

*Supplementary Material*

# Lipidomic analysis of Liver Lipid Droplets after Chronic Alcohol Consumption with and without Betaine Supplementation

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## Supplementary Tables

**Table S1.** The differences in the phosphatidylinositol (PI) lipidome of LD1 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PI(34:3)	3.6	0.003376	1.6	0.0327	2.2	0.075
PI(34:2)	3.4	0.000773	1.9	0.0034	1.8	0.088
PI(34:1)	3.0	0.000214	1.3	0.021456	2.2	0.003109
PI(36:6)	3.7	0.015325	2.2	0.060907	1.7	0.18477
PI(36:5)	3.1	0.000876	2.3	0.004074	1.3	0.313934
PI(36:4)	4.1	0.00028	2.8	0.000651	1.5	0.246736
PI(36:3)	4.9	0.000915	2.6	0.004527	1.9	0.111229
PI(36:2)	4.8	0.000668	1.9	0.009038	2.6	0.007531
PI(36:1)	3.4	0.000842	1.5	0.03806	2.3	0.014817
PI(38:6)	6.7	0.003004	2.3	0.038894	3.0	0.069835
PI(38:5)	5.1	0.003438	1.5	0.136593	3.4	0.05665
PI(38:4)	4.0	0.010103	1.4	0.221509	2.9	0.047197
PI(38:3)	3.9	0.016944	1.2	0.341466	3.4	0.001943
PI(38:2)	2.7	0.022299	0.7	0.092458	3.7	2.48E-05
PI(38:1)	4.4	0.10391	0.8	0.359323	5.5	0.003894
PI(40:8)	4.0	0.001911	1.2	0.097239	3.2	0.001665
PI(40:7)	7.9	0.008544	0.5	0.10375	16.1	0.01588
PI(40:6)	3.6	0.018457	0.5	0.115726	6.8	0.021355
PI(40:5)	4.8	0.019778	1.3	0.288662	3.6	0.010745
PI(40:4)	1.0	0.493	0.3	0.000	3.2	0.010

**Table S2.** The differences in the phosphatidylserine (PS) lipidome of LD1 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PS(32:1)	8.8	0.026	2.1	0.095	4.2	0.095
PS(32:0)	11.7	0.025	3.0	0.078	4.0	0.078
PS(34:4)	6.3	0.015	1.1	0.047	5.8	0.047
PS(34:3)	3.5	0.015	0.7	0.032	5.0	0.032
PS(34:2)	8.8	0.007	1.8	0.035	5.0	0.035
PS(34:1)	5.2	0.001	1.0	0.033	5.2	0.033
PS(36:5)	6.4	0.045	8.0	0.384	0.8	0.384
PS(36:4)	9.5	0.001	1.9	0.011	4.9	0.011
PS(36:3)	9.6	0.001	2.8	0.020	3.5	0.020
PS(36:2)	9.5	0.003	2.4	0.050	4.0	0.050
PS(36:1)	10.8	0.007	2.7	0.010	4.1	0.010
PS(38:7)	16.5	0.038	11.4	0.274	1.4	0.274

PS(38:5)	20.9	0.009	3.0	0.016	6.9	0.016
PS(38:4)	13.2	0.020	8.2	0.313	1.6	0.313
PS(38:3)	18.4	0.068	1.6	0.001	11.3	0.001
PS(38:2)	10.3	0.030	3.2	0.072	3.3	0.072
PS(38:1)	12.6	0.040	3.4	0.095	3.7	0.095
PS(38:0)	9.9	0.082	3.2	0.002	3.1	0.002
PS(40:8)	7.8	0.001	3.8	0.194	2.1	0.194
PS(40:7)	13.1	0.002	4.5	0.095	2.9	0.095
PS(40:6)	21.4	0.015	8.7	0.199	2.4	0.199
PS(40:5)	20.0	0.003	7.7	0.226	2.6	0.226
PS(40:3)	5.2	0.046	0.7	0.068	6.9	0.068
PS(40:2)	14.1	0.016	1.9	0.016	7.5	0.016
PS(40:1)	7.2	0.023	1.9	0.021	3.8	0.021
PS(42:11)	8.3	0.048	1.9	0.049	4.4	0.049
PS(42:9)	11.6	0.007	4.8	0.031	2.4	0.031
PS(42:8)	5.5	0.011	1.8	0.011	3.1	0.011
PS(42:7)	41.8	0.000	13.7	0.103	3.0	0.103
PS(42:6)	23.0	0.030	2.5	0.008	9.4	0.008
PS(42:5)	15.1	0.074	2.1	0.031	7.3	0.031
PS(44:12)	13.3	0.024	2.9	0.005	4.6	0.005
PS(44:10)	10.1	0.001	5.3	0.208	1.9	0.208
PS(44:8)	17.2	0.019	8.5	0.112	2.0	0.112
PS(44:7)	6.2	0.104	1.0	0.042	6.4	0.042
PS(44:5)	11.7	0.012	5.0	0.180	2.3	0.180
PS(44:4)	16.1	0.005	4.5	0.023	3.6	0.023
PS(44:3)	16.3	0.001	6.0	0.083	2.7	0.083
PS(44:2)	14.3	0.000	4.7	0.056	3.1	0.056

**Table S3.** The differences in the hexosylceramide (HexCer), cholesteryl esters (CE) and diacylglycerol (DAG) lipidome of LD1 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change↓	p-value	Fold change ↑	p-value
HexCer-d18:1(20:0)	18.8	0.009236	5.1	0.0387	3.7	0.193
HexCer-d18:1(22:0)	15.0	0.001285	2.7	0.0224	5.5	0.034
CE(16:1)	12.4	0.015188	3.1	0.08527	4.0	0.039028
CE(16:0)	11.5	0.003855	3.8	0.023738	3.0	0.054119
CE(18:3)	13.8	0.004568	5.2	0.01803	2.6	0.093026
CE(18:2)	13.4	0.006543	5.9	0.025298	2.3	0.138044
CE(18:1)	14.5	0.005609	4.2	0.025987	3.4	0.035101
CE(18:0)	22.0	0.020207	4.0	0.06677	5.5	0.01337
CE(20:5)	7.5	0.001717	3.8	0.010198	2.0	0.195234
CE(20:4)	7.5	0.001717	3.8	0.010198	2.0	0.195235
CE(20:3)	14.8	0.005519	4.8	0.022255	3.1	0.070039
CE(22:6)	8.6	0.013031	3.6	0.032206	2.4	0.054285
DAG(16:0/16:1)	6.1	0.002937	0.9	0.432243	6.5	0.033
DAG(16:0/16:0)	8.0	0.000188	1.2	0.295031	6.5	0.033675
DAG(18:3/16:0)	12.0	0.000746	1.4	0.185356	8.4	0.040149
DAG(18:2/16:1)	23.6	0.000804	2.3	0.034355	10.3	0.03087
DAG(18:2/16:0)	13.9	0.000225	2.3	0.02018	6.0	0.038491
DAG(18:1/16:1)	22.5	0.000607	1.7	0.075445	13.6	0.009378
DAG(18:1/16:0)	12.7	0.000347	1.6	0.088075	8.1	0.015066
DAG(18:3/18:2)	16.5	0.005	3.5	0.031	4.7	0.050
DAG(18:3/18:1)	17.8	0.001	3.1	0.016	5.8	0.068
DAG(18:2/18:2)	19.8	0.010	5.5	0.035	3.6	0.082
DAG(16:0/20:4)	12.3	0.000	1.6	0.120	7.6	0.054

DAG(18:2/18:1)	19.7	0.004	3.4	0.030	5.7	0.047
DAG(16:0/20:3)	17.6	0.001	1.7	0.111	10.6	0.029
DAG(16:1/20:2)	20.2	0.029	4.1	0.090	4.9	0.012
DAG(18:2/18:0)	21.9	0.002	2.8	0.022	7.9	0.037
DAG(18:1/18:1)	16.1	0.002	2.2	0.045	7.4	0.020
DAG(18:1/18:0)	14.8	0.002	1.7	0.105	8.9	0.019
DAG(18:2/20:4)	20.2	0.001	2.5	0.028	8.0	0.067
DAG(16:0/22:6)	16.4	0.001	1.5	0.159	10.8	0.041
DAG(18:1/20:4)	18.6	0.000	2.2	0.047	8.5	0.066
DAG(18:2/20:3)	22.8	0.002	2.1	0.070	11.0	0.032
DAG(18:1/20:3)	11.7	0.001	1.0	0.482	12.0	0.060
DAG(16:0/22:4)	23.0	0.005	2.1	0.091	10.8	0.030
DAG(18:0/20:3)	23.4	0.001	1.9	0.098	12.1	0.070
DAG(18:1/20:2)	14.4	0.018	2.0	0.130	7.0	0.011
DAG(18:1/22:6)	27.0	0.000	2.7	0.015	9.9	0.047
DAG(18:2/22:5)	16.4	0.003	2.3	0.027	7.2	0.005
DAG(18:0/22:6)	30.3	0.001	1.9	0.104	15.8	0.064
DAG(18:1/22:5)	14.3	0.00205	1.9	0.114487	7.6	0.068519
DAG(18:2/22:4)	17.2	0.012797	1.0	0.492982	16.9	0.082295
DAG(18:1/22:4)	21.7	0.002175	2.1	0.079474	10.4	0.053206

**Table S4.** The differences in the triacylglycerol (TAG) lipidome of LD1 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
TAG(48:0)	4.1	0.006	1.0	0.443	3.9	0.004
TAG(50:3)	9.6	0.004	1.2	0.358	8.2	0.027
TAG(50:2)	24.8	0.013	1.4	0.301	17.5	0.080
TAG(50:1)	14.3	0.010	1.8	0.141	7.8	0.052
TAG(50:0)	15.2	0.007	1.9	0.119	8.0	0.049
TAG(52:6)	15.7	0.002	1.8	0.106	8.8	0.043
TAG(52:5)	15.8	0.004	1.8	0.119	9.0	0.037
TAG(52:4)	34.1	0.001	1.9	0.067	18.1	0.028
TAG(52:2)	27.3	0.008	2.4	0.077	11.4	0.040
TAG(52:1)	19.6	0.013	1.6	0.219	12.2	0.049
TAG(52:0)	19.1	0.005	1.5	0.221	12.6	0.056
TAG(54:7)	11.9	0.016	1.1	0.411	10.4	0.045

**Table S5.** The differences in the cholesteryl esters (CE) lipidome of LD2 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
CE(18:2)	2.0	0.0217	1.6	0.164	1.3	0.326
CE(18:1)	2.4	0.0143	1.5	0.176	1.6	0.178
CE(18:0)	1.9	0.0231	1.4	0.284	1.3	0.325
CE(19:0)	2.0	0.1138	5.5	0.046	0.4	0.055
CE(20:3)	2.3	0.0420	1.1	0.419	2.0	0.118
CE(20:2)	3.2	0.0255	1.8	0.171	1.8	0.136
CE(20:1)	2.2	0.0148	0.5	0.058	1.1	0.408
CE(20:0)	2.1	0.0691	0.1	0.042	0.3	0.094
CE(22:5)	2.8	0.0342	1.1	0.451	3.0	0.085

**Table S6.** The differences in the phosphatidylinositol (PI) lipidome of LD2 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PI(34:3)	1.6	0.021	1.7	0.440	0.9	0.071
PI(34:2)	1.4	0.025	1.9	0.223	0.7	0.037
PI(34:1)	1.4	0.004	1.9	0.218	0.8	0.031
PI(36:5)	1.3	0.136	1.9	0.195	0.7	0.046
PI(36:3)	1.7	0.013	1.9	0.390	0.9	0.031
PI(36:2)	1.9	0.001	1.9	0.482	1.0	0.035
PI(36:1)	1.8	0.006	1.9	0.419	0.9	0.043
PI(38:4)	1.8	0.025	1.6	0.334	1.2	0.107
PI(38:3)	1.8	0.055	3.1	0.105	0.6	0.018
PI(38:2)	1.6	0.005	2.0	0.258	0.8	0.023
PI(40:8)	0.5	0.082	1.4	0.040	0.4	0.327
PI(40:5)	4.6	0.003	2.6	0.155	1.7	0.012
PI(40:4)	1.6	0.192	5.4	0.048	0.3	0.067

**Table S7.** The differences in the phosphatidylserine (PS) and ePS lipidome of LD2 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PS(34:4)	5.7	0.049	3.1	0.071	1.9	0.249
PS(34:2)	2.1	0.022	1.7	0.142	1.2	0.386
PS(36:4)	2.2	0.052	4.5	0.043	0.5	0.094
PS(36:2)	2.3	0.017	2.7	0.021	0.9	0.415
PS(36:0)	7.1	0.021	49.4	0.020	0.1	0.094
PS(38:0)	0.9	0.426	2.5	0.212	0.4	0.047
PS(40:6)	0.2	0.013	0.3	0.160	0.6	0.237
PS(40:1)	2.3	0.012	2.2	0.043	1.0	0.481
PS(44:5)	3.4	0.025	3.6	0.031	0.9	0.449
PS(44:3)	1.7	0.015	1.4	0.194	1.2	0.358
PS(44:2)	2.0	0.035	1.4	0.188	1.4	0.271
ePS(36:3)	1.3	0.395	4.2	0.045	0.3	0.274
ePS(36:2)	2.7	0.022	2.6	0.068	1.1	0.466
ePS(38:4)	4.5	0.030	5.5	0.024	0.8	0.409
ePS(40:3)	1.2	0.374	4.4	0.043	0.3	0.114

**Table S8.** The differences in the phosphatidic acid (PA), Ceramides and cholesteryl esters (CE) lipidome of LD3 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PA(32:0)	4.6	0.021	3.8	0.048	1.2	0.354
PA(34:4)	8.5	0.003	2.0	0.039	4.4	0.003
PA(34:3)	0.0	0.074	1.9	0.280	0.0	0.001
PA(34:1)	5.6	0.042	3.2	0.079	1.8	0.109
PA(36:5)	2.5	0.018	3.3	0.049	0.8	0.390
PA(36:4)	5.9	0.029	1.9	0.167	3.2	0.039
PA(36:2)	16.6	0.007	5.6	0.013	3.0	0.178
PA(38:6)	0.0	0.028	0.8	0.383	0.0	0.051
PA(38:2)	8.5	0.044	6.5	0.078	1.3	0.337
PA(40:7)	2.1	0.162	3.9	0.024	0.5	0.310
Cer-d18:1(16:0)	2.4	0.016	1.6	0.205	1.5	0.287
Cer-d18:1(24:1)	2.3	0.001	1.3	0.073	1.7	0.005

Cer-d18:1(24:0)	2.7	0.000	2.1	0.005	1.3	0.107
CE(16:1)	4.1	0.001	1.0	0.421	4.2	0.000
CE(16:0)	4.3	0.003	1.2	0.244	3.7	0.000
CE(18:3)	5.4	0.008	2.1	0.044	2.6	0.002
CE(18:2)	4.3	0.019	1.7	0.134	2.5	0.004
CE(18:1)	5.0	0.002	1.5	0.061	3.3	0.000
CE(18:0)	8.7	0.000	1.8	0.034	4.9	0.018
CE(20:5)	2.7	0.103	1.1	0.410	2.3	0.023
CE(20:4)	2.7	0.103	1.1	0.410	2.3	0.023
CE(20:3)	8.1	0.016	1.9	0.113	4.3	0.000
CE(20:2)	10.4	0.010	2.6	0.053	3.9	0.000
CE(20:1)	7.8	0.001	2.5	0.002	3.1	0.002
CE(22:6)	5.2	0.001	2.0	0.011	2.6	0.000
CE(22:5)	6.0	0.005	0.8	0.264	7.4	0.002
CE(22:4)	17.0	0.008	2.0	0.085	8.6	0.000

**Table S9.** The differences in the phosphatidylcholine (PC) lipidome of LD3 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change↓	p-value	Fold change ↑	p-value
PC(28:1)	4.0	0.001	3.5	0.002	1.1	0.390
PC(30:1)	4.0	0.001	4.2	0.002	0.9	0.453
PC(30:0)	3.5	0.002	2.1	0.011	1.7	0.075
PC(32:2)	4.3	0.002	2.4	0.004	1.8	0.113
PC(32:1)	4.0	0.002	3.5	0.006	1.1	0.353
PC(32:0)	2.7	0.007	2.4	0.044	1.1	0.454
PC(34:2)	2.4	0.036	3.1	0.038	0.8	0.238
PC(34:1)	2.9	0.002	2.7	0.008	1.1	0.425
PC(34:0)	2.8	0.001	5.9	0.001	0.5	0.027
PC(36:3)	3.5	0.017	2.9	0.043	1.2	0.243
PC(36:2)	4.5	0.014	2.8	0.043	1.6	0.030
PC(36:1)	4.5	0.001	2.8	0.006	1.6	0.036
PC(36:0)	2.9	0.005	3.2	0.013	0.9	0.397
PC(38:5)	2.3	0.017	1.9	0.068	1.2	0.255
PC(38:3)	3.3	0.024	2.5	0.063	1.3	0.084
PC(38:2)	4.7	0.004	2.9	0.009	1.6	0.051
PC(38:1)	5.2	0.003	3.0	0.014	1.8	0.019
PC(38:0)	5.2	0.005	3.8	0.021	1.4	0.295
PC(40:8)	7.2	0.004	3.6	0.016	2.0	0.188
PC(40:7)	6.0	0.010	9.6	0.028	0.6	0.351
PC(40:6)	3.8	0.007	3.1	0.027	1.2	0.358
PC(40:5)	8.8	0.007	1.9	0.095	4.6	0.001
PC(40:2)	4.8	0.005	2.4	0.021	2.0	0.180
PC(42:11)	19.3	0.017	2.7	0.093	7.1	0.002
PC(42:10)	6.9	0.000	4.4	0.003	1.6	0.263
PC(42:9)	4.0	0.005	2.7	0.009	1.5	0.205
PC(42:8)	4.7	0.011	2.7	0.018	1.8	0.149
PC(42:7)	4.5	0.008	1.7	0.081	2.7	0.028
PC(44:7)	5.7	0.050	0.0	0.027	0.0	0.135
PC(44:4)	4.8	0.005	9.0	0.005	0.5	0.244

**Table S10.** The differences in the phosphatidylinositol (PI) lipidome of LD3 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PI(34:3)	6.4	0.027	2.0	0.143	3.2	0.025
PI(34:2)	5.5	0.006	2.1	0.051	2.6	0.044
PI(34:1)	5.2	0.003	2.0	0.041	2.6	0.024
PI(36:5)	5.3	0.036	1.8	0.172	3.0	0.007
PI(36:4)	5.5	0.018	2.3	0.077	2.4	0.005
PI(36:3)	5.5	0.004	1.9	0.044	2.9	0.007
PI(36:2)	6.3	0.001	1.6	0.059	3.9	0.009
PI(36:1)	6.5	0.000	1.9	0.007	3.5	0.002
PI(38:6)	7.7	0.025	2.3	0.100	3.4	0.006
PI(38:5)	7.3	0.022	2.0	0.107	3.6	0.003
PI(38:4)	3.4	0.042	1.5	0.186	2.2	0.021
PI(38:3)	5.3	0.001	2.1	0.007	2.6	0.007
PI(38:2)	9.5	0.001	2.4	0.015	3.9	0.062
PI(38:1)	58.6	0.009	1.8	0.224	32.9	0.117
PI(40:8)	5.4	0.005	1.0	0.488	5.3	0.069
PI(40:7)	10.1	0.057	1.6	0.273	6.3	0.011
PI(40:6)	11.8	0.016	3.3	0.053	3.6	0.083
PI(40:5)	21.3	0.040	1.8	0.227	11.5	0.028
PI(40:4)	10.3	0.020	2.7	0.093	3.8	0.028
PI(40:0)	13.7	0.070	1.4	0.350	9.8	0.047

**Table S11.** The differences in the phosphatidylethanolamine (PE) lipidome of LD3 isolated from the livers of rats fed control (C), ethanol (E) or betaine-supplemented ethanol (EB) diet.

Lipid Species	C vs E		E vs EB		C vs EB	
	Fold change ↑	p-value	Fold change ↓	p-value	Fold change ↑	p-value
PE(28:1)	4.4	0.023	2.0	0.115	2.2	0.085
PE(28:0)	9.1	0.002	4.7	0.008	1.9	0.218
PE(30:1)	4.0	0.011	21.6	0.003	0.2	0.121
PE(30:0)	8.1	0.050	5.3	0.084	1.5	0.349
PE(32:1)	4.6	0.046	2.1	0.153	2.2	0.087
PE(34:4)	2.3	0.008	2.3	0.047	1.0	0.496
PE(34:2)	4.5	0.020	3.8	0.052	1.2	0.417
PE(34:1)	9.4	0.001	3.4	0.006	2.7	0.055
PE(34:0)	3.9	0.034	1.4	0.294	2.7	0.107
PE(36:3)	5.3	0.013	4.3	0.032	1.2	0.371
PE(36:2)	9.4	0.010	6.8	0.022	1.4	0.339
PE(36:1)	6.4	0.009	3.1	0.047	2.1	0.107
PE(38:2)	3.7	0.030	2.4	0.029	1.6	0.326
PE(38:1)	5.1	0.013	2.3	0.032	2.2	0.033
PE(40:8)	6.4	0.008	3.5	0.047	1.8	0.313
PE(40:5)	7.1	0.126	1.0	0.491	7.2	0.041
PE(40:3)	2.2	0.023	2.1	0.032	1.0	0.477
PE(42:10)	5.9	0.002	1.7	0.166	3.5	0.117
PE(42:9)	8.4	0.027	2.5	0.120	3.4	0.179
PE(42:3)	14.4	0.069	1.2	0.397	11.7	0.036
PE(42:2)	0.0	0.092	0.0	0.028	2.6	0.149
PE(44:11)	2.9	0.012	5.2	0.029	0.6	0.138
PE(44:8)	7.2	0.011	4.1	0.059	1.8	0.232
PE(44:6)	46.6	0.040	9.7	0.081	4.8	0.166
PE(44:5)	7.0	0.039	7.7	0.068	0.9	0.425