

## QUIPS Result Questionnaire

Dear Patient,

now that you have decided to participate, we kindly ask you to fill in the questionnaire. Thank you very much.

The following questions are about your **pain since your surgery**.

1. How severe has your pain been since surgery when you have been straining, for example, **mobilizing, moving, washing, coughing, breathing through**? Please mark the number on the scale that applies to your pain on exertion ("0" means no pain and "10" means the strongest pain imaginable).

0	1	2	3	4	5	6	7	8	9	10
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No pain Strongest pain imaginable

2. Please check off the **most severe pain** you have had since your surgery:

0	1	2	3	4	5	6	7	8	9	10
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No pain Strongest pain imaginable

3. Please check here the **least pain** you have had since your surgery:

0	1	2	3	4	5	6	7	8	9	10
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No pain Strongest pain imaginable

The next four questions are about whether certain activities or your mood have been **affected by pain** since surgery.

By "impaired" is meant: the activity is **impossible** or **possible only with great difficulty**.

Are you impaired by the pain:

4. in your ability to move / ambulate?

Yes  No

5. when coughing or taking a deep breath?

Yes  No

6. while sleeping?

Yes  No

7. in your mood?

Yes  No

8. Have you felt very tired since the operation?

Yes  No

9. Have you suffered from nausea since the operation?

Yes  No

10. Have you suffered from dizziness since the operation?

Yes  No

11. Have you been informed about the different **options available to you for your pain management**?

- Yes     No

12. Were you involved as much as you wanted about your **pain therapy**?

0	1	2	3	4	5	6	7	8	9	10
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Not involved at all

Totally involved

13. Would you have wished to have MORE pain medication than you received?

- Yes     No

14. Please tick how **satisfied** you are with the result of your **Pain management** since your surgery:

0	1	2	3	4	5	6	7	8	9	10
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Completely dissatisfied

Very satisfied

15. Have you used or received **non-drug** methods for **pain relief**?

- Yes     No If

yes, which?

- |  |  |                                      |   |
|--|--|--------------------------------------|---|
| <input type="checkbox"/> Cooling compresses                      | <input type="checkbox"/> Heat                                  | <input type="checkbox"/> Meditation  | <input type="checkbox"/> Deep breathing                                     |
| <input type="checkbox"/> Acupuncture                             | <input type="checkbox"/> Pray                                  | <input type="checkbox"/> Walk around | <input type="checkbox"/> Massage  |
| <input type="checkbox"/> Distraction (e.g. watching TV, reading) | <input type="checkbox"/> Imagination                           | <input type="checkbox"/> Relaxation  | <input type="checkbox"/> TENS (Transcutaneous electrical nerve stimulation) |
| <input type="checkbox"/> Discussions with medical staff          | <input type="checkbox"/> Conversations with friends/ relatives |                                      |   |

16. Did you have **constant pain** that lasted **three months or more** before you came to the hospital for this surgery?

- Yes     No

a. If so, **how severe** was this pain most of the time?

Please check the value that best reflects your pain intensity.

0	1	2	3	4	5	6	7	8	9	10
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No pain

Strongest pain imaginable

b. If so, **where did this constant pain occur**?

- on the part of the body that was operated on  
 on another part of the body  
 both (surgical site and elsewhere)

To be completed by interviewer:

Patient was interviewed:

Yes  No