



# Article Convolutional Neural Networks to Classify Alzheimer's Disease Severity Based on SPECT Images: A Comparative Study

Wei-Chih Lien <sup>1,2,\*</sup>, Chung-Hsing Yeh <sup>3</sup>, Chun-Yang Chang <sup>4</sup>, Chien-Hsiang Chang <sup>4</sup>, Wei-Ming Wang <sup>5</sup>, Chien-Hsu Chen <sup>4</sup> and Yang-Cheng Lin <sup>4,\*</sup>

- <sup>1</sup> Department of Physical Medicine and Rehabilitation, National Cheng Kung University Hospital, College of Medicine, National Cheng Kung University, Tainan 704, Taiwan
- <sup>2</sup> Department of Physical Medicine and Rehabilitation, College of Medicine, National Cheng Kung University, Tainan 701, Taiwan
- <sup>3</sup> Faculty of Information Technology, Monash University, Victoria 3800, Australia
- <sup>4</sup> Department of Industrial Design, National Cheng Kung University, Tainan 701, Taiwan
- <sup>5</sup> Department of Statistics, College of Management, National Cheng Kung University, Tainan 701, Taiwan
- \* Correspondence: lwclwhab@ms8.hinet.net (W.-C.L.); lyc0914@mail.ncku.edu.tw (Y.-C.L.)

Abstract: Image recognition and neuroimaging are increasingly being used to understand the progression of Alzheimer's disease (AD). However, image data from single-photon emission computed tomography (SPECT) are limited. Medical image analysis requires large, labeled training datasets. Therefore, studies have focused on overcoming this problem. In this study, the detection performance of five convolutional neural network (CNN) models (MobileNet V2 and NASNetMobile (lightweight models); VGG16, Inception V3, and ResNet (heavier weight models)) on medical images was compared to establish a classification model for epidemiological research. Brain scan image data were collected from 99 subjects, and 4711 images were used. Demographic data were compared using the chi-squared test and one-way analysis of variance with Bonferroni's post hoc test. Accuracy and loss functions were used to evaluate the performance of CNN models. The cognitive abilities screening instrument and mini mental state exam scores of subjects with a clinical dementia rating (CDR) of 2 were considerably lower than those of subjects with a CDR of 1 or 0.5. This study analyzed the classification performance of various CNN models for medical images and proved the effectiveness of transfer learning in identifying the mild cognitive impairment, mild AD, and moderate AD scoring based on SPECT images.

**Keywords:** convolutional neural network (CNN); Alzheimer's disease (AD); single-photon emission computed tomography (SPECT); transfer learning; image recognition

# 1. Introduction

With a rapidly aging society, the number of people with Alzheimer's disease (AD) is increasing globally. Approximately 9.9 million new cases of dementia are reported annually, which implies that a new patient is diagnosed with the disease every 3.2 s. The number of people with AD is expected to exceed 100 million by 2050. However, an effective medical treatment for the disease is yet to be devised. Neuroimaging has been used for understanding the progression of AD, and considerable progress has been achieved in the use of deep learning for medical imaging in research and clinical medicine [1]. The macroscopic findings of AD have revealed diffuse brain atrophy [2]. The classification accuracy of AD versus healthy control using deep learning of magnetic resonance imaging (MRI) is 91.4%, and that of mild cognitive impairment (MCI) versus AD is 70.1% [3].



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). The economic evaluation of dynamic susceptibility MRI compared with nonenhanced computer-assisted tomography (CT) is USD 479,500 per quality-adjusted life year, whereas the corresponding comparison for single-photon emission computed tomography (SPECT) with CT is better (higher effectiveness and lower cost) [4,5]. Regional cerebral blood flow (rCBF) is related to brain metabolism; therefore, changes in CBF reflect variations in neuronal metabolism. From the perspective of neuropathology, subjects with very mild AD typically exhibit abnormal metabolic and rCBF patterns, even at the preclinical stage [6]. A decreased rCBF already occurs in individuals with MCI before they transition to AD [7]. A disrupted cerebral perfusion may cause impaired vascular clearance ability, which promotes the deposition of beta-amyloid and neurofibrillary tangles. Clinical studies have revealed that rCBF alterations are involved in AD pathogenesis. Even before the accumulation of beta-amyloid, subjects with high risk exhibit changes in cerebral blood flow [8]. In addition to clinical manifestations, rCBF SPECT, such as voxel-as-features, has frequently been used by physicians as a diagnostic tool [9,10].

Unlike general natural image recognition tasks, large, labeled training datasets are yet to be devised for medical image analysis [11]. These inadequate labeled data for supervised machine learning using electronic health records are the primary bottleneck in the model development [12]. Therefore, many models based on transfer learning-based methods have been proposed to address this concern [13]. In transfer learning, a previously trained model is applied to another field to improve the learning method for a few labels or small number of datasets in the target data. Pretrained convolutional neural networks (CNNs) (OverFeat) have been used in transfer learning to identify and detect vertical pathologies using X-ray and CT modalities [14]. In previous studies, the accuracy of pretrained CNNs using MRI to detect AD was 0.40 [15]. A fully convolutional network has been used with transfer learning for identifying malignant breast lesions [16] and retinal blood vessel segmentation [17]. Overfitting can easily occur when a small dataset is directly used to train deep learning networks. Transfer learning can improve the initial ability to extract features to alleviate this risk [13]. In this case, transfer learning between task domains is desirable. Furthermore, a fine-tuned CNN after transfer learning should always be the preferred option, regardless of the size of the available training sets. Additionally, the fine-tuned CNN model after transfer learning can quickly attain the maximum performance [18]. By contrast, CNNs trained from scratch require extensive training to achieve the highest performance. Therefore, transfer learning was used in this study to conduct experiments. Such a method can be executed even with limited training data.

In previous studies, rCBF SPECT for the diagnosis of AD revealed a sensitivity of 86%, specificity of 73%, and accuracy of 82% [19]. Brain perfusion SPECT has been proven to be a sensitive tool for assessing functional deficits in the early stages of AD [20]. MCI, referred to with a clinical dementia rating (CDR) of 0.5, with a pooled sensitivity and specificity of 93% and 97%, respectively [21], is an emerging tool for early detection and intervention. A study [9] used voxel-as-features with k-nearest neighbor classification to develop a set of diagnostic models for SPECT imaging. To highlight the benefits of the proposed approach in the early diagnosis of AD, 180 SPECT images with Tc-99m ethyl cysteinate dimer (ECD) as the tracer were used, including 43 normal participants and 30 participants with possible AD. The accuracy of classification of patients with possible AD and normal controls was 71.67%, which indicated acceptable accuracy of the conventional machine learning method. To the best of our knowledge, rCBF SPECT has not been used to classify MCI and mild and moderate AD. Specifically, few studies have comprehensively analyzed the various types of CNN models and discussed their applications in medical imaging [13,22,23].

This study compared various methods based on CNN models for the detection and medical diagnosis of MCI and AD. Specifically, the detection performances of the lightweight CNN models MobileNet V2 [24] and NASNetMobile [25] and the heavier weight CNN models VGG16 [26], Inception V3 [27], and ResNet [28] were compared. These five CNN models are the most widely used in transfer learning for disease diagnosis using medical imaging [29]. The findings of this study can assist physicians in the early stages of clinical diagnosis and reduce the occurrence of misdiagnoses.

## 2. Materials and Methods

This study was approved by the National Cheng Kung University Human Research Ethics Committee (NCKU HREC-E-108-282-2) and was conducted in accordance with the principles of the Declaration of Helsinki. All participants provided written informed consent. The experimental steps for training the CNN model were divided into two stages. This study compared the accuracies of various architectures of CNN models in predicting SPECT images. In terms of the analysis strategy, adjustments were made to three influencing factors, namely optimizer, fully connected layers, and model parameters, to optimize the CNN model performance. The two-stage experimental process is illustrated in Figure S1.

#### 2.1. Participants

Inclusion criteria: (1) Patients who were over 60 years and sought evaluation for cognitive function decline in the Department of Neurology, National Cheng Kung University Hospital from January 2017 to December 2019. (2) Patients who completed comprehensive cognitive function tests, with results including mini mental state exam (MMSE) score, cognitive abilities screening instrument (CASI) score, CDR score, and sum of box (SOB) and brain SPECT imaging data with Tc-99m ECD as a tracer. Clinical history, physical and neurological examinations, laboratory, and instrumental investigations (including routine laboratory tests, thyroid hormone status, vitamin B12, folate levels, EEG, and CT or MRI brain scans) were performed to exclude secondary dementia. Experienced neurologists evaluated these image data for the possibility of AD and the detailed diagnosis, including the education level, the MMSE score, CASI score, CDR score, and SOB. Brain SPECT image data were collected from 99 subjects, 36 men and 63 women. Detailed demographic and diagnostic data are presented in Table 1.

	CDR (0.5)	CDR (1)	CDR (2)	p Value
N Age (years)	$52 \\ 72.08 \pm 7.96$	$\begin{array}{c} 39\\ 76.15\pm8.91\end{array}$	$\begin{array}{c} 8\\ 80.11 \pm 3.22 \end{array}$	0.01 * (CDR (0.5) < CDR (2))
Gender (female/male)	27/25	31/8	5/3	0.03 *
Education (years)	$8.43 \pm 4.40$	$7.03\pm4.13$	$7.00\pm 6.08$	n.s.
SOB	$1.30\pm0.72$	$4.73 \pm 1.31$	$10.39\pm0.93$	<0.01 ** (CDR (0.5) < CDR (1); CDR (1) < CDR (2))
CASI	$76.96 \pm 11.80$	$63.26 \pm 13.68$	$48.89 \pm 14.91$	<0.01 ** (CDR (0.5) > CDR (1); CDR (1) > CDR (2))
MMSE	$22.92\pm4.04$	$19.18\pm3.91$	$14.78\pm3.96$	<0.01 ** (CDR (0.5) > CDR (1); CDR (1) > CDR (2))

Table 1. Subjects' demographic and clinical information.

Note: Values are numbers or mean  $\pm$  standard deviation (range). Abbreviations: CDR = Clinical Dementia Rating Scale; MMSE = Mini Mental State Exam; N = Number; CASI = Cognitive Abilities Screening Instrument; SOB = Sum of Box. Data were compared using the chi-squared test and one-way analysis of variance with Bonferroni's post hoc test. \* p < 0.05, \*\* p < 0.01, p > 0.05; no significant difference (n.s.).

# 2.2. SPECT Image Dataset

Generally, the collection of image data suitable for developing a brain imaging recognition system is one of the hardest steps in the procedure. In this study, SPECT imaging data with Tc-99m ECD as a tracer were used to test the effectiveness of the proposed method. To avoid deviations between different hospital sources, the images used were obtained from a single hospital; specifically, the archives of the Department of Neurology, National Cheng Kung University Hospital (Figures 1 and 2).



**Figure 1.** Single-photon emission computed tomography (SPECT) images of one participant. A total of 16 SPECT images were obtained in one section of one patient. Next, 48 SPECT images were obtained in three sections of this participant. A total of 4752 ( $48 \times 99$ ) SPECT images of all 99 participants were used. Of the 4752 images, 41 images beyond the area of brain were deleted. Therefore, 4711 images were used for further analysis. The colors in the figure represent the ranges of blood flow with red being the most blood flow and violet the least.



(a) Transverse Section



(b) Sagittal Section



# (c) Coronal Section

Figure 2. Three sections of SPECT images. (a) Transverse section; (b) Sagittal Section; (c) Coronal section. The colors in the figure represent the ranges of blood flow with red being the most blood flow and violet the least.

To reduce unnecessary information in the images and reduce model training errors, images of all 99 participants were cropped to remove excess background information [30]. After the preprocessing operation, 4711 images of individual slices (as displayed in Figure 3) were obtained. Each cropped SPECT image was a JPG file with a size of  $124 \times 120$  pixels. Of the 99 patients, 52 patients were categorized as having questionable dementia (CDR = 0.5), 39 had MCI (CDR = 1), and 8 had moderate cognitive impairment (CDR = 2). The 4711 images were classified into three categories based on the CDR: 4461 were used as training data (80%) and verification data (20%) to perform all the experiments, and the remainder were manually used as test data (250 images) as suggested in previous studies [31].



Figure 3. Process and architecture of CNN models.

## 2.3. Architecture of Five CNN Models after Transfer Learning

After obtaining the SPECT images (Figure 1), the voxel intensities were directly used as features. In the feature set, graphics were output in the transverse/sagittal/coronal sections of three intelligent identifications. In machine learning classification, a neural network was used to classify the three feature sets of CDR 0.5, 1, and 2. The neural network-like architecture is displayed in Figure 3, in the order of the graphics input layer (the size is  $124 \times 120 \times 3$ ), convolution layer, pooling layer, and fully connected layer. The fully connected layer groups and classifies the features extracted by the previous convolutional layer. Furthermore, to verify the accuracy of the prediction, each image is analyzed through an activation function and an output probability value is obtained (Figure 3 and Table 2).

Table 2. Layer settings after transfer learning and preprocessing for data enhancement.

(a) MobileNet V2	Layer	Туре	
Layer Setting	global_average_pooling2d_1 batch_normalization_1 dense_1 batch_normalization_2 dropout_1	GlobalAveragePooling2D BatchNormalization Dense BatchNormalization Dropout	
Data Enhancement	height_shift_range = 0.2 width_shift_range = 0.2 shear_range = 0.2 zoom_range = 0.2 horizontal_flip = True fill_mode = nearest		
(b) NASNetMobile	Layer	Туре	
Layer Setting	global_average_pooling2d_1 dense_1 dropout_1	GlobalAveragePooling2D Dense Dropout	
Data Enhancement	height_shift_range = 0.2 shear_range = 0.2 horizontal_flip = True fill_mode = nearest		

(c) VGG16	Layer	Туре	
Layer Setting	flatten dense_1 dropout_1 dense_2	Flatten Dense Dropout Dense	
rotation_range = 40 height_shift_range = 0.2 shear_range = 0.2 zoom_range = 0.2 horizontal_flip = True fill_mode = nearest			
(d) Inception V3	Layer	Туре	
Layer Setting	global_average_pooling2d_1 dense_1	GlobalAveragePooling2D Dense	
Data Enhancement	height_shift_range = 0.2 horizontal_flip = True fill_mode = nearest		
(e) ResNet	Layer	Туре	
Layer Setting	flatten batch_normalization_1 dense_1 dropout_1 dense_2	Flatten BatchNormalization Dense Dropout Dense	
Data Enhancement height_shift_range = 0.2 horizontal_flip = True fill_mode = nearest			

Table 2. Cont.

This study used transfer learning to load the weights of the pretrained model on the new network structure and then trained the network to recognize SPECT images. Five CNNs, namely MobileNet V2, NASNetMobile, VGG16, Inception V3, and ResNet, were used. The structure of the pretrained model was modified through fine-tuning and was then used as the initial model for the SPECT image recognition task. First, we preprocessed the SPECT image data and then used the original convolutional layer in the network structure to extract bottleneck features. Second, we connected the fine-tuned fully connected layer to form a new network structure. The experimental process is illustrated in Figure 3. The fine-tuning process of the fully connected layers in various CNN models is presented in the following subsections. The details of the two lightweight CNN models, namely, MobileNet V2 and NASNetMobile, are presented in the Supplementary Materials.

## 2.4. VGG16

#### 2.4.1. Fine-Tuning

First, a flattened layer was added to dimensionalize the output of the previous convolutional layer into a two-dimensional matrix. This method reduced the image size without affecting important image features. The output dimension of DenseNet was set to 1024. Finally, the dropout layer was added, and the ratio was set to 0.5 to improve model generalization and avoid excessive reliance on certain regional features (see Table 2).

#### 2.4.2. Experimental Setup

The dataset was normalized to improve data integrity and ensure the similarity of appearance and reading methods of all image data in the records. SoftMax was used as the resulting classifier. For VGG16, the experimental settings (ADAM optimization method, learning rate, exponential decay rate, and attenuation value) were the same as those of MobileNet V2. ReLU was used as the activation function. To increase the amount of training data, we performed rotation, shearing strength, horizontal flip, random scaling, filling, and other processes on the original image (see Table 2).

# 2.5. Inception V3

# 2.5.1. Fine-Tuning

To prevent excessive model parameters from causing overfitting problems, Global Average Pooling 2D was added at the end of the model to replace the fully connected layer, and the average value of each feature map was selected as the output. Subsequently, a dense layer was added, and the output dimension was set to 2048 (see Table 2 for details).

# 2.5.2. Experimental Setup

The input image size of Inception V3 is  $299 \times 299$  pixels. Therefore, rescale = 1/255 was added in the preprocessing stage of the image data, and each pixel value of the SPECT image with an original size of  $124 \times 120$  pixels was multiplied by the scaling factor to facilitate model convergence. To present the classification results as percentages, SoftMax was added as the resulting classifier, and the classification category was set to 3. Similar to the NASNetMobile model, SGD was selected as the optimizer of the model to increase the training speed. The learning rate was set to  $10^{-5}$ , momentum was 0.9, loss function was categorical cross-entropy, batch size was 64, and epoch number was 50. Table 2 details the horizontal flip, random zoom, and original image for data enhancement.

#### 2.6. ResNet

#### 2.6.1. Fine-Tuning

The flattened layer was added to dimensionalize the output of the previous convolutional layer into a two-dimensional matrix, and batch normalization was added. A dense layer was included, and the output dimension was set to 256. Finally, the dropout layer was set to 0.5 to avoid too much reliance on certain regional features. Table 2 details layers added at the end of the ResNet after fine-tuning. Figure 4 illustrates the architecture of the ResNet model.



Figure 4. Architecture of the ResNet model.

## 2.6.2. Experimental Setup

As described for NASNetMobile, rescale = 1/255 was added in the preprocessing stage of the image data to facilitate model convergence. To present the classification results as percentages, SoftMax was selected as the result classifier and SGD was the optimization method. The learning rate was set to  $10^{-4}$ , momentum was 0.9, loss function was categorical cross-entropy, batch size was set to 32, epoch number was set to 50, and activation function was ReLU. Before data analysis, the data enhancement method was used to perform position shift, horizontal flip, and fill processing on the original image (Table 2).

## 2.7. Statistical Analysis

All 4711 image data were randomly categorized into three separate data frames, namely training, validation, and test sets. First, 250 image data were manually extracted as test data. Subsequently, the random train-validation split was used to divide all remaining data into training (80%) and validation (20%) datasets. The training dataset was used to fit the model, and the validation dataset was used to validate the generalization ability of the model during the training process. The validation and training datasets remained unchanged to avoid the training-serving skew. The demographic data were expressed as the mean  $\pm$  standard deviation and compared using the chi-squared test and one-way analysis of variance with Bonferroni's post hoc test. The performance of CNN models was evaluated using the learning curves of model accuracy and loss [32]. Learning curves are widely used in machine learning for models that optimize their internal parameters incrementally over training cycles (epochs). The metric used to evaluate learning could be maximizing, which revealed that better scores of classification accuracy indicate more learning. Using a score that is minimizing, such as loss, is preferable, where better scores (smaller loss) indicate more learning, and a value of 0 indicates that the training dataset was learned perfectly, and no errors were made. The confusion matrix was also calculated. A *p* value of <0.05 was considered statistically significant.

## 3. Results

Brain scan image data were collected from 36 men and 63 women. The demographic characteristics of the subjects are presented in Table 1.

Subjects with CDRs of 2 were significantly older than those with CDRs of 0.5. The SOB scores of subjects with CDR of 2 were significantly higher than those of subjects with CDRs of 1 and 0.5. The CASI and MMSE scores of subjects with CDR of 2 were significantly lower than those of subjects with CDRs of 1 and 0.5 (Table 1). The scores of the SOB, CASI, and MMSE validated the severity of cognitive impairments classified using the CDR score.

Following the evaluation of the severity of cognitive impairments, SPECT images were analyzed using two lightweight and three heavier weight CNN models to distinguish the severity of AD in patients based on the CDR scores. We used two evaluation indicators, namely accuracy and loss, to evaluate the detection performance of the model.

We first examined the effect of the various sections of brain images (i.e., the transverse, sagittal, and coronal sections) on the model to improve its performance in detecting the severity of AD by detecting different sections of SPECT images. A total of 1602 transverse images, 1584 sagittal images, and 1525 coronal images were obtained. Subsequently, the SPECT image data of the three cross-sections were mixed for model identification experiments.

Table 3 lists the performance indicators of the five CNN models that identify different CDR scores from a single brain section and a mixed section in the validation and testing data. Based on the classification results for a single brain section presented in Table 3, the ResNet model was the best performer among the five CNN models. The validation accuracy rates in the transverse, sagittal, and coronal section image data were 67.23%, 65.37%, and 68.51%, respectively. Inception V3 was the worst-performing CNN model

with validation accuracy rates of 56.77%, 53.09%, and 52.78%. The classification validation accuracy of MobileNet V2, NASNetMobile, and VGG16 was approximately 60–69%.

Model	Types of Data	Validation Accuracy (%)	Test Accuracy (%)
MobileNet V2	Transverse section	60.57	60.01
	Sagittal section	58.69	50.45
	Coronal section	60.89	57.77
	Mixed (three kinds of section)	61.87	58.43
	Transverse section	63.87	61.25
	Sagittal section	57.12	57.03
NASNetMobile	Coronal section	63.03	55.49
	Mixed (three kinds of section)	59.89	58.77
	Transverse section	66.03	64.58
	Sagittal section	64.20	61.89
VGG16	Coronal section	58.66	53.01
	Mixed (three kinds of section)	69.45	67.53
Inception V3	Transverse section	56.77	54.22
	Sagittal section	53.09	50.98
	Coronal section	52.78	47.55
	Mixed (three kinds of section)	54.03	52.13
ResNet	Transverse section	67.23	61.20
	Sagittal section	65.37	63.37
	Coronal section	68.51	65.28
	Mixed (three kinds of section)	72.39	68.80

Table 3. Detection performance of the two lightweight and three heavier weight CNN models.

For the classification results of the mixed section, Table 3 reveals that the best model was ResNet, with a validation accuracy rate of 72.39% and a test accuracy rate of 68.8% (confusion matrix in Figure S2; the precision, recall, and F1 score for each class of CDR scores in Table S1), which is sufficient for determining the performance of various CNN models for medical images. The second highest accuracy rate was 69.45% (VGG16). Inception V3 was the worst-performing model, with a validation accuracy rate of only 56.77%. Based on the experimental results, the lightweight CNN models (MobileNet V2 and NASNetMobile) were unsatisfactory. For the image data obtained by mixing the three sections, the best validation accuracies of MobileNet V2 and NASNetMobile were only 61.87% and 59.89%, respectively, indicating that the two lightweight CNN models can be improved to match SPECT medical images. The epoch of each CNN model after transfer learning was set to 50, and the learning curves of model accuracy and loss of mixed data using each CNN model are displayed in Figures S3–S6. The loss of the ResNet model after transfer learning was the smallest, which indicated that it learned the most (Figure S7). The values of validation accuracy were higher than those of training accuracy in the NASNetMobile, VGG16, Inception V3, and ResNet models after approximately 40 epochs. This phenomenon indicated that validation improved the classification accuracy in these four models after a longer training duration (Figures S4–S6).

# 4. Discussion

Neuroimaging has become a useful tool for understanding AD pathogenesis, and the use of deep learning techniques in medical imaging has achieved considerable progress in research and clinical care.

In this study, five CNN models were trained in the transfer learning process, and performance evaluations and comparisons were performed. The primary objective of this study was to compare the detection performance of various CNN structures for medical images, which was confirmed based on the results. Moreover, compared with using a single cross-sectional image as the input, the use of mixed data from the three cross-sections as the model input produced excellent results.

The validation and test accuracy records in Table 3 indicate that the performance of ResNet was superior to those of MobileNet V2, NASNetMobile, VGG16, and Inception V3. In this type of medical imaging dataset, the heavier weight networks performed better than the lightweight networks. Furthermore, ResNet can effectively avoid gradient explosion, disappearance, and network degradation. Therefore, ResNet can be used to develop an AI expert system that can analyze AD severity using SPECT images, as displayed in Figure 5. The AI expert system does not replace physicians but helps them achieve clearer decisions on disease classification and more confident diagnosis based on systematic objective information to reduce the uncertainty in disease classification diagnosis.



**Figure 5.** AI expert system based on the ResNet model. Physicians can import the SPECT image (left part), and the AI expert system will show the outcome (here, of 0.5) (right part) to help them make decisions on disease classification.

The performance of CNN models, such as ResNet, varies depending on the type of study, field of study, data used, and imbalance in the sample [33]. In neuroimaging research, image processing and feature recognition have been applied to AD classification. Among the various deep learning methods, ResNet has been widely used for the classification and diagnosis of AD. Amin-Naji et al. [34] used a residual structure in each branch of a CNN. The OASIS dataset was used to evaluate the effectiveness of the model. Finally, an accuracy of 98.72% was obtained in the classification of old patients with AD and normal controls using MRI, which is the best result compared with those in other previous studies on the same database.

Abrol et al. [35] evaluated the ability of a residual structure to learn from structural MRI data using neuroimaging and revealed that it is binary classification or heap classification. Their results showed that the recognition performance of the ResNet architecture is better than that of the SVM and SAE methods. Karasawa and Ohwada [36] proposed a ResNet-based structure for classifying MRI data from the Alzheimer's Disease Neuroimaging Initiative database. The experimental results indicated that the proposed 39-layer residual structure had the highest accuracy compared with those of VGGNet and ResNet-50. Therefore, related research has revealed that the residual structure exhibited a certain effect on the applicability of image recognition in neuroimaging. This finding revealed that the ResNet structure used in this study is effective for AD classification. In previous studies, the performance of the total and subscale scores of the Mattis Dementia Rating Scale for discriminating MCI from NC, MCI from mild AD, and mild AD from moderate AD revealed an accuracy from 61% to 85% [37], which was comparable with the performance of our rCBF SPECT CNN model.

#### 5. Conclusions

Although this study revealed that deep learning technology can achieve excellent performance in SPECT image classification, performance can be improved. The proposed method provides important implications for image recognition and deep learning in the development of mobile applications in AI and medical treatment and exhibits considerable potential in other biomedical fields. The proposed method may open novel avenues for medical image analysis and provide a potentially accurate CNN architecture for researchers and physicians to predict new data. In the future, we hope to collect more clinical data from various hospitals to increase the depth of the training dataset. Moreover, neuroimaging information can be combined with cognitive scale functional information to obtain a superior machine learning model for the improved classification of AD severity.

Supplementary Materials: The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/jcm12062218/s1, Table S1: Precision, recall, and F1 score of the ResNet model using the mixed test data of the SPECT brain images for each class of CDR scores; Figure S1: Two-stage experimental process utilized in this study; Figure S2: Confusion matrix of the ResNet model using the mixed test data of the SPECT brain images. 0.5: Clinical Dementia Rating Scale (CDR) = 0.5; 1: CDR = 1; 2: CDR = 2.; Figure S3: Learning curves of model accuracy and loss of mixed data using the MobileNetV2 model. The epoch of the MobileNetV2 model after transfer learning was set to 50, and the SPECT brain images were classified; Figure S4: Learning curves of model accuracy and loss of mixed data using the NasNetMobile model. The epoch of the NasNetMobile model after transfer learning was set to 50 and SPECT brain images were classified; Figure S5: Learning curves of model accuracy and loss of mixed data using the VGG 16 model. The epoch of the VGG 16 model after transfer learning was set to 50 and the SPECT brain images were classified; Figure S6: Learning curves of the model accuracy and loss of mixed data using the Inception V3 model. The epoch of the Inception V3 model after transfer learning was set to 50 and the SPECT brain images were classified; Figure S7: Learning curves of the model accuracy and loss of mixed data using the ResNet model. The epoch of the ResNet model after transfer learning was set to 50 and the SPECT brain images were classified.

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Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author. The data are not publicly available due to privacy concerns of research participants.

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**Conflicts of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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