



# Article Osmolyte Accumulation and Sodium Compartmentation Has a Key Role in Salinity Tolerance of Pistachios Rootstocks

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Abstract: Physio-biochemical responses of pistachio varieties including Pistacia vera L. 'Ghazvini' (GH), P. vera 'Ghermez-Pesteh' (GP) and P. atlantica subsp. mutica (M) were assessed under salt stress to understand the common mechanisms of salt tolerance in two popular Pistacia species. In the experiment, half-sib seedlings of the varieties were subjected to high (100 mM) and severe (200 mM) levels of NaCl-induced salinity for 90 days. Growth, physiological, biochemical and ionic parameters in the roots and shoots of plants were measured in the experiment. Salinity markedly declined plant growth, and increased the number of necrotic leaves (NL) and leaf abscission. In terms of physiological responses, salinity reduced the relative water content (RWC), membrane stability index (MSI) and the concentrations of photosynthetic pigments, but increased carbohydrates and proline content in the leaves. MSI of the leaves was positively correlated with the concentrations of anthocyanins and carotenoids. Salinity increased sodium content in root and shoot tissues of the plants, and decreased potassium concentration and K/Na ratio. Among the rootstocks, GH had better performance on all parameters. Despite the high concentration of Na<sup>+</sup> and low K/Na ratio in the shoots, the lowest number of NL was found in GH under both salinity levels. The results indicated that salt tolerance in GH was most likely related to compartmentation of Na<sup>+</sup> ions. Finally, accumulation of osmolytes and sodium compartmentation were considered to be the most important mechanisms in the salt tolerance of pistachio rootstocks.

Keywords: Growth; ion distribution; mechanism; Pistacia sp.; rootstocks; salt tolerance

# 1. Introduction

Pistachio (*Pistacia vera* L.) is one of the most important nut crops in the world. A wide range of pistachio growing regions globally are affected by salinity. Salinization of soil is becoming a serious obstacle in agricultural lands. Low precipitation, high evaporation and irrigation with low quality water have led to the salinization of agricultural lands in recent years. Introduction of salt-tolerant plants helps to ensure global food security and achieve the projected nutritional target of feeding 9.6 billion people by 2050 [1].

Salinity affects plants in three ways: osmotic, ionic and oxidative stress [2]. Leaf thickness, leaf abscission, necrosis of plant organs, along with a decrease in internode height, leaf number and leaf area are general responses of plants to salt stress [3,4]. Increasing the NaCl level disrupts the equilibrium of water in plants and reduces the membrane salinity index (MSI) [5]. Most plant species accumulate osmolytes, such as proline, glycine betaine and soluble sugars in their cells to regulate osmotic pressure under salinity stress [6]. Salt stress destroys chlorophyll molecules and inhibits their synthesis [7,8]. But, salt-tolerant species are being least affected in such ways [9].

Since NaCl is the most soluble and widespread salt, all plants have evolved mechanisms to regulate its accumulation and to select against it in favour of other nutrients [10]. For most species, Na<sup>+</sup> appears to reach a toxic level before Cl<sup>-</sup> does, and probably for this reason most studies have been focused on Na<sup>+</sup> exclusion and the controlling of Na<sup>+</sup> transport within the plant [11,12]. At the cellular level, high amounts of Na<sup>+</sup> and Cl<sup>-</sup>,



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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). which arrive in the leaves, should be largely accumulated in the vacuoles of cells. High concentrations of Na<sup>+</sup> in the soil can interfere with the absorption of K<sup>+</sup> and Ca<sup>2+</sup>. Also, low K<sup>+</sup>/Na<sup>+</sup> ratio and high concentrations of total salts, especially in mesophyll tissues, can inactivate enzymes and inhibit protein synthesis [13]. Therefore, a high K<sup>+</sup>/Na<sup>+</sup> ratio in the leaves under salt stress can be considered an indicator of salt tolerance in rootstock selection programme [13,14].

Salt tolerance varies among pistachio rootstocks [15–17]. Identification of salt-tolerant rootstocks can improve growth and productivity of the plant in the salt-affected areas [18,19]. Mainly, plants differ greatly in their tolerance to salinity, as reflected in their different growth responses. The results of prior studies on the tolerance of *P. vera* are not in agreement, so that some suggested 'Ghazvini' as the most resistant tolerant rootstock [16,20], while others recommended 'Badami' [3,7,21] or 'Akbari' [22–25]. In previous studies on pistachio, salinity resistance, with some parameters [3,7,20], has been used to select resistant rootstocks only among *P. vera* species with medium salinity in very short duration, but the mechanisms have not been identified. These inconsistencies in results are due to a lack of knowledge about the main mechanisms of salt tolerance among *Pistacia* species. The present research was conducted to study the physiological, biochemical and ionic responses of pistachio rootstocks (cultivar and wild genotypes together) under the most intense salinity stress to get a better understanding of common salt tolerance mechanisms in pistachio over a long term (tolerance threshold), for the first time.

#### 2. Materials and Methods

Half-sib plants of three different rootstocks, namely, *P. vera* L. 'Ghazvini' (GH), *P. vera* 'Ghermez-Pesteh' (GP) and *P. atlantica* subsp. *mutica* (M) were used in the experiment. Seedlings of GH are commonly used as a salt-tolerant rootstock in Iran [17–20]. GP is a local variety, grown in the Ghazvin province of Iran, and its salt tolerance has not been studied yet. M is a salt-sensitive plant that is grown as a rain-fed wild species in arid and semi-arid regions of Iran.

Seeds of the pistachio rootstocks were disinfected using 2 mL L<sup>-1</sup> Previcur<sup>®</sup> fungicide (Bayer, Germany) for 120 min. The seeds were then washed with distilled water. The seeds were germinated in clean pieces of cloth at room temperature. They were sown in 6 L pots containing coco peat and perlite (1:2 v/v). The plants were irrigated three times a week with distilled water. A soilless culture was used to avoid unwanted interaction effects of the soil with salinity treatments.

Thirty-day-old seedlings were irrigated every other day with half-strength Hoagland's nutrient solution (300 mL) for 90 days. To prevent salt accumulation in the growing medium, pots were leached with non-saline water twice a month (ECw = 1.06 dS m<sup>-1</sup>; pH = 7.3). In time, 120-day-old plants were subjected to different concentrations of NaCl including 0 mM (2.16 dS m<sup>-1</sup>), 100 mM (11.29 dS m<sup>-1</sup>) and 200 mM (20.42 dS m<sup>-1</sup>), which were added to the half-strength Hoagland nutrient solution (Hoagland and Arnon, 1950), for 90 days. To avoid osmotic shock, the plants were pre-conditioned by increments of 25 mM NaCl per nutrient solution up to the desired salinity levels. The pre-conditioned seedlings were continued to their respective NaCl treatment. The plants were kept in a greenhouse with 40/50% RH at 27/20 °C (day/night), respectively, and a 16 h photoperiod. Irradiance of photosynthetic active radiation (PAR) inside of the greenhouse was 750 µm s<sup>-1</sup> m<sup>-2</sup>.

At the end of the experiment, shoot height, stem diameter (1 cm above the medium surface), total number of green leaves, fallen leaves and necrotic leaves (NL) of the plants were recorded. For measuring leaf area, a non-destructive method described by Karimi et al. [26] was used.

For determination of leaf relative water content (RWC), fully expanded young leaves were selected and 10 leaf discs (0.8 cm diameter) were cut using a cork borer. The discs were weighed immediately to record fresh weight (FW), immersed in distilled water in darkness for 24 h at 4 °C and reweighed (TW). Finally, the samples were placed in an oven (70 °C for 48 h) and weighed to measure the dry weight (DW). RWC was determined according to Whetherley [27] and calculated using the following equation (Equation (1)):

$$RWC (\%) = [(FW - DW)/(TW - DW)] \times 100$$
(1)

To evaluate the membrane stability index (MSI), 20 young leaf discs were used. First, the leaf discs were washed in distilled water and put in the water bath at 40 °C for 30 min. Then, electrical conductivity (EC) was recorded ( $C_1$ ). After that, the samples were placed in boiling water for 10 min and the EC was measured ( $C_2$ ). The MSI was calculated using the following equation (Equation (2)):

MSI (%) = 
$$[1 - (C_1/C_2)] \times 100$$
 (2)

Proline content was measured according to a method described by Bates et al. [28]. Specifically, 500 mg of oven-dried leaves were homogenized in 10 mL of 3% aqueous sulfosalicylic acid for 48 h. After infiltration, ninhydrin acid reagent (2 mL) was added to 2 mL of extract and then heated in a boiling water bath for 1 h. The chromophore was extracted by 4 mL toluene and its absorbance was recorded at 520 nm by spectrophotometry (PerkinElmer, Lambda 25, Waltham, MA, USA).

To measure glycine betaine (GB) in the leaves, powdered leaves were mixed with distilled water for 24 h at 25 °C and  $H_2SO_4$  (1:1) was added. Then, the samples were mixed with KI-I<sub>2</sub> and incubated (4 °C for 16 h). Finally, the samples were centrifuged (15 min at 10,000 rpm) and crystals were dissolved in 1, 2-dichloroethane. After 2 h, the absorbance was recorded at 365 nm by spectrophotometry (PerkinElmer, Lambda 25, Waltham, MA, USA). GB concentration was estimated using an external standard curve according to a method described by Grieve and Grattan [29].

Soluble carbohydrates (CHOs) content was assessed by adding 7 mL of ethanol (70%) to 100 mL of leaf dried powder. The extract was centrifuged and the supernatant solution was mixed with 1 mL of Anthrone solution (500 mg Anthrone, 12.5 mL distilled water, and 250 mL sulphuric acid 95%) for measuring the absorbance at 625 nm by spectrophotometry (PerkinElmer, Lambda 25, Waltham, MA, USA). Glucose solutions were used for the establishment of the calibration curve [30].

Anthocyanin concentration in leaves was measured according to a method described by Wagner [31]. After extraction in 10 mL methanol–HCl (1% HCl, v/v), the absorption of the extract was measured at 550 nm by spectrophotometry (PerkinElmer, Lambda 25, Waltham, MA, USA). Anthocyanin concentration was determined using the extinction coefficient of  $\varepsilon_{550} = 33,000$  cm<sup>2</sup> mol<sup>-1</sup>.

To evaluate the amounts of chlorophylls (Chl) and carotenoids, 500 mg of fresh leaf tissue was homogenized in 80% cold acetone. Then, the solution was centrifuged. The absorbance of the extracts was determined at 647, 663 and 470 nm by spectrophotometry (PerkinElmer, Lambda 25, Waltham, MA, USA). Chlorophyll (chl. a, b and total) and carotenoid concentrations (Xanthophyll and  $\beta$ -Carotene) were calculated using the equations (Equation (3)) developed by Lichtenthaler [32]:

Chlorophyll 
$$a_{(mg mL^{-1})} = 12.25A_{663} - 2.79A_{647}$$
 (3)

Chlorophyll  $b_{(mg mL^{-1})} = 21.51A_{647} - 510A_{663}$ 

Chlorophyll Total  $(mg mL^{-1}) = 7.15A_{663} + 18.71A_{647}$ 

Carotenoids (Xanthophyll +  $\beta$ -Carotene) = (1000A<sub>470</sub> - 1.8 chl. *a* - 85.02 chl. *b*)/198 Sodium and potassium concentrations in the shoots and roots were measured according to a method described by Zhu et al. [33]. For this purpose, 1.0 g powder of the tissues was digested in nitric acid. Na<sup>+</sup> and K<sup>+</sup> ions were measured using atomic absorption spectroscopy (PerkinElmer, Waltham, MA, USA).

The experiment was conducted as a factorial, based on a completely randomized design (CRD) with two factors, salinity (0, 100 and 200 mM NaCl) and rootstock (GH, GP

and M), and three replications. Two plants per each experimental unit were used (54 plants). The analysis of variance (ANOVA) was performed using the SAS program (ver. 9.0) and the means were compared by Tukey's multiple range test ( $p \le 0.05$ ).

### 3. Results

#### 3.1. Plant Growth and Health

Salinity reduced growth parameters such as stem height, leaf number and leaf area. It also increased the number of necrotic leaves and leaf abscission in all plants (Table 1). Stem diameter was not influenced by the salinity treatments.

Under 200 mM NaCl treatment, the number of healthy leaves decreased in GH (34.9%), GP (59%) and M (55%) compared to their controls. Under intense salinity, notwithstanding the reduction of stem height in all plants, the highest subtractive trend was found in GP (25%). Regardless of the salinity level, GH had the highest leaf area relative to the others. Also the largest reduction was found in M (81%) under salinity stress.

Leaf abscission, following senescence of the older leaves and as an index of ionic stress, rose up in all three rootstocks under salinity stress; however, the highest increase (116.8%) was found in M rootstock, such that some of the plants lost all their leaves (Figure 1). In contrast, the highest growth parameters and the lowest impact of salinity were observed in GH rootstock. Salinity significantly increased the number of NL in all three rootstocks. Regardless of the NaCl levels, the GH had a minimum value of NL (14.9%) and the least increasing trend (62%) in NL (Table 1). M (93%) and GP (73%) showed the most increasing trend in NL, respectively (Table 1; Figure 1).



**Figure 1.** Appearance of the pistachio rootstocks treated with 200 mM NaCl for 90 days. 'Ghazvini' (Left), as the most tolerant rootstock, had higher growth and leaf area, followed by 'Ghermez-Pesteh' (Middle) and 'Mutica' (Right).

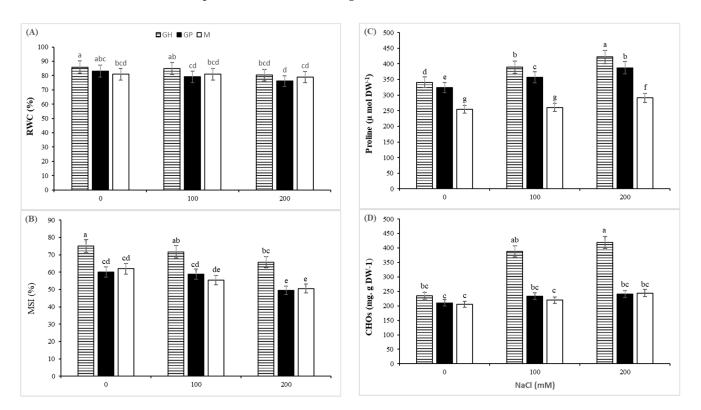
Rootstock	NaCl (mM)	Shoot Height (cm)	Green Leaves (Number)	Necrotic Leaves (%)	Fallen Leaves (Number)	Plant Leaf Area (cm <sup>2</sup> )
	0	28.0 a	47.0 a	10.8 h	12.3 c	1123.4 a
GH	100	25.0 ab	38.3 ab	16.5 f	15.3 bc	652.2 b
	200	22.3 abc	30.6 bc	17.5 e	20.3 abc	384.0 c
	0	20.6 bcd	18.6 de	14.1 g	26.6 abc	213.9 d
GP	100	17.3 cd	12.6 ef	21.9 d	30.3 ab	142.6 f
	200	15.3 d	7.6 f	24.5 с	36.6 a	76.0 g
	0	16.3 cd	32.0 bc	14.8 g	16.6 bc	396.2 c
М	100	15.0 d	24.3 de	26.8 b	24.3 abc	189.2 e
	200	14.6 d	14.3 ef	28.6 a	36.0 a	72.5 g

**Table 1.** Effects of salinity on growth of three pistachio rootstocks, including GH (Ghazvini), GP (Ghermez-Pesteh) and M (*P. atlantica* subsp. *mutica*).

Different letters within each column show significant differences according to Tukey's multiple-range test ( $p \le 0.05$ ).

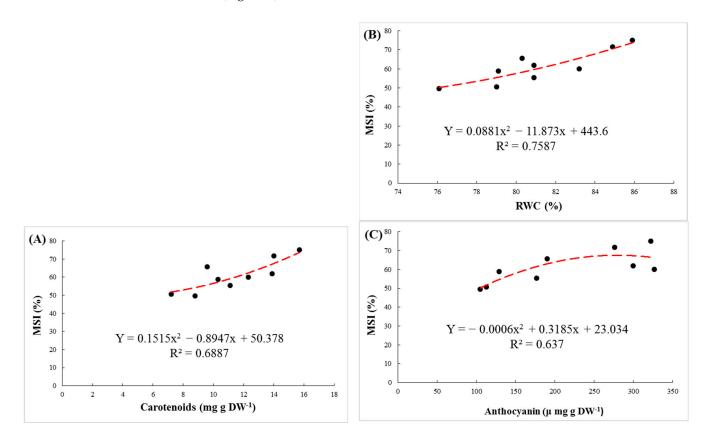
## 3.2. Physiological Parameters

Salinity stress significantly affected leaf RWC. Relative water content of the leaves decreased in all the rootstocks in line with increasing salinity level, and the lowest RWC was found under 200 mM NaCl treatment. The lowest RWC was observed in GP under 200 mM NaCl. Also, the sharpest trend of decline in RWC (8.5%) was observed in GP, as compared with its control (Figure 2A).



**Figure 2.** The effect of controlled salt treatment on RWC (**A**), MSI (**B**), and proline content (**C**) and CHOs (**D**)) of three pistachio rootstocks including GH (Ghazvini), GP (Ghermez-Pesteh) and M (*P. atlantica* subsp. *mutica*). Bars with different letters shows significant difference according to Tukey's multiple range test (p < 0.05).

The membrane stability index of the leaves, as an indicator of resistance against membrane peroxidation, was significantly affected by rootstock, salinity and their interaction. Regardless of NaCl levels, GH had the largest value of MSI (70.8%). A significant decrease in MSI was observed in 100 and 200 mM NaCl treatments in all three rootstocks (Figure 2B). The MSI declined by 18.3, 17.3 and 12.4% in M, GP and GH, respectively. Positive correla-



tions were observed between MSI, RWC, and carotenoids and anthocyanin contents in the leaves (Figure 3).

**Figure 3.** The regression between membrane stability index (MSI) and carotenoids (**A**), relative water content (RWC) (**B**) and anthocyanin (**C**) in leaves of pistachio rootstocks under salinity stress.

# 3.3. Biochemical Parameters

Leaf proline concentration increased when NaCl concentration increased in the nutrient solution (Figure 2D). The highest leaf proline content was found in GH, which is considered the most salt-tolerant rootstock in this study. The highest concentration of proline in this rootstock was 422  $\mu$ mol g DM<sup>-1</sup> at 200 mM NaCl, having a 24% increase compared to the respective control (340.6  $\mu$ mol g DM<sup>-1</sup>). Glycine betaine content was not significantly affected by the salinity treatments. In all three rootstocks, soluble CHOs were increased by raising the salinity level. The highest concentration of soluble CHOs was in leaves of GH under 200 mM NaCl stress (Figure 2C).

Excepting for chlorophyll b, the rootstock, salinity and interaction between them strongly affected concentrations of chlorophyll a, chlorophyll a:b ratio and total chlorophylls, carotenoids and anthocyanin in the leaves. As the salinity levels rose, chlorophyll content (a, a:b, total) decreased, compared with the control in all three rootstocks (Table 2). In general, the highest levels of chlorophyll and the lowest decrement were found in GH. Salinity stress significantly decreased the amount of anthocyanin in the plants. In GP, this decrease (compared with control) was more evident (69%). Also, the carotenoids content of plants decreased significantly under salinity stress. The most significant effect of salinity on carotenoids was found in M (48%). Under salinity stress, the concentration of anthocyanin was decreased significantly in the studied plants. This reduction in GP was more noticeable (69%).

Regardless of salinity level, the highest amount of photosynthetic pigments, proline and CHOs was found in the GH rootstock, which demonstrates its salt tolerance.

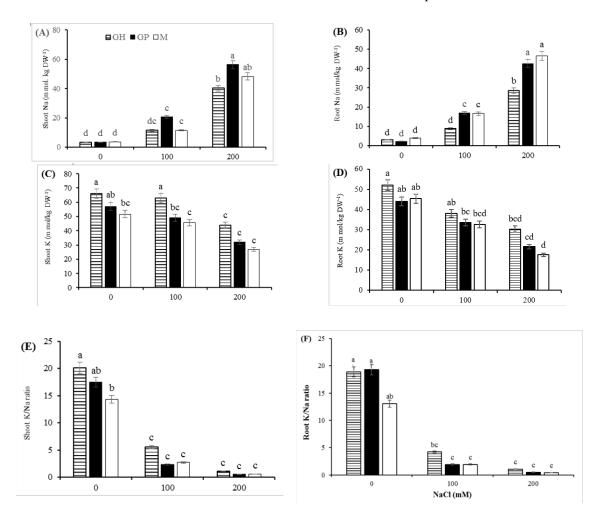
Rootstock	NaCl (mM)	Chl. a (mg g FW <sup>-1</sup> )	Chl. a/b Ratio	Total Chl. (mg g $FW^{-1}$ )	Carotenoids (mg g FW <sup>-1</sup> )	Anthocyanin (µmol g FW <sup>-1</sup> )
	0	31.4 a	22.8 ab	33.3 a	15.7 a	322 a
GH	100	24.2 b	19.4 abc	30.5 ab	14.1 ab	276 с
	200	13.7 ef	15.6 cd	28.6 ab	9.6 ce	189.6 d
GP	0	24.8 b	24.6 a	22 bc	13.3 abc	327.8 a
	100	22 bc	17.5 bcd	16.7 cd	10.3 bcde	129 f
	200	18.1 cd	9.4 e	10.3 d	8.8 de	105.3 g
М	0	22.2 bc	21.4 abc	29.8 ab	13.9 ab	300 b
	100	17 de	17.5 bc	27.8 ab	12.1 abcd	177 e
	200	11.2 f	12 de	24.4 ab	7.2 e	113 g

**Table 2.** Effects of salinity treatment on photosynthetic pigments (chlorophyll a, a/b, total), carotenoids and anthocyanin of three pistachio rootstocks including GH (Ghazvini), GP (Ghermez-Pesteh) and M (*P. atlantica* subsp. *mutica*).

Different letters within each column show significant differences according to Tukey's multiple-range test ( $p \le 0.05$ ).

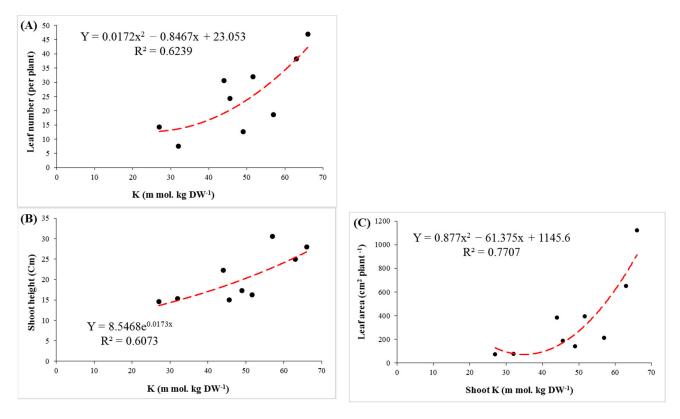
# 3.4. Ions Distribution

Distribution of Na<sup>+</sup> and K<sup>+</sup> between shoots and roots was considerably affected by salt stress. NaCl treatments significantly increased Na<sup>+</sup> accumulation in all shoot and roots of the plants. Under severe salinity, this increment in the shoots of GP was more pronounced than that in the shoots of GH (Figure 4A,B). Moreover, under 200 mM NaCl, GH had the lowest sodium content in its roots compared with the other rootstocks.



**Figure 4.** Effect of salinity on Na<sup>+</sup> (**A**,**B**) and K<sup>+</sup> distribution (**C**,**D**) and K<sup>+</sup>/Na<sup>+</sup> ratio (**E**,**F**) in shoot and root organs of three pistachio rootstocks including GH (Ghazvini), GP (Ghermez-Pesteh) and M (*P. atlantica* subsp. *mutica*). Means followed by the same letter are not significantly different according to Tukey's multiple range test (p < 0.05).

The salinity stress treatments sharply reduced the K<sup>+</sup> content in shoots and roots of the rootstocks. A dramatic decrease in K<sup>+</sup>/Na<sup>+</sup> ratio was observed in the shoots and roots by increasing the salinity level. The K<sup>+</sup> content and K<sup>+</sup>/Na<sup>+</sup> ratio of the most salt-tolerant rootstock (GH) was always higher than that in the other rootstocks, regardless of the intensity of salt stress (Figure 4C–F). There was a positive correlation between the K<sup>+</sup> content of shoots and growth parameters such as stem height, leaf number and plant leaf area (Figure 5).



**Figure 5.** The regression of  $K^+$  concentration in shoots with leaf number (**A**), shoot height (**B**) and leaf area (**C**) in three pistachio rootstocks after 90 days of salinity stress.

### 4. Discussion

Plants differences in salinity tolerance are reflected in their different growth under salt stress. Previous studies have demonstrated that salinity-tolerant plants have higher growth rates under salinity stress [10,34,35]. In the present study, GH, as a salt-tolerant rootstock, had the highest values of growth parameters under salinity. Also, minimum injuries of salinity stress, including number of necrotic leaves and abscission following accumulation of Na<sup>+</sup>, were found in GH. In addition to the toxic effects, the accumulation of Na<sup>+</sup> ions in leaves is accompanied by an increase in oxidative stress. Oxidative stress causes leaf damage and the breakdown of pigments, including chlorophylls, carotenoids and anthocyanins [7,36].

In higher plants, the fastest effect of salinity is a reduction of RWC due to osmotic stress and cellular dehydration. In species that are susceptible to salt stress, the RWC is reduced more [37]. In the present study, despite the relative decrease of RWC in all genotypes, it can be seen that RWC was similar at 200 mM NaCl, which means that all three rootstocks were successful in using cell water retention mechanisms (Figure 2A). A high level of MSI is considered to be an important indicator of tolerance to abiotic stress in plants [38]. Other researchers also confirmed that the MSI of plants declines under NaCl treatment [39,40]. In our study, the highest MSI level was found in the GH rootstock, considered the most salt-tolerant rootstock in this experiment. The positive correlation

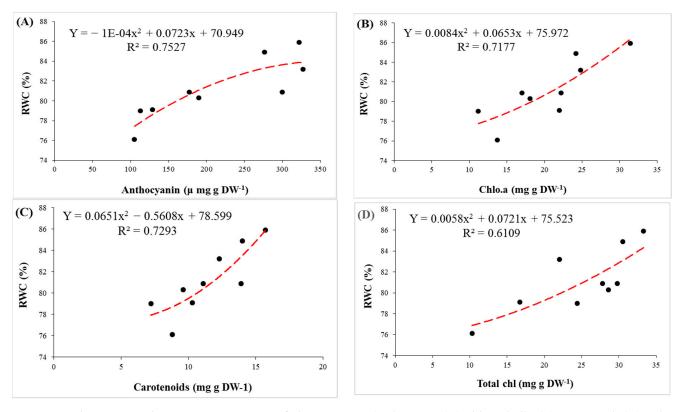
found between RWC and MSI indicated that preserving plant water content is a crucial factor in improving MSI under salinity stress.

Osmotic adjustment is an adaptive mechanism for maintenance of turgor pressure under drought and/or salinity stress conditions. The accumulation of osmolytes, such as proline and carbohydrates, in cells help plants regulate cell osmotic pressure under salinity stress. Proline plays some roles in pH adjustment in the cytosol protecting cell membranes and proteins, thereby bringing reactive oxygen species into a normal range. Proline is also known as a source of carbon and nitrogen for plant recovery after stress. In addition to their role in osmoregulation, soluble sugars act as a source of energy and protect the photosynthetic system by Na<sup>+</sup> sequencing compound. In this study, salinity stress enhanced proline and CHOs accumulation in the studied rootstocks, which was in agreement with the results of previous studies [1,3,6,16,17,41–43]. Therefore, high levels of proline and CHOs in GH rootstock may explain its higher tolerance to salinity compared with the other rootstocks.

Changes in concentrations of pigments under salt stress can be used as a biochemical marker for selecting salinity-tolerant rootstocks [44,45]. In the present study, a significant decrease was observed in the amount of chlorophylls (a, a/b and total) with increasing salinity. This reduction can be attributed to several factors, such as the reduction in synthesis of chlorophylls by inhibiting the enzyme  $\delta$ -aminolevulinic acid dehydratase and protochlorophyllide reductase, the demolition of pigment structure, perturbation in the pigment–protein complex and by deficiencies in Mg<sup>2+</sup>, Fe<sup>2+</sup>, Zn<sup>2+</sup> and Mn<sup>2+</sup> that are essential for the synthesis of chlorophyll [7,46]. Carotenoids play a role in membrane stabilization, cell growth stimulation and restriction of oxidative damage in chloroplasts under salinity stress [47,48]. In our study, salinity treatments significantly decreased carotenoid content in all three rootstocks. Our results are in agreement with those previously reported on the *Pistacia* species [17]. GH, as the most salt-tolerant rootstock, showed the highest amount of photosynthetic pigments and carotenoids under stress conditions. Parida and Das [36] reported that the chlorophyll and carotenoid content of leaves tends to decrease by higher levels of salinity. A deficiency in carotenoids can encourage ABA and IAA biosynthesis, thereby affecting drought tolerance in plants under salt stress. Positive correlations were observed among carotenoids contents, RWC and the MSI, which suggest that carotenoids content under salinity stress is an important indicator for stress tolerance in pistachio (Figures 5 and 6).

Anthocyanin accumulation was found under salinity stress. Besides acting as an antioxidant, anthocyanin acted as an osmo-regulator. Regression between anthocyanin and RWC shows that anthocyanins, as an osmolyte, prevents water loss in cells (Figure 6). The toxicity of Na<sup>+</sup> and Cl<sup>-</sup> ions can inhibit the synthesis and accumulation of anthocyanin in cells [8,49,50]. Therefore, accumulation of anthocyanin is related to salt tolerance of plants [9]. In our experiment, also the largest concentration of anthocyanin and the minimal reduction rate were observed in GH.

Under saline conditions, accumulation of Na<sup>+</sup> in shoots and roots was observed in the studied rootstocks. The Na<sup>+</sup> accumulation in shoots was higher than the roots in all three rootstocks, which was consistent with the results of previous studies [44,51,52]. Accumulation of sodium in plant tissues in salt-sensitive species is greater than in tolerant ones. Some rootstocks, by mechanisms such as ion compartmentation in the vacuole (intracellular compartmentalization) and Na<sup>+</sup> exclusion from cytosol, reduce the damaging effects of sodium in cells [53–55]. By increasing the level of salinity, the K<sup>+</sup> content decreased significantly in both shoots and roots of the rootstocks. Maintaining a proportionate level of K<sup>+</sup> is necessary for plant tolerance under saline environments. Potassium plays a crucial role in physiological activities, such as stomatal movements, osmotic adjustment, cell growth and metabolism, protein synthesis and ROS mitigation, thereby maintaining cellular adjustment and turgor. This also leads to a stronger chlorophyll structure and more co-factors for enzyme production and membrane integrity [14,56,57]. Owing to the vital role of potassium in cellular metabolism, high levels of K<sup>+</sup> content can be considered a salt-tolerant factor in plants [58–61]. The relation between K<sup>+</sup> content and leaf number indicated that high concentrations of K<sup>+</sup> can be a stimulus for an increase in the number of leaves (Figure 5A). On the other hand, significant positive correlations were found between K<sup>+</sup> content with shoot height, and leaf area per plant (Figure 5B,C). This demonstrates that the K<sup>+</sup> content is of crucial importance for maintaining growth parameters under salinity stress.



**Figure 6.** The regression between concentrations of plant pigments (anthocyanin (**A**), chlorophyll a (**B**), carotenoids (**C**) and total chlorophyll (**D**)) and relative water content (RWC) in leaves of pistachio rootstocks under salinity stress.

#### 5. Conclusions

The interactive effects of salt stress and rootstocks in pistachio demonstrated that the response of plants to NaCl-induced salinity mostly depends on genotype, not species. Salinity restricted the studied plants' growth and increased the number of necrotic leaves and leaf abscission. The highest amount of growth parameters and the lowest number of necrotic leaves (NL) were found in 'Ghazvini' (GH), which is considered a salt-tolerant rootstock. The highest values of leaf pigments, proline and soluble carbohydrates concentrations were found in GH under salinity stress. GH rootstock showed the least Na<sup>+</sup> accumulation, the highest K<sup>+</sup> content and steepest K<sup>+</sup>/Na<sup>+</sup> ratio during the stress period.

Finally we confirmed that a tolerant genotype of pistachio, which maintains cell osmotic pressure by using osmoprotectants, such as soluble sugars and proline, and can somewhat maintain its growth rate under osmotic stress induced by salinity. Meanwhile, in spite of high concentrations of Na<sup>+</sup> and low K/Na ratio in shoots, the lowest number of NL was found in GH under both salinity levels. According to our findings, tolerant genotypes most likely maintain low cytosolic sodium in their shoots using compartmentation. At the same time, maintaining the stability of the membrane at high salinity in tolerant genotypes indicates that their tolerance to oxidative stress is related to photoprotective mechanisms of pigments, such as anthocyanins and particularly carotenoids. Our results revealed that salt tolerance in pistachio is related to maintaining cell osmotic pressure and the compartmentation of toxic ions. **Author Contributions:** M.R.R. led and coordinated the project. M.R.R. and S.K. designed the experiment. P.B.R., M.R.R., S.K., R.G. and K.V. performed the experiment, analyzed the obtained data and wrote manuscript. All authors commented on the results and the manuscript. All authors have read and agreed to the published version of the manuscript.

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#### Abbreviations

Chl	Chlorophyll
CHOs	carbohydrates
MSI	membrane stability index
RWC	relative water content
NL	necrotic leaves
GP	Pistacia vera 'Ghermez Pesteh'
GH	P. vera 'Ghazvini'
М	P. atlantica subsp. mutica

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