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# Signal Quality Assessment for Transdermal Optical Wireless Communications under Pointing Errors <sup>†</sup>

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Abstract: In this paper, we assess the signal quality of the out-body to in-body optical communication link, which can be used as a fundamental enabler of novel biomedical appliances, such as medical implants, as well as biological and chemical components monitoring. In particular, we present a mathematical understanding of the transdermal system, which takes into account the optical channel characteristics, the integrated area limitations of the in-body unit, the transceivers' pointing errors and the particularities of the optical units. Moreover, to accommodate the propagation characteristics, we present a novel simplified, but accurate, transdermal path-gain model. Finally, we extract low-complexity closed-form expressions for the instantaneous and average signal to noise ratio of the transdermal optical link (TOL). Numerical and simulation results are provided for several insightful scenarios and reveal that pointing errors can significantly affect the reliability and effectiveness of the TOL; hence, it should be taken into account in the analysis and design of such systems.

Keywords: optical wireless communications; pointing errors; transdermal optical wireless links

# 1. Introduction

Medical implants (MIs) have received significant attention from both academia and industry because of the improvements that they offer to an increasing amount of patients. Conventional MIs use the radio frequency (RF) band, which is bandwidth (BW) saturated [1], and transmission power in the order of some 10 s of mW [2]. Consequently, when operating with reasonable transmission power, they are unable to achieve the high data rates required for the emulation of human organs [3,4]. Another disadvantage of conventional MI appliances is the interference from other sources operating in the same band, which can significantly degrade their performance. As a result, RF MIs are considered a mediocre solution [5,6].

To overcome these barriers, it is necessary to examine the feasibility and effectiveness of transdermal wireless links that operate in non-standardized frequency bands and are characterized by a large BW availability. In this context and due to the partial transparency of skin at infrared (IR) wavelengths as well as the extremely high immunity to external interference, the use of optical wireless communications (OWCs) has been reported as an innovative alternative (see, for example, [7,8] and references therein). Consequently, a great amount of research effort was put into identifying the particularities of the transdermal optical wireless links (TOLs) [9–11] and experimentally validating its feasibility [5,12–17]. In more detail, in [9], in vitro measurements of the optical properties of human skin are presented in the range of visible and infrared wavelengths, while, in [10,11], the authors

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analyzed the optical properties of skin and subcutaneous tissues measured in a wide wavelength range. In the aforementioned works, the channel models used are based on the numerical results to accommodate the impact of the transdermal propagation loss. Consequently, it is difficult to evaluate the TOL's performance as well as to provide the appropriate design guidelines and tools.

Furthermore, in [12], TOLs have been used to establish transdermal high data rate communications between the internal and external unit of the medical system, whereas, in [15], the authors presented experimental results of direct and retroreflection transdermal link configurations. Additionally, in [13], the optical transdermal link's fundamental design parameters and their interaction have been quantified, while, in [14], the authors demonstrated the tradeoffs revolving around the design of OWC medical systems. Finally, the authors of [16] evaluated the system model of a transdermal optical link with regard to tissue thickness, data rate and transmitted power.

Most of the previously reported published works have neglected the effect of pointing errors caused due to the light emitting diodes' (LEDs) and photo-detectors' (PDs) directional behavior. On the contrary, in [5,15,17], the authors examined its impact on the TOL's error performance. Particularly, in [5], a low power, high data rate TOL was evaluated in terms of energy consumption and bit error rate (BER), for a given pointing errors tolerance. Finally, in [17], the in vivo feasibility of the TOL is verified, proving that high data rate can be delivered with BER of  $2 \times 10^{-7}$ , in the presence of pointing errors. The findings verify the feasibility of high-reliable low-power consumption transdermal optical wireless links.

However, in all of these contributions, deterministic models have been employed to accommodate the impact of pointing errors. Thus, the stochastic nature of the pointing errors due to the relative motion between the transmitter (TX) and the receiver (RX) is not taken into account. Of note, this relative motion is unavoidable in several biomedical applications, due to the biological functions. Motivated by this, in this paper, we quantify the impact of pointing errors in terms of average SNR. Specifically, the technical contribution of this paper can be summarized as follows:

- A novel system model for the TOL is formulated, which accommodates the characteristics of this type of links.
- A novel easily-computed channel model is extracted by employing experimental results
  concerning the pathloss and a stochastic process for the pointing errors between the TX and
  the RX. The utilization of this model in the analysis for the transdermal channel introduces a
  accurate but tractable alternative to the existing models, in terms of the signal propagation and
  the pointing errors.
- Closed form expressions are derived for the instantaneous and average SNR, which take into
  account the transdermal channel particularities, the transceivers characteristics and the intensity
  of pointing errors.
- Illustrative results reveal important technical insights that can be utilized in the design of OWC transdermal systems.

The rest of this paper is organized as follows. Section 2 is devoted in presenting the system model and the characteristics of the transdermal optical channel. Section 3 focuses on providing the theoretical framework, which quantifies the TOL's quality in terms of average SNR. Respective numerical results and discussions are provided in Section 4. Finally, closing remarks are summarized in Section 5.

*Notations:* Unless stated otherwise, in this paper,  $|\cdot|$  denotes absolute value,  $\exp(\cdot)$  represents the exponential function, and  $\log_2(\cdot)$  and  $\ln(\cdot)$  stand for the binary logarithm and the natural logarithm, respectively. In addition,  $P(\mathcal{A})$  denotes the probability of the event  $\mathcal{A}$ , and  $\operatorname{erf}(\cdot)$  denotes the error function [18].

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### 2. System Model

As demonstrated in Figure 1, the main components of a transdermal MI are the out-of-body unit, the channel (skin) and the in-body unit. The out-of-body unit consists of a data capturing unit that converts external stimulations into electrical signals, followed by the the digital signal processing (DSP) unit that digitizes and compresses the data into modulated signals. In turn, these signals are transmitted by the TX to the RX of the in-body unit. The received signal is processed via a DSP stimulation (STM) unit that are responsible for generating the appropriate stimulations.

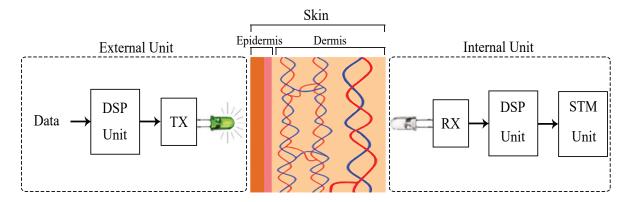


Figure 1. System model under consideration.

We assume that the transmitted signal, x, conveys over the optical wireless channel, h, with additive noise n. Hence, the baseband equivalent received signal can be obtained as

$$y = Rhx + n, (1)$$

where R stands for the responsivity of the RX's PD and can be expressed as

$$R = \eta \frac{|e|}{p \, v_p},\tag{2}$$

with  $\eta$  being the quantum efficiency of the PD, e the electron charge,  $v_p$  the photons' frequency and p the Planck constant.

Next, we provide the channel model under consideration. The baseband equivalent channel, h, can be written as in [15,19]

$$h = h_1 h_{v}, \tag{3}$$

where  $h_l$  and  $h_p$ , respectively, represent the deterministic channel coefficient, due to the path gain, and the stochastic process that models the geometric spread, because of the pointing errors. We assume a Gaussian spatial intensity profile of  $w_\delta$  on the RX plane at distance  $\delta$  from the TX and circular aperture of radius  $\beta$ . Likewise,  $h_p$  represents the fraction of the collected power, due to geometric spread with radial displacement r from the origin of the PD. By assuming that the elevation and the horizontal displacement (sway) follow independent and identical Gaussian distributions, a usually employed assumption used in OWCs [20], we observe that the radial displacement at the RX follows a Rayleigh distribution. Thus, the probability density function (PDF) of the random variable  $h_p$  can be obtained as [21]

$$f_{h_p}(x) = \frac{\xi}{A_0^{\xi}} x^{\xi - 1}, \qquad 0 \le x \le A_0,$$
 (4)

where

$$A_0 = [\operatorname{erf}(v)]^2, \tag{5}$$

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stands for the the fraction of the collected power in case of zero radial displacement [22] and

$$v = \frac{\sqrt{A}}{\sqrt{2}w_{\delta}},\tag{6}$$

with A and  $w_{\delta}$ , respectively, denoting the RX's PD effective area and the beam waste (radius calculated at  $e^{-2}$ ) on the RX plane at distance  $\delta$  from the TX. Meanwhile,  $\xi$  is the square ratio of the equivalent beam radius,  $w_e$ , and the pointing error displacement standard deviation at the RX, which can be obtained as

$$\xi = \frac{w_e^2}{4\sigma^2},\tag{7}$$

where  $\sigma^2$  is the pointing error jitter variance at the RX. Finally,  $w_e^2$  can be evaluated as

$$w_e^2 = w_\delta^2 \frac{\sqrt{\pi} \operatorname{erf}(v)}{2v \exp(-v^2)}.$$
 (8)

Based on Equation (4), the cumulative distribution function (CDF) of  $h_v$  can be obtained as

$$F_{h_p}(x) = \int_0^x f_{h_p}(y) \, dy,$$
 (9)

or, by substituting Equation (4), as

$$F_{h_p}(x) = \begin{cases} \int_0^x \frac{\xi}{A_0^{\xi}} y^{\xi-1} \, \mathrm{d}y, & 0 \le y \le A_0 \\ 1, & x \ge A_0 \end{cases} . \tag{10}$$

By employing ([18], equation 2.01/1), Equation (10) can be rewritten as

$$F_{h_p}(x) = \begin{cases} \frac{1}{A_0^{\xi}} x^{\xi} & 0 \le x \le A_0 \\ 1, & x \ge A_0 \end{cases}$$
 (11)

The deterministic term of the channel coefficient can be expressed as ([8], Equation (10.1))

$$h_l = \exp\left(-\frac{1}{2}\alpha(\lambda)\delta\right),$$
 (12)

where  $\alpha(\lambda)$  and  $\delta$  represent the skin attenuation coefficient in the wavelength  $\lambda$ , and the total dermis thickness, respectively.

Of note, the value of  $\alpha(\lambda)$  depends on the optical properties of the skin and can be obtained numerically from experimental results from [10,11]. Based on these values and, by employing the trust region method (the interested reader can find more information about this method in [23–25]), we can extract a novel closed-form expression for the skin attenuation coefficient in the region of [400, 1800 nm] as

$$\alpha(\lambda) = \sum_{i=1}^{8} a_i \exp\left(-\left(\frac{\lambda - b_i}{c_i}\right)^2\right),\tag{13}$$

where the values of  $a_i$ ,  $b_i$  and  $c_i$ , with  $i = 1, 2, \dots, 8$ , are provided in Table 1, and  $\lambda$  is given in nm.

Note that the accuracy of this expression has been evaluated higher than 99.7% by utilizing the coefficient of determination (R-squared). R-squared is the square of the correlation between the response values and the predicted response values and can be expressed as the ratio of the sum of squares of the regression and the total sum of squares.

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i	$a_i$	$b_i$	$c_i$
1	10	0.35	0.065
2	4.5	0.42	0.25
3	13.48	-1.5	50.12
4	14.7	1442	49.35
5	7.435	1499	75.88
6	48	3322	1033
7	594.1	-183	285.9
8	11.47	-618.5	1054

**Table 1.** The  $a_i$ ,  $b_i$  and  $c_i$  values.

The noise component can be analyzed as

$$n = n_b + n_{DC} + n_t, \tag{14}$$

where  $n_b$ , and  $n_{DC}$  stand for the background and dark current shot noises, respectively, which can be modeled as zero-mean Gaussian processes with variances

$$\sigma_b^2 = 2|e|RBP_b,\tag{15}$$

and

$$\sigma_{DC}^2 = 2|e|BI_{DC},\tag{16}$$

with B,  $P_b$  and  $I_{DC}$ , respectively, being the communication bandwidth, the background optical power, and the intensity of the dark current. Finally,  $n_t$  stands for the thermal noise, which can be also modeled as a zero-mean Gaussian process with variance  $\sigma_t^2$ . Note that, since  $n_b$ ,  $n_{DC}$ , and  $n_t$  are zero-mean Gaussian processes, n also follows zero-mean Gaussian distribution with variance [15]

$$\sigma^2 = \sigma_b^2 + \sigma_{DC}^2 + \sigma_t^2. \tag{17}$$

# 3. Average SNR

Based on the previous analysis, and by assuming an intensity modulation and direct detection (IM/DD) method, the instantaneous SNR can be obtained as [26]

$$\gamma = \frac{R^2 \exp\left(-\alpha(\lambda)\delta\right) h_p^2 \tilde{P}_s}{2|e|RP_h + 2|e|I_{DC} + N_0},\tag{18}$$

where  $\tilde{P}_s$  and  $N_0$ , respectively, represent the signal and noise optical power spectral density (PSD).

**Theorem 1.** The average SNR, can be analytically evaluated as

$$\tilde{\gamma} = \frac{R^2 \exp\left(-\alpha(\lambda)\delta\right) \tilde{P}_s}{2|e|RP_h + 2|e|I_{DC} + N_0} \frac{\xi A_0^2}{\xi + 2}.$$
(19)

**Proof.** Please refer to the Appendix.  $\Box$ 

From Equation (19), it is evident that the average SNR depends on the transmission PSD, the skin particularities, namely skin attenuation and thickness, the RX's characteristics, and the intensity of the pointing errors. Moreover, note that, since the skin attenuation is a function of the wavelength, the average SNR is also a function of the wavelength.

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#### 4. Results and Discussion

In this section, we evaluate the performance of the transdermal OWC link by illustrating analytical and Monte-Carlo simulation results for different insightful scenarios. The simulation results were obtained using the software tools Matlab and Mathematica. In more detail, we assume that the photodiode effective area, A, is defined as

$$A = \pi \beta^2, \tag{20}$$

and is equal to 1 mm<sup>2</sup>, while the divergence angle,  $\theta$ , equals 20°. Additionally, unless otherwise stated, the skin thickness,  $\delta$ , is assumed to be equal to 4 mm, while the noise optical PSD,  $N_0$ , is set to  $\left(1.3 \, \mathrm{pA} / \sqrt{\mathrm{Hz}}\right)^2$  [27]. The beam waist in distance  $\delta$  is calculated as

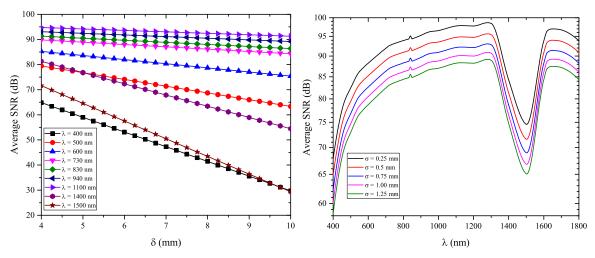
$$w_{\delta} = \delta \tan \left(\frac{\theta}{2}\right). \tag{21}$$

Moreover, according to Gil et al. [15], the OWC link shows extremely high immunity to external interference; hence, the background optical power can be omitted, i.e.,  $P_b=0$ . Furthermore, the photodiode's dark current,  $I_{DC}$ , is set to 0.05 nA, whereas,  $\eta=0.8$  [8]. Finally, unless stated otherwise, we assume  $\tilde{P}_s=0.1$  mW/MHz,  $\lambda=1100$  nm and  $\xi=1$ .

Figure 2a demonstrates the impact of skin thickness on the received signal quality in the OWC link operating in different wavelengths. We observe that the analytical and simulation results coincide; therefore, the analytical framework for the derivation of the average SNR is verified. As expected, for a given wavelength, as the skin thickness increases, the average SNR decreases, i.e., the received signal quality degrades. This degradation is caused due to the pathloss. Additionally, we observe that, for a given skin thickness,  $\delta$ , the average SNR depends on the wavelength. For example, for  $\delta = 6$  mm and  $\lambda = 1500$  nm, the average SNR equals 57.5 dB, whereas, for the same  $\delta$  and  $\lambda = 1400$  nm, the average SNR is 72.34 dB. In other words, the 100 nm variation of the wavelength, from 1500 to 1400 nm, resulted in a 25.8% signal quality improvement. On the other hand, for the same  $\delta$ , when  $\lambda$  changes from 400 to 500 nm, the average SNR increases about 39.4%. This observation indicates the wavelength selectivity of the transdermal link, as well as the importance of appropriately choosing the wavelength, when designing the link. Finally, for  $\delta \leq 5.25$  mm, we observe that a 1500 nm OWC link outperforms the corresponding link operating in 400 nm, while, for  $\delta > 5.25$  mm, the opposite is valid. This is because, in these scenarios and for skin thicknesses less that 5.25 mm, the factor that determines the received signal quality degradation is mainly the RX's responsivity, whereas, for  $\delta > 5.25$ , the dominant factor is the skin attenuation coefficient.

Figure 2b depicts the average SNR as a function of the wavelength for different values of the jitter standard deviation,  $\sigma$ . We observe that, although the signal PSD in the OWCs is much lower than the one when RF link is used, the average SNR is surprisingly high, i.e., in the order of 90 dB. This indicates that the OWCs can achieve much higher energy efficiency compared to the corresponding RF link. Moreover, for a fixed wavelength, as  $\sigma$  increases, the average SNR decreases. For  $\lambda=600$  nm, the average SNR decreases approximately 10% as  $\sigma$  is changed from 0.25 to 1.25. Additionally, from this figure, it is evident that a transmission window exists for wavelengths between 700 and 1300 nm. Note that, in this wavelength region, several commercial light emitting diodes (LEDs) and photodetectors (PD) exist (see, for example, [28,29]). Finally, we observe that the wavelength windows from 400 to 600 nm and around 1500 nm are not optimal for TOLs, whereas the optimal transmission wavelength is 1100 nm.

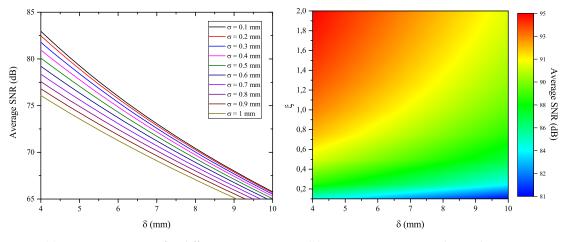
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- (a) Average SNR vs.  $\delta$  for different  $\lambda$ .
- **(b)** Average SNR vs.  $\lambda$  for different values of  $\sigma$ .

Figure 2. Impact of wavelength selectivity.

In Figure 3, the impact of pointing errors in the received signal quality is quantified. In more detail, in Figure 3a, the average SNR is illustrated as a function of the skin thickness for different values of the jitter SD. We observe that the value of average SNR decreases at an increase of the skin thickness and the jitter SD. For instance, for  $\delta=6$  mm, as jitter SD increases from 0.1 mm to 1 mm, the average SNR decreases by 6%. In addition, it is noticed that, for  $\sigma=0.5$  mm, the average SNR decreases by approximately 19% as the skin thickness increases from 4 mm to 10 mm, while, for  $\sigma=1$  mm, for the same skin thickness increase, the average SNR decreases about 16.8%. This indicates that, as  $\sigma$  increases, the signal quality becomes less severe to the skin thickness variation.



- (a) Average SNR vs.  $\delta$  for different  $\sigma$ .
- **(b)** Average SNR vs.  $\delta$  and  $\xi$ , with  $\lambda = 940$  nm.

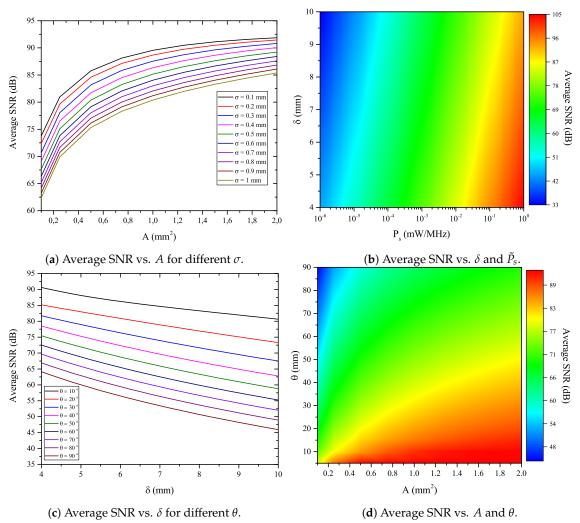
Figure 3. Impact of pointing errors.

Figure 3b illustrates the effect of skin thickness and pointing errors in the received signal quality in terms of average SNR, for  $\lambda=940$  nm. In this figure, it is evident that, for a fixed  $\xi$ , as the skin thickness increases, the average SNR decreases. For instance, for  $\xi=0.5$ , the SNR decreases from 90.18 to 87.57 dB, as the skin thickness increases from 5 to 9 mm, whereas, for  $\xi=2$ , the SNR decreases from 94.16 to 91.55 dB, for the same skin thickness increase. This indicates that the average SNR degradation, due to skin thickness increase, is independent of the intensity of the pointing errors. Additionally, in this figure, we see that, for a fixed skin thickness, as  $\xi$  increases, i.e., the intensity of pointing errors decreases, the average SNR increases. For example, for  $\delta=0.7$  mm, when  $\xi$  changes from 0.1 to 1.5, the average SNR increases for about 10 dB, from 82.64 to 92.19 dB. Finally, we observe

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that, for practical values of  $\delta$  and  $\xi$ , i.e.,  $\delta \in [4, 10]$  mm and  $\xi \in [0.1, 2]$ , the achievable average SNR is very high, even though the transmission PSD is relatively low.

Figure 4a demonstrates the average SNR as a function of the PD effective area, A, for different values of the jitter SD,  $\sigma$ . It is evident that, for a certain  $\sigma$ , as A increases, the average SNR increases as well. Of note, for higher values of A, the increase in performance becomes less severe. This observation indicates that, after a certain point, the impact of A on the system's performance becomes obsolete. Furthermore, for a given A, as the jitter SD,  $\sigma$ , increases, the signal quality degrades and thus the average SNR decreases. For example, for  $A=1~\rm mm^2$ , an increase in the jitter SD from 0.1 to 1 mm results in a 10% degradation of the signal quality. Note that  $\sigma$  is a measure of the intensity of the pointing errors and, therefore, as the intensity of the pointing errors increases, the received signal quality is expected to decrease.



**Figure 4.** Selection of the appropriate design parameters.

Figure 4b illustrates the average SNR as a function of the skin thickness and the PSD of the transmission signal. As expected, while the transmission PSD,  $\tilde{P}_s$ , increases, the average SNR increases as well. For example, for  $\delta=8$  mm, an increase of the transmission PSD from 0.001 mW/MHz to 0.01 mW/MHz results in a 15% increase of the corresponding average SNR. Moreover, we observe that, in the worst case scenario, in which the skin thickness is 10 mm, even with particularly low transmission signal PSD of about  $10^{-6}$  mW/MHz, the achievable average SNR is in the order of 30 dB. This result highlights the fact that the transmission PSD can be utilized to countermeasure the impact of skin thickness.

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In Figure 4c, the average SNR is illustrated as a function of the skin thickness and the divergence angle. It is shown that, for a fixed  $\theta$ , the average SNR decreases as  $\delta$  increases. For example, for  $\theta=40^\circ$  and  $\delta=5$  mm, a 75 dB average SNR is achieved, whereas, for the same  $\theta$  and  $\delta=10$  mm, the average SNR is 63 dB. Therefore, a 16% average SNR degradation occurs when the skin thickness doubles. On the contrary, for a given  $\delta$ , the average SNR is inversely proportional to  $\theta$ . For instance, for the case of  $\delta=7$  mm, a 13% average SNR increase is achieved when the divergence angle changes from  $40^\circ$  to  $20^\circ$ . This reveals that, by decreasing the divergence angle, we can countermeasure the incurred path loss effect.

Figure 4d exhibits the proportionality of the average SNR with respect to the PD effective area, A, for a given divergence angle,  $\theta$ . For instance, an 32% average SNR increase can be achieved at  $\theta=20^{\circ}$ , by increasing A from 0.1 to 2 mm<sup>2</sup>. On the contrary, the average SNR is inversely proportional to  $\theta$  for a fixed A. For example, an 8% average SNR degradation occurs for A=1 mm<sup>2</sup> when  $\theta$  increases from  $20^{\circ}$  to  $40^{\circ}$ . Of note, this figure presents the combined effect of two design parameters,  $\theta$  and A, on the signal's quality, and it can be utilized for appropriately selecting the values of these design parameters. Finally, it is noticed that, regardless of the values of  $\theta$  and A, the average SNR is in the range between  $\Phi$  and  $\Phi$ 0 dB, which is extremely high.

## 5. Conclusions

In this paper, we initially present a novel tractable path gain model. This model was extracted from experimental results by employing the trust region method for the signal attenuation and a stochastic process for the pointing errors. Based on this model, we provide novel closed-form expressions for the SNR in transdermal OWCs, which take into account the channel particularities, the characteristics of the optical transceivers and the TX-RX pointing errors. Our findings reveal that a transmission window exists for wavelengths between 700 and 1300 nm, while the optimal transmission wavelength is 1100 nm. Moreover, TOLs are proven to outperform the corresponding RF links, in terms of received signal quality with lesser power demands. In addition, TOLs operate in a non-standardized frequency region, where an extremely large amount of unexploited bandwidth exists. Thus, there is no interference from other devices. Finally, we quantified the detrimental effect of pointing errors, which can degrade the TOL's performance more than 10%. Next steps of TOLs should include development of novel architectures utilizing transdermal OWCs, as well as extensive performance analysis of the achievable spectral resolution, link quality and power efficiency with regard to the safety of the human body.

**Author Contributions:** S.E.T. and A.-A.A.B. constructed the system model. A.-A.A.B. and S.E.T. performed the theoretical analysis. S.E.T. performed the simulations and produced the results. S.E.T., A.-A.A.B. and G.K.K. validated the theoretical analysis and the simulation results and conceived the concept. All authors analyzed the results, and contributed to writing and reviewing the manuscript.

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# Appendix A

According to Equation (18), the instantaneous SNR is a random variable (RV) that follows the same distribution as  $h_p^2$ . Therefore, to derive the average SNR of the optical link, we first need to identify the distribution of  $h_p^2$ .

The CDF of  $h_v^2$  can be obtained as

$$F_{h_{p}^{2}}\left(x
ight)=P\left(h_{p}^{2}\leq x
ight)=P\left(h_{p}\leq\sqrt{x}
ight)=P\left(h_{p}\leq\sqrt{x}
ight)=F_{h_{p}}\left(\sqrt{x}
ight)$$
 ,

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which, by using Equation (11), can be rewritten as

$$F_{h_p^2}(x) = \begin{cases} \frac{1}{A_0^{\xi}} x^{\frac{\xi}{2}} & 0 \le x \le A_0^2 \\ 1, & x \ge A_0^2 \end{cases} , \tag{A1}$$

while the PDF of  $h_p^2$  can be obtained as

$$f_{h_p^2}(x) = \frac{\mathrm{d}F_{h_p^2}(x)}{\mathrm{d}x} = \frac{\xi}{2A_0^{\xi}} x^{\frac{\xi}{2} - 1}.$$
 (A2)

The average SNR can be defined as  $\tilde{\gamma} = \mathbb{E}[\gamma]$ , which by using Equations (18) and (A2), can be written as

$$\tilde{\gamma} = \frac{R^2 \exp(-\alpha(\lambda)\delta) \,\tilde{P}_s}{2|e|RP_b + 2|e|I_{DC} + N_0} \frac{\xi}{2A_0^{\xi}} \int_0^{A_0^2} x^{\frac{\xi}{2}} dx. \tag{A3}$$

By performing the integration, Equation (A3) can equivalently be written as Equation (19). This concludes the proof.

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