



Article Genetic Variability in Carotenoid Contents in a Panel of Genebank Accessions of Temperate Maize from Southeast Europe

Domagoj Šimić ^{1,2,}*¹, Vlatko Galić ^{1,2}⁰, Antun Jambrović ^{1,2}, Tatjana Ledenčan ¹, Kristina Kljak ³, Ivica Buhiniček ⁴ and Hrvoje Šarčević ^{2,3}

- ¹ Agricultural Institute Osijek, Južno Predgrađe 17, 31000 Osijek, Croatia; vlatko.galic@poljinos.hr (V.G.); antun.jambrovic@poljinos.hr (A.J.); tatjana.ledencan@poljinos.hr (T.L.)
- ² Centre of Excellence for Biodiversity and Molecular Plant Breeding (CroP-BioDiv), Svetošimunska Cesta 25, 10000 Zagreb, Croatia; hsarcevic@agr.hr
- ³ Faculty of Agriculture, University of Zagreb, Svetošimunska Cesta 25, 10000 Zagreb, Croatia; kkljak@agr.hr
- ⁴ Bc Institute for Breeding and Production of Field Crops, Rugvica, Dugoselska 7, 10370 Dugo Selo, Croatia; ibuhinicek@bc-institut.hr
- * Correspondence: domagoj.simic@poljinos.hr

Abstract: Carotenoids are an abundant group of lipid-soluble antioxidants in maize kernels. Maize is a key target crop for carotenoid biofortification focused on using conventional plant breeding in native germplasm of temperate areas traced back partially to traditional cultivars (landraces). In this study, the objectives were to determine the variability of lutein (LUT), zeaxanthin (ZEA), α -cryptoxanthin (α CX), β -cryptoxanthin (β CX), α -carotene (α C), and β -carotene (β C) contents in the grain of 88 accessions of temperate maize from the Croatian genebank, and to evaluate the relationships among the contents of different carotenoids as well as the relationships between kernel color and hardness and carotenoid content. Highly significant variability among the 88 accessions was detected for all carotenoids. On average, the most abundant carotenoid was LUT with 13.2 μ g g⁻¹ followed by ZEA with 6.8 μ g g⁻¹ dry matter. A Principal Component Analysis revealed a clear distinction between α - (LUT, α CX, and α C) and β -branch (ZEA; β CX, and β C) carotenoids. β -branch carotenoids were positively correlated with kernel color, and weakly positively associated with kernel hardness. Our results suggest that some genebank accessions with a certain percentage of native germplasm may be a good source of carotenoid biofortification in Southeast Europe. However, due to the lack of association between LUT and ZEA, the breeding process could be cumbersome.

Keywords: breeding; carotenoids; genebank; maize; Southeast Europe

1. Introduction

Maize grain contains various types of carotenoids, which are natural pigments responsible for the yellow, orange, and red colors found in many fruits and vegetables. Carotenoids play important roles in plant physiology [1,2], as well as human health [3,4]. The predominant carotenoids found in maize kernels are lutein, zeaxanthin, β -carotene, and cryptoxanthin. Lutein is a yellow pigment and an important dietary carotenoid. It acts as an antioxidant and is known for its role in maintaining eye health, particularly in preventing age-related macular degeneration [5]. Zeaxanthin is another yellow pigment found in maize grain. It is closely related to lutein and has similar benefits for eye health [5]. Zeaxanthin also acts as an antioxidant and is concentrated in the macula of the human retina [6]. β -Carotene is an orange pigment that can be converted into vitamin A in the body. Vitamin A is essential for vision, immune function, and cell growth [7]. Maize grain contains primarily provitamin A carotenoids, which means they can be converted into vitamin A. Cryptoxanthin is an orange-red carotenoid with provitamin A activity



Citation: Šimić, D.; Galić, V.; Jambrović, A.; Ledenčan, T.; Kljak, K.; Buhiniček, I.; Šarčević, H. Genetic Variability in Carotenoid Contents in a Panel of Genebank Accessions of Temperate Maize from Southeast Europe. *Plants* **2023**, *12*, 3453. https://doi.org/10.3390/ plants12193453

Academic Editor: Bo Sun

Received: 4 September 2023 Revised: 26 September 2023 Accepted: 28 September 2023 Published: 30 September 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). and it contributes to the overall carotenoid content of the grain [8]. The specific amounts and ratios of these carotenoids can vary depending on the maize variety, environmental conditions, and maturity stage of the grain [9]. Additionally, carotenoid content can be influenced by processing and cooking methods [10].

Breeding efforts to increase carotenoid content (biofortification) are widely viewed as a valued strategy for sustainably improving the nutritional status of maize [4,11-13]. This is particularly important in some areas in Africa where maize is a staple food. Moreover, carotenoid biofortification in maize is also of interest in temperate areas, principally through classical breeding for macular carotenoids (lutein and zeaxanthin) both in adapted [14] and exotic [15] maize germplasm apart from genetic engineering approaches [16]. In Europe, the contents of lutein, zeaxanthin, and total carotenoids were determined in 93 maize landraces of the European Maize Landraces Core Collection (EUMLCC) [17] and showed a higher content of total carotenoids compared with varieties from other countries. The contents of lutein, zeaxanthin, and cryptoxanthin were also characterized in elite Italian and public inbred lines [18]. Revilla et al. [19] pointed out that the Italian inbred varieties selected from traditional maize populations are an appropriate material for improving carotenoid contents in current maize hybrids for the market of traditional maize-based foods. Recently, Calugar et al. [20] analyzed maternal cytoplasm to determine its influence on the carotenoid contents of some inbred lines and hybrids in Romania, while Niaz et al. [21] gave a review on the genetic and molecular basis of carotenoid metabolism in cereals including maize. In Croatia, Zurak et al. [22] analyzed carotenoid contents in commercial maize hybrids giving no breeding recommendations.

The objectives of this study were: (1) to determine the variability of lutein (LUT), zeaxanthin (ZEA), α -cryptoxanthin (α CX), β -cryptoxanthin (β CX), α -carotene (α C), and β -carotene (β C) contents in the grain of 88 accessions of temperate maize from the Croatian genebank, and (2) to evaluate the relationships among contents of different carotenoids as well as the relationships between kernel color and hardness and carotenoid content.

2. Results

2.1. Introduction

The list of 88 maize accessions (inbred lines) from the Croatian genebank shown in Table S1 also includes the kernel color and kernel type of the accessions. There were 7 accessions with pale yellow, 31 with yellow, 46 with orange, and 4 with deep orange kernels. There were 3 dent, 33 semi-dent, 30 semi-flint, and 22 flint inbred lines.

Using high-pressure liquid chromatography (HPLC), obvious single peaks in chromatograms were detected for LUT ZEA, α CX, β CX, α C, and β C. An example of an HPLC chromatogram is shown in Figure 1.

2.2. Analysis of Variance

The analysis of variance (ANOVA) showed that the effect of genotype was highly significant (p > 0.01) for all carotenoid compounds (Table 1). The effect of location was significant only for β C at the 0.05 probability level, while the location × genotype interaction was significant for LUT, α CX, β CX, and α C. Repeatability estimates were mostly high from 0.77 for TOT to 0.94 for ZEA.

Table 1. Mean squares of the analysis of variance for carotenoid compounds in 88 maize inbred lines from genebank.

		Mean Squares							
Source	df	LUT	ZEA	αCX	βCX	αC	βC	LUT/ZEA	ТОТ
Location(L) Genotype(G)	1 87	0.1 58.3 **	0.4 31.6 **	0.2 3.4 **	0.4 2.0 **	0.0 0.2 **	0.4 * 1.4 **	0.6 9.2 **	7.2 103.9 **

		lable 1. Cont.								
		Mean Squares								
Source	df	LUT	ZEA	αCX	βCX	αC	βC	LUT/ZEA	ТОТ	
L × G Error	87 198	6.0 ** 3.5	1.4 1.9	0.4 + 0.3	0.2 * 0.1	0.03 ** 0.02	0.1 0.1	0.7 1.7	10.9 27.9	
Repeatability		0.90	0.94	0.88	0.90	0.90	0.93	0.83	0.77	

+, *, ** F test of corresponding mean squares significant at the 0.1, 0.05, and 0.01 probability levels, respectively. The acronyms LUT, ZEA, α CX, β CX, α C, β C, LUT/ZEA, and TOT indicate lutein, zeaxanthin, α -cryptoxanthin, β -cryptoxanthin, α -carotene, β -carotene, lutein/zeaxanthin ratio, and total carotenoid contents, respectively.



Figure 1. An example of an HPLC chromatogram of carotenoids extracted from one of the analyzed maize samples.

2.3. Mean and Variation in Carotenoid Contents

Mean values for all carotenoid compounds were similar in both locations (Figure 2). Their respective standard deviations indicate high variability among the 88 accessions for all compounds. On average, the most abundant carotenoid was LUT with 13.1 and 13.2 μ g g⁻¹ followed by ZEA with 6.7 and 6.8 μ g g⁻¹ in two locations, respectively. Total carotenoids were 24.8 and 25.2 μ g g⁻¹ in two respective locations. According to respective standard deviations, variations were similar in both locations for all carotenoid compounds, except for the LUT/ZEA ratio (L/Z), where genotypes varied more in Osijek.

There was considerable and significant variability for all carotenoids across the 88 maize accessions averaged over the two locations (Figure 3). For example, LUT ranged from 0.8 to 27.3 μ g g⁻¹, ZEA from 1.6 to 21.6 μ g g⁻¹, and TOT from 8.4 to 50.4 μ g g⁻¹ in dry matter. Altogether, accessions 17, 38, 82, and 85 had the highest total carotenoid contents with more than 40 μ g g⁻¹, whereby their proportions of LUT and ZEA varied substantially. The proportion LUT/ZEA (L/Z) was 0.44 in accession 17, but 7.66 in accession 38, whereas accessions 82 and 85 had similar L/Z ratios of 1.26 and 0.91, respectively. On the other hand, accession 23 had the lowest TOT contents with only 0.9 and 1.7 μ g g⁻¹ of LUT and ZEA, respectively.



Figure 2. Mean values for contents of carotenoid compounds in 88 maize inbred lines grown at locations Zagreb and Osijek in 2019. Vertical bars denote respective standard deviations. The acronyms LUT, ZEA, α CX, β CX, α C, β C, LUT/ZEA, and TOT indicate lutein, zeaxanthin, α -cryptoxanthin, β -cryptoxanthin, α -carotene, β -carotene, lutein/zeaxanthin ratio, and total carotenoid contents, respectively.

2.4. Multivariate Analyses

A Principal Component Analysis (PCA) on the data of carotenoid contents was performed to summarize multivariate similarities among the maize accessions. The principal components (PC1 and PC2) accounted for 69.8% of the total variation (Figure 4). The position of maize inbred lines along the PC1 in the PCA biplot was mainly defined by ZEA, β XC, and β C. There was a clear distinction between α - (LUT, α CX, and α C) and β -branch (ZEA; β XC and β C) carotenoids. β -branch carotenoids had negative loadings indicating a negative correlation with the PC1. The position of the accessions along PC1 was set according to β -branch carotenoids including the accessions with the highest TOT contents (17, 82, and 85) placed at the far left. The position of the maize inbred lines along PC2 was set primarily according to LUT and α CX, whereby the accession with the lowest TOT content was positioned opposite to the LUT and α CX vectors at the bottom of the biplot.

Figure 5 presents the results of a k-means clustering analysis performed on the carotenoid contents in maize kernels from 88 accessions of temperate maize. The data points in the figure represent individual maize accessions, and they are colored according to the clusters accordingly. The larger points in the figure represent the centroids of each cluster, which are the average values of the data points within each cluster. The clustering analysis revealed two distinct groups among the maize accessions based on their carotenoid contents. This suggests that there are significant differences in carotenoid contents among these accessions.



Figure 3. Carotenoid profiles of 88 maize genebank accessions averaged over two locations. The error bar (upper right) shows the common least significant difference at the 0.05 probability level (LSD (0.05)) on total carotenoid contents. The acronyms LUT, ZEA, α CX, β CX, α C, β C, LUT/ZEA, and TOT indicate lutein, zeaxanthin, α -cryptoxanthin, β -cryptoxanthin, α -carotene, β -carotene, lutein/zeaxanthin ratio, and total carotenoid contents, respectively.



Figure 4. Biplot of Principal Component Analysis (PCA) based on six carotenoids measured in 88 maize genebank accessions.

2.5. Correlations of Carotenoid Contents with Kernel Color and Kernel Hardness

The distribution of the contents of six carotenoids in the kernels of maize inbred lines grouped according to the color of the kernel (PY = pale yellow, Y = yellow, O = orange, and DO = deep orange) together with the Pearson correlation coefficients between the color intensity of the kernel and the carotenoid contents is shown in Figure 6. A significant, weak positive correlation was observed between kernel color and the contents of all carotenoids except β C, with correlation coefficients ranging from 0.21 (α C) to 0.27 (α CX). The mean contents of all carotenoids except β C were lowest for the pale yellow class and highest for the deep orange class, but the relative differences between the two color classes were more pronounced for the α -branch carotenoids (LUT, α CX, and α C), showing a more than twofold increase (Figure 6). However, the large variation within color classes for all carotenoid contents. Compared with the individual carotenoids, the correlation between total carotenoid contents and kernel color was stronger (r = 0.43), and a twofold increase was observed from the pale yellow to the deep orange class, i.e., from 16.34 to 32.81.



Figure 5. K-means clustering of carotenoid contents in maize kernels from 88 accessions of temperate maize. The two clusters are represented by different colors, with the larger dots and triangles indicating the centroids of each cluster.

The distribution of the contents of six carotenoids in the kernels of maize inbred lines grouped according to the kernel type (D = dent, S-D = semi-dent, S-F = semi-flint, and F = flint) together with the Pearson correlation coefficients between the kernel hardness and the carotenoid contents is shown in Figure 7. A significant, weak positive correlation was observed between kernel hardness and β -branch carotenoid contents, with correlation coefficients of 0.31, 0.23, and 0.25 for ZEA, β CX, and β C, respectively. The mean content of the three carotenoids was lowest in the dent class and highest in the flint class, with the most pronounced relative increase between the two kernel types observed for ZEA (80%) (Figure 7). However, as with the color classes, the large variation within the kernel types for all carotenoid contents. Although the correlation between kernel hardness and α CX contents was not significant, it tended to be negative, with the lowest mean content observed for flints. The correlation coefficient between total carotenoid contents and kernel hardness (r = 0.27) was of the same order of magnitude as observed correlation coefficients for individual β -branch carotenoids.



Figure 6. Distribution of the contents of six carotenoids (LUT = Lutein, ZEA = Zeaxanthin, β CX = β -cryptoxanthin, α CX = α -cryptoxanthin, β C = β -carotene, and α C = α -carotene) in the kernels of maize inbreds grouped by kernel color (PY = pale yellow, Y = yellow, O = orange, and DO = deep orange). * Pearson correlation coefficient (r) significant at the 0.05 probability level; ns r not significant.



Figure 7. Distribution of the contents of six carotenoids (LUT = Lutein, ZEA = Zeaxanthin, β CX = β -cryptoxanthin, α CX = α -cryptoxanthin, β C = β -carotene, and α C = α -carotene) in the kernels of maize inbreds grouped by kernel hardness (D = dent, S-D = semi-dent, S-F = semi-flint, and F = flint). * and ** Pearson correlation coefficient (r) significant at the 0.05 and 0.01 probability levels, respectively; ns r not significant.

3. Discussion

Although there was interest in carotenoids almost for a century in maize [23], only using high-pressure liquid chromatography (HPLC) was it feasible to conduct effective phenotypic selection for higher levels of carotenoids [14]. To date, several studies have shown substantial genotypic variation in maize for the most important carotenoids such as LUT, ZEA, β CX, and β C. The ranges were different depending on the diversity and background of the analyzed germplasm. Our results are comparable to those presented

in [14,18], where temperate maize material was evaluated using HPLC. The variation in LUT contents in our study was greater than those in the two referenced studies. On the other hand, ZEA, β CX, and β C contents were similar. On average, there was a twofold larger content of lutein than zeaxanthin with a high LUT/ZEA ratio of >2. In Italian inbred lines, the ratio was 0.6, where average lutein content was only 7.1, but zeaxanthin content was 11.7 [18]. Generally, the contents of macular carotenoids can be much higher after selection reaching 101 µg g⁻¹ for LUT and 65 µg g⁻¹ for ZEA [15]. However, in our study, significant location × genotype interaction was detected for LUT, α CX, β CX, and α C. In a more comprehensive investigation, Muzhingi et al. [12] showed that the interaction is mostly not significant. Repeatability estimates, which are equivalent to the heritability estimates on an entry-mean basis [24], were comparable to the heritabilities presented by Diepenbrock et al. [25] that ranged from 0.7 for α C to 0.9 for LUT, ZEA, and β CX.

The high variability in carotenoids in different maize accessions was also noticeable via PCA (Figure 4). Strong associations among beta carotenoids (ZEA, β CX, and β C) were presented on the biplot of PCA with a clear distinction from alpha carotenoids (LUT, α CX, and α C). Similar patterns among the accessions were observed by analyzing k-means clustering. The results from multivariate analyses presented in Figures 4 and 5 can provide valuable insights for efforts aimed at the biofortification of maize with carotenoids by stratifying maize accessions that have similar carotenoid profiles. Roughly, the maize genotypes were grouped in two clusters made via k-means analysis according to their respective contents of alpha and beta carotenoids. These groups can be further investigated to identify promising candidates for breeding programs.

The tightest positive correlation was between ZEA and β CX (r = 0.75), followed by the correlation between β CX and β C (r = 0.48). There was no correlation between macular carotenoids LUT and ZEA (r = -0.16). In contrast, Muthusamy et al. [26] presented a moderate (r = 0.53) to strongly positive (r = 0.97) correlation between LUT and ZEA in two panels of traditional Indian and biofortified inbred lines, respectively. Remarkably, they also found no correlation between β CX and β C. This study demonstrated that β C did not correlate with kernel color. Contrarily, kernel color was positively correlated with LUT, ZEA, β CX, and TOT in a range from r = 0.25 (LUT) to r = 0.47 (ZEA). The results of the present study are in agreement with Muthusamy et al. [26], in which the contents of all carotenoids except βC showed significant positive, although weak correlations with kernel color, with correlation coefficients ranging from 0.21 (α C) to 0.27 (α CX). On the other hand, in the U.S. maize nested association mapping panel [27], β C as well as ZEA and β CX were correlated with kernel color (r = 0.53, 0.76, and 0.66, respectively), while the corresponding correlations for LUT and αC were negligible. The correlation between kernel color and total carotenoids (r = 0.43) was in the present study stronger than for individual carotenoids and was similar to the corresponding correlation (r = 0.47) found by Muthusamy et al. [24], but was lower than that reported by La Porte et al. [27] (r = 0.69). The previously reported positive phenotypic correlation between carotenoid contents and kernel color has also been supported by genetic studies, which reported several genes with significant pleiotropy between kernel color and one or more carotenoid traits [27,28].

In addition to kernel color, kernel hardness has also been associated with carotenoid contents in maize kernels [29–31]. Although kernel hardness has generally been associated with an improved ability to store more total carotenoids [30,31], carotenoid profile is also influenced by kernel type [29,31], with flint genotypes having higher levels of β -branch carotenoids (ZEA, β CX, and β C), while dent genotypes have higher levels of α -branch carotenoids (LUT, α CX, and α C). This is also supported to some extent by the results of the present study, in which a weak but significant positive correlation was observed between kernel hardness and the contents of ZEA, β CX, β C, and total carotenoids (r = 0.31, 0.23, 0.25, and 0.27, respectively).

Maize accessions in our study were predominantly inbred lines traced back to deteriorated populations developed by breeders during the first half of the 20th century, and some of them traced back to traditional cultivars (landraces) of uncertain origin, all referring to native germplasm. The percentage of native germplasm ranged from 0 to 100% and no particular native germplasm had generally high carotenoid contents. The accessions 20, 29, 67, and 80 having 100% of native germplasm had just average carotenoid contents. However, accessions 17 and 38 having 47% of native germplasm were among the four accessions with the highest TOT values, but with considerably different L/Z ratios. Nevertheless, these two inbred lines, tracing back from the local inbred lines L131F-e and L131F-d, can be considered a good starting point for breeding macular carotenoids which eventually could have nutritional benefits to consumers. Specifically, line 38 had the highest LUT content in our experiment reaching 27.31 μ g g⁻¹.

Our results suggest that several maize genebank accessions with a certain percentage of native germplasm may be a good source of carotenoids for biofortification breeding programs in Southeast Europe. This is particularly true for the accessions of semi-flint or flint types of kernel. However, due to the lack of association between macular carotenoids of LUT and ZEA in accessions with high total carotenoid contents, the breeding process could be cumbersome. The most important issues for applied breeding programs would be the choice of the right integration method into elite maize breeding material [32] as well as a choice of suitable heterotic patterns, which are different compared with Western Europe [33]. Methods of molecular breeding including analysis of genetic diversity and selection signatures [33] could be helpful during the breeding process.

4. Materials and Methods

Eighty-eight temperate maize inbred lines included in the present study are part of the collection of maize accessions maintained at the University of Zagreb, Faculty of Agriculture, within the Croatian genebank [34].

The inbreds have different proportions of native germplasm (maize landraces and inbred lines from Southeastern Europe) in their pedigrees (Table S1) including varieties traced back from the first half of the 20th century ("Šidski zuban", "Novosadski Fleischman") [35], as well as obsolete inbred lines developed in the region (L131F lines, L1-26, L86, etc.). Otherwise, the origin of the material is either from the U.S. Corn Belt including open-pollinated varieties such as Lady Finger, synthetics (Illinois Syn60c, Pioneer synthetics), and inbred lines (e.g., B87, H99, Mo17, and Pa492), or populations and inbred lines from Western Europe (Lacaune, F2) and Eastern Europe (Russian synthetics).

A field trial with 88 maize inbred lines set up as a randomized complete block design in two replicates was conducted at locations Osijek and Zagreb in Croatia in 2019. The experimental plots consisted of a 4 m row with 0.70 m of spacing between rows and were machine-planted at a density of approximately 50,000 plants per hectare. Six to eight plants in each plot were self-pollinated to avoid xenia effects. After maturity, grains from individual ears of self-pollinated plants were harvested and bulked at shelling. Inbreds were visually scored for their kernel color and kernel type on a bulk sample of 100 kernels per plot using the IBPGR maize descriptor list [36]. Grain samples were stored in the dark at 4 °C until carotenoid extraction to avoid loss of carotenoids.

Carotenoids from whole maize grain were extracted and quantified according to the procedure described by Kurilich and Juvik [37], using β -apo-carotenal as an internal standard. For the analysis, the maize samples were ground to pass through a 0.3 mm sieve (Cyclotec 1093, Foss Tocator, Hoganas, Sweden). Then, the samples (0.6 g) were ultrasonicated (10 min; Sonorex TK 52, Bandelin, Berlin, Germany) and homogenized (1 min per sample; T10 Ultra-Turaxx, IKA, Staufen, Germany) with 6 mL of ethanol containing 0.1% of butylhydroxytoluene (BHT). The samples were then placed in a water bath and incubated for 5 min at 85 °C. Subsequently, the samples were saponified with 100 µL of 80% KOH for 10 min at 85 °C. After the samples were cooled by adding 3 mL of chilled ultrapure water and placing them in an ice bath, carotenoids and tocols were extracted with hexane in aliquots of 3 mL. The phases were separated via centrifugation for 10 min at 2200 × *g* (Centric 322A, Tehtnica, Slovenia). The extraction procedure was repeated until a colorless upper hexane layer was achieved. The collected supernatants were evaporated using a

rotary vacuum concentrator (RVC 2-25CD plus, Martin Christ, Germany) and dissolved in 200 μ L of acetonitrile:dichloromethane:methanol (45:20:35, v/v/v) containing 0.1% BHT. Extractions were carried out under dim light, and extracts were analyzed further using HPLC on the same day.

Carotenoids in prepared extracts were separated and quantified using a SpectraSystem HPLC instrument (Thermo Separation Products, Inc., Waltham, MA, USA) equipped with a quaternary gradient pump (P4000), an autosampler (AS3000),) and a UV-Vis detector (UV2000). Compounds were separated on two sequentially connected C18 reversed-phase columns: a Vydac 201TP54 column (5 μ m, 4.6 \times 150 mm; Hichrom, Reading, UK) followed by a Zorbax RX-C18 column (5 μ m, 4.6 \times 150 mm; Agilent Technologies, Santa Clara, CA, USA). The separation columns were protected by a Supelguard Discovery C18 guard column (5 μ m, 4 \times 20 mm; Supelco, Bellefonte, PA, USA). The mobile phase consisted of acetonitrile:methanol:dichloromethane (75:25:5, v/v/v) containing 0.1% BHT and 0.05% triethylamine. An aliquot of 30 μ L was injected, and the flow rate was 1.8 mL/min. The separations were performed at room temperature. Carotenoids were monitored on a UV-Vis detector at 450 nm.

Separated compounds were identified by comparing their retention times and quantified using external standardization with calibration curves using commercially available standards ($r^2 \ge 0.99$). Carotenoid standards (LUT, ZEA, α CX, β CX, α C, and β C; purity $\ge 98\%$) were obtained from Extrasynthese (Genay, France). Carotenoid content was expressed as mean \pm standard deviation of two field replications. The total carotenoid content (TOT) was calculated by summing the contents of the individual carotenoids.

ANOVA was conducted using the PLABSTAT software (version 1997) [38]. Repeatability (equivalent to the heritability on an entry mean basis [22]) was estimated as a measure of the precision of trials expected from multiple measurements as follows:

$$r = V_G / [V_G + V_{L \times G} / l + V_{error} / (lr)]$$

where V_G , $V_{L\times G}$, and V_{error} are components of the genotypic variance, the location \times genotype interaction variance, and error variance, respectively, whereas l and r are the number of locations and replicates, respectively.

Principal Component Analysis (PCA) was used for screening variability by finding the synthetic variables, i.e., principal components (PCs) calculated as linear combinations of original variables. Individual PCs represent linear statistical models with the scores (distance from the PC origin for every data point), loadings (variable contributions for each PC), and residuals. All input variables were scaled, centered, and log-transformed. Analyses were carried out using the R/prcomp function and the biplots were created with custom ggplot2 scripts [39]. Likewise, k-means clustering was carried out using R/cluster library [39]. A significant number of clusters was determined using the "elbow" heuristic method (not shown) which converged at 2 clusters. Clusters were plotted using a R/ggplot2 library [39].

5. Conclusions

Our results suggest that genetic variability of carotenoid contents in our panel of genebank accessions of temperate maize from Southeast Europe was stratified mainly according to the two groups of α - (LUT, α CX, and α C) and β -branch (ZEA; β CX and β C) carotenoids whereby the origin of accessions played a minor role. Further, associations between kernel color and hardness with carotenoid contents were weaker than expected.

Supplementary Materials: The following supporting information can be downloaded at: https://www. mdpi.com/article/10.3390/plants12193453/s1, Table S1: Maize accessions from Croatian plant genetic resources database (CPGRD) used in the study, their parentage, percentage of native germplasm, color, and type of kernel. **Author Contributions:** Conceptualization, H.Š.; methodology, D.Š., V.G., K.K. and H.Š.; software, V.G. and K.K.; formal analysis, D.Š., V.G. and K.K.; investigation, I.B. and H.Š.; resources, A.J., T.L. and I.B.; data curation, V.G., T.L., K.K. and H.Š.; writing—original draft preparation, D.Š. and K.K.; writing—review and editing, K.K. and H.Š.; visualization, D.Š.; supervision, H.Š.; funding acquisition, A.J. and H.Š. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the European agricultural fund for rural development (EAFRD), Rural Development Programme, sub-measure 10.2.: Support for conservation, sustainable use and development of genetic resources in agriculture, and by the EU project K.K. 01.1.1.01.0005 Biodiversity and molecular plant breeding of the Centre of Excellence for Biodiversity and Molecular Plant Breeding (CoE CroP-BioDiv), Zagreb, Croatia.

Data Availability Statement: The data were obtained from the Faculty of Agriculture, University of Zagreb, and the Agricultural Institute Osijek. Data are available on request from the corresponding author with the permission of the Faculty of Agriculture, University of Zagreb, and the Agricultural Institute Osijek.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

References

- 1. Demmig-Adams, B.; Gilmore, A.M.; Adams Iii, W.W. In vivo functions of carotenoids in higher plants. *FASEB J.* **1996**, *10*, 403–412. [CrossRef]
- Strzałka, K.; Kostecka-Gugała, A.; Latowski, D. Carotenoids and environmental stress in plants: Significance of carotenoidmediated modulation of membrane physical properties. *Russ. J. Plant Physiol.* 2003, 50, 168–173. [CrossRef]
- 3. Tanumihardjo, S.A. (Ed.) Carotenoids and Human Health; Springer Science & Business Media: Berlin/Heidelberg, Germany, 2012.
- Pixley, K.; Palacios Rojas, N.; Babu, R.; Mutale, R.; Surles, R.; Simpungwe, E. Biofortification of maize with provitamin A carotenoids. In *Carotenoids and Human Health*; Tanumihardjo, S.A., Ed.; Springer Science & Business Media: Berlin/Heidelberg, Germany, 2013; pp. 271–292.
- 5. Ma, L.; Dou, H.L.; Wu, Y.Q.; Huang, Y.M.; Huang, Y.B.; Xu, X.R.; Zou, Z.Y.; Lin, X.M. Lutein and zeaxanthin intake and the risk of age-related macular degeneration: A systematic review and meta-analysis. *Br. J. Nutr.* **2012**, *107*, 350–359. [CrossRef]
- 6. Bone, R.A.; Landrum, J.T.; Friedes, L.M.; Gomez, C.M.; Kilburn, M.D.; Menendez, E.; Vidal, I.; Wang, W. Distribution of lutein and zeaxanthin stereoisomers in the human retina. *Exp. Eye Res.* **1997**, *64*, 211–218. [CrossRef]
- Huang, Z.; Liu, Y.; Qi, G.; Brand, D.; Zheng, S.G. Role of vitamin A in the immune system. J. Clin. Med. 2018, 7, 258. [CrossRef] [PubMed]
- 8. Burri, B.J. Beta-cryptoxanthin as a source of vitamin A. J. Sci. Food Agric. 2015, 95, 1786–1794. [CrossRef]
- 9. Song, J.; Li, D.; He, M.; Chen, J.; Liu, C. Comparison of carotenoid composition in immature and mature grains of corn (*Zea mays* L.) varieties. *Int. J. Food Prop.* **2016**, *19*, 351–358. [CrossRef]
- 10. Zhang, S.; Ji, J.; Zhang, S.; Guan, C.; Wang, G. Effects of three cooking methods on content changes and absorption efficiencies of carotenoids in maize. *Food Funct.* 2020, *11*, 944–954. [CrossRef]
- 11. De Moura, F.F.; Miloff, A.; Boy, E. Retention of provitamin A carotenoids in staple crops targeted for biofortification in Africa: Cassava, maize and sweet potato. *Crit. Rev. Food Sci. Nutr.* **2015**, *55*, 1246–1269. [CrossRef]
- 12. Muzhingi, T.; Palacios-Rojas, N.; Miranda, A.; Cabrera, M.L.; Yeum, K.J.; Tang, G. Genetic variation of carotenoids, vitamin E and phenolic compounds in Provitamin A biofortified maize. *J. Sci. Food Agric.* **2017**, *97*, 793–801. [CrossRef]
- 13. Nkhata, S.G.; Chilungo, S.; Memba, A.; Mponela, P. Biofortification of maize and sweetpotatoes with provitamin A carotenoids and implication on eradicating vitamin A deficiency in developing countries. *J. Agric. Food Res.* **2020**, *2*, 100068. [CrossRef]
- 14. Egesel, C.O.; Wong, J.C.; Lambert, R.J.; Rocheford, T.R. Combining ability of maize inbreds for carotenoids and tocopherols. *Crop Sci.* **2003**, *43*, 818–823. [CrossRef]
- Burt, A.J.; Grainger, C.M.; Smid, M.P.; Shelp, B.J.; Lee, E.A. Allele mining of exotic maize germplasm to enhance macular carotenoids. *Crop Sci.* 2011, *51*, 991–1004. [CrossRef]
- Zheng, X.; Giuliano, G.; Al-Babili, S. Carotenoid biofortification in crop plants: Citius, altius, fortius. *Biochim. Biophys. Acta Mol. Cell Biol. Lipids* 2020, 1865, 158664. [CrossRef]
- 17. Berardo, N.; Mazzinelli, G.; Valoti, P.; Laganà, P.; Redaelli, R. Characterisation of maize germplasm for the chemical composition of the grain. *J. Agric. Food Chem.* **2009**, *57*, 2378–2384. [CrossRef]
- Alfieri, M.; Hidalgo, A.; Berardo, N.; Redaelli, R. Carotenoid composition and heterotic effect in selected Italian maize germplasm. J. Cereal Sci. 2014, 59, 181–188. [CrossRef]
- Revilla, P.; Alves, M.L.; Anđelković, V.; Balconi, C.; Dinis, I.; Mendes-Moreira, P.; Redaelli, R.; Ruiz de Galarreta, J.I.; Vaz Patto, M.C.; Žilić, S.; et al. Traditional foods from maize (*Zea mays* L.) in Europe. *Front. Nutr.* 2022, *8*, 683399. [CrossRef]

- Calugar, R.E.; Muntean, E.; Varga, A.; Vana, C.D.; Has, V.V.; Tritean, N.; Ceclan, L.A. Improving the Carotenoid Content in Maize by Using Isonuclear Lines. *Plants* 2022, 11, 1632. [CrossRef]
- Niaz, M.; Zhang, B.; Zhang, Y.; Yan, X.; Yuan, M.; Cheng, Y.; Lv, G.; Fadlalla, T.; Zhao, L.; Sun, C.; et al. Genetic and molecular basis of carotenoid metabolism in cereals. *Theor. Appl. Genet.* 2023, 136, 63. [CrossRef]
- Zurak, D.; Grbeša, D.; Duvnjak, M.; Kiš, G.; Međimurec, T.; Kljak, K. Carotenoid content and bioaccessibility in commercial maize hybrids. *Agriculture* 2021, 11, 586. [CrossRef]
- 23. Mangelsdorf, P.C.; Fraps, G.S. A direct quantitative relationship between vitamin A in corn and the number of genes for yellow pigmentation. *Science* **1931**, *73*, 241–242. [CrossRef] [PubMed]
- 24. Hallauer, A.R.; Carena, M.J.; Filho, J.B.M. Quantitative Genetics in Maize Breeding; Springer: New York, NY, USA, 2010. [CrossRef]
- Diepenbrock, C.H.; Ilut, D.C.; Magallanes-Lundback, M.; Kandianis, C.B.; Lipka, A.E.; Bradbury, P.J.; DellaPenna, D. Eleven biosynthetic genes explain the majority of natural variation in carotenoid levels in maize grain. *Plant Cell* 2021, 33, 882–900. [CrossRef] [PubMed]
- Muthusamy, V.; Hossain, F.; Thirunavukkarasu, N.; Saha, S.; Agrawal, P.K.; Guleria, S.K.; Gupta, H.S. Genetic variability and inter-relationship of kernel carotenoids among indigenous and exotic maize (*Zea mays* L.) inbreds. *Cereal Res. Comm.* 2015, 43, 567–578. [CrossRef]
- 27. LaPorte, M.F.; Vachev, M.; Fenn, M.; Diepenbrock, C. Simultaneous dissection of grain carotenoid levels and kernel color in biparental maize populations with yellow-to-orange grain. *G3 Genes Genom. Genet.* **2022**, *12*, jkac006. [CrossRef]
- Owens, B.F.; Mathew, D.; Diepenbrock, C.H.; Tiede, T.; Wu, D.; Mateos-Hernandez, M.; Gore, M.A.; Rocheford, T. Genome-wide association study and pathway-level analysis of kernel color in maize. G3 Genes Genom. Genet. 2014, 9, 1945–1955. [CrossRef]
- 29. Nuss, E.T.; Tanumihardjo, S.A. Maize: A paramount staple crop in the context of global nutrition. *Compr. Rev. Food Sci. Saf.* 2010, 9, 417–436. [CrossRef]
- 30. Saenz, E.; Abdala, L.J.; Borrás, L.; Gerde, J.A. Maize kernel color depends on the interaction between hardness and carotenoid concentration. *J. Cereal. Sci.* 2020, *91*, 102901. [CrossRef]
- 31. Saenz, E.; Borrás, L.; Gerde, J.A. Carotenoid profiles in maize genotypes with contrasting kernel hardness. J. Cereal. Sci. 2021, 99, 103206. [CrossRef]
- Šimić, D.; Presterl, T.; Seitz, G.; Geiger, H.H. Comparing methods for integrating exotic germplasm into European forage maize breeding programs. Crop Sci. 2003, 43, 1952–1959. [CrossRef]
- Galić, V.; Anđelković, V.; Kravić, N.; Grčić, N.; Ledenčan, T.; Jambrović, A.; Zdunić, Z.; Nicolas, S.; Charcosset, A.; Šatović, Z.; et al. Genetic diversity and selection signatures in a gene bank panel of maize inbred lines from Southeast Europe compared with two West European panels. *BMC Plant Biol.* 2023, 23, 118. [CrossRef]
- Croatian Plant Genetic Resources Database. Available online: https://cpgrd.hapih.hr/gb/cm/main/accessions_list?has_ document=ZEA (accessed on 2 April 2023).
- 35. Leng, E.R.; Tavčar, A.; Trifunović, V. Maize of southeastern Europe and its potential value in breeding programs elsewhere. *Euphytica* **1962**, *11*, 263–272. [CrossRef]
- IBPGR. Descriptors for Maize; International Maize and Wheat Improvement Center, Mexico City—International Board for Plant Genetic Resources: Rome, Italy, 1991.
- 37. Kurilich, A.C.; Juvik, J.A. Quantification of carotenoid and tocopherol antioxidants in *Zea mays. J. Agric. Food Chem.* **1999**, 47, 1948–1955. [CrossRef] [PubMed]
- Utz, H. PLABSTAT: A Computer Program for the Statistical Analysis of Plant Breeding Experiments; Institute for Plant Breeding, Seed Science and Population Genetics, University of Hohenheim: Stuttgart, Germany, 1997.
- 39. R Development Core Team. *R: A Language and Environment for Statistical Computing;* R Foundation for Statistical Computing: Vienna, Austria, 2019. Available online: https://www.r-project.org (accessed on 10 June 2023).

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.