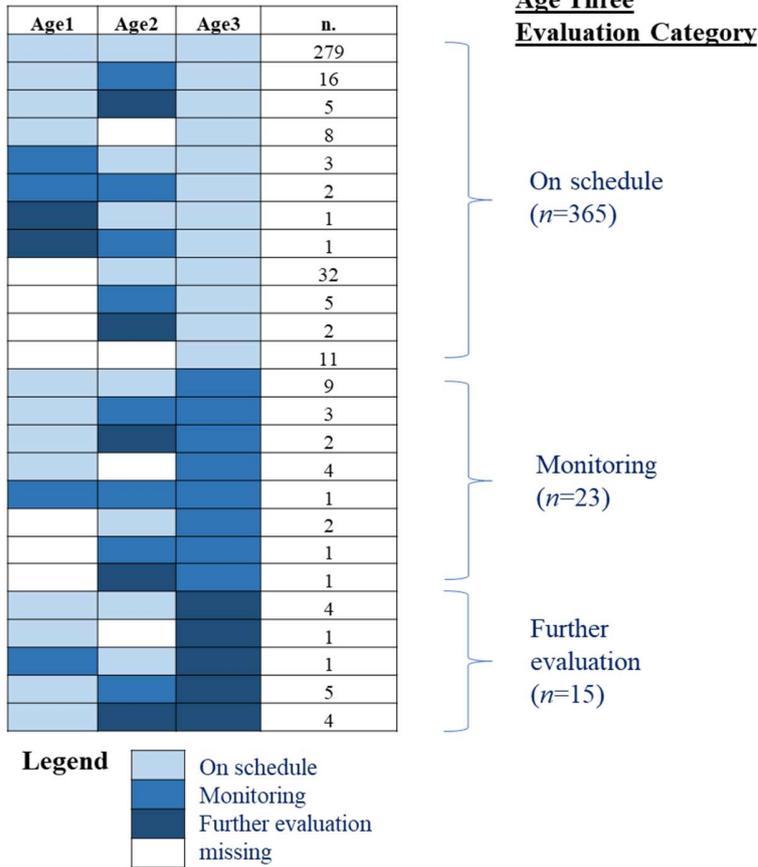
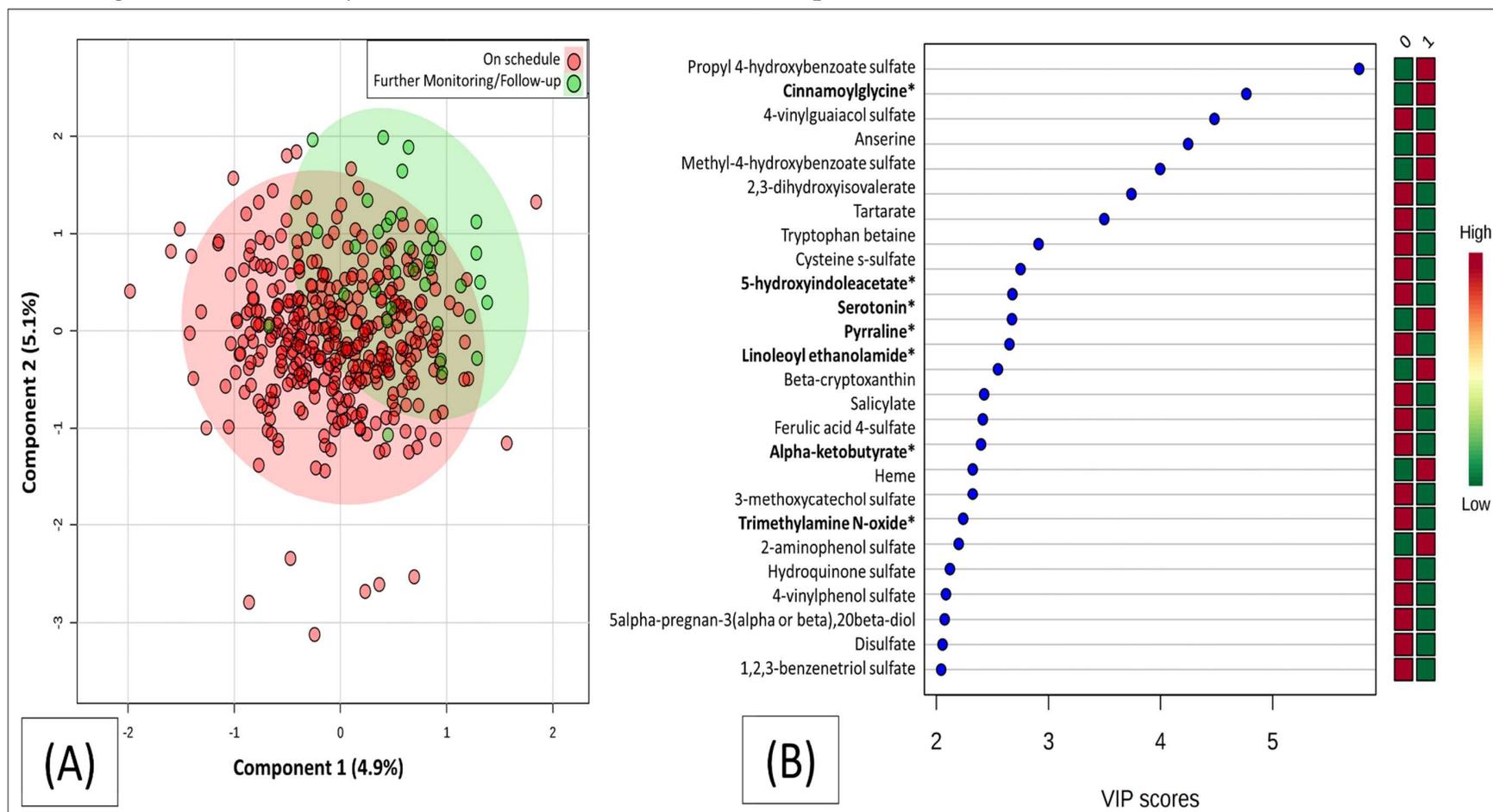


## Supplementary Figures

**Supplementary Figure S1: Trajectory of Communication Score Category at ages 1, 2 and 3 in 403 Children with plasma metabolomics profiling**

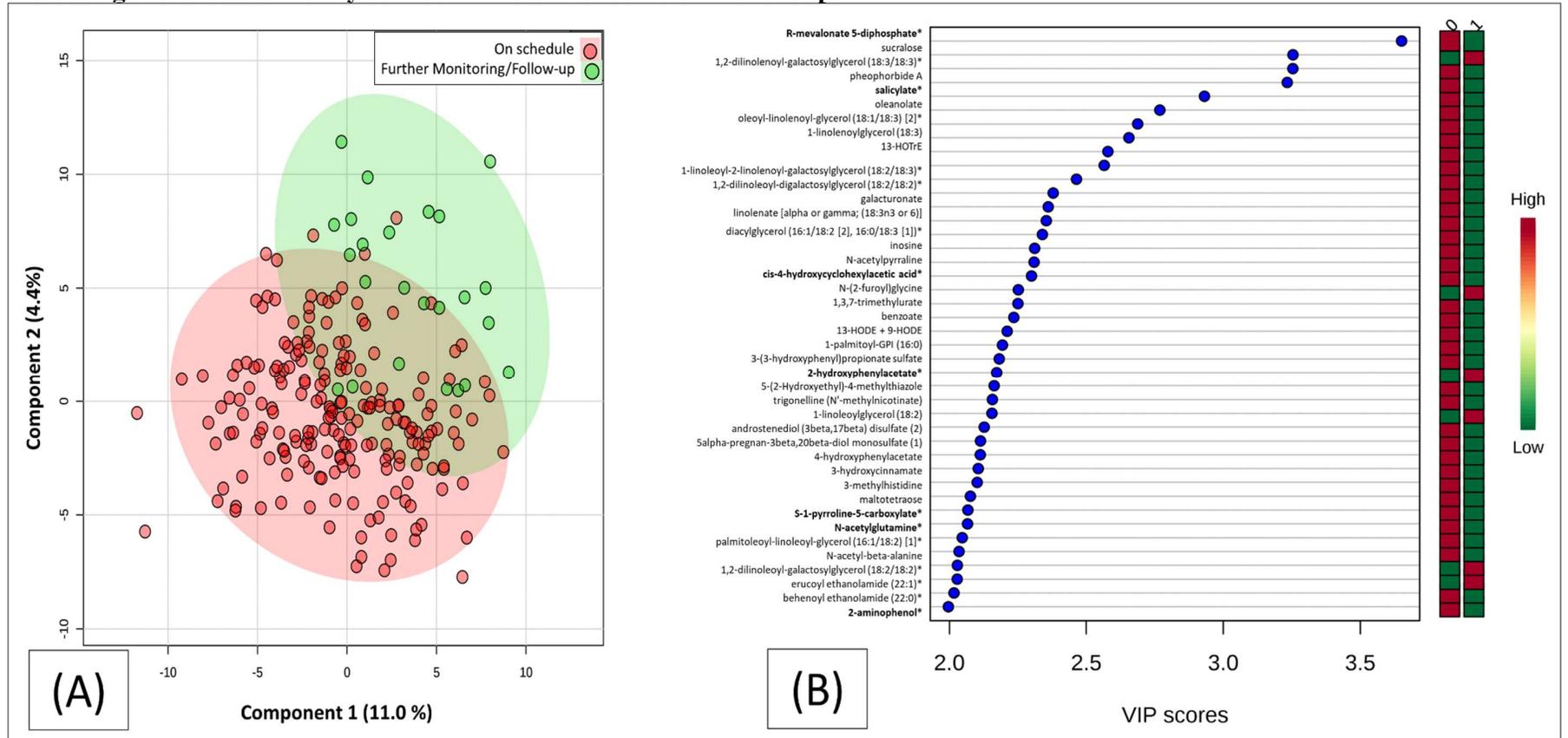


**Supplementary Figure S2: (A) Scores plot for the PLS-DA Model Based on all 481 Plasma Metabolites Comparing Children with ASQ Assessed Communication Skills on Schedule for Developing Normally (n=365) versus those Requiring Further Monitoring/Follow up (n=38);  $R^2=0.13$ ;  $Q^2=-0.21$ ; permutation p-value = 0.994; (B) Plasma Metabolites with a VIP score >2, Indicating the Greatest Ability to Discriminate Between the Two Groups**



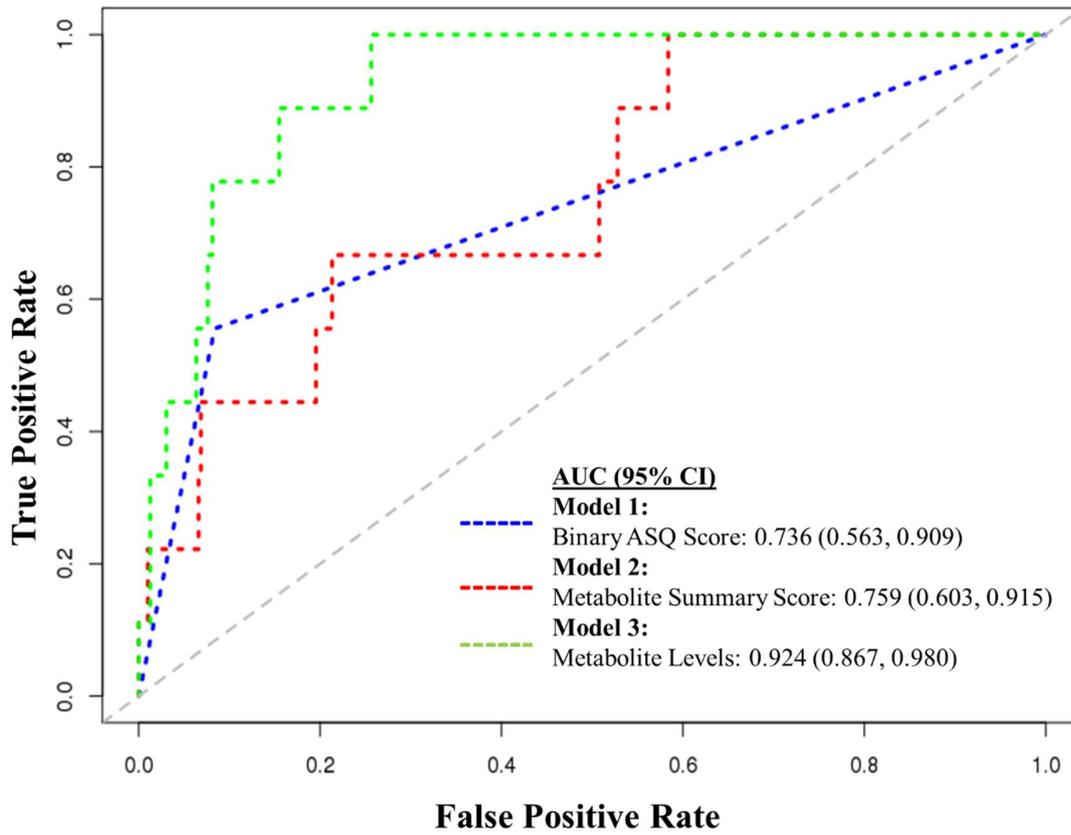
\*Metabolites that were significantly associated with binary communication score ( $p < 0.05$ ) in the logistic regression models

**Supplementary Figure S3: (A) Scores plot for the PLS-DA Model Based on all 737 Stool Metabolites Comparing Children with ASQ Assessed Communication Skills on Schedule for Developing Normally (n=204) versus those Requiring Further Monitoring/Follow up (n=24);  $R^2=0.10$ ;  $Q^2=-1.13$ ; permutation p-value = 0.985; (B) Plasma Metabolites with a VIP score >2, Indicating the Greatest Ability to Discriminate Between the Two Groups**



\*Metabolites that were significantly associated with binary communication score ( $p < 0.05$ ) in the logistic regression model

**Supplementary Figure S4: Receiver Operator Characteristic Curves and Corresponding AUCs for the prediction of autism by age 8 according to three models**



*AUC- Area under the curve*

## Supplementary Tables

**Table S1: Baseline characteristics of 228 children from VDAART with plasma and stool metabolomic profiling and an ASQ score at age 3**

		On Schedule (n=204)		Needs monitoring (n=14)		Requires further evaluation (n=10)		p-value
		n	%	n	%	n	%	
Sex	Female	99	48.5%	5	35.7%	3	30.0%	0.356
	Males	105	51.5%	9	64.3%	7	70.0%	
Site	San Diego	64	31.4%	4	28.6%	0	0.0%	0.108
	Boston	31	15.2%	2	14.3%	4	40.0%	
	St Louis	109	53.4%	8	57.1%	6	60.0%	
Race	Black	89	43.6%	8	57.1%	7	70.0%	0.467
	White	42	20.6%	1	7.1%	1	10.0%	
	Other	73	35.8%	5	35.7%	2	20.0%	
Treatment	Vitamin D	102	50.0%	7	50.0%	5	50.0%	1.00
	Placebo	102	50.0%	7	50.0%	5	50.0%	
Asthma/Wheeze	Yes	80	39.2%	5	35.7%	6	60.0%	0.447
	No	124	60.8%	9	64.3%	4	40.0%	
Maternal Marital Status	Married	99	48.5%	6	42.9%	2	20.0%	0.530
	Not married/not living together	54	26.5%	5	35.7%	5	50.0%	
	Not married - living together	45	22.1%	3	21.4%	3	30.0%	
	Separated/Divorced	6	2.9%	0	0.0%	0	0.0%	
Maternal Educational Level	Less than high school	28	13.7%	2	14.3%	2	20.0%	0.119
	High school, Technical school	60	29.4%	5	35.7%	4	40.0%	
	Some college	40	19.6%	4	28.6%	4	40.0%	
	College graduate/Graduate school	76	37.3%	3	21.4%	0	0.0%	
BMI	mean (SD)	17.5 (2.3)		16.4 (1.1)		16.8 (2.0)		0.557
Age 1 Communication Score	On Schedule	173	84.8%	13	92.9%	9	90.0%	0.431
	Needs monitoring	3	1.5%	0	0.0%	1	10.0%	
	Requires further evaluation	1	0.5%	0	0.0%	0	0.0%	
	Missing	22	10.8%	1	7.1%	0	0.0%	
Age 2 Communication Score	On Schedule	181	88.7%	8	57.1%	5	50.0%	2.3x10 <sup>-4</sup>
	Needs monitoring	13	6.4%	2	14.3%	2	20.0%	
	Requires further evaluation	3	1.5%	1	7.1%	2	20.0%	
	Missing	7	3.4%	3	21.4%	1	10.0%	

**Table S2: Correlation between Communication Score and Scores in the three other ASQ domains**

	<b>Spearman <math>r</math> (p-value)</b>
<b>Fine Motor Skills Score</b>	0.40 ( $<2.2 \times 10^{-16}$ )
<b>Gross Motor Skills</b>	0.30 ( $6.8 \times 10^{-10}$ )
<b>Personal Social Skills</b>	0.45 ( $<2.2 \times 10^{-16}$ )
<b>Problem Solving Skills</b>	0.46 ( $<2.2 \times 10^{-16}$ )

**Table S3: 481 Plasma Metabolites that Passed QC with information on Profiling Platform, Superpathway, Subpathway and HMDB ID**

*See excel file\*

**Table S4: Association Between 15 Significant Plasma Metabolites and Binary ASQ score, Stratified by Study Site**

Metabolite	San Diego		Boston		St Louis	
	OR (95% CI)	p-value	OR (95% CI)	p-value	OR (95% CI)	p-value
<b>N-formylphenylalanine</b>	0.02(6.4x10 <sup>-6</sup> ,40.67)	0.309	3x10 <sup>-4</sup> (6.8x10 <sup>-7</sup> ,0.07)	0.005*	0.01(9.9x10 <sup>-5</sup> ,1.02)	0.06
<b>Trimethylamine N-oxide</b>	15.2(0.07,2031.3)	0.288	247.4(4.44,27655.2)	0.011*	7.39(0.2,226.6)	0.258
<b>Cinnamoylglycine</b>	0.4(0.01,6.75)	0.58	4.35(0.9,21.71)	0.066	4.63(1.08,19.89)	0.037*
<b>Linoleoyl ethanolamide</b>	43.7(0.23,5154.9)	0.123	10.57(0.34,359.5)	0.178	7.29(0.56,84.4)	0.111
<b>Palmitoyl ethanolamide</b>	13082.1(0.25,6.4x10 <sup>8</sup> )	0.078	19.6(0.01,36700.5)	0.441	65.2(0.46,7726.9)	0.085
<b>5-hydroxyindoleacetate</b>	0.04(3.5x10 <sup>-4</sup> ,1.95)	0.144	0.09(3.9x10 <sup>-3</sup> ,1.29)	0.098	0.31(4.0x10 <sup>-3</sup> ,11.47)	0.562
<b>Erythritol</b>	1261.4(1.73,1.9x10 <sup>6</sup> )	0.036*	2.12(0.01,351.7)	0.776	9.81(0.26,297.9)	0.171
<b>Pyrraline</b>	0.05(3.7x10 <sup>-4</sup> ,2.4)	0.183	0.29(0.02,3.53)	0.367	0.07(2.6x10 <sup>-3</sup> ,1.31)	0.097
<b>Sphingomyelin (d18:1/25:0, d19:0/24:1, d20:1/23:0, d19:1/24:0)*</b>	1.7x10 <sup>-3</sup> (0.02,3.39)	0.142	0.01(9.2x10 <sup>-6</sup> ,3.36)	0.142	0.08(5.0x10 <sup>-4</sup> ,7.45)	0.305
<b>Docosahexaenoylcarnitine (C22:6)*</b>	43.35(1.2,1655.5)	0.034*	5.81(0.18,156.0)	0.297	3.45(0.25,34.49)	0.315
<b>Prolylhydroxyproline</b>	385.68(0.03,1.9x10 <sup>6</sup> )	0.159	0.07(1.8x10 <sup>-5</sup> ,282.6)	0.529	751(3.14,2.3x10 <sup>5</sup> )	0.019*
<b>Alpha-ketobutyrate</b>	3.53(0.16,49.44)	0.372	2.95(0.3,24.98)	0.324	4.12(0.63,23.48)	0.118
<b>N-formylanthranilic acid</b>	5.82(0.01,1771.8)	0.575	0.05(3.5x10 <sup>-4</sup> ,2.08)	0.202	0.03(3.0x10 <sup>-4</sup> ,1.25)	0.083
<b>Serotonin</b>	24.5(0.23,2320.6)	0.162	1.14(0.05,18.44)	0.928	15.49(1.5,178.4)	0.023*
<b>Oleoyl ethanolamide</b>	91.56(0.11,44714)	0.157	4.43(0.06,250.9)	0.478	12.74(0.44,334.5)	0.122

*Logistic regression models were unadjusted due to convergence issues with small numbers*

*\*Significant at the 95% confidence interval*

**Table S5: 737 Stool Metabolites that Passed QC with information on Profiling Platform, Superpathway, Subpathway and HMDB ID**

*See excel file*

**Table S6: Metabolites Associated with Binary ASQ Communication Score at age three in blood plasma samples from ages 1 and 3**

Metabolite	Super Pathway	Sub Pathway	HMDB ID	Age 1 Blood samples		Age 3 Blood samples		Correlation between Age 1 and Age 3 Levels*
				OR (95% CI)	p-value	OR (95% CI)	p-value	r (p-value)
linoleoyl ethanolamide	Lipid	Endocannabinoid	HMDB12252	673.0 (13.3,4.8x10 <sup>4</sup> )	0.002	12.4 (1.7,92.7)	0.013	0.18 (0.007)
oleoyl ethanolamide	Lipid	Endocannabinoid	HMDB02088	1320.1 (11.2.3x10 <sup>5</sup> )	0.004	12.7 (1,161.4)	0.048	0.23 (0.001)
palmitoyl ethanolamide	Lipid	Endocannabinoid	HMDB02100	17911.5 (24.7,2.8x10 <sup>7</sup> )	0.007	141.7 (2.3,9324.3)	0.019	0.26 (1.2x10 <sup>-4</sup> )
docosahexaenoylcarnitine (C22:6)	Lipid	Fatty Acid Metabolism (Acyl Carnitine)	-	6.6 (1.1,40.6)	0.036	6.3 (1.1,34.8)	0.037	0.13 (0.064)
sphingomyelin (d18:1/25:0, d19:0/24:1, d20:1/23:0, d19:1/24:0)	Lipid	Sphingolipid Metabolism	-	0.02 (3.3x10 <sup>-8</sup> ,0.4)	0.043	0.02 (5.7x10 <sup>-4</sup> ,0.62)	0.034	0.37(2.4x10 <sup>-8</sup> )

\*Spearman's correlation coefficient among 215 children with plasma metabolomics profiling at age 1 and age 3

**Table S7: Subsequent Diagnoses of Autism by age eight stratified by ASQ communication score category at age 2 and at age 3 among 403 children with ASQ communication score and metabolomics profiling**

		Diagnosis of Autism by Age 8			
		Yes	No	<i>fishers p-value</i>	OR (95% CI), <i>p-value</i>
<b>Age 2 Communication Score</b>	<b>On Schedule (n=331)</b>	3 (0.9%)	328 (99.1%)	<i>0.001</i>	12.7 (3.0, 63.8); $6.8 \times 10^{-4}$
	<b>Needs monitoring/ Further Evaluation (n=48)</b>	5 (10.4%)	43 (89.6%)		
<b>Age 3 Communication Score</b>	<b>On Schedule (n=365)</b>	4 (1.1%)	361 (98.9%)	$5.5 \times 10^{-4}$	13.7 (3.4, 57.6); $1.7 \times 10^{-4}$
	<b>Needs monitoring/ Further Evaluation (n=38)</b>	5 (13.2%)	33 (86.8%)		

*Odds ratios are unadjusted due to small cell counts*

**Table S8: Power Analysis for the Plasma and Stool Logistic Regression Models; assuming an alpha of 0.05 and an event rate of 0.09 and a sample size of 403 for plasma and an event rate of 0.11 and a sample size of 228 for stool**

Odds Ratio	Power	
	Plasma	Stool
0.2	100.0%	100.0%
0.4	100.0%	98.9%
0.6	84.9%	65.7%
0.8	25.7%	17.7%
1.2	18.6%	13.2%
1.4	50.4%	34.4%
1.6	78.6%	58.5%
1.8	93.1%	77.7%
2.0	98.2%	89.4%
2.2	99.6%	95.4%
2.4	99.9%	98.2%
2.6	100.0%	99.3%
2.8	100.0%	99.7%
3.0	100.0%	99.9%
3.2	100.0%	100.0%
3.4	100.0%	100.0%
3.6	100.0%	100.0%
3.8	100.0%	100.0%
4.0	100.0%	100.0%