

Table S1. Mental health outcomes for each socio-demographic characteristic.

Variables	Depression (PHQ-2) (range: 0-6) M (SD)	Anxiety (GAD-2) (range: 0-6) M (SD)	Somatization (SSQ-5) (range: 0-15) M (SD)
<i>Gender</i>			
Female	2.34 (1.60)	2.08 (1.68)	3.92 (2.86)
Male	2.09 (1.63)	1.77 (1.63)	2.77 (2.57)
Non-binary	3.15 (1.99)	2.61 (1.94)	4.52 (3.77)
<i>Age group</i>			
Young adults (18-29 years)	2.78 (1.64)	2.29 (1.77)	4.29 (3.03)
Middle aged adults (30-59 years)	1.95 (1.49)	1.82 (1.57)	3.26 (2.59)
Older adults (≥ 60 years)	1.48 (1.37)	1.50 (1.42)	2.06 (2.14)
<i>Income level</i>			
Low	2.69 (1.70)	2.27 (1.80)	3.98 (3.07)
Medium	2.15 (1.54)	1.92 (1.61)	3.57 (2.75)
High	1.88 (1.54)	1.76 (1.55)	3.05 (2.51)
<i>Work status</i>			
Student	2.69 (1.68)	2.26 (1.77)	4.15 (2.99)
Informal workers	2.13 (1.56)	1.93 (1.67)	3.36 (2.75)
Formal workers	2.18 (1.58)	1.95 (1.63)	3.60 (2.78)
Unpaid workers	2.30 (1.59)	2.04 (1.70)	3.43 (2.78)
Unemployed	2.25 (1.59)	1.98 (1.67)	3.58 (2.84)
Retired	1.84 (1.50)	1.68 (1.53)	2.63 (2.50)
<i>Education level</i>			
No studies	2.11 (1.84)	2.61 (2.28)	5.33 (4.69)
Primary	2.25 (1.74)	2.06 (1.80)	3.10 (3.01)
Secondary	2.42 (1.71)	2.14 (1.82)	3.14 (2.86)
University	2.27 (1.60)	1.99 (1.65)	3.70 (2.82)
<i>Ethnic group</i>			
Gypsy	2.19 (1.44)	1.88 (1.53)	3.00 (2.13)
Afrodescendant	2.35 (1.63)	2.02 (1.70)	3.40 (2.90)
Indigenous	2.33 (1.70)	2.08 (1.76)	3.45 (2.86)
None of the above	2.27 (1.61)	2.00 (1.67)	3.66 (2.83)
<i>Area of residence</i>			
Urban	2.29 (1.61)	2.02 (1.68)	3.67 (2.83)
Rural	2.14 (1.56)	1.87 (1.61)	3.27 (2.82)
<i>Region</i>			
Amazon	2.34 (1.70)	2.00 (1.66)	3.89 (3.10)
Andean	2.20 (1.56)	1.97 (1.63)	3.66 (2.81)
Caribbean	2.22 (1.58)	1.95 (1.66)	3.66 (2.98)
Orinoco	2.32 (1.68)	2.07 (1.79)	3.58 (3.00)
Pacific	2.40 (1.67)	2.06 (1.72)	3.61 (2.82)

Note. M = Mean, SD = Standard deviation.