

Supplementary File S1. List of prescription drug for patients before IPRP and after 6 months attending IPRP.

Before IPRP	Pat 1	Pat 2	Pat 3	Pat 4	Pat 5	Pat 6	Pat 7	Pat 8	Pat 9	Pat 10
Drug	Paraceta mol	Paraceta mol	Paracetam ol	Paraceta mol	Buprenorph ine	Paraceta mol	Paracetam ol	Paraceta mol	Paracetamol+cod eine	Paraceta mol
Doses	665mg x6	2x 665 mg x3	500mg x4	665mg x 6	10mg/v	665mg x 6	665mg x 6	1g x 5	500mgx1-2	665mgx2- 3
Days (last week)	7	7	7	7	7	7	7	7	4	7
Drug	Naproxen		Chlorzoxaz one	Duloxetine	Paracetamo l	Duloxetine	Naproxen		Amitriptyline	Naproxen
Doses	250mg x2		250mg x 4	90mg x 1	665mg x 3	60mg x 1	500mg x 2		10mgx6	500mgx2
Days (last week)	1		7	7	7	7	7		7	7
Drug	Omepraz ole			Oxycodon e		Etoricoxib	Chlorzoxaz one			Codeine
Doses	20mg x 1			10mg x 2		60mg x 1	50mg x 3			25mgx1-2
Days (last week)	1			7		7	7			7
Drug				Oxycodon e						
Doses				5mg x 2						
Days (last week)				7						

6 months after IPRP	Pat 1	Pat 2	Pat 3	Pat 4	Pat 5	Pat 6	Pat 7	Pat 8	Pat 9	Pat 10
Drug	Paraceta mol	Paraceta mol	Paracetamol+co deine	Paraceta mol	Buprenorp hine	Chlorzoxaz one	Diclofenac	Pregab alin	Amitripty line	Metopr olol
Doses	665mg x 6	665 mg 2 x 3	500/30mg x 2	665mg x 6	10mg	3x1	10mg 2x2	50mgx2	1x1	50mg x 1

Days (last week)	7	7	3	7	7	7	7	4	6	7
Drug	Naproxen			Duloxetine	Paracetamol	Paracetamol	Paracetamol		Paracetamol	
Doses	250mg			90mg x 1	665mgx2x4	665mg x 6	1mg 2x2		2x3	
Days (last week)	2			7	7	7	7		2	
Drug					0	Naproxen	Paracetamol+codeine			
Doses						500mg x 6	500/30mg x1			
Days (last week)						7	7			
Drug						Naproxen				
Doses						250mg x 2				
Days (last week)						7				