

**Multimedia Appendix 3.** Reasons for studies exclusion.

Excluded	Reason for exclusion
Baptista et al. [19]	No Metaverse-related technologies involved (an app was used for providing information to pregnant women).
Burrai et al. [20]	Study Protocol.
Caballero-Galilea et al. [21]	No Metaverse-related technologies involved (a digital newsletter was used for providing information to pregnant women).