

Multimedia Appendix 2. Quality assessment of included studies.

Authors	Type study	Screening Questions		Qualitative studies					Randomized controlled trials					Non-randomized studies					Quantitative descriptive studies					Mixed Methods studies				
		S1	S2	1,1	1.2	1.3	1.4	1.5	2.1	2.2	2.3	2.4	2.5	3.1	3.2	3.3	3.4	3.5	4.1	4.2	4.3	4.4	4.5	5.1	5.2	5.3	5.4	5.5
Castillo-Parra, [22]	Qualitative	Yes	Yes	Yes	Yes	Yes	Yes	Yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hallqvist, [23]	Qualitative	Yes	Yes	Yes	Yes	Yes	Yes	Yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Jiménez-Rodríguez, [24]	Mixed Method	Yes	Yes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Yes	Yes	Yes	Yes	Yes

Type of study	Study	Quantitative descriptive studies					Mixed methods studies				
		4.1. Is the sampling strategy relevant to address the research question?	4.2. Is the sample representative of the target population?	4.3. Are the measurements appropriate?	4.4. Is the risk of nonresponse bias low?	4.5. Is the statistical analysis appropriate to answer the research question?	5.1. Is there an adequate rationale for using a mixed methods design to address the research question?	5.2. Are the different components of the study effectively integrated to answer the research question?	5.3. Are the outputs of the integration of qualitative and quantitative components adequately interpreted?	5.4. Are divergences and inconsistencies between quantitative and qualitative results adequately addressed?	5.5. Do the different components of the study adhere to the quality criteria of each tradition of the methods involved?
1. Quantitative	Chuah et al. [60]	Yes	Yes	Yes	Yes	Yes					
2. Quantitative	Essmiller et al. [61]	Yes	Yes	Yes	Yes	Yes					
5. Quantitative	Na et al. [64]	Yes	Yes	Yes	Yes	Yes					
6. Mixed method	Perryman et al. [65]						Yes	Yes	Yes	Yes	Yes