

Supplementary Material

Green and white asparagus (*Asparagus officinalis*): A Source of Developmental, Chemical and Urinary Intrigue

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Supplementary Tables

Table S1: List of non-volatile secondary metabolites detected and reported in *A. officinalis* (green and/or white) materials (when not indicated, this was not reported in the article and green can be assumed). For the description of the analytical techniques the following codes apply; the separation or ionization technique (HPLC: high performance liquid chromatography, MALDI: matrix assisted laser desorption/ionization) and the detector (MS: mass spectrometry, UV: ultraviolet, NMR: nuclear magnetic resonance, I: imaging) (MW: molecular weight in g/mol, FW: fresh weight, DW: dry weight).

Detected secondary metabolite, Molecular formula (MW)	Asparagus material (reported concentration)	Analytical technique (Reference)
Polyphenols		
<i>Flavonoids</i>		
quercetin-3-O-rutinoside (rutin), <i>C₂₇H₃₀O₁₆</i> (610.5)	Green spears (2.28 mg/100 g FW and 0.05 % FW in top section) [1]	HPLC-MS [1–4]
	Green spears (ca. 7 mg/g DW in top section, 5 mg/g DW in middle section, 2 mg/g DW in bottom sections)	HPLC-UV at 210 nm [5]
	White spears (<0.5 mg/g DW)	HPLC-UV at 210 nm [5]
	White spears (1.1 mg/100 g FW) & green spears (48.2 mg/100 g FW)	HPLC-MS [6]
	Cooked white spears	HPLC-MS [7]

	Asparagus waste	HPLC-UV & MS [8]
	Green spears	HPLC-MS [9] and HPLC-MS/MS & MALDI-IMS [10]
apigenin-6-8-di-C-glucoside (vicenin 2), $C_{27}H_{30}O_{15}$ (549.5)	Green spears	HPLC-MS [9]
apigenin rhamnoside, $C_{21}H_{20}O_9$ (416.4)		HPLC-MS [3]
quercetin-3-O-glucosyl-rutinoside, $C_{33}H_{40}O_{21}$ (772.7)		HPLC-MS [9]
quercetin-3- β -D glucoside, $C_{21}H_{19}O_{12}$ (463.4)		HPLC-MS [3,9]
quercetin diglucoside, $C_{27}H_{30}O_{17}$ (626.5)		HPLC-MS [9]
quercetin triglycoside, $C_{33}H_{40}O_{22}$ (788.7)		HPLC-MS [4]
quercetin galactoside, $C_{21}H_{20}O_{12}$ (464.38)		HPLC-MS [3]
isorhamnetin-3-O-rutinoside, $C_{28}H_{32}O_{16}$ (624.5)		HPLC-MS [3]
isorhamnetin-3-O-rutinoside (narcissin), $C_{28}H_{32}O_{16}$ (624.5)		HPLC-MS [4,9]
norcaritin-O-glucoside (amurensin), $C_{26}H_{30}O_{12}$ (534.5)		HPLC-MS [9]
kaempferol-3-O-rutinoside (nicotiflorin), $C_{27}H_{30}O_{15}$ (594.5)		HPLC-MS [4,9]
kaempferol glucoside, $C_{21}H_{20}O_{11}$ (448.4)	Green spears	HPLC-MS [3,9]
kaempferol-O-acetylglucoside, $C_{23}H_{22}O_{12}$ (490.4)	Asparagus waste	HPLC-UV & MS [8]
kaempferol-3-p-coumaroyl-glucoside,	Green spears	HPLC-MS [9]

$C_{30}H_{26}O_{13}$ (594.52)		
quercetin,	Green spears (0.14 mg/100 g FW)	HPLC-MS [2,9]
$C_{15}H_{10}O_7$ (302.24)	Asparagus waste	HPLC-UV & MS [8]
Phenolic acids		
ferulic acid, $C_{10}H_{10}O_4$ (194.18)	Green spears (1.05 mg/100 g FW)	HPLC-MS [2,3,9]
	Asparagus waste	HPLC-UV & MS [8]
	Cooked white spears	HPLC-MS [7]
vanillic acid, $C_8H_8O_4$ (168.15)	Green spears	HPLC-MS [9]
3-caffeoylquinic acid (chlorogenic acid), $C_{16}H_{18}O_9$ (354.31)		HPLC-MS [3,9]
3-p-coumaroylquinic acid, $C_{16}H_{18}O_8$ (338.31)		HPLC-MS [3,9]
5-caffeoylquinic acid (neo-chlorogenic acid)/1-caffeoylquinic acid, $C_{16}H_{18}O_9$ (354.31)		
Saponins		
protodioscin, $C_{51}H_{84}O_{22}$ (1049.2)	Asparagus seeds	1H- & 13C-NMR [11]
	Asparagus spears (0.24 mg/100 g FW in top section, 25mg/100 g FW in bottom section)	HPLC-MS [1]
	Green spears (<1 mg/g DW)	HPLC-UV at 210 nm [5]
	White spears (ca 2.6 mg/g DW in top section, 3.7 mg/g DW in middle section, 4-5 mg/g DW in bottom section)	
	White spears (0.66-13.6 mg/100 g) & green spears (0.3 mg/100 g)	HPLC-MS/MS [12]
dioscin, $C_{45}H_{72}O_{16}$ (869.05)	White spears (6.18-33.9 mg/100 g) & green spears (6.49 mg/100 g)	HPLC-MS/MS [12]
methyl protodioscin, $C_{52}H_{86}O_{22}$ (1063.2)	Green spears (0.65 mg/100 g)	
asparasaponin (ASP) I, $C_{51}H_{84}O_{22}$ (1049.2)	White spears (0.32-3.75 mg/100 g) & green spears (0.3 mg/100 g)	

asparasaponin II, $C_{45}H_{74}O_{18}$ (903.1)	White spears (0.02-0.4 mg/100 g) & green spears (0.1 mg/100 g)	
(25R/S)-dihydro-ASP-II yamogenin, $C_{27}H_{42}O_3$ (414.6)	White spears (bottom parts) Green spears	HPLC-UV at 210 nm [13] HPLC-MS and 1H & 13C NMR [14]
sarsasapogenin, $C_{27}H_{44}O_3$ (416.6)	Asparagus roots	HPLC-MS and 1H & 13C NMR [15]
Sulphur compounds		
asparagusic acid, $C_4H_6O_2S_2$ (150.2)	White spears (10.6 mg/100 g FW) & green spears (9.86 mg/100 g FW) Green spears	HPLC-MS [6,9] HPLC-MS [9]
asparaptine, $C_{10}H_{18}N_4O_3S_2$ (306.4)	White spears (29.8 mg/100 g FW) & green spears (25.1 mg/100 g FW) Green spears	HPLC-MS [6] HPLC-MS/MS & MALDI-IMS [16]
Other compounds		
(1 stilbene, 2 lignans, 36 oxylipins, 2 glyceroglycolipids and 4 others)	Green spears	HPLC-MS [9]

Table S2: List of volatile secondary metabolites detected and reported in *A. officinalis* (green and/or white) materials (when not indicated, this was not reported in the article and green can be assumed). For the description of the analytical techniques the following codes apply; the trapping or extraction technique (SPE: liquid solid phase extraction, LLE: liquid liquid extraction, SDE: simultaneous steam distillation extraction, SPME: solid phase microextraction, TDU: thermal desorption), separation (GC: gas chromatography) and the detector (MS: mass spectrometry, O: olfactometry). (MW: molecular weight in g/mol). **key odorants based on the literature reported in this review and summarized in Table 2.

Detected secondary metabolites, Molecular formula (MW)	Asparagus material (reported concentration in ppb)	Analytical technique (Reference)
Alcohols		
n-butanol, $C_4H_{10}O$ (74.12)	Cooked white spears (160)	SPE-GC-MS [17]

1-penten-3-ol, <i>C5H10O</i> (86.13)	Cooked white spears (80)	
2-penten-1-ol, <i>C5H10O</i> (86.13)	Cooked white spears (100)	
1-pentanol, <i>C5H12O</i> (88.15)	Cooked white spears (2300)	
	Cooked white spears	SDE-GC-MS
		[7,18–20]
2-pentanol, <i>C5H12O</i> (88.15)	Cooked white spears (25)	SPE-GC-MS [17]
2,4-hexadien-1-ol, <i>C6H10O</i> (98.145)	Cooked white spears (20)	
2-hexen-1-ol, <i>C6H12O</i> (100.16)	Cooked white spears (240)	
1-hexanol, <i>C6H14O</i> (102.162)	Cooked white spears (8400)	
	Cooked white spears	SDE-GC-MS
		[7,18,19]
2,4-heptadien-1-ol, <i>C7H12O</i> (112.17)	Cooked white spears (65)	SPE-GC-MS [17]
2-hepten-1-ol, <i>C7H14O</i> (114.186)	Cooked white spears (300)	
1-heptanol, <i>C7H16O</i> (116.88)	Cooked white spears (25)	
benzyl alcohol, <i>C7H8O</i> (108.14)	Cooked white spears (410)	
2-phenylethanol, <i>C8H10O</i> (122.16)	Cooked white spears (440)	
3-methyl-1-butanol, <i>C5H12O</i> (88.148)	Cooked white spears (80)	
1-octen-3-ol **, <i>C8H16O</i> (128.21)	Green asparagus juice (42.8)	SPME-GC-MS [21]
	Cooked white spears (300)	SPE-GC-MS [17]
	Cooked white spears	SDE-GC-MS [19,20]
	Asparagus spears	TDU-GC-MS [22]
2-octen-1-ol, <i>C8H16O</i> (128.21)	Cooked white spears (300)	SPE-GC-MS [17]
1-octanol, <i>C8H18O</i> (130.23)	Cooked white spears (70)	

2,4-nonadien-1-ol, <i>C9H16O</i> (140.22)	Cooked white spears (50)	
2-nonen-1-ol, <i>C9H18O</i> (142.24)	Cooked white spears (20)	
1-nonal, <i>C9H20O</i> (144.26)	Green asparagus juice (1) Cooked white spears (60)	SPME-GC-MS [21] SPE-GC-MS [17]
2,4-decadien-1-ol, <i>C10H18O</i> (154.249)	Cooked white spears (70)	
Aldehydes		
2-butenal, <i>C4H6O</i> (70.09)	Green asparagus juice (25.5) Cooked white spears	SPME-GC-MS [21] SDE-GC-MS [18–20]
3-methyl-butanal, <i>C5H10O</i> (86.13)	Green asparagus juice (4.4)	SPME-GC-MS [21]
pentanal, <i>C5H10O</i> (86.13)	Green asparagus juice (51.3) Cooked white spears	SPME-GC-MS [21] SPE-GC-MS [17] and SDE-GC-MS [19,20]
2-methyl-2-butenal, <i>C5H8O</i> (84.12)	Green asparagus juice (31.3)	SPME-GC-MS [21]
2-pentenal, <i>C5H8O</i> (84.12)	Green asparagus juice (18.2)	
2-methyl-2-pentenal, <i>C6H10O</i> (98.14)	Green asparagus juice (0.8)	
2-hexenal **, <i>C6H10O</i> (98.14)	Green asparagus juice (13.2) Cooked white spears	SPE-GC-MS [17] and SDE-GC-MS [18–20]
hexanal **, <i>C6H12O</i> (100.16)	Asparagus spears Green asparagus juice (259.2) White spears (100)	TDU-GC-MS [22] SPME-GC-MS [21] SPE-GC-MS [17]
	Cooked white spears	SDE-GC-MS & GCO [7,19,20]

	Asparagus spears	TDU-GC-MS [22]
2,4-heptadienal, <i>C7H10O</i> (110.15)	Green asparagus juice (2)	SPME-GC-MS [21]
2-heptenal, <i>C7H12O</i> (112.17)	Green asparagus juice (52.7) White spears (30)	SPE-GC-MS [17]
	Cooked white spears	SDE-GC-MS [7,19,20]
heptanal, <i>C7H14O</i> (114.188)	Green asparagus juice (1)	SPME-GC-MS [21]
benzaldehyde, <i>C7H6O</i> (106.12)	Green asparagus juice (0.9)	SPME-GC-MS [21]
	Cooked white spears	SPE-GC-MS [17] and SDE-GC-MS [7]
2,4-octadienal, <i>C8H12O</i> (124.18)	Green asparagus juice (1.6)	SPME-GC-MS [21]
2-octenal, <i>C8H14O</i> (126.2)	Green asparagus juice (17.5)	SPE-GC-MS [17] and SDE-GC-MS [19,20]
octanal, <i>C8H16O</i> (128.212)	Green asparagus juice (1.7)	SPME-GC-MS [21]
phenylacetaldehyde, <i>C8H8O</i> (120.15)	Cooked white spears	SDE-GC-MS [18–20]
2,4-nonadienal, <i>C9H14O</i> (138.21)		
2-nonenal, <i>C9H16O</i> (140.226)	Cooked white spears (10)	SPE-GC-MS [17]
nonanal, <i>C9H18O</i> (142.239)	Green asparagus juice (3.4)	SPME-GC-MS [21]
2-phenyl-2-butenal, <i>C10H10O</i> (149.19)	Cooked white spears (10)	SPE-GC-MS [17]
2,4-decadienal, <i>C10H16O</i> (152.23)	Green asparagus juice (1.1) Cooked white spears	SPME-GC-MS [21] SPE-GC-MS [17] and SDE-GC-MS [7,19,20]

2-dodecenal, <i>C12H22O</i> (182.3)	Green asparagus juice (1.1)	SPME-GC-MS [21]
Ketones		
2,3-butanedione **, <i>C4H6O2</i> (86.09)	Cooked white spears	SDE-GC-MS [7,18–20]
3-hydroxy-2-butanone, <i>C4H8O2</i> (88.11)	Cooked white spears (6400)	SPE-GC-MS [17]
3-hydroxy-2-pentanone, <i>C5H12O2</i> (102.13)	Cooked white spears (80)	
2,3-pentanedione **, <i>C5H8O2</i> (100.12)	Cooked white spears	SDE-GC-MS & GCO [7,18–20]
2-hexanone, <i>C6H12O</i> (100.161)	Cooked white spears (10)	SPE-GC-MS [17]
2,5-cyclohexadienone, <i>C6H6O</i> (94.11)	Cooked white spears (90)	
2-heptanone, <i>C7H14O</i> (114.18)	Cooked white spears (15)	
3,5-octadien-2-one, <i>C8H12O</i> (124.18)	Green asparagus juice (3.9)	SPME-GC-MS [21]
3,5-octadien-2-one, <i>C8H12O</i> (124.18)	Cooked white spears (70)	SPE-GC-MS [17]
1-octen-3-one, <i>C8H14O</i> (126.2)	Green asparagus juice (22.5)	SPME-GC-MS [21]
6-methyl-5-hepten-2-one, <i>C8H14O</i> (126.2)	Green asparagus juice (1.5)	
3-octen-2-one, <i>C8H14O</i> (126.2)	Green asparagus juice (0.7)	
3-octen-2-one, <i>C8H14O</i> (126.2)	Cooked white spears (10)	SPE-GC-MS [17]
2,3-octanedione **, <i>C8H14O2</i> (142.2)	Cooked white spears	SDE-GC-MS & GCO [18–20]
3-octanone, <i>C8H16O</i> (128.21)	Green asparagus juice (2.3)	SPME-GC-MS [21]
3,5-nonadien-2-one, <i>C9H14O</i> (138.207)	Cooked white spears (10)	SPE-GC-MS [17]
3,5-decadien-2-one, <i>C10H16O</i> (152.23)	Cooked white spears (10)	
β-ionone, <i>C13H20O</i> (192.3)	Green asparagus juice (1.4)	SPME-GC-MS [21]

geranyl acetone, <i>C₁₃H₂₂O</i> (194.31)	Green asparagus juice (0.3)	
Esters		
ethyl dodecanoate, <i>C₁₄H₂₈O₂</i> (228.37)	Green asparagus juice (0.7)	SPME-GC-MS [21]
diisobutyl phthalate, <i>C₁₆H₂₂O₄</i> (278.34)	Green asparagus juice (1.9)	
ethyl hexadecanoate, <i>C₁₈H₃₆O₂</i> (284.5)	Green asparagus juice (0.6)	
Carboxylic acids		
3-methylbutanoic acid, <i>C₅H₁₀O₂</i> (102.13)	Green asparagus juice (1)	SPME-GC-MS [21]
pentanoic acid, <i>C₅H₁₀O₂</i> (102.13)	Green asparagus juice (0.6)	
hexanoic acid, <i>C₆H₁₂O₂</i> (116.158)	Green asparagus juice (2.1)	
Pyrazines		
2-methylpyrazine, <i>C₅H₆N₂</i> (94.11)	Cooked white spears	SDE-GC-MS [7,19,20]
2-ethylpyrazine, <i>C₆H₈N₂</i> (108.14)	White spears	SPE-GC-MS [17]
2,5-dimethylpyrazine, <i>C₆H₈N₂</i> (108.14)	White spears (35)	
	Cooked white spears	SDE-GC-MS [19,20]
2,6-dimethylpyrazine **, <i>C₆H₈N₂</i> (108.14)	White spears (200)	SPE-GC-MS [17]
	Cooked white spears	SDE-GC-MS & GCO [7,19,20]
2,3-dimethylpyrazine, <i>C₆H₈N₂</i> (108.14)	White spears	SPE-GC-MS [17]
2-ethyl-6-methylpyrazine, <i>C₇H₁₀N₂</i> (122.17)		
2-ethyl-5-methylpyrazine, <i>C₇H₁₀N₂</i> (122.17)		
2-ethyl-3,5-dimethyl pyrazine **, <i>C₈H₁₂N₂</i> (136.19)	Cooked white spears	SDE-GC-MS & GCO [19,20]
2-methoxy-3-isopropyl pyrazine **, <i>C₈H₁₂N₂O</i> (152.19)		

2-isobutyl-3-methoxypyrazine **, <i>C9H14N2O</i> (152.19)	Cooked white spears	SPE-GC-MS [17] & SDE-GC-MS [20]
Furans		
2-ethyl-furan, <i>C6H8O</i> (96.13)	Green asparagus juice (0.2) Cooked white spears Cooked white spears	SPME-GC-MS [21] SPE-GC-MS [17] SDE-GC-MS [19,20]
2-pentyl-furan **, <i>C9H14O</i> (138.21)	Green asparagus juice (2.3) Cooked white spears (165) Cooked white spears	SPME-GC-MS [21] SPE-GC-MS [17] SDE-GC-MS [7,19,20]
	Asparagus spears	TDU-GC-MS [22]
Sulphur compounds		
dimethyl sulfone, <i>C2H6O2S</i> (94.13)	Cooked white spears (30)	SPE-GC-MS [17]
dimethyl sulfoxide, <i>C2H6OS</i> (78.13)	Cooked white spears	SDE-GC-MS [19,20]
dimethyl sulfide **, <i>C2H6S</i> (62.14)	Cooked white spears (3300) Cooked white spears	SPE-GC-MS [17] SDE-GC-MS [19,20]
S-methyl thioacetate, <i>C3H6OS</i> (90.15)	Cooked white spears	SDE-GC-MS & GCO [19,20]
3-methylthiopropanol, <i>C4H10OS</i> (106.19)	Cooked white spears (10)	SPE-GC-MS [17]
methyl propyl sulfide, <i>C4H10S</i> (90.19)	Cooked white spears	SDE-GC-MS [18,19]
3-methylthio-propanal **, <i>C4H8OS</i> (104.17)	Cooked white spears	SPE-GC-MS & GCO [17] SDE-GC-MS [7,19,20]
thiophene-2-carbaldehyde, <i>C5H4OS</i> (112.15)	Cooked white spears (10)	SPE-GC-MS [17]
2-acetylthiazole, <i>C5H5NOS</i> (127.17)	Cooked white spears (10) Cooked white spears	SDE-GC-MS [19,20]

2-hydroxymethylthiophene, <i>C5H6OS</i> (114.17)	Cooked white spears (20)	SPE-GC-MS [17]
methyl-1,2-dithiolane-4-carboxylate, <i>C5H8O2S2</i> (164.28)	Cooked white spears (7000)	
ethyl-1,2-dithiolane-4-carboxylate, <i>C6H10O2S2</i> (178.27)	Cooked white spears (50)	
2-formyl-3-methylthiophene, <i>C6H6OS</i> (126.18)	Cooked white spears (70)	
3-vinyl-3,4-dihydro-1,2-dithiine, <i>C6H8S2</i> (144.26)	Cooked white spears (20)	
Other compounds		
methoxy-phenyl-oxime, <i>C8H9NO2</i> (151.16)	Green asparagus juice (18.9)	SPME-GC-MS [21]
2,4-di-tert-amylphenol, <i>C16H26O</i> (234.38)	Green asparagus juice (4.3)	

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