



Article Impact of Allelic Variation in Maturity Genes E1–E4 on Soybean Adaptation to Central and West Siberian Regions of Russia

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Abstract: Four maturity genes, namely, *E1*, *E2*, *E3* and *E4*, have been found to play major roles in controlling the flowering and maturity time of soybean. Which genotypes of *E1–E4* genes provide effective adaptation to the varied conditions of Russia are unknown. To clarify this issue, we have studied the allele variation in soybean E1-E4 genes in terms of both flowering and maturity time under the natural day-length conditions of Central Russia and Western Siberia in a collection of 176 soybean accessions, including 142 Russian and 34 foreign accessions. As a result, a high frequency of previously determined E1-E4 alleles has been identified. The field experiment showed that genotypes with all recessive alleles from e1-n1/e2/e3/e4 and e1-as/e2/e3/e4 provide the effective adaptation of soybean to the mentioned conditions. Cultivars with these genotypes are considered to be most suitable for cultivation in Central Russia and Western Siberia.

Keywords: soybean; E genotype; flowering and maturity

1. Introduction

Cultivated soybean, *Glycine max* L. is a short-day plant with very high sensitivity to the photoperiod. Under long-day conditions in the northern latitudes, photoperiod-sensitive cultivars delay flowering and the subsequent phases of development and usually are not capable to reach maturity before the first frost. Among the loci that affect the duration of phases from germination to flowering/maturity, the E1-E4 loci have the strongest effect, providing adaptation to different latitudes [1–3]. The corresponding genes and alleles, which determine the variation in sensitivity to photoperiod, have been identified in various soybean cultivars. It is known that low sensitivity to photoperiod, leading to early flowering and maturity, is associated with recessive, usually non-functional alleles of the E1-E4 genes that arise due to mutations [4–9].

E1 is a legume-specific transcription factor containing a B3 domain [7]. There are two non-functional alleles, *e1-nl* and *e1-fs*, the first of which results from a 130 kb deletion encompassing the whole gene and the second from a single-nucleotide deletion leading to a frameshift. There is also a semi-functional *e1-as* allele containing a missense mutation within the nuclear localization signal [7]. Gene *E2* is an ortholog of *GIGANTEA* from Arabidopsis. The recessive allele *e2-ns* encodes a truncated protein due to a nonsense mutation in exon 10 [6]. *E3* and *E4* genes encode proteins of photoreceptors GmPhyA3 and GmPhyA2, respectively, in relaxation to phytochrome A [4,5]. The dominant allele *E3-Mi* represents the normal phytochrome A gene, whereas *E3-Ha* contains a 2.6 kb insertion



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). downstream exon 3 [5]. Recessive alleles *e*3-*tr*, *e*3-*fs*, and *e*3-*ns* arise due to a 13.3 kb deletion downstream exon 3, a single-nucleotide deletion in exon 1, and a nonsense mutation in exon 3, respectively [5,8]. Recessive allele *e*4-*SORE-1* displays the insertion of the *Ty1/copia*-like retrotransposon in exon 1 [4]. The *e*4-*kes*, *e*4-*tsu*, *e*4-*kam* and *e*4-*oto* alleles have single-nucleotide deletions in different positions of exon 1 and exon 2 [9].

The association of natural variation in E1-E4 genes with the duration of the main developmental stages after adaptation to different latitudes has been studied in various germplasm collections in China [2,3], America [10] and Europe [1]. Soybean was domesticated in China about 5000 years ago and is now cultivated worldwide [11]. In Russia, soybean has been cultivated since 1927 in the Far East of the former USSR, where until 2010 almost all cultivated areas of this crop were concentrated. At present, there is growing interest in the cultivation of soybean in other Russian regions, including the European part and even Western Siberia [12]. However, further intensification of the soybean breeding in these areas is limited by the almost complete lack of data about the natural variation in the E1-E4 genes of Russian cultivars and impact of this variation on the flowering and maturity time under the field conditions of Russia.

Here, we examined the allele variation in E1-E4 genes in 176 soybean accessions of predominantly domestic breeding and analyzed the association between established E1-E4 genotypes and the duration of flowering and maturity in the regions of Central Russia and Western Siberia. This allowed us to identify the genotypes which could provide the most effective plant adaptation to different conditions of both regions.

2. Materials and Methods

2.1. Plant Material

The collection of 165 soybean accessions, including 105 breeding lines and 59 cultivars, were obtained from the Siberian Federal Scientific Center of Agro-BioTechnologies of the Russian Academy of Sciences (SFSC RAS, Novosibirsk, Russia). Eleven soybean cultivars were kindly provided by the Federal Scientific Center of Legumes and Groat Crops (FSC LGC, Orel, Russia). From 176 accessions, 97 accessions originated from the Novosibirsk region, whereas 45 and 34 accessions had another Russian and foreign origin, respectively. The characteristics of all studied accessions are presented in Table S1.

2.2. Field Experiments

The field experiment was carried out in 2021–2022 in Novosibirsk (Western Siberia) and Orel (Central Russia) regions. The coordinates of the locations were $54^{\circ}55'$ N $82^{\circ}59'$ E and $53^{\circ}03'$ N $36^{\circ}03'$ E, respectively.

The field experiment was conducted in accordance with the local for each region technique. In Orel, the accessions were planted with three replicates on plots consisting of four two-meter rows. The distance between plants in a row was 5 cm, the row spacing was 45 cm. The NPK fertilizer (N: 15%; P: 26%; K: 26%) was contributed in doses of 15 kg ha⁻¹ prior to autumn plowing. The NPK fertilizer (N: 15%; P: 15%; K: 15%) was contributed in doses of 20 kg ha⁻¹ prior to planting. The sowing dates were 22 May and 26 May in 2021 and 2022, respectively. In the Novosibirsk region, the accessions were planted with three replicates on plots consisting of single two-meter rows. The distance between plants in a row was 5 cm and the row spacing was 70 cm. Fertilizers were not applied. The sowing dates were 26 May and 24 May in 2021 and 2022, respectively. The location of replicates in both regions was the systematic method.

The emergence growth stage was noted when 75% of plants in the plot had a hypocotyl with cotyledons above the soil surface. The flowering time (DTF, days from emergence to flowering) were recorded when 10% of the plants in the plot produced first flower. The maturity time (DTM, days from emergence to maturity) were recorded when 75% of the pods in the plot have attained their final color.

2.3. Genomic DNA Extraction PCR Amplification and Restriction

Genomic DNA was extracted using a CTAB method from 3–4-day-old seedlings grown in Petri dishes [13]. The previously developed molecular markers used for genotyping are presented in Table S2 [4–9,14].

The PCR mixture with a total volume of 25 μ L contained 10 mM Tris-HCl, pH 8.5, 50 mM KCl, 0.1% Tween 20, 2 mM MgCl₂, 0.25 mM of each primer, 50–100 ng of DNA, and 1 U Taq DNA polymerase (BiolabMix, Novosibirsk, Russia). PCR protocol: 5 min at 95 °C; 35 cycles (95 °C 10 s; 50–60 °C, 15 s; 72 °C, 15–40 s); 1 min. at 72 °C.

For CAPS markers, DNA restriction digestion was carried out in a reaction mixture of 20 μ L, which included 8 μ L of PCR products, 2 μ L of 10× restriction buffer and 1 U restriction enzyme (SibEnzyme, Novosibirsk, Russia). The mixture was incubated overnight at the optimum temperature for each enzyme.

The PCR and restriction products were separated in a 1–2% agarose gel with ethidium bromide. The results of electrophoresis were visualized and photographed in UV using Gel Doc[™] XR+ (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

2.4. Statistical Analyses

Analysis of variance (ANOVA) was performed in the statistical software R (Version 4.1.2) based on four factors including *E1*, *E4* loci, year and location (https://www.r-project. org/; accessed on 17 November 2021). The ANOVA was conducted by using the R basic function «aov». The multiple Games–Howell test with Holm–Bonferroni correction was conducted using the function «pairwise_comparisons» from the «ggstatsplot» package [15]. The average between three replicates of DTF and DTM was used for statistical analysis.

3. Results

3.1. *Genotyping of E1–E4*

3.1.1. Distribution of E1–E4 Alleles in Different Origin Groups

Previously, different alleles were identified in foreign soybean material using allelespecific DNA markers (Table S2) [4–9,14]. Here, we studied the distribution of different alleles of *E1–E4* genes among 176 soybean accessions, including cultivars and breeding lines of predominantly Russian origin. The results of the analysis are presented in Table S1. We studied the allele frequency in three groups of soybean accessions depending on the region of origin: A—from the West Siberia (Novosibirsk and Omsk regions); B—from other Russian regions; C—from other countries (Figure 1).

Each of the mentioned groups, namely, A, B and C, have a high representation of the two recessive *E1* alleles: *e1-as* and *e1-nl* (Figure 1). In group A, 20.8 and 78.2% of accessions, respectively, carry these alleles and 1 cultivar (SibNIISKhoz-6) has the recessive allele *e1-fs*. Accessions from group C only carry the recessive alleles *e1-as* and *e1-nl* (32.4 and 67.6%, respectively). The dominant allele *E1* is revealed in 2 cultivars (Zakat and Persona) of the B group, whereas the rest of the cultivars contains *e1-as* and *e1-nl* (56.1 and 39%, respectively).

For the *E*2 gene, all accessions of the A group carry the recessive allele *e*2-*ns*. The dominant allele *E*2 occurs in group B and C in 12.2 and 17.6% of accessions, respectively (Figure 1).

For the *E*3 gene, among the A and B groups, the recessive allele *e*3-*fs* prevails (87.1% and 56.1%, respectively); the *e*3-*tr* allele is represented to a lesser extent (6.9% and 31.7%). Single accessions from these groups carry the recessive alleles *e*3-*ns* and *e*3-*mix* (mix of alleles *e*3-*tr* and *e*3-*fs*) and the dominant allele *E*3-*Ha*. Unlike Russian accessions, those of group C mainly carry the recessive allele *e*3-*tr* (52.9%) and 6 cultivars have the dominant allele *E*3-*Ha* (Figure 1).

The dominant allele *E4* has been identified in all groups, with the highest frequency expressed in groups B and C (48.8 and 44.1%, respectively). The recessive alleles *e4-kes* and *e4-SORE-1* are represented in all groups, but the recessive allele *e4-SORE-1* prevails among A group of accessions (66.3%) (Figure 1).



Thus, the studied Russian accessions of soybean are characterized by an almost complete predominance of the recessive alleles of the *E*1–*E*4 genes.

Figure 1. The allele frequency of the *E1–E4* genes in soybean accessions of different origin: (**A**)—101 accessions from West Siberia (Novosibirsk and Omsk region); (**B**)—41 from other Russian regions; (**C**)—34 foreign accessions. Alleles are presented by different colors. The numbers on the plots indicate the percentages.

3.1.2. Established E Genotypes and Their Distribution in Russian Accessions

In all collections, 25 genotypes of E1-E4 genes have been identified. Since some of the recessive alleles of gene E1 (e1-fs; e1-nl), E3 (e3-tr; e3-fs; e3-ns) and E4 (e4-SORE-1, e4-kes) have a similar effect on the phenotype, only 11 genotypes could be distinguished based on their response to photoperiod. Most common genotypes are represented by fully recessive e1/e2/e3/e4 and monodominant e1/e2/e3/E4 found in 123 (69.9%) and 32 (18.2%) of accessions, respectively. These genotypes, depending on the type of recessive allele e1 (e1-nl or e1-as), can be divided into two subtypes. Among the completely recessive genotype, these subtypes were found in 49.4% and 20.5% of accessions, respectively. To a lesser extent, these subtypes were presented in the group of the E4 monodominant genotype (10.8% and 7.4%) (Table 1).

In this study, *E1–E4* genotypes were determined in four European varieties that were previously studied: Lissabon, Malaga, Sultana, Fiskeby V [1,16]. Data comparison showed the correspondence between the genotypes identified earlier and in the present study, with the exception of one allele. It has already been established that Malaga from the collection of the FSC LGC (Orel) carries the *e1-as* allele instead of *e1-nl* [1]. Additionally, genotypes were confirmed for the *E3* gene in three Canadian cultivars, namely, Maple Amber, Gentelmen and Morsoy, which were previously studied for this gene [17]. However, the cv. Maple Presto maintained at the SFSC (Novosibirsk) carries the *e3-fs* allele instead of the *e3-tr* allele ound in previous studies. With the exception of the above varieties, all the remaining 171 soybean varieties and lines were identified for the first time during this study.

Genotype	E1	E2	E3	E4	Ν	%
e1/e2/e3/e4	e1-nl	e2-ns	e3-fs	e4-SORE-1	54	30.7
	e1-as	e2-ns	e3-fs	e4-kes	16	9.1
	e1-nl	e2-ns	e3-fs	e4-kes	15	8.5
	e1-nl	e2-ns	e3-tr	e4-SORE-1	10	5.7
	e1-as	e2-ns	e3-fs	e4-SORE-1	9	5.1
	e1-as	e2-ns	e3-tr	e4-SORE-1	6	3.4
	e1-nl	e2-ns	e3-ns	e4-SORE-1	6	3.4
	e1-as	e2-ns	e3-ns	e4-kes	2	1.1
	e1-as	e2-ns	e3-tr	e4-kes	2	1.1
	e1-as	e2-ns	e3-ns	e4-SORE-1	1	0.6
	e1-fs	e2-ns	e3-fs	e4-kes	1	0.6
	e1-nl	e2-ns	e3-ns	e4-kes	1	0.6
	e1-nl	e2-ns	e3-fs	E4	9	5.1
	e1-nl	e2-ns	e3-tr	E4	9	5.1
a1/a2/a2/EA	e1-as	e2-ns	e3-fs	E4	8	4.5
<i>e1/e2/e3/</i> E4	e1-as	e2-ns	e3-tr	E4	4	2.3
	e1-as	e2-ns	e3-mix *	E4	1	0.6
	e1-nl	e2-ns	e3-mix *	E4	1	0.6
a1/a2/E2/a4	e1-nl	e2-ns	E3-Ha	e4-SORE-1	4	2.3
e1/e2/E5/e4	e1/e2/E3/e4 e1-as	e2-ns	E3-Ha	e4-SORE-1	1	0.6
e1/e2/E3/E4	e1-nl	e2-ns	E3-Ha	E4	3	1.7
01/E2/03/04	e1-as	E2	e3-fs	e4-kes	<i>2s</i> 5 2.8	
e1/E2/e3/e4	e1-nl	E2	e3-fs	e4-kes	1	0.6
e1/E2/e3/E4	e1-nl	E2	e3-tr	E4	5	2.8
E1/e2/e3/E4	E1	e2-ns	e3-tr	E4	2	1.1

Table 1. Established *E1–E4* genotypes of all studied accessions. "N" denotes the number of samples in each genotype. "%" denotes the percentage of genotypes from the total number of accessions.

*—e3-mix (mix of alleles e3-tr and e3-fs).

We compared the *E*1–*E*4 genotypes of studied Russian cultivars with their origin region. Cultivars from regions located between $58-52^{\circ}$ N mainly carry the *e*1-*as/e*2/*e*3/*e*4 and *e*1-*nl/e*2/*e*3/*e*4 genotypes, but there are also varieties with *e*1-*nl/e*2/*e*3/*E*4. Cultivars from regions below 51° N carry genotypes with the dominant allele *E*4, on the background of *e*1-*as*. Only two cultivars from the Amur region ($50^{\circ}16'$ N), namely, Zakat and Persona, carry the dominant allele *E*1. Belgorodskaya 48, which is a standard cultivar in the Belgorod region ($50^{\circ}36'$ N), has the dominant allele *E*3-*Ha* (Table S1).

In accessions from group A, originating from Western Siberia, we found only three genotypes: *e1-nl/e2/e3/e4*, *e1-as/e2/e3/e4* and *e1-nl/e2/e3/E4*. The first two were found in 72.1% and 20.4% of accessions, respectively, while *E4* monodominant genotype was found in 7.5%.

3.2. Field Experiments

The duration of flowering and maturity time was studied for 176 accessions cultivated in the field in the years 2021 and 2022 under the natural daylight conditions of the Orel $(53^{\circ}03' \text{ N} 36^{\circ}03' \text{ E})$ and Novosibirsk regions $(54^{\circ}55' \text{ N} 82^{\circ}59' \text{ E})$. Due to the drought in early June 2022, the emergence stage in Novosibirsk was a week later than in 2021. In general, soybean accessions flowered in Orel earlier than in Novosibirsk in 2021–2022 (Figure 2). However, accessions in Orel only matured earlier in 2021, but in 2022 they matured later than in Novosibirsk (Figure 3). This can be explained by the unfavorable conditions for soybean maturity in 2022 in Orel, namely: low temperature in the first decade of September, as well as extremely rainy weather in October (the sum of rainfall was ~250% of the average value for many years of observations). Nevertheless, we consider the data from this year further, since the relative difference between genotypes in the duration of developmental stages should be preserved. Additionally, in Novosibirsk, during the two years of the field experiments, some accessions with genotypes *e1-as/e2/e3/e4* and *e1-n1/e2/e3/e4* did not reach full maturity by the end of the growing season (Table S1).



Figure 2. DTF (days from emergence to flowering) of established *E* genotypes in (**A**) Novosibirsk and (**B**) Orel in 2021 and 2022. Genotypes to the right of the vertical line were not included in the multiple comparison due to their small number. Asterisks indicate statistically significant differences between the compared genotypes: ***, p < 0.001; **, p < 0.01; *, p < 0.05; ns, no significant differences.

3.2.1. Association of E Genotypes with the Flowering Time

In both Orel and Novosibirsk, later DTF (days from emergence to flowering) was characteristic of cultivars carrying the partially functional e1-as allele in comparison with cultivars containing e1-nl. Of the four most common genotypes, in both regions e1-nl/e2/e3/e4and e1-nl/e2/e3/E4 flowered earlier than corresponding genotypes with e1-as instead of e1-nl. In 2022, in Orel and Novosibirsk the E4 monodominant genotypes flowered later than the fully recessive genotypes. However, in 2021, in Orel, unlike Novosibirsk, genotypes with dominant E4 alleles flowered earlier, especially on the background of e1-as. Several accessions carrying the dominant allele E2 on a background of e1-as/e3/e4, e1-nl/e3/e4 and e1-nl/e3/E4 flowered 1–2 days later than genotypes with recessive allele e2 (Figure 2).

3.2.2. Association of E Genotypes with the Maturity Time

Accessions with genotype e1-nl/e2/e3/e4 had the shortest DTM (days from emergence to maturity) in the two years examined in both Novosibirsk and Orel. In both regions, the DTM increased in the following sequence of genotypes: e1-nl/e2/e3/e4 < e1-as/e2/e3/e4 < e1-nl/e2/e3/E4 < e1-as/e2/e3/E4. The presence of the dominant E3 allele has the strongest effect on maturity. In Orel, the several accessions with genotypes e1-as/e2/E3/e4, e1-nl/e2/E3/e4 and e1-nl/e2/E3/E4 had the longest DTM for two years. Most accessions with these genotypes in the Novosibirsk did not reach full maturity by the end of the growing season (Figure 3).



Figure 3. DTM (days from emergence to maturity) of established E genotypes in (**A**) Novosibirsk and (**B**) Orel in 2021 and 2022. Genotypes to the right of the vertical line were not included in the multiple comparison due to their small number. Asterisks indicate statistically significant differences between the compared genotypes: ***, p < 0.001; *, p < 0.05; ns, no significant differences.

3.3. Statistical Analysis

Accessions carrying the dominant allele *E1*, *E2* and *E3* were excluded from the statistical analysis due to their small number. For analysis, factors *E1* and *E4* had two *independent variables* (*E1*: e1-as/*e1* (*e1-nl*, *e1-fs*); E4: *E4/e4* (*e4-kes*, *e4-SORE-1*)) since some recessive alleles have the same effect on the phenotype. We analyzed the effect of four factors (*E1*, *E4*, year and location) on DTF and DTM using ANOVA for each region separately and combined. As a result, we found that all these factors were significantly associated (*p* value < 0.01) with the DTF and DTM (Table 2). We used Games–Howell post hoc test due to the unequal sample size. The results are shown in Figures 2 and 3.

Table 2. Result of ANOVA for DTF (days from emergence to flowering) and DTM (days from emergence to maturity).

Trait	Location	Factor	df	Sum Sq	F Value
DTF		E1	1	411.9	59.6 ***
	NT	E4	1	527.6	76.4 ***
	NOVOSIDITSK	year	1	235.9	34.1 ***
		residuals	312	2155.5	
		E1	1	252.5	50.3 ***
	E4	E4	1	82.4	16.4 ***
	Orel	year	1	126.6	25.2 ***
		residuals	312	1567.4	

Location	Factor	df	Sum Sq	F Value
	E1	1	1215.8	34.6 ***
NT 11 1	E4	1	2995.2	85.3 ***
Novosibirsk	year	1	1557.1	44.3 ***
	residuals	284	9975.4	
	E1	1	454.5	12.4 **
	E4	1	2588.8	70.4 ***
Orel	year	1	5258	143 ***
	residuals	312	11469.2	
	E1	1	606.6	99.3 ***
	E4	1	533.9	87.4 ***
	year	1	336.9	55.1 ***
	location	1	2308.4	377.7 ***
	residuals	615	3758.8	
Novosibirsk and Orel				

1

1

1

1

597

1355.7

6137

506.5

541.8

28918.2

28 ***

126.7 ***

10.5 **

11.2 ***

E1

E4

year

location

residuals

Table 2. Cont.

Trait

DTM

DTF

DTM

** significant at p < 0.01. *** significant at p < 0.001.

4. Discussion

4.1. Distribution of E1-E4 Alleles among Russian Accessions

Soybean is a thermophilic and moisture-loving culture. The average temperature of its growth conditions should be 20-30 °C, especially at the flowering and pod maturation stages, which require a temperature no less than 18–22 °C. In addition, this species is very sensitive to photoperiod and starts flowering under short-day conditions, a period that falls on an unfavorable autumn in the conditions of Russia. Nevertheless, the breeders' efforts have made it possible to significantly expand the cultivation area of this crop. Currently, 15 centers are engaged in soybean breeding in Russia, in which unique domestic varieties have been obtained, approved for cultivation in 51 regions of the country, including the Far East, Southern and Central (Chernozem) regions, the Volga region and even Ural and Western Siberia. A number of modern cultivars ripen in 90–120 days in Ryazan (54°37′ N), Belgorod (50°36' N), Orel (52°57' N) and other regions of Central Russia. Climatic conditions in the Novosibirsk region, in contrast to the European part of Russia, are characterized by significant fluctuations in average monthly and absolute temperatures, long, cold winters and relatively short, warm summers. The average temperature in July is 18–20 °C. Frosts usually begin in the second half of September and run out at the end of May. The duration of the frost-free period is 120 days. These conditions are not optimal for such a crop as soybean. Therefore, the main requirement for cultivars suitable for this region is the shortest maturity time. Cultivars and breeding lines that meet this requirement were obtained first of all and maintained in the SFSC RAS. The accessions created in this center comprise about ~50% of the collection studied in this study.

In general, our results show a high frequency of distribution of the recessive alleles *E1–E4* in Russian cultivars, especially, in West Siberian accessions. Consistent with previous studies [1,2,9], this confirms the key role of these genes in soybean adaptation to northern latitudes (Table S1; Figure 1).

E1 is one of the main regulators of soybean flowering, which, through phytochrome A genes, perceives the signal of the photoperiod and circadian rhythms and indirectly or directly transmits it to the main soybean florigens GmFT2a and GmFT5a [7,18–20]. Xia et al. [7] showed that, under artificial daylight (16 h light/8 h dark) conditions, the difference between genotypes carrying *E1* and *e1-n1* allele by flowering time was up to ~40 days, and the genotypes with *e1-as* had an intermediate phenotype. In natural light

conditions, *E1* also affects the length of soybean flowering time [2,3]. The recessive alleles *e1-nl* and *e1-as* predominate in the studied Russian accessions (Figure 1). A high frequency of the *e1-nl* allele has also been established for European varieties [1], which distinguishes them from Chinese [2,3] and American [10] accessions, in which non-functional allele *e1-nl* is not common.

*E*2 delays soybean flowering under long-day conditions through the repression of *GmFT2a* [6]. The recessive allele *e*2-*ns* is predominant in all studied groups, especially in accessions from Western Siberia, all of which carry this allele (Figure 1). Five Russian cv. Statnaya, Okskaya, Rosinka, Severnaya-5 and Soer-5 carry the dominant allele *E*2. The high frequency of the *e*2-*ns* allele is also characteristic of cultivars from Europe [1] and China [2,3], while in America the dominant allele *E*2 is common [10].

Phytochromes PHYA3 and PHYA2 (*E3* and *E4*, respectively) positively control the *E1* gene at the transcriptional and post-transcriptional levels under long-day conditions [18]. Under natural light conditions, especially in northern latitudes, the *E3* and *E4* genes have a strong effect on the flowering and maturity time [3,8]. Almost all studied Russian varieties and breeding lines have one of the three *E3* recessive alleles: *e3-fs*, *e3-tr* or *e3-ns* and only cv. Belgorodskaya 48 has the dominant allele *E3-Ha*.

Two recessive alleles *e4-kes* and *e4-SORE-1* were found in the Russian accessions. In foreign collections, these alleles are rare and characteristic of cultivars from the northern latitudes, for example, in the Swedish cv. Fiskeby [2,9]. Seven breeding lines from SFSC (Novosibirsk) have the dominant allele *E4* at the *e1-nl* background (Figure 1).

4.2. The Effect of Established E Genotypes on Flowering and Maturity

According to the ANOVA results, all the studied factors exert influence on DTF and DTM. For each region separately, the "year" factor affects DTF and DTM more strongly than the *E1* and *E4* genes, which was apparently due to the atypical weather conditions in Orel in 2022 and the drought in early June in Novosibirsk in 2022. The result of the "two years \times two location" model shows that the *E1* and *E4* genes are the main factors influencing DTM. DTF is most dependent on the "location" factor (Table 2).

The studied collection contains a sufficient number of accessions carrying one of the four genotypes: e1-nl/e2/e3/e4, e1-as/e2/e3/e4, e1-nl/e2/e3/E4 and e1-as/e2/e3/E4. The first genotype with all four completely non-functional mutant alleles has the shortest DTF and DTM in both regions for two years. The second most common genotype e1-as/e2/e3/e4 blooms and matures later than e1-nl/e2/e3/e4 (Figures 2 and 3). This is likely due to the residual effect of the e1-as allele, although its expression should be strongly suppressed in the e3e4 genetic background [7]. The influence of the E1 gene on DTF and DTM is also confirmed by ANOVA (Table 2).

The genotypes with dominant *E2* (*e1-as/E2/e3/e4*, *e1-nl/E2/e3/e4*, *e1-nl/E2/e3/E4*) have only a bit longer DTF than the corresponding genotypes with recessive *e2* in both Novosibirsk and Orel (Figure 2). This fact is not consistent with the data of Watanabe et al. [6] who established a stable additive effect of *E2* on the flowering date up to ~5 days in Japan at latitudes of 43° N and 36° N. First, this can be explained by an influence of other loci that control the flowering time (*Tof5* [21], *Tof8* [22] *Tof18* [23], *E1lb* [24]) or suppress the phenotypic effect of *E2*. Recently, Su et al. found qR1-2 QTL that reduces *E2* gene expression and its effect on flowering time [25]. The second possible reason is the presence of an unidentified recessive *e2* allele. Thus, in Korean cultivars, three new SNPs were found in the *E2* gene, one of which led to the formation of a non-functional allele [26]. Thirdly, environment can influence the phenotypic effect of *E2*. For example, Liu et al. found a weaker effect of the *E2* gene in northern China compared to the southern region [3].

Although *E3* gene is not common in our collection, nevertheless, the genotypes *e1-as/e2/E3/e4*, *e1-nl/e2/E3/e4* and *e1-nl/e2/E3/E4* flowered later than *e1-as/e2/e3/e4*, *e1-nl/e2/e3/e4* and *e1-nl/e2/e3/E4* in both Novosibirsk and Orel (Figure 2). Additionally, *E3* genotypes have, on average, the longest DTM in the studied regions over two years (Figure 3). Five of the eight genotypes with dominant *E3* in the Novosibirsk region in 2021–2022 did not

reach full maturity by the end of the growing season (Table S1). However, three accessions with the dominant *E3* allele fully matured in this region, possibly due to the presence of other genetic factors affecting the *E3* gene.

Under the conditions of 2021 in the Orel region, completely recessive and *E4* monodominant genotypes flowered at about the same time, in contrast to the Novosibirsk region, where genotypes with the dominant *E4* bloomed later, especially on the *e1-as* background. However, in 2022, a different effect of these genotypes on DTF was also observed in Orel (Figure 2) Statistically, *E4* is significantly associated with DTF and DTM in the studied regions, but its effect on DTF in Orel is lower than in Novosibirsk (Table 2). The different effect of the *E4* gene on the flowering time in both regions may be due to different factors having impact on this gene such as day length, temperature [1,27–29], and the red-to-far-red ratio (R:FR) of light [18,30,31]. The established positive effect of the *E4* gene on DTF and DTM is also consistent with previous results [8].

4.3. Optimal Genotypes for the Studied Regions

In the group of West Siberian accessions, three genotypes e1-nl/e2/e3/e4, e1-as/e2/e3/e4and e1-nl/e2/e3/E4 were established. Created for the conditions of Western Siberia, 8 cultivars from the Novosibirsk and Omsk regions have the first two genotypes (Table S1). The first one is preferable for Western Siberia, since the accessions with this genotype almost always fully mature, regardless of the year and region, and have the shortest DTM (Figure 3). Interestingly, Western Siberia is similar to Sweden in terms of environment and day length, and six studied accessions originating from this country also have the e1-nl/e2/e3/e4 and e1-as/e2/e3/e4 genotypes (Table S1). In general, the first and second genotypes will be the optimal in the northern latitude regions of Russia (54° and above), while cultivars with the dominant *E4* cannot be excluded, but only in combination with e1-nl.

Although in Orel all genotypes have reached full maturity, soybean DTM should nevertheless not exceed 110 days for this region. Accessions carrying the dominant allele *E3* or *E1* with *E4* do not correspond to this requirement (Figure 3). Cultivars originating from the Ulyanovsk, Briansk and Saratov regions have the same genotypes as the accessions from West Siberia. Only two studied cultivars from Central Russia have the genotypes e1-as/e2/e3/E4 and e1-nl/E2/e3/E4 (Table S2). We believe that for this region located between 54–50° N, suitable genotypes may include those preferable for Western Siberia and sometimes those having one dominant gene (*E2* or *E4*).

Cultivars from the Far Eastern Amur Region carry all the above designated genotypes characteristic of northern latitudes, and only one breeding line from this region has the bi-dominant genotype e1-nl/e2/E3/E4 (Table S1). The same genotypes are found in cultivars of the northern ecotype of China bordering Far East of Russia [3]. Foreign cv. Sirelia, Sultana and Kassidy are recommended for cultivation in the North Caucasus region (~41°) of Russia (https://gossortrf.ru/; accessed on 9 February 2023). Here, we identified their genotypes e1-nl/e2/E3/E4, e1-nl/e2/E3/e4 and e1-nl/e2/E3/E4, respectively. Based on all the data, we believe that varieties carrying the dominant allele E3 (on the genetic background e1-as/e4, or e1-nl/E4) are suited for Russian regions at the level of 50° N latitude or below.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/agriculture13061251/s1, Table S1: Soybean cultivars analyzed in the current study and their name, *E1–E4* allele, origin country, origin region, accession type (breeding line or cultivars), DTF and DTM in Novosibirsk and Orel in 2021–2022; Table S2: Molecular markers for *E1–E4* genotyping with sequences, T° annealing, restriction enzymes, source of marker.

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