

Supplementary

Table S1. Physical activity level prior to admission between patients included before the COVID-19 lockdown compared to patients included during or after the lockdown.

| | Before COVID-19 lockdown (n = 55) | During or after COVID-19 lockdown (n = 96) | P-value |
|-----------------|-----------------------------------|--|---------|
| Low, n (%) | 42 (76.4) | 79 (82.3) | 0.380 |
| Moderate, n (%) | 10 (18.2) | 10 (10.4) | 0.176 |
| High, n (%) | 3 (5.5) | 7 (7.3) | 0.662 |

Comparisons were made with Chi-squared tests.

Table S2. Cause of 30-day readmission

| Cause of readmission | |
|-----------------------|-----------|
| Pulmonary, n (%) | 19 (51.4) |
| Cardiovascular, n (%) | 6 (16.2) |
| Malignant, n (%) | 3 (8.1) |
| Infection, n (%) | 3 (8.1) |
| Neurological, n (%) | 2 (5.4) |
| Other, n (%) | 4 (10.8) |