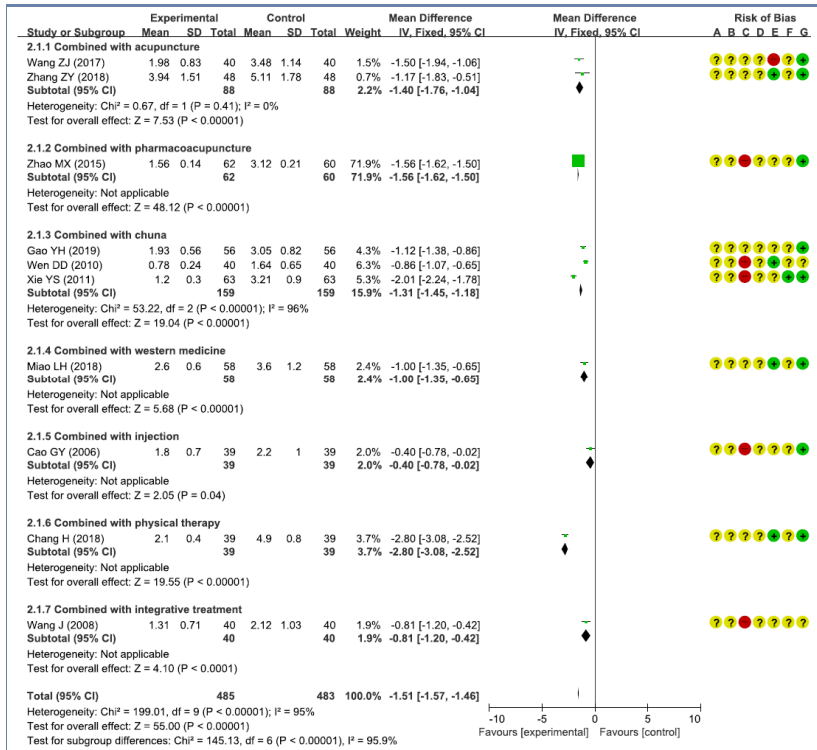


JOA

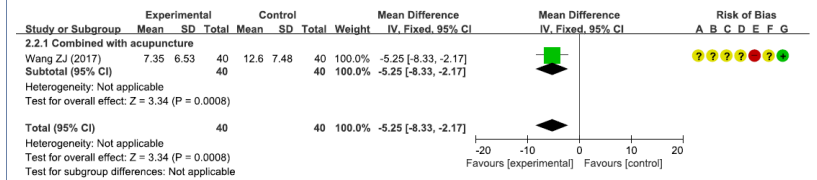


Herbal medicine + usual conventional therapy vs. usual conventional therapy

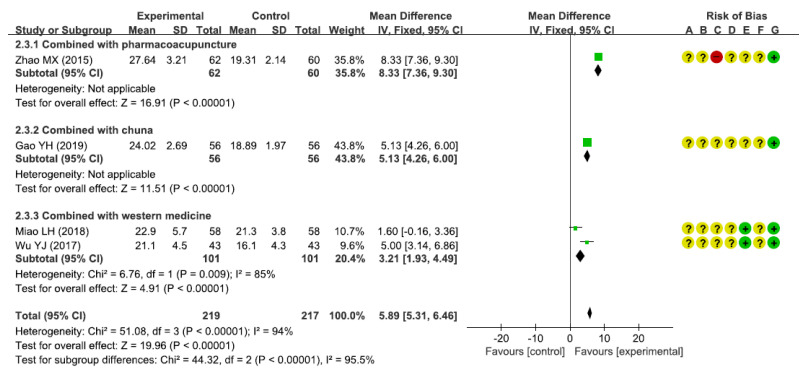




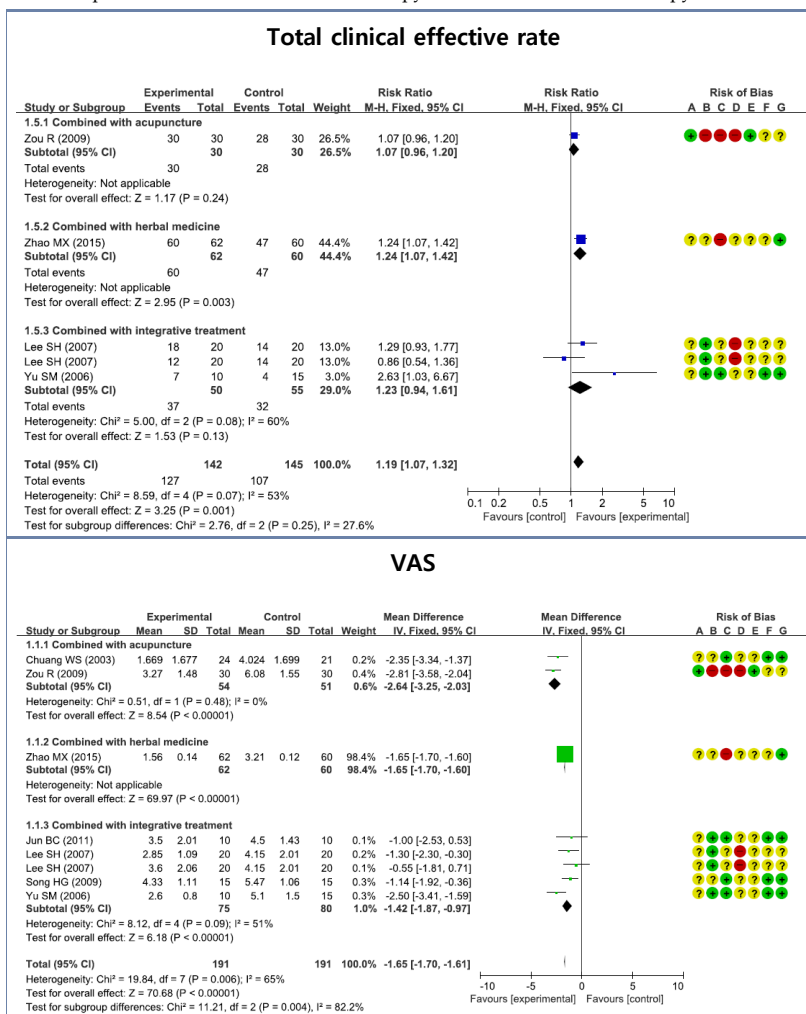
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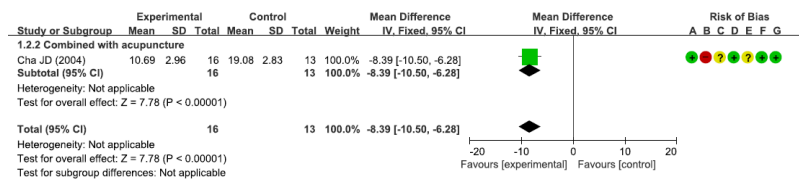
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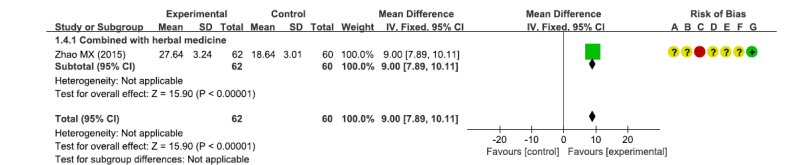
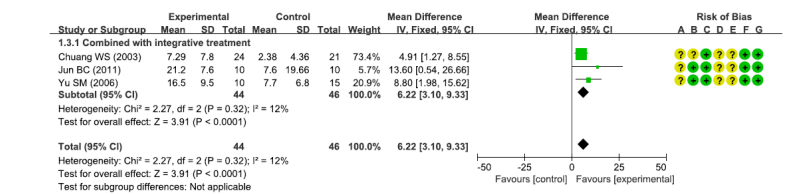
Pharmacopuncture + usual conventional therapy vs. usual conventional therapy



ODI

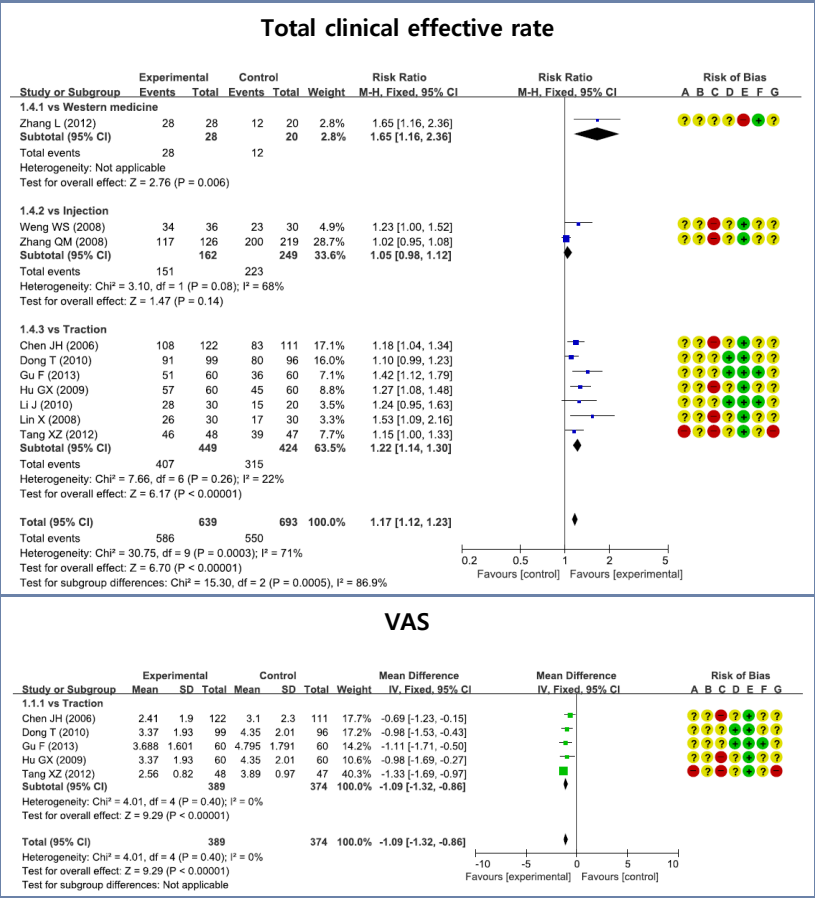


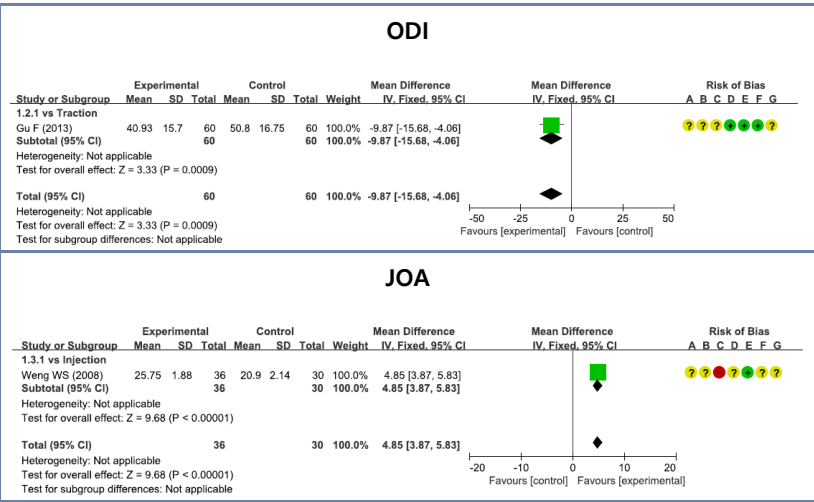
ODI change



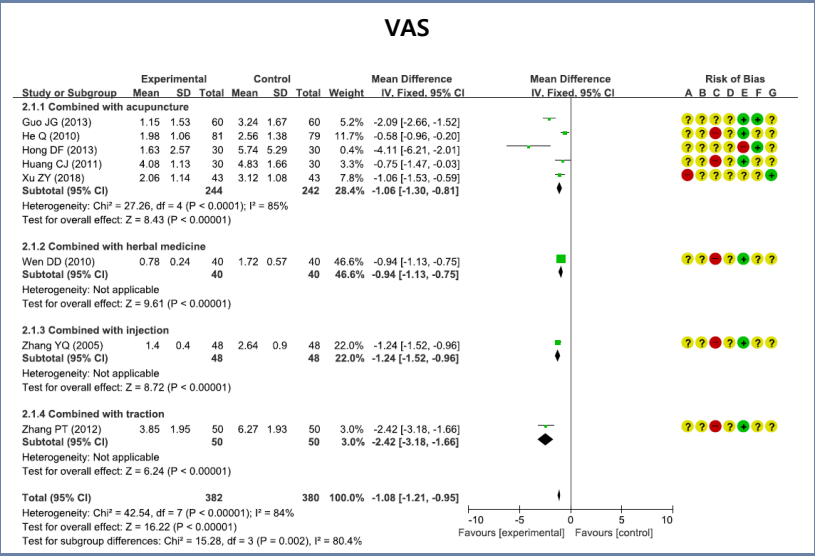
JOA

Tuina manual therapy vs active control treatment

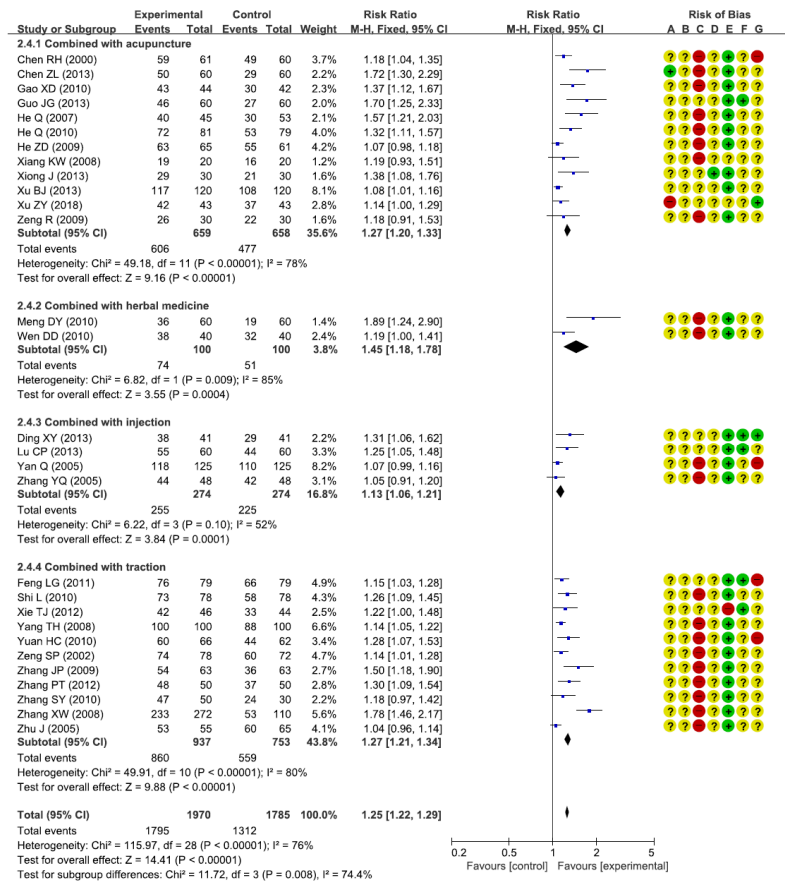




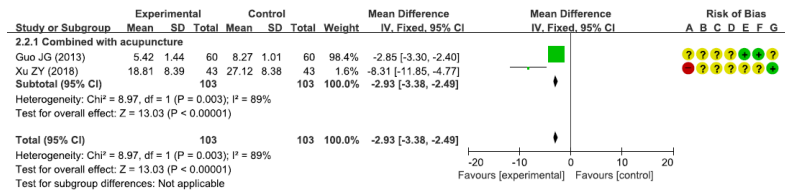
Tuina manual therapy + usual conventional therapy vs. usual conventional therapy



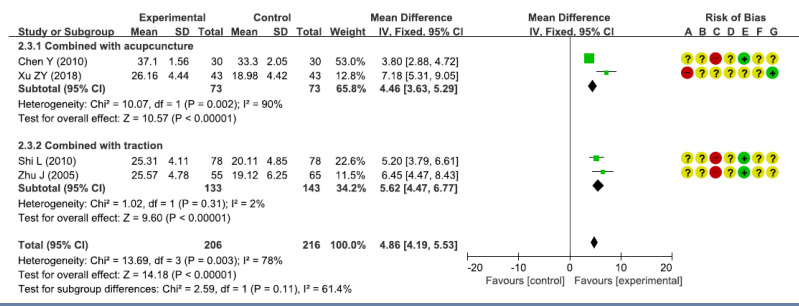
Total clinical effective rate



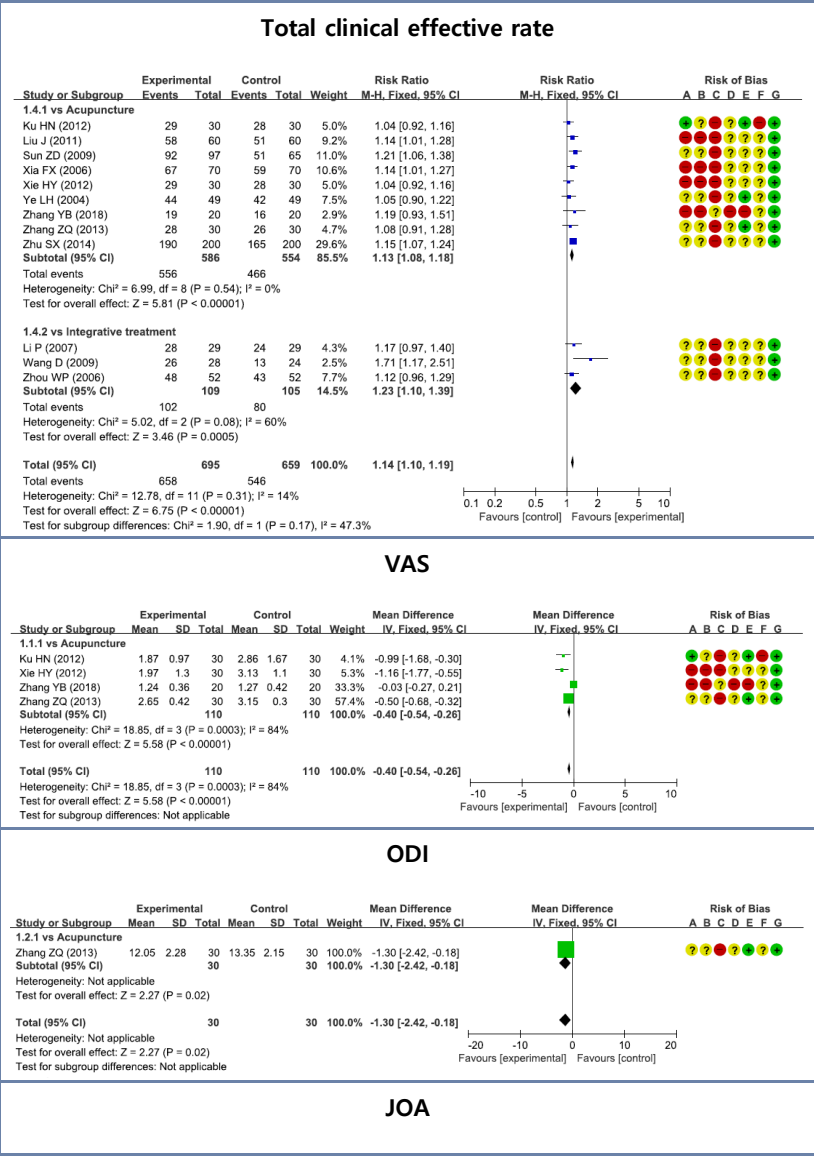
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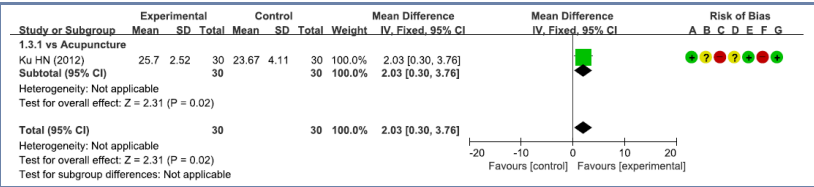


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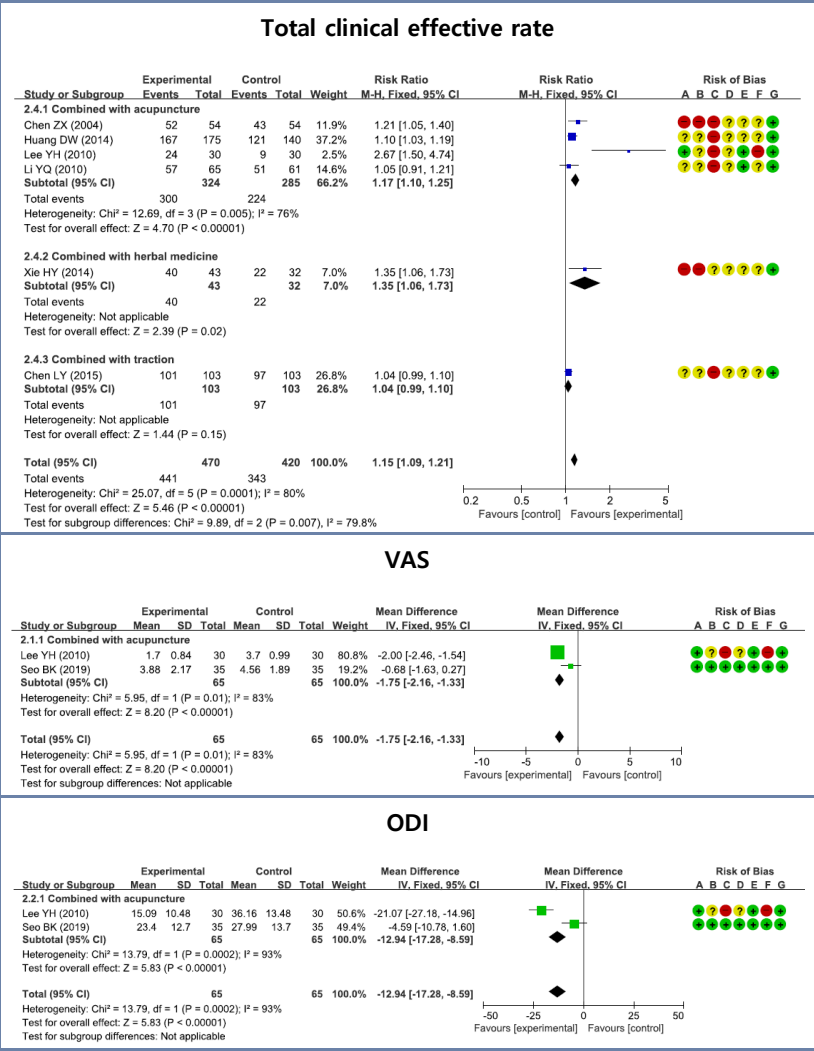


TEA vs. active control treatment

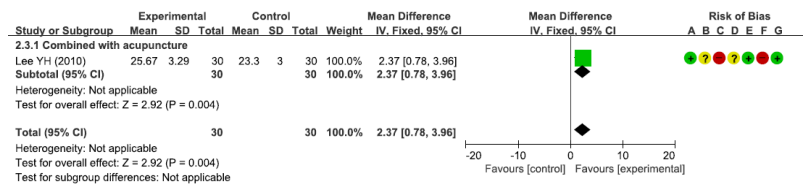




TEA + usual conventional therapy vs. usual conventional therapy



JOA



Cupping + usual conventional therapy vs. usual conventional therapy

