SUPPLEMENTARY MATERIALS

- 1. *Full Survey Instrument for Survey 1 (May-June 2015) (pp. 2–36):*
- 2. Full Survey Instrument for Surveys 2 (Oct-Nov 2016) & 3 (March 2017) (pp. 37–89):
- 3. <u>Supplementary Figures S1-S8</u> (pp. 90–98):

Supplementary Survey Instrument: Survey 1 (May-June 2015)

A questionnaire to better understand your views on different health conditions

Health service researchers and doctors in Oxford are carrying out a survey on attitudes to different health conditions that can affect people at some points in their lives. We are interested in learning more about your views on the nature, and the timing, of these health conditions. We are also interested in learning more about your views regarding the use of antibiotics.

Health can affect, and be affected by, many different aspects of life. The questionnaire also, therefore, asks a variety of questions about yourself – for example, your background, your income, and even your personality. Some of these questions may not seem to have obvious links to health, but it is important that we ask them, as your answers might help us to uncover some surprising and useful insights that could lead to improvements in healthcare.

Please be assured that any information you give will be anonymised, treated in strict confidence, and used solely for research purposes.

The questionnaire is divided into three sections. In total, it should take around 20 minutes to complete. Some of the questions may require a little thought, but please try to answer them all if you can. There are no right or wrong answers - we are simply interested in your views.

If you have any questions or comments relating to the questionnaire, please contact:

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NHS National Institute for Health Research



Throughout the following questions, except where instructed otherwise, please indicate your answer by entering an 'X' in the one box which you feel best describes your answer. Certain questions will need to be answered in a slightly different way, such as by entering a number in a box. In these cases, the instructions will be clearly indicated in the question.

Section 1

We would like to begin the questionnaire by asking you a few questions about yourself.

1. What is your sex?



2. How old were you on your last birthday? *Please indicate your answer by entering a number in the box below:*



3. Which of the following apply to your current situation? *Please enter 'X' in the boxes beside all which apply.*

Employed full-time
Employed part-time
Self-employed full-time
Self-employed part-time
Unemployed
Retired
Permanently sick or disabled
Looking after home or family
In full-time education
Other

4. What is the highest level of education or training you have attained?

GCSEs or 'O' Levels or CSEs or Scottish Standard Grade
'A' Levels or 'AS' Levels or Scottish Higher Grade
International Baccalaureate
Technical or Vocational Qualification
Transition Year Programme
Higher Education Certificate or Diploma
Undergraduate Degree
Professional Qualification (comparable to undergraduate degree)
Postgraduate Certificate or Diploma
Postgraduate Degree
Doctorate
Other
None

5. Are you currently married, in a civil partnership, or living with a partner?





6. Gross HOUSEHOLD income combines your income with that of your partner or any other household members with whom you share financial responsibilities BEFORE any taxes or deductions.

What is your gross annual household income?

Up to £10,000
£10,000 to £19,999
£20,000 to £29,999
£30,000 to £39,999
£40,000 to £49,999
£50,000 to £74,999
£75,000 to £99,999
£100,000 or more
Prefer not to say

7. Do you have any dependent children who live with you? (By 'dependent' children, we mean those who are under 18 but not yet financially independent).





[If no, go to question 8].

How many dependent children do you have who live with you? *Please indicate your answer by entering a number in the box below:*



How old is your youngest dependent child who lives with you?* *Please indicate your answer by entering a number in one of the boxes below. If your child is less than 2 years old, please answer in months; otherwise answer in years.*



* [If respondent indicates that they have only one dependent child who lives with them, amend text to "And how old is this child"?]

8. How many adults live in your household? (This refers to *all* adults so please don't forget to include yourself and any children aged 18 or over, who live with you. Please also include any children aged 16 or 17 who live with you, if they are financially independent). *Please indicate your answer by entering a number in the box below:*



9. Were you born in the UK?





10. How would you describe your ethnicity or background?

White
Mixed / multiple ethnic groups
Black / African / Caribbean / Black British
Asian / Asian British
Other ethnic group
Prefer not to say

11. What, if any, is your religion?

No religion
Christianity (Protestant)
Christianity (Catholic)
Christianity (Other)
Islam
Hinduism
Sikhism
Judaism
Buddhism
Other religion
Prefer not to say

12. Which of the following best describes where you live?

-	
	South East
	London
	North West
	East of England
	West Midlands
	South West
	Yorkshire and the Humber
	East Midlands
	North East
	Scotland
	Wales
	Northern Ireland

We would like to conclude this section by asking you a few questions about your lifestyle.

13. Do you smoke tobacco?



[If respondent chooses one of the first two options, go to question 15].

14. Have you ever smoked tobacco?



Yes – I used to smoke every day



Yes – I used to smoke, but not every day



Yes – but I tried it only once or a few times



15. Have you ever tried electronic cigarettes?



16. How often do you drink alcohol?



[If respondent chooses "Never" go to Section 2]

17. How often do you drink five or more alcoholic drinks on one occasion?



Section 2

We would like to begin this section by asking you to imagine two health states, which we will call Health State A and Health State B.

Health State A: You have a fever, aching muscles, a headache, a dry chesty cough, a sore throat, and tiredness.

Health State B: You have a fever, chest pain, night sweats, a cough that brings up phlegm, loss of appetite, extreme tiredness, and some weight loss.

[NOTE: Health State A and Health State B to remain on screen for all questions in which they are referred to]

Drawn below is a scale, where the **best** health state you can imagine is marked **10** (we will call this 'Full Health'), and the **worst** health state you can imagine is marked **0**.



1. How would you rate Health State A on this scale? *Please do so by writing a number between 0 and 10 in the box below.*

2. How would you rate Health State B on this scale? *Please do so by writing a number between 0 and 10 in the box below.*

3. How would you rate your own health today on this scale? *Please do this by writing a number between 0 and 10 in the box below.*

[If the number given to answer Q1 is less than the number given to answer Q2, go to Q7].

The following questions are about the timing of different health states. You have indicated that you regard Health State B as being worse than Health State A. However, some people might accept being in severely poor health at some point in the future, if it meant that they could avoid being in moderately poor health at the present time.

4. In this question, assume that if either Health State A or B occurs it will last for two weeks. Apart from those two weeks, you will be in Full Health.(a) Which of the following options would you prefer?

Option 1:	Health Sta	te A now ((2015)						
Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
State	Health	Health	Health	Health	Health	Health	Health	Health	Health
Α									
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033
or									

Option 2: Health State B in 10 years' time (2025)

Full	Full	Full	Full	Full	Health	Full	Full	Full	Full
Health	Health	Health	Health	Health	State B	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033



Option 1: Health State A now (2015)

Option 2: Health State B in 10 years' time (2025)

[If Option 2, go to part (f)]

(b) Which of the following options would you prefer?

Option 1:	Health	State A	now	(2015))
					,

Health	Full								
State	Health								
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033

or

Option 2: Health State B in 18 years' time (2033)										
Full Health	Full Health	Full Health	Full Health	Full Health	Full Health	Full Health	Full Health	Full Health	Health State B	
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	



Option 1: Health State A now (2015)



Option 2: Health State B in 18 years' time (2033)

[If Option 1, go to part (j)]

(c) Which of the following options would you prefer?

Option 1: Health State	Health Sta Full Health	te A now (Full Health	2015) Full Health	Full Health	Full Health	Full Health	Full Health	Full Health	Fr Hea	ull alth
2015	2017	2019	2021	2023	2025	2027	2029	2031	20)33
or										
Option 2: 1 Full Health 2015	Health Sta Full Health 2017	te B in 14 Full Health 2019	years' time Full Health 2021	e (2029) Full Health 2023	Full Health 2025	Full Health 2027	Healt State 2029	b Fu B Hea 9 20	ill ilth 31	Full Health 2033
Option 1: Health State A now (2015)										
	Option 2: Health State B in 14 years' time (2029)									

[If Option 2, go to part (e)]

(d) Which of the following options would you prefer?

Option 1:	Option 1: Health State A now (2015)										
Health	Full	Full	Full	Full	Full	Full	Full	Full	Full		
State	Health	Health	Health	Health	Health	Health	Health	Health	Health		
Α											
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033		

or

Option 2: Health State B in 16 years' time (2031)

Full	Health	Full							
Health	State B	Health							
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033



Option 1: Health State A now (2015)



Option 2: Health State B in 16 years' time (2031)

[Now go to question 5]

(e) Which of the following options would you prefer?

Option 1:	Health Sta	te A now (2015)							
Health	Full	Full	Full	Full	Full	Full	Full	Full	F	ull
State	Health	Health	Health	Health	Health	Health	Health	Health	He	alth
Α										
2015	2017	2019	2021	2023	2025	2027	2029	2031	20)33
or										
Option 2:	Health Sta	te B in 12	vears' time	(2027)						
Full	Full	Full	Full	Full	Full	Healt	h Fu	II F	ull	Full
Health	Health	Health	Health	Health	Health	State	B Hea	lth He	alth	Health
2015	2017	2019	2021	2023	2025	2027	202	29 20)31	2033
	Opt	ion 1: Hea	alth State A	A now (201	15)					
	Opt	ion 2: Hea	alth State E	3 in 12 yea	ırs' time (2	2027)				

[Now go to question 5]

(f) Which of the following options would you prefer?

Option 1:	Option 1: Health State A now (2015)										
Health	Full	Full	Full	Full	Full	Full	Full	Full	Full		
State	Health	Health	Health	Health	Health	Health	Health	Health	Health		
Α											
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033		

or

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Option 2: Health State B in 2 years' time (2017)
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Full	Health	Full							
Health	State B	Health							
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033



Option 1: Health State A now (2015)



Option 2: Health State B in 2 years' time (2017)

[If Option 2, go to question 5]

(g) Which of the following options would you prefer?

Option 1:	Health Sta	te A now (2015)							
Health	Full	Full	Full	Full	Full	Full	Full	Full	- Fi	ull
State A	Health	Health	Health	Health	Health	Health	Health	Health	He	alth
2015	2017	2019	2021	2023	2025	2027	2029	2031	20)33
or										
Option 2:	Health Sta	te B in 6 y	ears' time ((2021)						
Full	Full	Full	Health	Full	Ful	ll Fu	ill Fu	dl F	ull	Full
Health	Health	Health	State E	B Healt	th Heal	th Hea	lth Hea	lth He	alth	Health
2015	2017	2019	2021	2023	3 202	5 202	27 203	29 20)31	2033
	Opt	ion 1: Hea	alth State A	A now (201	15)					
	Opt	ion 2: Hea	alth State E	3 in 6 years	s' time (20)21)				

[If Option 1, go to part (i)]

(h) Which of the following options would you prefer?

Option 1:	Option 1: Health State A now (2015)										
Health	Full	Full	Full	Full	Full	Full	Full	Full	Full		
State	Health	Health	Health	Health	Health	Health	Health	Health	Health		
Α											
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033		

or

Option 2: Health State B in 4 years' time (2019)

Full	Full	Health	Full						
Health	Health	State B	Health						
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033



Option 1: Health State A now (2015)



Option 2: Health State B in 4 years' time (2019)

[Now go to question 5]

(i) Which of the following options would you prefer?

Option 1:	Health Sta	te A now (2015)							
Health	Full	Full	Full	Full	Full	Full	Full	Full	Fu	ull 👘 👘
State	Health	Health	Health	Health	Health	Health	Health	Health	Hea	alth
Α										
2015	2017	2019	2021	2023	2025	2027	2029	2031	20	33
or										
Ontion 2.	Health Sta	te B in 8 v	ears' time	(2023)						
Full	Full	Full	Full	Health	Eul	ll E	ull Fr	dl Fr	all	Full
Health	Health	Health	Health	State E	B Heal	th He	alth Hea	alth Hea	alth	Health
2015	2017	2019	2021	2023	202	5 20	27 20	29 20	31	2033
	-		-		-		-		-	
	—									
	Opt	ion 1: Hea	alth State /	A now (201	.5)					
	Opt	ion 2: Hea	alth State I	B in 8 years	s' time (20	023)				

[Now go to question 5]

L

(j) Is there any far off time in the future at which being in Health State B would be preferable to being in Health State A today?

Please indicate your answer by writing a number in the box below. (If you would never prefer Health State B at any point in the future, to Health State A today, please write the letter "N" in the box below, instead of a number).

"Rather than Health State A today, I would prefer Health State B, providing it were at least years from now."

[If "N", go to Q6.]

5. In this question, again assume that if either Health State A or B occurs it will last for two weeks. Apart from those two weeks, you will be in Full Health.

(a) Which of the following options would you prefer?

Option 1: H	Health State A	\ in 2 years' ti	ime (2017)	1						
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

or

Option 2: Health State B in 12 years' time (2027)



[If Option 2, go to part (f)]

(b) Which of the following options would you prefer?

Option 1:	Option 1: Health State A in 2 years' time (2017)										
Full	Health	Full									
Health	State	Health									
	Α										
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035	
or											

or

Ontion	2.	Health	State	R	in	20	vears'	time	(2035)	١
Option	۷.	I ICalul	Slale	D		20	years	ume		,

Full	Health									
Health	State B									
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 20 years' time (2035)

[If Option 1, go to part (j)]

(c) Which of the following options would you prefer?

Option 1: H	Health State	e A in 2 yea	ars' time (2017)						
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035
or										

Option 2: Health State B in 16 years' time (2031)

Full	Health	Full	Full							
Health	State B	Health	Health							
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035



Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 16 years' time (2031)

[If Option 2, go to part (e)]

(d) Which of the following options would you prefer?

Option 1: H	lealth State	A in 2 yea	ars' time (2017)						
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

or

Option 2: Health State B in 18 years' time (2033)

Full	Health	Full								
Health	State B	Health								
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 18 years' time (2033)

[Now go to question 6]

(e) Which of the following options would you prefer?

Option 1: Health State A in 2 years' time (2017)										
Full	Health	Full								
Health	State A	Health								
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

or

Option 2: Health State B in 14 years' time (2029)

Full	Health	Full	Full	Full						
Health	State B	Health	Health	Health						
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035



Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 14 years' time (2029)

[Now go to question 6]

(f) Which of the following options would you prefer?

Option 1:	Health State	e A in 2 yea	ars' time (2	2017)						
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035
or										
Option 2:	Health State	e B in 4 yea	ars' time (i	2019)						
Full	Full	Health	Full	Full	Full	Full	Full	Full	Full	Full
Health	Health	State B	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035
	Optic	on 1: Healt	th State A	in 2 years	' time (20	17)				
	Optic	on 2: Healt	h State B	in 4 years	' time (20:	19)				

[If Option 2, go to question 6]

(g) Which of the following options would you prefer?

Option 1:	Health State	A in 2 yea	rs' time (2017)
10 A				10 A

Full	Health	Full								
Health	State A	Health								
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035

or

Ontion 2.	Lloolth	Ctata		0		time	(2022)	
Option 2:	пеани	State	ЫШ	ð	years	ume	(2023))

		= = , = .								
Full	Full	Full	Full	Health	Full	Full	Full	Full	Full	Full
Health	Health	Health	Health	State B	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035



Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 8 years' time (2023)

[If Option 1, go to part (i)]

(h) Which of the following options would you prefer?

Option 1:	Health Sta	te A in 2 ye	ars' time (2017)								
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full		
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health		
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035		
or												
Option 2:	Option 2: Health State B in 6 years' time (2021)											
Full	Full	Full	Health	Full								
Health	Health	Health	State B	Health								
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035		
Option 1: Health State A in 2 years' time (2017)												



Option 2: Health State B in 6 years' time (2021)

[Now go to question 6]

(i) Which of the following options would you prefer?

Option 1:	Health State	e A in 2 yea	ars' time (l	2017)						
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035
or										

Option 2: Health State B in 10 years' time (2025)										
Full	Full	Full	Full	Full	Health	Full	Full	Full	Full	Full
Health	Health	Health	Health	Health	State B	Health	Health	Health	Health	Health
2015	2017	2019	2021	2023	2025	2027	2029	2031	2033	2035



Option 1: Health State A in 2 years' time (2017)



Option 2: Health State B in 10 years' time (2025)

[Now go to question 6]

(j) Is there any far off time in the future at which being in Health State B would be preferable to being in Health State A two years' from now (ie. in 2017)?

Please indicate your answer by writing a number in the box below. (If you would never prefer Health State B at any point in the future, to Health State A two years from now, please write the letter "N" in the box below, instead of a number).

"Rather than Health State A two years' from now, I would prefer Health State B, providing it were at least years from now."

6. This question is about views on risks to health. You have two options, 1 and 2. The options vary in terms of your health state over the next two weeks.

In option 1, there is a chance of being in Full Health, but also a chance of being in Health State B. So option 1 is like a lottery: you might be in Full Health, but you may also be in Health State B. You do not know beforehand which of these health states you will experience: Full Health or Health State B.

In option 2, you will definitely be in Health State A.

In the following questions, we will vary the chance of Full Health in Option 1 and, in each case, ask you to say whether you prefer Option 1 or Option 2 by marking an 'X' in the appropriate box.

(a) Which option do you prefer:

		Option	1	Option 2					
5 out of 10 chance of Full Health $\stackrel{\uparrow}{\uparrow}$ 5 out of 10 chance of Health State B $\stackrel{\uparrow}{\uparrow}$					Definitely Health State A $\mathring{\uparrow}$				
↑	↑	↑	↑	∱ ∱	₹	₹ ₹	₹	₹	↑
ption 1	.: 5 out c	of 10 cha	nce of Fu	ıll Health,	and 5 out o	f 10 cha	ince of H	lealth Sta	ate B

or

_ Ор

Option 2: Definitely Health State A

[If Option 2, go to part (f)]

(b) Which option do you prefer:



[If Option 1, go to question 7]

(c) Which option do you prefer:



Option 1: 3 out of 10 chance of Full Health, and 7 out of 10 chance of Health State B

or

Option 2: Definitely Health State A

[If Option 2, go to part (e)]

(d) Which option do you prefer:



[Now go to question 7]

(e) Which option do you prefer:





(f) Which option do you prefer:



[If Option 2, go to part (j)]

(g) Which option do you prefer:



[If Option 2, go to part (i)]

(h) Which option do you prefer:



[Now go to question 7]

(i) Which option do you prefer:



or

Option 2: Definitely Health State A

[Now go to question 7]

(j) You have indicated that you would not prefer Option 1 to Option 2 even if the chance of Health State B in Option 1 was as low as 1 out of 10. How low would the chance of Health State B in Option 1 (probably Full Health but a small chance of Health State B) need to be for you to prefer Option 1 to Option 2 (Definitely Health State A)?

Option 1			Option 2	2		
Probably Full Health $\stackrel{*}{\wedge}$ Small chance of Health State B $\stackrel{*}{\wedge}$	Definitely Health State A 🕇					
	∱ ∱	↑	↑	↑	↑	

Please indicate your answer by writing a number bigger than 10 in the box below; the number can be as big as you want, with as many digits as you need. (If you would never prefer Option 1, no matter how unlikely Health State B is, please write the letter "N" in the box instead of a number).

I would prefer Option 1 to Option 2, if the chance of Health State B in Option 1 was less than 1 out of

7. Now imagine that you have been in **Health State A** for the last five days: You have a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness.

(a) Do you think you would go to see a GP about this condition?

Definitely
Probably
Probably not
Definitely not
Don't know

[If 'definitely not,' go to part (c)]

(b) If you went to see a GP about this condition, do you think you would request antibiotics?



(c) Do you think antibiotics would be likely to help this condition?



Probably



Probably not



Definitely not



Don't know

(d) Have you taken antibiotics for a condition similar to Health State A in the last 12 months?



No

(e) Have you taken antibiotics for any other health conditions in the last 12 months?



No

[If respondent answers 'No' in both parts (d) and (e), go to part (g)].

(f) During the last 12 months, on how many separate occasions have you been unwell and taken a course of antibiotics? Please indicate your answer by entering a number in the box below:



(g) If you were prescribed antibiotics for a health condition (not necessarily one described in this questionnaire) do you think you would take the full course?



[If respondent answered "no" to the first part of question 7 in Section 1 (i.e. if they have no dependent children), go to question 9]

8. This question is about the health of your child. (If you have more than one child, think of your youngest child).

Imagine that your child has been in **Health State A** for the last five days: He/she has a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness.

(a) Do you think you would take your child to see a GP in this situation?



Definitely



Probably



Probably not



[If 'definitely not,' go to part (c)]

(b) If you did take your child to see a GP in this situation, do you think you would request antibiotics?

Definitely
Probably
Probably not
Definitely not
Don't know

(c) Do you think antibiotics would be likely to help your child in this situation?



Definitely



Probably



Probably not



Definitely not



(d) Has your child taken antibiotics for a condition similar to Health State A in the last 12 months?



No

(e) Has your child taken antibiotics for any other health conditions in the last 12 months?



No

[If respondent answers 'No' in both parts (d) and (e), go to part (g)].

(f) During the last 12 months, on how many separate occasions has your child been unwell and taken a course of antibiotics? Please indicate your answer by entering a number in the box below:



(g) If your child were prescribed antibiotics for a health condition (not necessarily one described in this questionnaire) do you think you would make them take the full course?



Don't know

9. This question is a hypothetical one. It concerns both your health and that of five other people who you do not know. You do not know anything about the five other people, except that they live somewhere in the UK. They are complete strangers to you.

Imagine two situations, which differ in terms of your health and the health of these five other people over the next week. Let's call these situations 1 and 2.

Situation 1: You are in Full Health; the 5 other people are suffering from Health State A (i.e. they have a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness).



Situation 2: You are suffering from Health State A (i.e. you have a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness); the 5 other people are in Full Health.



Would you prefer Situation 1 or Situation 2?



[If respondent answered "no" to the first part of question 7 in Section 1 (i.e. if they have no

dependent children), skip Q10 and go straight to Q11]

10. This is another hypothetical question. It concerns the health of your child, and that of five other children who you do not know. (If you have more than one child, think of your youngest child). You do not know anything about the five other children, except that they live somewhere in the UK, and are the same age as your child. They are complete strangers to you.

Imagine two situations, which differ in terms of your child's health and the health of these five other children over the next week. Let's call these situations 1 and 2.

Situation 1: Your child is in Full Health; the 5 other children are suffering from Health State A (i.e. they have a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness).



Situation 2: Your child is suffering from Health State A (i.e. he/she has a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness); the 5 other children are in Full Health.



	Situation 1	Situation 2
I		J Situation 2

The next question contains information about antibiotic resistance, a topic which you may have seen in the news recently.

11. Antibiotic resistance occurs when an antibiotic loses its ability to effectively control or kill growing bacteria. It is an increasingly serious threat to public health. Without effective antibiotics, many routine treatments will become increasingly dangerous. Setting broken bones, and even basic operations, rely on access to antibiotics that work. Antibiotic resistance is believed to be caused by unnecessary use of antibiotics, and inappropriate use, such as not taking them as prescribed, skipping doses, or saving them for later use.

(a) How surprising do you find this information?



Very surprising



Somewhat surprising



Not very surprising



Not at all surprising

(b) How will this information affect the number of times that you visit a doctor for conditions like Health State A? (**Health State A**: You have a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness).



(c) How will this information affect the likelihood of you asking a doctor for antibiotics?



Definitely ask more



Probably ask more



No change



Probably ask less



Definitely ask less



[If respondent answered no to first part of question 7 in Section 1 (i.e. if they have no dependent children), go now to Section 3.]

Parts (d) and (e) are about the health of your child. If you have more than one child, think of your youngest child.

(d) How will this information affect the number of times that you take your child to visit a doctor for conditions like Health State A? (**Health State A**: He/she has a fever, aching muscles, a headache, a dry chesty cough, a sore throat and tiredness)



Definitely visit more



Probably visit more



No change



Probably visit less



Definitely visit less



Don't know

(e) How will this information affect the likelihood of you asking a doctor for antibiotics for your child?



Definitely ask more



Probably ask more



No change



Probably ask less



Definitely ask less



Don't know

Section 3

There is some evidence that personality traits are related to certain health attitudes, behaviours and outcomes. To help us to learn more about this, we would like to conclude the questionnaire by asking you some questions about how you see yourself.

How well do the following statements describe your personality?

(a) "I see myself as someone who is reserved."

Agree strongly
Agree a little
Neither agree nor disagree
Disagree a little
Disagree strongly

(b) "I see myself as someone who is generally trusting."



Agree strongly



Agree a little



Neither agree nor disagree



(c) "I see myself as someone who tends to be lazy."



Nei

Neither agree nor disagree



Disagree a little



Disagree strongly

(e) "I see myself as someone who has few artistic interests."



(f) "I see myself as someone who is outgoing, sociable."



(g) "I see myself as someone who tends to find fault with others."





Agree a little



(h) "I see myself as someone who does a thorough job."



(i) ``I see myself as someone who gets nervous easily."



Agree strongly



Agree a little

Neither agree nor disagree



Disagree a little



Disagree strongly

(j) ``I see myself as someone who has an active imagination."



You have now reached the end of the questionnaire. Thank you very much for taking the time to complete it. The information you have provided will be extremely useful for our research. We would like to remind you that all the information you have given will be anonymised and treated in strict confidence.
Supplementary Survey Instrument: Surveys 2 (Oct-Nov 2016) & 3 (Mar 2017)

A questionnaire to better understand your views on different health conditions

Researchers and doctors at the University of Oxford are carrying out a survey of 4,000 adults in the United Kingdom to learn more about attitudes to some common health conditions, and to the use of antibiotics. We are very interested in learning more about your views. During the survey we will provide you with some information about how best to treat some common health conditions, and about antibiotics. We will then ask you some questions in response to this information.

Health can affect, and be affected by, many different aspects of life. The questionnaire also, therefore, asks a variety of questions about yourself – for example, your background, your income, and even your personality. Some of these questions may not seem to have obvious links to health, but it is important that we ask them, as your answers might help us to uncover some surprising and useful insights that could lead to improvements in healthcare.

The data you provide will be anonymised by Survey Sampling International (SSI) before sending it to researchers at the University of Oxford for academic research use. SSI will not share any of your personal data with the University of Oxford. The anonymised data will be stored on secure networks at the University of Oxford, and archived securely at the end of the project.

If you have any concerns arising from any of the health-related issues raised in the survey, please don't hesitate to ask to discuss them either with your GP or with another health care professional.

The questionnaire is divided into three sections. In total, it should take around 15 minutes to complete. Some of the questions may require a little thought, but please try to answer them all if you can. There are no right or wrong answers - we are simply interested in your views.

Participation in the survey is voluntary. If you do participate, you may withdraw without giving a reason and without penalty. You can withdraw at any time during the survey by simply closing your browser window. This study has been

reviewed by, and received ethics clearance through, the University of Oxford Central University Research Ethics Committee.

What if there is a problem?

If you have a concern about any aspect of this project, please speak to Dr. Laurence Roope (01865 617 913) [or Dr. Sarah Wordsworth (01865 289 268)] who will do their best to answer your query. The researcher should acknowledge your concern within 10 working days and give you an indication of how he/she intends to deal with it. If you remain unhappy or wish to make a formal complaint, please contact the chair of the Research Ethics Committee at the University of Oxford (Chair, Medical Sciences Inter-Divisional Research Ethics Committee; Email: ethics@medsci.ox.ac.uk; Address: Research Services, University of Oxford, Wellington Square, Oxford OX1 2JD). The chair will seek to resolve the matter in a reasonably expeditious manner.

If you would like to take the survey, and are over 18 years old, please click on the box below marked 'Yes'. If you no longer wish to take the survey, or are under 18 years old, please click on the box marked 'No'.





NHS National Institute for Health Research



This information is displayed at the start of the survey as a stand-alone webpage.

Throughout the following questions, except where instructed otherwise, please indicate your answer by entering an 'X' in the one box which you feel best describes your answer. Certain questions will need to be answered in a slightly different way, such as by entering a number in a box. In these cases, the instructions will be clearly indicated in the question. Although we would like you to answer all questions, it is not compulsory to do so.

Section 1

We would like to begin the questionnaire by asking you a few questions about yourself.

1. Are you



2. How old were you on your last birthday? *Please indicate your answer by entering a number in the box below:*



3. Which of the following apply to your current situation? *Please enter 'X' in the boxes beside all which apply.*

E	Employed full-time
E	Employed part-time
S	Self-employed full-time
S	Self-employed part-time
ι	Jnemployed
F	Retired
F	Permanently sick or disabled
L	ooking after home or family
I	n full-time education
C	Other

4. What is the highest level of education or training you have attained?

GCSEs or 'O' Levels or CSEs or Scottish Standard Grade
'A' Levels or 'AS' Levels or Scottish Higher Grade
International Baccalaureate
Technical or Vocational Qualification
Transition Year Programme
Higher Education Certificate or Diploma
Undergraduate Degree
Professional Qualification (comparable to undergraduate degree)
Postgraduate Certificate or Diploma
Postgraduate Degree
Doctorate
Other
None

5. Are you currently married, in a civil partnership, or living with a partner?



	
	No

6. Gross HOUSEHOLD income combines your income with that of your partner or any other household members with whom you share financial responsibilities BEFORE any taxes or deductions.

What is your gross annual household income?

Up to £10,000
£10,000 to £19,999
£20,000 to £29,999
£30,000 to £39,999
£40,000 to £49,999
£50,000 to £74,999
£75,000 to £99,999
£100,000 or more
Prefer not to say

7a. Do you have any dependent children who live with you? (By 'dependent' children, we mean those who are not yet financially independent).



[If no, go to question 8].

7b. How many dependent children do you have who live with you? *Please indicate your answer by entering a number in the box below:*



7c. How old is your youngest dependent child who lives with you?* *Please indicate your answer by entering a number in one of the boxes below. If your child is less than 2 years old, please answer in months; otherwise answer in years.*



* [If respondent indicates that they have only one dependent child who lives with them, amend text to "And how old is this child"?]

8. Including yourself, how many adults live in your household? (This refers to *all* adults, including any children aged 18 or over, who live with you. Please also include any children aged 16 or 17 who live with you, if they are financially independent). *Please indicate your answer by entering a number in the box below:*



9. Were you born in the UK?



No

10. How would you describe your ethnicity or background?

White
Mixed / multiple ethnic groups
Black / African / Caribbean / Black British
Asian / Asian British
Other ethnic group
Prefer not to say

11. What, if any, is your religion?

No religion
Christianity (Protestant)
Christianity (Catholic)
Christianity (Other)
Islam
Hinduism
Sikhism
Judaism
Buddhism
Other religion
Prefer not to say

12. Which of the following best describes where you live?

South East
London
North West
East of England
West Midlands
South West
Yorkshire and the Humber
East Midlands
North East
Scotland
Wales
Northern Ireland

We would like to conclude this section by asking you a few questions about your lifestyle.

13. Do you smoke tobacco?



[If respondent chooses one of the first two options, go to question 15].

14. Have you ever smoked tobacco?



15. Have you ever tried electronic cigarettes?



16. How often do you drink alcohol?



[If respondent chooses "Never" go to Section 2]

17. How often do you drink five or more alcoholic drinks on one occasion?





Three or more times a week

Section 2

We would like to begin this section by asking you to imagine two health states, which we will call Health State A and Health State B.

Health State A: You have

- a temperature,
- aching muscles,
- a headache,
- a dry chesty cough,
- a sore throat,
- and you feel weak

Health State B: You have

- a temperature,
- chest pain,
- night sweats,
- a cough that brings up phlegm,
- loss of appetite (not wanting to eat),
- you feel drained,
- and you have lost some weight.

[NOTE: Health State A and Health State B to remain on screen for all questions in which they are referred to]

Drawn below is a scale, where the **best** health state you can imagine is marked **10** (we will call this 'Full Health'), and the **worst** health state you can imagine is marked **0**.



1. How would you rate Health State A on this scale? *Please do so by writing a number between 0 and 10 in the box below.*



2. How would you rate Health State B on this scale? *Please do so by writing a number between 0 and 10 in the box below.*



3. How would you rate your own health today on this scale? *Please do this by writing a number between 0 and 10 in the box below.*

[If the number given to answer Q1 is less than the number given to answer Q2, go to Q7].

Stand-alone page to be displayed between Q3 and Q4.

The following questions are about the timing of different health states. You have told us that you regard Health State B as being worse than Health State A. However, some people might accept being in severely poor health at some point in the future, if it meant that they could avoid being in moderately poor health at the present time.

4. In this question, assume that if either Health State A or B occurs it will last for two weeks. Apart from those two weeks, you will be in Full Health.

(a) Which of the following options would you prefer?

Option 1: Health State A now (2016)

			· ·						
Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 10 years' time (2026)

					- /				
Full	Full	Full	Full	Full	Health	Full	Full	Full	Full
Health	Health	Health	Health	Health	State B	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 10 years' time (2026)

[If Option 2, go to part (f)]

(b) Which of the following options would you prefer?

Health	Full								
ricarci									
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

Option 1: Health State A now (2016)

or

Option 2: Health State B in 18 years' time (2034)

					/				
Full	Health								
Health	State B								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 18 years' time (2034)

[If Option 1, go to part (j)]

(c) Which of the following options would you prefer?

Option 1: Health State A now (2016)

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 14 years' time (2030)

Full	Health	Full	Full						
Health	State B	Health	Health						
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 14 years' time (2030)

[If Option 2, go to part (e)]

(d) Which of the following options would you prefer?

Option 1.	пеаниз	late A no	w (2010)						
Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

Option 1: Health State A now (2016)

or

Option 2: Health State B in 16 years' time (2032)

Full	Health	Full							
Health	State B	Health							
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 16 years' time (2032)

[Now go to question 5]

(e) Which of the following options would you prefer?

Option 1: Health State A now (2016)

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 12 years' time (2028)

Full	Full	Full	Full	Full	Full	Health	Full	Full	Full
Health	Health	Health	Health	Health	Health	State B	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 12 years' time (2028)

[Now go to question 5]

(f) Which of the following options would you prefer?

Option 1: Health State A now (2016)

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 2 years' time (2018)

Full	Health	Full							
Health	State B	Health							
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

Option 1: Health State A now (2016)



Option 2: Health State B in 2 years' time (2018)

[If Option 2, go to question 5]

(g) Which of the following options would you prefer?

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 6 years' time (2022)

			10000		/				
Full	Full	Full	Health	Full	Full	Full	Full	Full	Full
Health	Health	Health	State B	Health	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)

Г		

Option 2: Health State B in 6 years' time (2022)

[If Option 1, go to part (i)]

(h) Which of the following options would you prefer?

Option 1: Health State A now (2016)

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 4 years' time (2020)

Full	Full	Health	Full						
Health	Health	State B	Health						
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)



Option 2: Health State B in 4 years' time (2020)

[Now go to question 5]

(i) Which of the following options would you prefer?

Option 1: Health State A now (2016)

Health	Full								
State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034

or

Option 2: Health State B in 8 years' time (2024)

Full	Full	Full	Full	Health	Full	Full	Full	Full	Full
Health	Health	Health	Health	State B	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034



Option 1: Health State A now (2016)

· _ _

Option 2: Health State B in 8 years' time (2024)

[Now go to question 5]

(j) Is there any far off time in the future at which being in Health State B would be preferable to being in Health State A today?

Please indicate your answer by writing a number in the box below. (If you would never prefer Health State B at any point in the future, to Health State A today, please write the letter "N" in the box below, instead of a number).

"Rather than Health State A today, I would prefer Health State B, providing it were at least

years from now."

[If "N", go to Q6.]

5. In this question, again assume that if either Health State A or B occurs it will last for two weeks. Apart from those two weeks, you will be in Full Health.

(a) Which of the following options would you prefer?

Option 1	: Health	State A	in 2	vears'	time	(2018)
option 1	culti	State /	· · · · 2	years	chine ((2020)

Full	Health	Full								
Health	State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

or

Option 2: Health State B in 12 years' time (2028)

Full	Full	Full	Full	Full	Full	Health	Full	Full	Full	Full
Health	Health	Health	Health	Health	Health	State B	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 12 years' time (2028)

[If Option 2, go to part (f)]

(b) Which of the following options would you prefer?

Full	Health	Full								
Health	State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

Option 1: Health State A in 2 years' time (2018)

or

Option 2: Health State B in 20 years' time (2036)

ſ											
	Full	Health									
	Health	State B									
	2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 20 years' time (2036)

[If Option 1, go to part (j)

(c) Which of the following options would you prefer?

Option 1: Health State A in 2 years' time (2018)

			/		,					
Full	Health	Full								
Health	State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

or

Option 2: Health State B in 16 years' time (2032)

Full	Health	Full	Full							
Health	State B	Health	Health							
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 16 years' time (2032)

[If Option 2, go to part (e)]

(d) Which of the following options would you prefer?

option 1	incuitin	State A	in z yeur	5 time (2010/					
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

Option 1: Health State A in 2 years' time (2018)

or

Option 2: Health State B in 18 years' time (2034)

Full	Health	Full								
Health	State B	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 18 years' time (2034)

[Now go to question 6]

(e) Which of the following options would you prefer?

Option 1: Health State A in 2 years' time (2018)

					/					
Full	Health	Full								
Health	State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

or

Option 2: Health State B in 14 years' time (2030)

					· · ·					
Full	Health	Full	Full	Full						
Health	State B	Health	Health	Health						
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 14 years' time (2030)

[Now go to question 6]

(f) Which of the following options would you prefer?

Full Health Full <										
	Full	Health Full	Full	Full	Full	Full	Full	Full	Full	Full
Health State A Health	Health	th State A Health	Health							
2016 2018 2020 2022 2024 2026 2028 2030 2032 2034 2	2016	5 2018 2020	2022	2024	2026	2028	2030	2032	2034	2036

Option 1: Health State A in 2 years' time (2018)

or

Option 2: Health State B in 4 years' time (2020)

					,					
Full	Full	Health	Full							
Health	Health	State B	Health							
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)

Option 2: Health State B in 4 years' time (2020)

[If Option 2, go to question 6]

(g) Which of the following options would you prefer?

2	option .	L. HEalth	State A	iii z yeai	s time (2010)					
	Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
	Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
	2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

Option 1: Health State A in 2 years' time (2018)

or

Option 2: Health State B in 8 years' time (2024)

			1	1	/					
Full	Full	Full	Full	Health	Full	Full	Full	Full	Full	Full
Health	Health	Health	Health	State B	Health	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 8 years' time (2024)

[If Option 1, go to part (i)]

(h) Which of the following options would you prefer?

Option 1: Health St	ate A in 2	vears' time	(2018)
		,	

				1	/					
Full	Health	Full								
Health	State A	Health								
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

or

Option 2: Health State B in 6 years' time (2022)

Full	Full	Full	Health	Full						
Health	Health	Health	State B	Health						
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 6 years' time (2022)

[Now go to question 6]

(i) Which of the following options would you prefer?

Option .	I. Health	State A	iii z yeai	s time (2010)					
Full	Health	Full	Full	Full	Full	Full	Full	Full	Full	Full
Health	State A	Health	Health	Health	Health	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036

Option 1: Health State A in 2 years' time (2018)

or

Option 2: Health State B in 10 years' time (2026)

Full	Full	Full	Full	Full	Health	Full	Full	Full	Full	Full
Health	Health	Health	Health	Health	State B	Health	Health	Health	Health	Health
2016	2018	2020	2022	2024	2026	2028	2030	2032	2034	2036



Option 1: Health State A in 2 years' time (2018)



Option 2: Health State B in 10 years' time (2026)

[Now go to question 6]

(j) Is there any far off time in the future at which being in Health State B would be preferable to being in Health State A two years from now (ie. in 2018)?

Please indicate your answer by writing a number in the box below. (If you would never prefer Health State B at any point in the future, to Health State A two years from now, please write the letter "N" in the box below, instead of a number).

"Rather than Health State A two years' from now, I would prefer Health State B, providing it

were at least

years from now."

Randomised into two versions:

6: VERSION 1: This question is about views on risks to health. You have two options, 1 and 2. The options vary in terms of your health state over the next two weeks.

In option 1, there is a chance of being in Full Health, but also a chance of being in Health State B. So option 1 is like a lottery: you might be in Full Health, but you may also be in Health State B. *You do not know beforehand which of these health states you will experience: Full Health or Health State B.*

In option 2, you will definitely be in Health State A.

In the following questions, we will vary the chance of Full Health in Option 1 and, in each case, ask you to say whether you prefer Option 1 or Option 2 by marking an 'X' in the appropriate box.

(a) Which option do you prefer:

		Option .	1				Option 2	2	
<i>5 out of 1</i> 5 out of 1	<i>0 chance d</i> .0 chance d	of Full Hea of Health S	<i>llth</i> ↑ State B ↑		Definitely	y Health S	State A 🕇		
_ ↑ <u>↑</u>	↑ <u>↑</u>	_ ↑ ↑	↑ ↑	↑ ↑	∱ ∱	↑ ↑	↑ ↑	↑ ↑	↑ ↑

Option 1: 5 out of 10 chance of Full Health, and **5 out of 10** chance of Health State B

or

Option 2: Definitely Health State A

(b) Which option do you prefer:

Opt			Option 2			
1 out of 10 chance of Full Health 🕺 9 out of 10 chance of Health State B 🕺		Definitely H	Health Sta	ate A 🕇		
	↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑

Option 1: 1 out of 10 chance of Full Health, and 9 out of 10 chance of Health State B

or

[[]If Option 2, go to part (f)]

[If Option 1, go to question 6.5]

(c) Which option do you prefer:



Option 1: 3 out of 10 chance of Full Health, and 7 out of 10 chance of Health State B

or

Option 2: Definitely Health State A

[If Option 2, go to part (e)]

(d) Which option do you prefer:

Option 1	Option 2
2 out of 10 chance of Full Health 🕺 8 out of 10 chance of Health State B 🏌	Definitely Health State A 🕇
$\begin{bmatrix} \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} \\ \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} & \mathbf{\hat{\chi}} \end{bmatrix}$	X X X X X X X X X X X X X X X

Option 1: 2 out of 10 chance of Full Health, and 8 out of 10 chance of Health State B

or

[Now go to question 6.5]

(e) Which option do you prefer:

Option 1	Option 2
4 out of 10 chance of Full Health 🕺 6 out of 10 chance of Health State B 🏌	Definitely Health State A 🕇
<h> <h> <h> <h> <h> <h <h=""> <h <h="" <h<="" td=""><td>* * * * * * * * * * * *</td></h></h></h></h></h></h></h>	* * * * * * * * * * * *

Option 1: 4 out of 10 chance of Full Health, and 6 out of 10 chance of Health State B

or

Option 2: Definitely Health State A



(f) Which option do you prefer:



Option 1: 9 out of 10 chance of Full Health, and 1 out of 10 chance of Health State B

or

[If Option 2, go to part (j)]

(g) Which option do you prefer:

Option 1	Option 2
7 out of 10 chance of Full Health 🕺 3 out of 10 chance of Health State B 🏌	Definitely Health State A 🕇
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	* * * * * *

Option 1: 7 out of 10 chance of Full Health, and 3 out of 10 chance of Health State B

or

Option 2: Definitely Health State A

[If Option 2, go to part (i)]

(h) Which option do you prefer:



Option 1: 6 out of 10 chance of Full Health, and 4 out of 10 chance of Health State B

or

[Now go to question 6.5]

(i) Which option do you prefer:

Option 1	Option 2
8 out of 10 chance of Full Health 🕺 2 out of 10 chance of Health State B 🕇	Definitely Health State A 📩
* * * * * * * * * * * *	$\begin{bmatrix} 1 & 1 & 1 & 1 & 1 & 1 & 1 & 1 & 1 & 1 $

Option 1: 8 out of 10 chance of Full Health, and 2 out of 10 chance of Health State B

or

Option 2: Definitely Health State A

[Now go to question 6.5]

(j) You have indicated that you would not prefer Option 1 to Option 2 even if the chance of Health State B in Option 1 was as low as 1 out of 10. How low would the chance of Health State B in Option 1 (probably Full Health but a small chance of Health State B) need to be for you to prefer Option 1 to Option 2 (Definitely Health State A)?

Option 1	Option 2	
Probably Full Health 🏌 Small chance of Health State B 🏌	Definitely Health State A 🕇	
	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	

Please indicate your answer by writing a number bigger than 10 in the box below; the number can be as big as you want, with as many digits as you need. (If you would never prefer Option 1, no matter how unlikely Health State B is, please write the letter "N" in the box instead of a number).

I would prefer Option 1 to Option 2, if the chance of Health State B in Option 1 was less than



6: VERSION 2: This question is about views on risks to health. You have two options, 1 and 2. The options vary in terms of your health state over the next two weeks.

In option 1, you will definitely be in Health State A.

In option 2, there is a chance of being in Full Health, but also a chance of being in Health State B. So option 2 is like a lottery: you might be in Full Health, but you may also be in Health State B. *You do not know beforehand which of these health states you will experience: Full Health or Health State B.*

In the following questions, we will vary the chance of Full Health in Option 2 and, in each case, ask you to say whether you prefer Option 1 or Option 2 by marking an 'X' in the appropriate box.



(a) Which option do you prefer:

Option 1: Definitely Health State A or

Option 2: 5 out of 10 chance of Full Health, and 5 out of 10 chance of Health State B

[If Option 1, go to part (f)]

(b) Which option do you prefer:

Option 1	Option 2
Definitely Health State A 📩	1 out of 10 chance of Full Health 🕺 9 out of 10 chance of Health State B 🕇
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$



Option 1: Definitely Health State A

or

Option 2: 1 out of 10 chance of Full Health, and 9 out of 10 chance of Health State B

[If Option 2, go to question 6.5]

(c) Which option do you prefer:



Option 1: Definitely Health State A

or

Option 2: 3 out of 10 chance of Full Health, and 7 out of 10 chance of Health State B

[If Option 1, go to part (e)]

(d) Which option do you prefer:

Option 1					Option 2	2			
Definitely	' Health S	tate A 🕇			2 out of 1 8 out of 1	LO chance LO chance	of Full Hea of Health	alth 🏌 State B 🏌	
↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑	↑ ↑
							_ _		<u> </u>



Option 1: Definitely Health State A

or

Option 2: 2 out of 10 chance of Full Health, and **8 out of 10** chance of Health State B

[Now go to question 6.5]

(e) Which option do you prefer:



Option 1: Definitely Health State A *or*

Option 2: 4 out of 10 chance of Full Health, and 6 out of 10 chance of Health State B

[Now go to question 6.5]

(f) Which option do you prefer:



Option 2: 9 out of 10 chance of Full Health, and 1 out of 10 chance of Health State B

[If Option 1, go to part (j)]

(g) Which option do you prefer:



Option 1: Definitely Health State A or

Option 2: 7 out of 10 chance of Full Health, and 3 out of 10 chance of Health State B

[If Option 1, go to part (i)]

(h) Which option do you prefer:



Option 1: Definitely Health State A or

Option 2: 6 out of 10 chance of Full Health, and 4 out of 10 chance of Health State B

[Now go to question 6.5]

(i) Which option do you prefer:

Option 1	Option 2
Definitely Health State A 🕇	8 out of 10 chance of Full Health 🕺 2 out of 10 chance of Health State B 🏌
* *	$\begin{bmatrix} \bigstar & & & & & & & & & \\ \bigstar & & & & & & & &$

Option 1: Definitely Health State A *or*

Option 2: 8 out of 10 chance of Full Health, and 2 out of 10 chance of Health State B

[Now go to question 6.5]

(j) You have indicated that you would not prefer Option 2 to Option 1 even if the chance of Health State B in Option 2 was as low as 1 out of 10. How low would the chance of Health State B in Option 2 (*probably Full Health but a small chance of Health State B*) need to be for you to prefer Option 2 to Option 1 (*Definitely Health State A*)?



Please indicate your answer by writing a number bigger than 10 in the box below; the number can be as big as you want, with as many digits as you need. (If you would never prefer Option 2, no matter how unlikely Health State B is, please write the letter "N" in the box instead of a number).

I would prefer Option 2 to Option 1, if the chance of Health State B in Option 2 was less than

1 out of

(a) Which option do you prefer:



Randomised into 2 versions. This question should exactly follow the randomisation at Q6

Q 6.5 VERSION 2: (a) Which option do you prefer:



7. Now imagine that you have been in Health State A for the last five days: You have

- a temperature,
- aching muscles,
- a headache,
- a dry chesty cough,
- a sore throat,
- and you feel weak.

(a) At this point, do you think you would go to see a GP about these symptoms?

Definitely
Probably
Probably not
Definitely not

Don't know

[If 'definitely not,' go to part (c)]

(b) If you went to see a GP about these symptoms, do you think you would ask for antibiotics?



Probably



Probably not



Definitely not



Don't know

(c) Do you think antibiotics would be likely to help these symptoms?



(d) To the best of your knowledge, have you taken antibiotics for symptoms similar to these in the last 12 months?



No

(e) To the best of your knowledge, have you taken antibiotics for any other health problem in the last 12 months?





[If respondent answers 'No' in both parts (d) and (e), go to part (g)].

(f) To the best of your knowledge, during the last 12 months, on how many separate occasions have you been unwell and taken a course of antibiotics? *Please indicate your answer by entering a number in the box below:*



(g) If you were prescribed antibiotics for a health problem (not necessarily one described in this questionnaire) do you think you would take the full course?

Definitely
Probably
Probably not
Definitely not
Don't know

[If respondent answered "no" to the first part of question 7 in Section 1 (i.e. if they have no dependent children), go to question 11]
8. This question is about the health of your child. (If you have more than one child, think of your youngest child).

Imagine that your child has been in Health State A for the last five days: He/she has

- a temperature,
- aching muscles,
- a headache,
- a dry chesty cough,
- a sore throat,
- and feels weak.

(a) At this point, do you think you would take your child to see a GP about these symptoms?



[If 'definitely not,' go to part (c)]

(b) If you did take your child to see a GP about these symptoms, do you think you would ask for antibiotics?



(c) Do you think antibiotics would be likely to help your child in this situation?



(d) To the best of your knowledge, has your child taken antibiotics for symptoms similar to thesein the last 12 months?



No

(e) To the best of your knowledge, has your child taken antibiotics for any other health problem in the last 12 months?



No

[If respondent answers 'No' in both parts (d) and (e), go to part (g)].

(f) To the best of your knowledge, during the last 12 months, on how many separate occasions has your child been unwell and taken a course of antibiotics? *Please indicate your answer by entering a number in the box below:*



(g) If your child were prescribed antibiotics for a health problem (not necessarily one described in this questionnaire) do you think you would make them take the full course?

Definitely
Probably
Probably not
Definitely not
Don't know

The next question contains information about antibiotic resistance, a topic which you may have seen in the news recently.

The information at the start of Question 11 is randomised into 3 versions, targeting respective responses of N= 1000; N=1500; N=1500

The next question contains information about antibiotic resistance, a topic which you may have seen in the news recently.

11 Version 1: Antibiotic resistance happens when an antibiotic no longer kills or controls growing bacteria. It is an increasingly serious threat to public health. Without antibiotics that work well, many routine treatments will become increasingly dangerous. Setting broken bones, and even basic operations, rely on access to antibiotics that work. Antibiotic resistance is believed to be caused by unnecessary use of antibiotics, and inappropriate use, such as not taking them as prescribed, skipping doses, or saving them for later use.

Version 2: Most people get cold or flu symptoms every year, and these usually get better on their own. Temperatures sometimes last for days, while coughs can last for weeks, and antibiotics generally don't help. Antibiotics should not be taken for cold and flu symptoms. Taking antibiotics when they are not needed encourages bacteria to become resistant. This means antibiotics may not work for future serious illnesses that can only be cured by antibiotics. Most cold and flu symptoms are best treated at home by taking paracetamol or ibuprofen, and getting plenty of fluids and sleep.

Version 3: Most people get cold or flu symptoms every year, and these usually get better on their own. Temperatures sometimes last for days, while coughs can last for weeks, and antibiotics generally don't help. Antibiotics should not be taken for cold and flu symptoms. Taking antibiotics encourages bacteria to become resistant. Some killer diseases are already resistant to several antibiotics. Antibiotic resistance is an increasingly serious threat to everyone's health. Soon we will not be able to find antibiotics that can cure serious illnesses. Even worse, without antibiotics that work, even minor injuries and routine operations will become increasingly dangerous. You can also pass on resistant bugs to people you care about. Most cold and flu symptoms are best treated at home by taking paracetamol or ibuprofen, and getting plenty of fluids and sleep.

(a) To what extent is this information new to you?



(b) How will this information affect whether you visit a doctor the next time you have symptoms like Health State A? (*Health State A*: *You have*

- a temperature,
- aching muscles,
- a headache,
- a dry chesty cough,
- a sore throat,
- and you feel weak).

Much more likely to visit doctor



More likely to visit doctor



The information would not affect whether I visit doctor



Less likely to visit doctor



Much less likely to visit doctor



Don't know

(c) How will this information affect the likelihood of you asking a doctor for antibiotics if you were to visit for these symptoms?



[If respondent answered no to first part of question 7 in Section 1 (i.e. if they have no dependent children), go now to part (f).]

Parts (d) and (e) are about the health of your child. If you have more than one child, think of your youngest child.

(d) How will this information affect whether you take your child to visit a doctor the next time he/she has symptoms like Health State A? (*Health State A*: *He/she has*

- a temperature,
- aching muscles,
- a headache,
- a dry chesty cough,
- a sore throat,
- and feels weak).

Much more likely to take child to visit doctor



More likely to take child to visit doctor



The information would not affect whether I take child to visit doctor



Less likely to take child to visit doctor



Much less likely to take child to visit doctor



Don't know

(e) How will this information affect the likelihood of you asking a doctor for antibiotics for your child if you were to visit for these symptoms?



(f) To what extent does this information worry you?



Very much



Somewhat



Not very



Not at all

(g) To what extent is this information relevant to you?

Very relevant
Somewhat relevant
Not very relevant
Not at all relevant

(h) By not taking antibiotics for cold and flu symptoms, how much can you personally help reduce the threat of antibiotic resistance?



Very much



Somewhat



Not very much

Not at all



(i) If most people did not take antibiotics for cold and flu symptoms, how much would this help reduce the threat of antibiotic resistance?



Very much



Somewhat



Not very much



Not at all

(j) How confident are you that you can manage future cold and flu symptoms at home, without taking any antibiotics?

	Very confident
	Somewhat confident
\square	Not very confident

Not at all confident

Section 3

Some scientific studies have shown that certain attitudes towards health and healthy behaviour, are related to personality. To help us to learn more about this, we would like to finish the questionnaire by asking you some questions about how you see yourself.

How well do the following statements describe your personality?

1. (a) "I see myself as someone who is reserved."



(b) "I see myself as someone who is generally trusting."



Agree strongly



Agree a little



Neither agree nor disagree



Disagree a little



(c) "I see myself as someone who tends to be lazy."



(d) "I see myself as someone who is relaxed, handles stress well."



(e) "I see myself as someone who has few artistic interests."



(f) "I see myself as someone who is outgoing, sociable."





(g) "I see myself as someone who tends to find fault with others."



(h) "I see myself as someone who does a thorough job."





(i) "I see myself as someone who gets nervous easily."



(j) "I see myself as someone who has an active imagination."





2. (a) How do you see yourself? Are you generally a person who is fully willing to take risks or do you try to avoid taking risks? *Please choose a box on the scale below, where 0 means "risk averse" and 10 means "fully prepared to take risks":*



(b) People can behave differently in different situations. How would you rate your willingness to take risks with your health? *Please choose a box on the scale below, where 0 means "risk averse" and 10 means "fully prepared to take risks":*



Finally, if you have any other comments, please enter them here.

You have now reached the end of the questionnaire. Thank you very much for taking the time to complete it. The information you have provided will be extremely useful for our research. We would like to remind you that all the information you have given will be anonymised and stored securely.

Supplementary Figures



Figure S1. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals would go to the GP with ILI by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for going to GP with ILI for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S2. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals would ask for antibiotics by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for going to GP with ILI for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S3. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals that have taken antibiotics for ILI in past 12 months by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for having taken antibiotics for ILI in past 12 months for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S4. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals that would go to GP with child with ILI by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for going to GP with child with ILI for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S5. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals that would ask for antibiotics for child with ILI by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for asking antibiotics for child with ILI for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time)



Figure S6. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals that think antibiotics would help for child with ILI by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for thinking antibiotics would help for child with ILI for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S7. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals for which child has taken an antibiotic for ILI in the past 12 months by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for having taken an antibiotic for child with ILI in past 12 months. for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).



Figure S8. Changes from Survey 1 (red) to Survey 3 (blue) in percentage of individuals for which AMR information was surprising/new by population subgroup

NOTES: 1. Marginal averaged percentages and 95% confidence intervals by population subgroup for which AMR information was surprising/new for survey 1 (May-June 2015; red dots and lines) and survey 3 (March 2017; blue dots and lines). 2. P-values are given for the interaction between each characteristic and survey number (time).