

## Supplementary

**Table S1.** Physical activity level prior to admission between patients included before the COVID-19 lockdown compared to patients included during or after the lockdown.

	Before COVID-19 lockdown (n = 55)	During or after COVID-19 lockdown (n = 96)	P-value
Low, n (%)	42 (76.4)	79 (82.3)	0.380
Moderate, n (%)	10 (18.2)	10 (10.4)	0.176
High, n (%)	3 (5.5)	7 (7.3)	0.662

Comparisons were made with Chi-squared tests.

**Table S2.** Cause of 30-day readmission

Cause of readmission	
Pulmonary, n (%)	19 (51.4)
Cardiovascular, n (%)	6 (16.2)
Malignant, n (%)	3 (8.1)
Infection, n (%)	3 (8.1)
Neurological, n (%)	2 (5.4)
Other, n (%)	4 (10.8)