


Data Dictionary Codebook

19-01-2023 3:27pm

#	Variable / Field Name	Field Label <i>Field Note</i>	Field Attributes (Field Type, Validation, Choices, Calculations, etc.)														
Instrument: Emotion Regulation (emotion_regulation)  Enabled as survey																	
1	[record_id]	Record ID	text														
2	[consent]	Section Header: I consent to participate in this study	radio <table><tr><td>1</td><td>Yes</td></tr><tr><td>0</td><td>No</td></tr></table>	1	Yes	0	No										
1	Yes																
0	No																
3	[thankyou_1] Show the field ONLY if: [consent] = '0'	Thank you for your time!	descriptive														
4	[first_name] Show the field ONLY if: [consent] = '1'	First name:	text, Required, Identifier														
5	[last_name] Show the field ONLY if: [consent] = '1'	Last name:	text, Identifier														
6	[contact] Show the field ONLY if: [consent] = '1'	Contact details (phone or email):	text, Required, Identifier														
7	[second_contact] Show the field ONLY if: [consent] = '1'	Second contact details (phone or email):	text, Identifier														
8	[age] Show the field ONLY if: [consent] = '1'	How old are you (years)?	text (number), Required														
9	[thankyou_3] Show the field ONLY if: [age] < 18 and [age] > 1	Thank you for your time!	descriptive														
10	[gender] Show the field ONLY if: [consent] = '1' and [age] >= 18	What is your sex?	radio, Required <table><tr><td>1</td><td>Male</td></tr><tr><td>2</td><td>Female</td></tr><tr><td>3</td><td>Other</td></tr></table>	1	Male	2	Female	3	Other								
1	Male																
2	Female																
3	Other																
11	[post_code] Show the field ONLY if: [consent] = '1' and [age] >= 18	What is your residential postcode?	text (postalcode_australia)														
12	[employment_status] Show the field ONLY if: [consent] = '1' and [age] >= 18	What is your employment status?	dropdown <table><tr><td>1</td><td>I am paid to work full-time (35+ hours a week)</td></tr><tr><td>2</td><td>I am paid to work part-time or casually</td></tr><tr><td>3</td><td>I volunteer in an unpaid role regularly</td></tr><tr><td>4</td><td>I am a student</td></tr><tr><td>5</td><td>I am not employed but would like to be</td></tr><tr><td>6</td><td>I am not employed and I am not seeking work currently</td></tr><tr><td>7</td><td>Retired</td></tr></table>	1	I am paid to work full-time (35+ hours a week)	2	I am paid to work part-time or casually	3	I volunteer in an unpaid role regularly	4	I am a student	5	I am not employed but would like to be	6	I am not employed and I am not seeking work currently	7	Retired
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7	Retired																
13	[living_arrangement] Show the field ONLY if: [consent] = '1' and [age] >= 18	What is your current living arrangement?	dropdown <table><tr><td>1</td><td>I live alone (with/without children)</td></tr><tr><td>2</td><td>I live in a share house</td></tr><tr><td>3</td><td>I live in supported accommodation</td></tr><tr><td>4</td><td>I live with my spouse (with/without children)</td></tr><tr><td>5</td><td>I live with my parents</td></tr><tr><td>6</td><td>I live with a family member</td></tr><tr><td>7</td><td>Other: Please specify</td></tr></table>	1	I live alone (with/without children)	2	I live in a share house	3	I live in supported accommodation	4	I live with my spouse (with/without children)	5	I live with my parents	6	I live with a family member	7	Other: Please specify
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7	Other: Please specify																

14	[living_arrangement_comment] Show the field ONLY if: [living_arrangement] = '7'	Please specify other living arrangements	notes														
15	[children] Show the field ONLY if: [consent] = '1' and [age] >= 18	Do you have any children?	radio <table border="1"> <tr> <td>0</td> <td>No</td> </tr> <tr> <td>1</td> <td>Yes</td> </tr> </table>	0	No	1	Yes										
0	No																
1	Yes																
16	[support_received] Show the field ONLY if: [consent] = '1' and [age] >= 18	Have you received care and/or support services?	dropdown <table border="1"> <tr> <td>1</td> <td>I receive/d routine care/services to assist me with my daily living activities</td> </tr> <tr> <td>0</td> <td>I have not receive/d any routine care to assist in my daily living activities</td> </tr> </table>	1	I receive/d routine care/services to assist me with my daily living activities	0	I have not receive/d any routine care to assist in my daily living activities										
1	I receive/d routine care/services to assist me with my daily living activities																
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17	[support_person] Show the field ONLY if: [consent] = '1' and [age] >= 18	Who is your primary support person?	dropdown <table border="1"> <tr> <td>1</td> <td>Partner/spouse</td> </tr> <tr> <td>2</td> <td>Parent</td> </tr> <tr> <td>3</td> <td>Friend</td> </tr> <tr> <td>4</td> <td>Sibling</td> </tr> <tr> <td>5</td> <td>Case worker/advocate</td> </tr> <tr> <td>6</td> <td>I don't have a primary support person</td> </tr> <tr> <td>7</td> <td>Other</td> </tr> </table>	1	Partner/spouse	2	Parent	3	Friend	4	Sibling	5	Case worker/advocate	6	I don't have a primary support person	7	Other
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18	[gmfcs] Show the field ONLY if: [consent] = '1' and [age] >= 18	Mobility (Gross Motor Function Classification Scale)	dropdown, Required <table border="1"> <tr> <td>1</td> <td>GMFCS Level I - I can walk without limitations (but I have some difficulty with running and jumping)</td> </tr> <tr> <td>2</td> <td>GMFCS Level II - I walk with some limitations</td> </tr> <tr> <td>3</td> <td>GMFCS Level III - I walk using a hand-held mobility device</td> </tr> <tr> <td>4</td> <td>GMFCS Level IV - I use wheeled mobility. I can support my head and trunk</td> </tr> <tr> <td>5</td> <td>GMFCS Level V - I use wheeled mobility. I have difficulties holding my head and trunk upright independently</td> </tr> </table>	1	GMFCS Level I - I can walk without limitations (but I have some difficulty with running and jumping)	2	GMFCS Level II - I walk with some limitations	3	GMFCS Level III - I walk using a hand-held mobility device	4	GMFCS Level IV - I use wheeled mobility. I can support my head and trunk	5	GMFCS Level V - I use wheeled mobility. I have difficulties holding my head and trunk upright independently				
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19	[intellect] Show the field ONLY if: [consent] = '1' and [age] >= 18	Do you have an intellectual impairment?	dropdown <table border="1"> <tr> <td>0</td> <td>No impairment</td> </tr> <tr> <td>1</td> <td>Mild</td> </tr> <tr> <td>2</td> <td>Moderate</td> </tr> <tr> <td>3</td> <td>Severe</td> </tr> <tr> <td>4</td> <td>Unknown</td> </tr> </table>	0	No impairment	1	Mild	2	Moderate	3	Severe	4	Unknown				
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1	Mild																
2	Moderate																
3	Severe																
4	Unknown																
20	[thankyou_2] Show the field ONLY if: [intellect] = '2' or [intellect] = '3'	Thank you for your time!	descriptive														
21	[psych_disorder] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Have you ever been diagnosed with a psychological disorder? <i>e.g. depression, anxiety</i>	dropdown <table border="1"> <tr> <td>0</td> <td>No</td> </tr> <tr> <td>1</td> <td>Yes (please specify)</td> </tr> </table>	0	No	1	Yes (please specify)										
0	No																
1	Yes (please specify)																
22	[psych_specify] Show the field ONLY if: [psych_disorder] = '1'	If yes, please specify	text														
23	[psych_age] Show the field ONLY if: [psych_disorder] = '1'	If yes, how old were you when you were diagnosed with a psychological disorder?	text (number)														

24	[psych_managed1] Show the field ONLY if: [psych_disorder] = '1'	On a scale of 1-5 how well do you feel your psychological symptoms are managed?	radio <table border="1"> <tr><td>1</td><td>1 - Very well managed - experiencing no symptoms</td></tr> <tr><td>2</td><td>2 - Well managed</td></tr> <tr><td>3</td><td>3 - Sometimes well managed</td></tr> <tr><td>4</td><td>4 - Not well managed</td></tr> <tr><td>5</td><td>5 - Very poorly managed</td></tr> </table>	1	1 - Very well managed - experiencing no symptoms	2	2 - Well managed	3	3 - Sometimes well managed	4	4 - Not well managed	5	5 - Very poorly managed												
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25	[cp_type] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Primary motor type of cerebral palsy?	dropdown, Required <table border="1"> <tr><td>0</td><td>Left hemiplegia/monoplegia</td></tr> <tr><td>1</td><td>Right hemiplegia/monoplegia</td></tr> <tr><td>2</td><td>Diplegia</td></tr> <tr><td>3</td><td>Triplegia</td></tr> <tr><td>4</td><td>Quadriplegia</td></tr> <tr><td>5</td><td>Dyskinesia - mainly athetosis</td></tr> <tr><td>6</td><td>Dyskinesia - mainly dystonia</td></tr> <tr><td>7</td><td>Ataxia</td></tr> <tr><td>8</td><td>Hypotonia</td></tr> <tr><td>9</td><td>Mixed type (please specify)</td></tr> <tr><td>10</td><td>Unknown</td></tr> </table>	0	Left hemiplegia/monoplegia	1	Right hemiplegia/monoplegia	2	Diplegia	3	Triplegia	4	Quadriplegia	5	Dyskinesia - mainly athetosis	6	Dyskinesia - mainly dystonia	7	Ataxia	8	Hypotonia	9	Mixed type (please specify)	10	Unknown
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8	Hypotonia																								
9	Mixed type (please specify)																								
10	Unknown																								
26	[mixed_type_specify] Show the field ONLY if: [cp_type] = '9'	Please specify:	text																						
27	[cfcs] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Ability to communicate (using any technique e.g. speech, communication aid etc.)	dropdown <table border="1"> <tr><td>1</td><td>Effective communicator with unfamiliar and familiar people (CFCS Level I)</td></tr> <tr><td>2</td><td>Effective but slower communicator with familiar and unfamiliar people (CFCS Level II)</td></tr> <tr><td>3</td><td>Effective communicator with familiar people (CFCS Level III)</td></tr> <tr><td>4</td><td>Inconsistent communicator with familiar people (CFCS Level IV)</td></tr> <tr><td>5</td><td>Seldom effective communicator even with familiar people (CFCS Level V)</td></tr> <tr><td>6</td><td>Unknown</td></tr> </table>	1	Effective communicator with unfamiliar and familiar people (CFCS Level I)	2	Effective but slower communicator with familiar and unfamiliar people (CFCS Level II)	3	Effective communicator with familiar people (CFCS Level III)	4	Inconsistent communicator with familiar people (CFCS Level IV)	5	Seldom effective communicator even with familiar people (CFCS Level V)	6	Unknown										
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28	[speech] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Ability to speak	dropdown <table border="1"> <tr><td>1</td><td>Speech is not affected by motor disorder</td></tr> <tr><td>2</td><td>Speech is imprecise but usually understandable to unfamiliar listeners</td></tr> <tr><td>3</td><td>Speech is unclear and not usually understandable to unfamiliar listeners out of context</td></tr> <tr><td>4</td><td>No understandable speech not speak</td></tr> </table>	1	Speech is not affected by motor disorder	2	Speech is imprecise but usually understandable to unfamiliar listeners	3	Speech is unclear and not usually understandable to unfamiliar listeners out of context	4	No understandable speech not speak														
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29	[communication_aid] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Do you use an augmentative and alternative communication system?	dropdown <table border="1"> <tr><td>0</td><td>No</td></tr> <tr><td>1</td><td>Yes</td></tr> </table>	0	No	1	Yes																		
0	No																								
1	Yes																								
30	[tech_type] Show the field ONLY if: [communication_aid] = '1'	Is it:	radio <table border="1"> <tr><td>0</td><td>Low tech (gestures, sign language, communication board)</td></tr> <tr><td>1</td><td>High tech (voice output communication system)</td></tr> </table>	0	Low tech (gestures, sign language, communication board)	1	High tech (voice output communication system)																		
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1	High tech (voice output communication system)																								
31	[access_aid] Show the field ONLY if: [tech_type] = '1'	How do you access it?	dropdown <table border="1"> <tr><td>0</td><td>Direct</td></tr> <tr><td>1</td><td>Eye-gaze</td></tr> <tr><td>2</td><td>Switch scanning</td></tr> <tr><td>3</td><td>Other (please specify below)</td></tr> </table>	0	Direct	1	Eye-gaze	2	Switch scanning	3	Other (please specify below)														
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32	<div>[other_aid_specify]</div> <div>Show the field ONLY if: [access_aid] = '3'</div>	Please specify:	text										
33	<div>[ders]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	Please indicate how often the 36 statements apply to you by selecting the appropriate response	descriptive, Required										
34	<div>[ders_1]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	1. I am clear about my feelings	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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35	<div>[ders_2]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	2. I pay attention to how I feel	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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36	<div>[ders_3]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	3. I experience my emotions as overwhelming and out of control	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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37	<div>[ders_4]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	4. I have no idea how I am feeling	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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38	<div>[ders_5]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	5. I have difficulty making sense out of my feelings	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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39	<div>[ders_6]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	6. I am attentive to my feelings	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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40	<div>[ders_7]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	7. I know exactly how I am feeling	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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41	<div>[ders_8]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	8. I care about what I am feeling	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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42	<div>[ders_9]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	9. I am confused about how I feel	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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43	<div>[ders_10]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	10. When I'm upset, I acknowledge my emotions	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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44	<div>[ders_11]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	11. When I'm upset, I become angry with myself for feeling that way	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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45	<div>[ders_12]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	12. When I'm upset, I become embarrassed for feeling that way	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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46	<div>[ders_13]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	13. When I'm upset, I have difficulty getting work done	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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47	<div>[ders_14]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	14. When I'm upset, I become out of control	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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48	<div>[ders_15]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	15. When I'm upset, I believe that I will remain that way for a long time	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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49	<div>[ders_16]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	16. When I'm upset, I believe that I'll end up feeling very depressed	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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50	<div>[ders_17]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	17. When I'm upset, I believe that my feelings are valid and important	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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51	<div>[ders_18]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	18. When I'm upset, I have difficulty focusing on other things	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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52	<div>[ders_19]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	19. When I'm upset, I feel out of control	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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53	<div>[ders_20]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	20. When I'm upset, I can still get things done	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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54	[ders_21] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	21. When I'm upset, I feel ashamed with myself for feeling that way	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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55	[ders_22] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	22. When I'm upset, I know that I can find a way to eventually feel better	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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56	[ders_23] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	23. When I'm upset, I feel like I am weak	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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57	[ders_24] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	24. When I'm upset, I feel like I can remain in control of my behaviours	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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58	[ders_25] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	25. When I'm upset, I feel guilty for feeling that way	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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59	[ders_26] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	26. When I'm upset, I have difficulty concentrating	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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60	[ders_27] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	27. When I'm upset, I have difficulty controlling my behaviours	dropdown, Required <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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61	<div>[ders_28]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	28. When I'm upset, I believe there is nothing I can do to make myself feel better	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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62	<div>[ders_29]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	29. When I'm upset, I become irritated with myself for feeling that way	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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63	<div>[ders_30]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	30. When I'm upset, I start to feel very bad about myself	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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64	<div>[ders_31]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	31. When I'm upset, I believe that wallowing in it is all I can do	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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65	<div>[ders_32]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	32. When I'm upset, I lose control over my behaviours	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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66	<div>[ders_33]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	33. When I'm upset, I have difficulty thinking about anything else	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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67	<div>[ders_34]</div> <div>Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'</div>	34. When I'm upset, I take time to figure out what I'm really feeling	<div>dropdown, Required</div> <table><tr><td>1</td><td>Almost never</td></tr><tr><td>2</td><td>Sometimes</td></tr><tr><td>3</td><td>About half the time</td></tr><tr><td>4</td><td>Most of the time</td></tr><tr><td>5</td><td>Almost always</td></tr></table> <div>Custom alignment: RH</div>	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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68	[ders_35] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	35. When I'm upset, It takes me a long time to feel better	dropdown, Required <table border="1"> <tr><td>1</td><td>Almost never</td></tr> <tr><td>2</td><td>Sometimes</td></tr> <tr><td>3</td><td>About half the time</td></tr> <tr><td>4</td><td>Most of the time</td></tr> <tr><td>5</td><td>Almost always</td></tr> </table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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69	[ders_36] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	36. When I'm upset, my emotions feel overwhelming	dropdown, Required <table border="1"> <tr><td>1</td><td>Almost never</td></tr> <tr><td>2</td><td>Sometimes</td></tr> <tr><td>3</td><td>About half the time</td></tr> <tr><td>4</td><td>Most of the time</td></tr> <tr><td>5</td><td>Almost always</td></tr> </table> Custom alignment: RH	1	Almost never	2	Sometimes	3	About half the time	4	Most of the time	5	Almost always
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70	[dass] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	Please read each statement and select how much the statement applied to you over the past week	descriptive, Required										
71	[dass_1] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	1. I found it hard to wind down	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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72	[dass_2] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	2. I was aware of dryness of my mouth	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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73	[dass_3] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	3. I couldn't seem to experience any positive feeling at all	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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74	[dass_4] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	4. I experienced breathing difficulty (e.g. excessively rapid breathing, breathlessness in the absence of physical exertion)	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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75	[dass_5] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	5. I found it difficult to work up the initiative to do things	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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76	[dass_6] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	6. I tended to over-react to situations	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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77	[dass_7] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	7. I experienced trembling (e.g. in the hands)	radio, Required <table border="1"> <tr><td>0</td><td>NEVER - did not apply to me at all</td></tr> <tr><td>1</td><td>SOMETIMES - some of the time</td></tr> <tr><td>2</td><td>OFTEN - a good part of the time</td></tr> <tr><td>3</td><td>ALMOST ALWAYS - most of the time</td></tr> </table>	0	NEVER - did not apply to me at all	1	SOMETIMES - some of the time	2	OFTEN - a good part of the time	3	ALMOST ALWAYS - most of the time		
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3	ALMOST ALWAYS - most of the time												

78	[dass_8] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	8. I felt like I was using a lot of nervous energy	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
79	[dass_9] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	9. I was worried about situations in which I might panic and make a fool of myself	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
80	[dass_10] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	10. I felt that I had nothing to look forward to	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
81	[dass_11] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	11. I found myself getting agitated	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
82	[dass_12] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	12. I found it difficult to relax	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
83	[dass_13] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	13. I felt down-hearted and blue	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
84	[dass_14] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	14. I was intolerant of anything that kept me from getting on with what I was doing	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
85	[dass_15] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	15. I felt I was close to panic	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
86	[dass_16] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	16. I was unable to become enthusiastic about anything	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
87	[dass_17] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	17. I felt I wasn't worth much as a person	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time

88	[dass_18] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	18. I felt that I was rather touchy	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
89	[dass_19] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	19. I was aware of the action of my heart in the absence of physical exertion (e.g. sense of heart rate increase, heart missing a beat)	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
90	[dass_20] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	20. I felt scared without any good reason	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
91	[dass_21] Show the field ONLY if: [intellect] = '0' or [intellect] = '1' or [intellect] = '4'	21. I felt that life was meaningless	radio, Required 0 NEVER - did not apply to me at all 1 SOMETIMES - some of the time 2 OFTEN - a good part of the time 3 ALMOST ALWAYS - most of the time
92	[support_services] Show the field ONLY if: [consent] = '1'		descriptive
93	[emotion_regulation_complete]	Section Header: <i>Form Status</i> Complete?	dropdown 0 Incomplete 1 Unverified 2 Complete
Instrument: Comments from researchers (comments_from_researchers)			
94	[research_comments]	Add any important details relating to this study	notes
95	[comments_from_researchers_complete]	Section Header: <i>Form Status</i> Complete?	dropdown 0 Incomplete 1 Unverified 2 Complete