

Table S1. Classification of publications included in review (N = 36).

	Validate Instruments	NON Validated Measures	Intervention Programs	Follow-Up	Results For Separate Conditions	Results For Separate Group (E.G., Gender, Grade Or Age, Subgroups)	Randomized Selection Of The Subjects	Randomization Of Group/Condition	Control Group/Condition	Validated Measures	Non Validated Measures
Amado-Alonso Et Al. (2018)	Yes	Yes	No	No	No	Yes	Yes	No	No	0	0
Arens Et Al. (2013)	Yes	No	No	No	No	Yes	No	No	No	1	0
Ashrafi Et Al. (2020)	Yes	Yes	No	No	No	Yes	No	No	No	0	0
Attar-Schwartz Et Al. (2019)	Yes	Yes	No	No	No	No	No	No	No	0	0
Baerveldt Et Al. (2014)	No	Yes	No	Yes	No	Yes	No	No	No	0	1
Caprara Et Al. (2014)	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	0	0
Chen Et Al. (2017)	Yes	Yes	No	Yes	No	No	No	No	No	0	0
Clemmensen Et Al. (2020)	Yes	Yes	No	No	No	Yes	No	No	No	0	0
Coelho Et Al. (2017)	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	1	0
Coelho-Sousa Et Al. (2017)	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	1	0
Coyle Et Al. (2021)	Yes	Yes	No	No	No	No	No	No	No	0	0
De La Haye Et Al. (2017)	No	Yes	No	No	No	No	No	No	No	0	1
Delgado Et Al. (2019)	Yes	No	No	No	No	Yes	No	No	No	1	0
Dorio Et Al. (2019)	Yes	No	No	No	No	Yes	No	No	No	1	0
Dursley Et Al. (2015)	Yes	No	No	No	No	Yes	No	No	No	1	0
Dvorsky Et Al. (2018)	Yes	Yes	No	No	No	No	Yes	No	No	0	0
Fairweather-Schmidt Et Al. (2015)	Yes	No	Yes	Yes	Yes	Yes	No	Yes	Yes	1	0

Hoffmann Et Al. (2020)	Yes	No	No	No	No	No	No	No	No	1	0
Ickovics Et Al. (2014)	Yes	Yes	No	No	No	Yes	Yes	No	No	0	0
Layous Et Al. (2012)	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	0	0
Long Et Al. (2012)	Yes	No	No	No	No	Yes	No	No	No	1	0
Makover Et Al. (2019)	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	0	0
Murray Et Al. (2011)	Yes	No	No	No	No	Yes	No	No	No	1	0
Nitkowski Et Al. (2017)	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	1	0
Ogurlu Et Al. (2016)	Yes	No	No	No	No	Yes	No	No	No	1	0
Ojio Et Al. (2018)	No	Yes	Yes	Yes	No	No	No	No	No	0	1
Olivier Et Al. (2017)	Yes	Yes	No	Yes	No	No	No	No	No	0	0
Rothon Et Al. (2011)	Yes	Yes	No	No	No	No	Yes	No	No	0	0
Rusby Et Al. (2013)	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	0	1
Salazar-Ayala Et Al. (2021)	Yes	No	No	No	No	No	No	No	No	1	0
Schaffhuser Et Al. (2017)	Yes	Yes	No	Yes	No	Yes	No	No	No	0	0
Schuster Et Al. (2012)	No	Yes	No	No	No	Yes	Yes	No	No	0	1
Tomada Et Al. (2015)	Yes	Yes	No	No	No	Yes	No	No	Yes	0	0
Troop-Gordon Et Al. (2019)	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes	0	0
Vaz Et Al. (2014)	Yes	Yes	No	Yes	No	Yes	No	No	No	0	0
Vaz Et Al. (2015)	Yes	Yes	No	Yes	No	Yes	No	No	No	0	0
Yes	31	23	9	15	9	24	7	6	10	13	5